

# Luke Sullivan's AZ Performance Throws Clinic

Saturday January 23, 2016  
Saturday January 30, 2016  
at North Canyon High School, Phoenix, AZ  
11am-2pm  
(Meet at discus cage on outside of track)

Registration (please Print)

Athletes Name: \_\_\_\_\_

Male Female (circle one)

High School Attending: \_\_\_\_\_

Track Coaches Name: \_\_\_\_\_

Year in School: (Circle one) 7 8 9 10 11 12

What events do you do? (Circle one) Discus & Shot Put Discus only Shot only

Years of Throwing Experience: (Circle One) 0 1 2 3 4 5 or more

Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

(A confirmation email will be sent so please write legibly)

Clinic wishing to attend  
(Circle one or both)

Saturday January 23, 2016 11am-2pm

Saturday January 30, 2016 11am-2pm

Session enrollment will be limited for a low coach-athlete ratio. First come, first served...

Cost: \$60.00 per athlete  
\$40.00 per coach  
\$100 per athlete if signing up for both clinics  
\$70 per coach if signing up for both clinics

**Coach accompanying athlete-- No Fee**

**Online registration is **NOT** available for this clinic**

**Make Checks payable to **Luke Sullivan****

**Send Check, Registration, and Liability Form To:**

**Luke Sullivan  
4368 E Renee Dr  
Phoenix, AZ 85050**

**Please make checks payable to **Luke Sullivan**—Return waiver with registration and check.**

**DEADLINE:**

**Clinic 1**

**Must receive forms by Thursday, January 21<sup>st</sup>, 2016**

**No refunds will be given after January 21<sup>st</sup>, 2016**

**Clinic 2**

**Must receive forms by Thursday, January 28<sup>th</sup>, 2016**

**No refunds will be given after January 28<sup>th</sup>, 2016**

**Bring throwing shoes. Some implements will be provided but please bring your own if possible. Arrive 15 minutes prior to session start time to warm up and check-in.**

**“ Long Throws” instructional DVD available. Cost \$40.**

**Questions Please contact Luke Sullivan at:**

**480-329-7541 or**

**luke@lukesullivandiscusthrower.com**

## **WAIVER AND RELEASE OF LIABILITY**

**Luke Sullivan's AZ Performance Throws Clinic**

**January 23rd, 2016 at North Canyon High School**

**January 30th, 2016 at North Canyon High School**

**North Canyon High School**

**1700 E Union Hills Dr**

**Phoenix, AZ 85024**

I do hereby release and forever discharge Luke Sullivan, Shawn Wright, the Paradise Valley School District, and its employees and representatives from any and all claims, demands, actions, causes of action, judgments, expenses, injuries to person(s) or property sustained or incurred in connection with, or as a result of my participation in the Luke Sullivan 's AZ Performance Throws Clinic. I agree to hold Luke Sullivan, Shawn Wright, and the Paradise Valley School District, wholly harmless for any and all liability, loss, expense, or damage it may incur by virtue of allowing me to participate in the Luke Sullivan's AZ Performance Throws Clinic, to use its facilities, or to participate in its activities or programs.

I have read, understand, and agree to the above waiver and release.

I understand that I give up substantial rights by signing it and I sign up voluntarily.

Participants Name (print) \_\_\_\_\_

Participants Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian (print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

**Return Waiver with Registration Sheet and Check**