



# www.AsiaTimes.US

Globally Recognized Editor-in-Chief: Azeem A. Quadeer, M.S., P.E.

MARCH 2023 Vol 14, Issue 3

## Which 16 venues were selected as host cities for the 2026 World Cup?

### USA (11)

- Atlanta – Mercedes-Benz Stadium
- Boston – Gillette Stadium
- Dallas – AT&T Stadium
- Houston – NRG Stadium
- Kansas City – Arrowhead Stadium
- Los Angeles – SoFi Stadium
- Miami – Hard Rock Stadium
- New York/New Jersey – MetLife Stadium
- Philadelphia – Lincoln Financial Field
- San Francisco – Levi's Stadium

dium  
Seattle – Lumen Field

### Canada (2)

- Toronto – BMO Field
- Vancouver – BC Place

### Mexico (3)

- Guadalajara – Estadio Akron
- Mexico City – Estadio Azteca
- Monterrey – Estadio BBVA

## Triangle H-1B holders have 60 days to find new jobs or face deportation

H-1B visas are meant to be temporary, but workers from high-demand countries like India often stay on these visas for years, if not more than a decade, as they inch through a backlogged green card process.

According to the U.S. Department of State, the current wait time for Indian nationals to receive green cards — which grant permanent status in the U.S. — is more than 10 years, with people who applied in 2012 just now getting their applications considered. Until then, Indian H-1B workers, and often their family members, are one layoff away from facing a ticking clock that, if it expires, will mean returning to India. Under federal law, H-1B holders have 60 days after their employment ends to transfer their visas to new employers.

The New&Observer (Yahoo)



**THE ARTIFICIAL INTELLIGENCE**  
Page 10

**KITCHEN SAFETY TIPS**  
P-31

**Movies P 34-37**

**RECIPES**  
P-29

**IBN SINA FOUNDATION**  
Page 5

**JOKES**  
P - 46

**VEHICLE RECALL**  
P-32

**TACKLING GUN VOILENCE**  
P-18

**URDU SECTION**  
P 40-45

**1 United States Dollar equals**  
**82.59 Indian Rupee**  
**89.00 Afghan Afghani**  
**104.48 Bangladeshi Taka**  
**132.23 Nepalese Rupee**  
**261.58 Pakistani Rupee**

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# Texas House Recognizes the Ibn Sina Foundation for its work in the Greater Houston area.

RESOLUTION

WHEREAS, The Ibn Sina Foundation is making a positive difference in the Greater Houston area by providing low-cost preventative and primary health care to residents in need; and

WHEREAS, Established in 2001, the Ibn Sina Foundation was formed by a group of local physicians and professionals to help meet the health care needs of a rapidly expanding population of underserved families; the foundation started with one clinic and one part-time employee in 2001, and it served families with limited access to preventative care and very few resources to pay for it; today, Ibn Sina has more than 90 staff members and 7 community clinics in Harris, Fort Bend, and Jefferson Counties, and it has had over one million patient visits to date; and

WHEREAS, The Ibn Sina Foundation aims to improve the quality of life and enhance the life expectancy of underprivileged and uninsured individuals; in keeping with this mission, it offers inexpensive preventative and primary medical, dental, diagnostic, specialty, behavioral health, and children's health services, and it focuses on the prevention and control of diseases at an early stage; to give patients the most comprehensive and affordable care, Ibn Sina partners with other nonprofit organizations, government agencies, and hospitals to provide referral services for indigent communities; and

WHEREAS, Recently, the Ibn Sina Foundation has expanded its mental health services and created an additional building to provide integrative mental and behavioral health care to members of the community; and

WHEREAS, For more than two decades, the Ibn Sina Foundation has distinguished itself as a vital resource within its community, and it is a pleasure to join in commending the organization for its valuable contributions to the health and well-being of area citizens; now, therefore, be it

RESOLVED, That the House of Representatives of the 88th Texas Legislature hereby recognize the Ibn Sina Foundation for its service to the Greater Houston area and extend to all those associated with the organization sincere best wishes for continued success with its important work; and, be it further

RESOLVED, That an official copy of this resolution be prepared for the foundation as an expression of high regard by the Texas House of Representatives.

**Oliverson  
Lalani  
Bhojani  
Hull  
Jetton**

## IBN SINA FOUNDATION RECEIVES GRANT - MENTAL WELLNESS SERVICES EXPANDED

/EINPresswire.com/ -- Mental Wellness Service expansion is happening at Ibn Sina Foundation, thanks to \$1.6 Million in Community Project Funding under Omnibus Appropriation Bill for the fiscal year 2023. The announcement was made by Congressman Al Green, Nasruddin Rupani, the Chairman of the Ibn Sina Foundation, and Ibn Sina's Board at a reception at the Wilcrest Community Medical Center. "Mental Health is crucial to personal, community, social and economic development. Mental health challenges are complex and exist in society at different scales, and there is a need to develop affordable and effective strategies to tackle and prevent the associated severity," said Chairman Rupani.

The Foundation's mission is to continue to provide preventative and primary healthcare services for low-income, uninsured, underinsured, and under-served families. The grant will allow the clinic to expand services and facilities specializing in behavioral health to individuals, families, and groups. Ibn Sina is one of the few facilities in the Greater Houston area to promptly integrate medical care with mental and behavioral healthcare, especially for low-income patients.

Millions of people in the United States are affected by mental illness each year, and 1 in 5 adults will experience mental illness this year alone. Since 2001, Ibn Sina Foundation has provided integrated preventative and primary care in a clinical setting at affordable prices to all who seek it, treating every individual with dignity and respect. Operating six clinics throughout Greater Houston and one in Port Arthur, the Ibn Sina foundation continues to provide a full range of healthcare services encompassing a children's clinic, medical, dental, diagnostics, and mental wellness services. "While there is a better understanding today of the importance of mental health, many people still face a daunting challenge in finding care when it's needed," said Dr. Quianta Moore, MD, JD, Executive



Director of The Hackett Center for Mental Health at the Meadows Mental Health Policy Institute. "This grant, combined with Ibn Sina's unwavering commitment to service, will expand the ability of local patients to be screened, assessed, and treated, leading to healthier, stronger, and more resilient communities across Houston."

Other specialty services are gynecology, neurology, cardiology, psychiatry, optometry, podiatry, dermatology, orthopedics, rheumatology, pediatric cardiology, nephrology, behavioral counseling, endocrinology, and urology. Since its inception, Ibn Sina Foundation has provided more than one million patient visits and expects to serve 100,000 visits this year alone. For more information, visit [www.ibnsinafoundation.org](http://www.ibnsinafoundation.org).  
Barbara Magana Robertson  
Magana Med

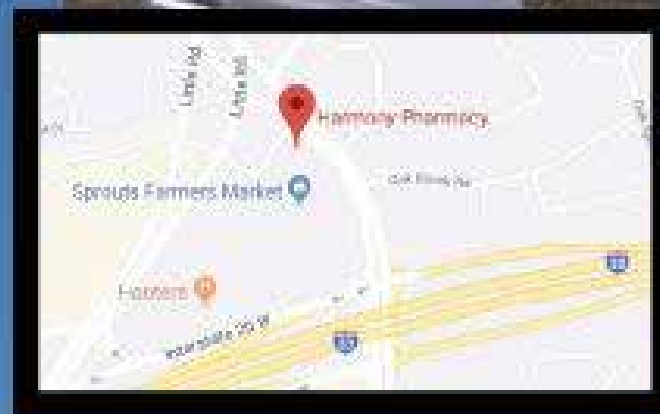
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# The Artificial Intelligence

**M. Basheer Ahmed, M.D.**

Artificial intelligence (AI) is the ability of computer functions associated with human intelligence, such as reasoning and learning, as a human being, and perform tasks such as identifying patterns in the data and being robotic more efficiently than humans. AI is based on building machines capable of thinking, acting, and learning by creating systems that understand, think logically, learn, and solve problems, like humans. One of the main benefits of AI is its ability to automate repetitive and mundane tasks, allowing humans to focus on more complex and creative work. The advantages of artificial intelligence are that it can accomplish tasks faster and more efficiently than anyone can. In health-care, for example, AI can help doctors diagnose diseases more accurately and quickly and predict and prevent certain illnesses. AI can help us design more efficient traffic systems and reduce accidents in transportation. And in finance, AI can help us identify fraud and make better investment decisions. Artificial intelligence felt theoretical to many people until November 2022, when Open AI, a technology company in San Francisco, released Chatbot. Since then, millions of Americans have experimented with the software or read some of its output. Chatbot tries to answer questions and write a solid academic essay on any subject, politics, religion, economics, health, and social issues like a person. It combs through up to millions of scientific papers to find the most relevant for a given search and share their significant finding for practical use. It can generate speeches, songs, marketing copy, and news articles. AI also carries potential risks and drawbacks. Some

implications seem scary: A.I. can write a solid college essay. Teachers are seriously concerned about its use. It can generate outputs that are untruthful, toxic or reflect harmful sentiments. However, one of the main concerns is that AI may displace human workers and contribute to job loss in specific industries. There is also the risk that AI could be used to create autonomous weapons or be misused for nefarious purposes, such as hacking or surveillance. Artificial intelligence can subvert national security. Another serious concern is that somebody can train computers to pursue tasks that conflict with humans, which may result in an awful outcome. There are also fears or anxiety about how capitalism will use technology. Additionally, there is the risk that AI could be hacked or malfunction, leading to unintended consequences and potentially catastrophic effects. We need regulations that will protect society from ethical nightmares. We rely on lawmakers and regulators to seek our interests, but they can't keep up with the rapid advances in AI. The Europeans are debating whether to ban or regulate emotion recognition, in which a computer reads a person's nonverbal signals for commercial or other purposes. In summary, while AI has the potential to bring many benefits to humanity, we must proceed with caution and ensure that we develop and use AI responsibly and ethically, taking into account its potential risks and drawbacks. Artificial intelligence (AI) has the potential to bring many benefits to humanity, but it also carries potential risks and disadvantages. Some researchers think it will be able to

do almost anything people can and even better. A.I. could reach human levels of intelligence within decades. Creating AI is one of the most remarkable scientific advances in the history of human civilization. The Western countries have been making significant progress in science and technology. Unfortunately, the Muslim countries are years behind. There are 1.8 billion Muslims in the world, and some Muslim countries are the richest in the world. It is sad to see that we are not paying due attention towards science and technology. The Saudi government is modernizing Saudi Arabia by removing restrictions on mixed gathering, introducing concerts, movies, and sports. They are eliminating the Wahabbism completely from the country (the Saudis spread the Wahabbism in the entire Muslim world in the last 80 years). I wish they could establish scientific institutions with their unbelievable wealth. Pakistan engages in teaches hundreds of thousands of students in Islamic studies. I wish they could teach both- Quranic studies and science and technology to these children who can then be equipped with the knowledge to serve humanity. Dr. Ahmed is the former Professor of Psychiatry at Southwestern Medical School in Dallas, Texas and Chairman Emeritus of MCC for Human Services and President of Institute of Medieval and Post-Medieval Studies in North Texas.



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**SCAN TO ORDER**



**SCAN TO MAP**



Telangana NRI Forum Riyadh team Feliciated to H.E. Dr. Sohel Ajaz Khan Sahab- Ambassador Of India to Kingdom Of Saudi Arabia- Mr. Abdul Jabbar President, Syed Nizamuddin Chairman, Dr. Junaid Adviser and team members, Mohammed Shamsuddin, Mohammed Shabbir, Mohammed Ilyas, Mohammed Faizuddin and Syed Imran

**Mohammed Layeeq**  
**www.AsiaTimes US**  
**Manager, Jeddah, KSA**  
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The musical event jointly organized by Amigos Jeddah and Abeer Medical Group was well received by the audience due to the large crowd and excellent songs. It was the best program for about five hours in a working day among Indian community. People were enjoyed and danced with the songs. Amigos organized the event to mark the launch of the Abeer's Privilege Card. The chief guest of the event are Abeer Medical Group Executive Director Dr. Ahmed and Gafar Manarkkad the president of Amigos welcomed. Ahmed Alungal performed the inauguration. Munir Babu was the presidential address and other guest were Kabir Akoya Water, Badusha, Abdullah Mukanni, Ummer Valiya Kanthil and Abubakar Siddique also gave their felicitation speech

Nishad, Saddam Anakkayam, Shamsheer Nooremoochi, Mujeeb Pulikka, Usman, Noufal Mannarkkad, Hashif Anvar, Muneer UP, Abbas, Ameen Nilambur, Jubees, Shihab, Thashreef, Risal, Sabith Kareem, Aashique and lead and cordinate the program

Mujeeb Kallaipalam, Patturumal Feyim Surumi Wayanad, rocked the crowd. Jeddah singers Hakeem Arimbra, Mubarak, Dr. Mirzana also sang songs.

Amigos Jeddah expatriate community started in 2017 and today has 737 members, the goal is mutual cooperation and support!

## Germany wants to ease visa application for Indian IT workers

BERLIN (AP) — German Chancellor Olaf Scholz said that his government wants to make it easier for information technology experts from India to obtain work visas in Germany as the country struggles with a shortage of skilled labor.

Scholz said improving the legal framework so Germany becomes more attractive for software developers and those with IT development skills is a priority for his government this year.

“We want to make the issuing of visas easier,” he told reporters dur-

ing a visit to India’s high-tech hub of Bengaluru.

“Aside from the legal modernization we want to modernize the entire bureaucratic process as well,” Scholz said.

Asked about workers who don’t speak the language when they come to Germany, he said it should not be seen as a hurdle if people arrive in the country speaking English first and then acquire German later on.

Scholz was speaking on the sec-

ond day of his trip to India, after meeting Saturday with Indian Prime Minister Narendra Modi to discuss the fallout from

the war in Ukraine. The German leader last year invited Modi to attend a summit of the Group of Seven

leading industrial nations he hosted in Bavaria, and said he favors India joining this year’s meeting in Japan, too.



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IFTEKHAR SHAREEF PAGE



With all of your Dua's completed Umrah, prayed for everyone who asked and also for everyone who didn't, prayed for all communities to be strong in their beliefs and remember "Sub Ka Malik ek hai" Ameen



meeting of three friends of over 35 years friendship , generally known as Amar, Akbar and Anthony of Chicago , thanks Ajai Agnihotri, myself and Keerthi Kumar Ravoori.



Off to Abu Dhabi , then to Madinah on way to Umrah . Thanks a lot for a warm send off at O'hare Airport, Chicago . Khurshid is on way to Hyderabad same flight upto Abu Dhabi



Super Ball (American Football ) finals between Kansas & Philadelphia at State Farm Stadium , congratulations Kansas first time to win the finals at Arizona.

Seen with me is Aziz Naser ( Actor, Director & comedy king), Feroz Khan( Actor & Model) , Anand actor , Priya actress



Welcome to Chicago Actor, writer & director Aziz Naser the great comedy king who is acting from past 20 years along with Saleem Pheku (The Angrez Fame) also with model & actor Feroz Khan in Hindi , Telegu, Kannadi , Bhojpuri and other films .

Thanks a lot Moiz & Fayyaz owners of the Kabob King on Devon Ave, Chicago , for the lovely delicious food . The best was the platter .



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Dr Faiz Shareef MD, famous Doctor in Indiana/Illinois and Mateen Mujaddady at a wedding in Hyderabad



Mr. Waliuddin is receiving award from Consulate general of Pakistan in Chicago Mr.Tariq Karim in recognition of Social/Cultural and Literary contributions. This Award was given by Bridge Media USA and Sadequin Gallery of Chicago. It is a big honor and added to his 14 other Awards he received from different organizations for his Poetic Achievements, Journalism and Best Emcee.



**Gladson Varghese Received Exemplary Community Service Award from Asian American Coalition of Chicago.**

Chicago: President of American Association of Engineers of Indian Origin Mr. Gladson Varghese received 2023 Exemplary Community Service Award in recognition of his Outstanding Leadership and dedicated service to the Indian Community. The event was held at Hyatt Regency Hotel at Rosemont. IL Governor JB Pritzker, Former Governor Pat Quinn, U.S Congressman Raja Krishnamoorthi, State Senators, Mayors, political Leaders, Company Executives, Business people, Diplomats from various Asian countries and around 1000 guests attended. Nomination Board from 10 different countries including Japan, China, India, Pakistan, Malaysia, Vietnam, Philippines, Indonesia, Korea and Thailand voted for selecting the Nominee. Traditionally at the AACC's Annual Gala, the Coalition recognizes one outstanding individual for this award





# PRAYER TIMINGS

2023  
MARCH

1444  
SHAABAN - RAMAZAN

MARCH	DAY	Shaban	FAJR	SUNRISE	ZUHR	ASR (Shaafi)	ASR (Hannafi)	MAGHRIB	ISHA 1 (15 Degree)	ISHA 2 (18 Degree)
1	WED	9	4:53	6:24	12:03	3:11	3:57	5:42	6:59	7:15
2	THU	10	4:51	6:23	12:03	3:12	3:59	5:43	7:00	7:16
3	FRI	11	4:49	6:21	12:03	3:13	4:00	5:44	7:01	7:17
4	SAT	12	4:48	6:20	12:03	3:13	4:01	5:45	7:02	7:18
5	SUN	13	4:46	6:18	12:03	3:14	4:02	5:46	7:03	7:20
6	MON	14 Nisf Shaban (Starts at Maghrib)	4:44	6:17	12:03	3:15	4:03	5:48	7:04	7:21
7	TUE	15 <sup>th</sup> Shaban	4:43	6:15	12:02	3:16	4:04	5:49	7:06	7:22
8	WED	16	4:41	6:13	12:02	3:16	4:05	5:50	7:07	7:23
9	THU	17	4:39	6:11	12:02	3:17	4:05	5:51	7:08	7:24
10	FRI	18	4:38	6:10	12:02	3:18	4:06	5:52	7:09	7:26
11	SAT	19	4:36	6:08	12:01	3:18	4:07	5:53	7:10	7:27
12 (Day Light Saving)	SUN	20	4:34	6:06	12:01	3:19	4:08	5:55	7:12	7:28
13	MON	21	5:32	7:05	1:01	4:20	5:09	6:56	8:13	8:29
14	TUE	22	5:31	7:03	1:00	4:20	5:10	6:57	8:14	8:30
15	WED	23	5:29	7:01	1:00	4:21	5:11	6:58	8:15	8:32
16	THU	24	5:27	7:00	1:00	4:22	5:12	6:59	8:16	8:33
17	FRI	25	5:25	6:58	1:00	4:22	5:13	7:00	8:18	8:34
18	SAT	26	5:23	6:56	12:59	4:23	5:14	7:01	8:19	8:35
19	SUN	27	5:21	6:55	12:59	4:23	5:15	7:03	8:20	8:37
20	MON	28	5:19	6:53	12:59	4:24	5:15	7:04	8:21	8:38
21	TUE	29	5:17	6:51	12:58	4:25	5:16	7:05	8:22	8:39
22	WED	30	5:15	6:49	12:58	4:25	5:17	7:06	8:24	8:40
23	THU	*1 <sup>st</sup> Ramazan	5:13	6:48	12:58	4:26	5:18	7:07	8:25	8:42
24	FRI	2	5:12	6:46	12:58	4:26	5:19	7:08	8:26	8:43
25	SAT	3	5:10	6:44	12:57	4:27	5:20	7:09	8:27	8:44
26	SUN	4	5:08	6:43	12:57	4:27	5:20	7:10	8:29	8:46
27	MON	5	5:06	6:41	12:57	4:28	5:21	7:12	8:30	8:47
28	TUE	6	5:04	6:39	12:56	4:28	5:22	7:13	8:31	8:48
29	WED	7	5:02	6:37	12:56	4:29	5:23	7:14	8:32	8:50
30	THU	8	5:00	6:35	12:56	4:29	5:23	7:15	8:34	8:51
31	FRI	9	4:58	6:34	12:55	4:30	5:24	7:16	8:35	8:52

**NOTE:**

\* The beginning of the Islamic Month is determined by moon sighting as per Chicago Hilal Committee. For more details kindly refer to <http://chicagohilal.org/>

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# Chicago INDO-US Lions youth team - Keeping Illinois Warm

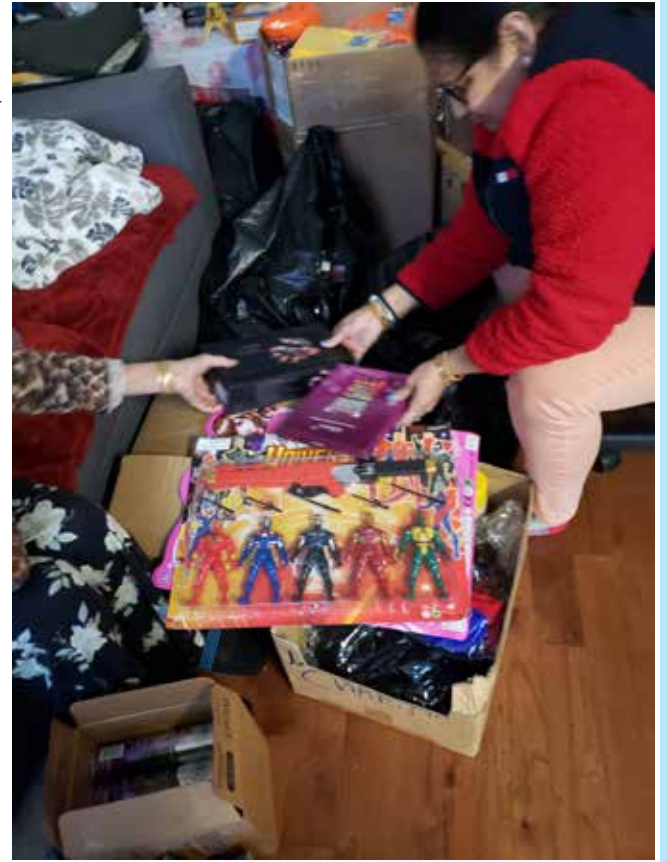
Chicago INDO US Lions Club charter of Lions Clubs International, the world's largest service organization, hosted its annual winter relief and food distribution program in various location of USA and India. The program is aimed at providing blankets, clothing and food to those in need during the harsh winter months. Chicago INDO US Lions Club along with their associate Not for profit organization MIBG foundation and other volunteers distributed winter wears, blankets, Christmas gift cards and non-perishable food items to those who were homeless or in need of assistance.

The program is part of Chicago INDO US Lions Club ongoing efforts to serve communities and improve the lives of those in need. The organization has a long history of providing support to those in need and this program is just one of the many ways they are making a difference in local communities.

“It is heartwarming to see the positive impact we can make in our com-

munity,” said Lion Hina Trivedi founder President of Chicago INDO US Lions Club. “We are proud to have provided support to those in need during this challenging time and are grateful for the generosity of our partners and volunteers.” said Lion Dr. Ram Gajjela founder Chairman of Chicago INDO US Lions Club.

With the help of local businesses, community members, and volunteers, Chicago INDO US Lions club was able to distribute a large number of blankets, winter wears, gift cards and non-perishable food items to those in need. The recipients were grateful for the assistance and expressed their appreciation for the organization's effort to make a difference in their lives. The success of this program highlights the power of collaboration and community support in making a positive difference in people's lives. Chicago INDO US Lions Club remains committed to its mission of improving the lives of those in need and will continue to work towards achieving this goal.



# Tackling Gun Violence in the Chicago Neighborhoods -The Gandhi King Center for Non Violence NFP Launched

Asian Media USA ©

Chicago, IL: Chicago City's impressive overarching skyline and beautiful landscapes have helped it to secure a top spot in the World's Best Cities list, but the local residents also know how their beautiful city struggles with violence and gun related crimes. These shooting incidents are a common occurrence taking place at the South Side of Chicago's Downtown area and if you hear the news, you'll know that the Englewood Community especially has suffered greatly in the past few years marred with similar incidents. And at this sensitive juncture, realizing the need of the hour, and to commemorate the Black History Month, the Gandhi King Center for Non-Violence NFP, a first of its kind institution was launched at Englewood, IL on February 01, 2023.

The Gandhi King Center for Non-Violence NFP was conceptualized and initiated by Dr Vijay Prabhakar, fondly known as Dr VGP is a very highly acclaimed and a proven community leader who has always strived to bring social justice and equality across different ethnic and religious groups and is a big proponent of peace and harmony in the community. He is a Public Health Professional and a Graduate from Madras Medical College, 1982, MBBS, CPH, MPH, DD. He is also Chairman of GSA and Founder for AMEC Commission & MEATF community organizations.

Toni Preckwinkle is Cook County Board President and was the honorary guest at this glorious celebration. She cut the ribbon to open the mobile community food pantry, which will also provide services like meditation, yoga, music therapy, color therapy, basketball coaching, group therapy, mobile food trailer, mental health services, mediation - crisis intervention and wellness screenings to reduce Violence and Crimes. Additionally focus will be on getting City Vacant lands to be developed, Vocational Skill Development and 24-hour Crisis hotline are part of the Center's mission.

Taking the stage, the Master of the Ceremony, Ambassador, Dr. Twin Green, Founder and President - The Link & Option Center, Inc., South Holland, Chairperson, the Gandhi King Center for Non-Violence, Ambassador for the Citizens Alliance of Behavioral Health, declared that the Englewood community can now breathe! She added, "There have been so many opportunities, businesses and providers that have come to Englewood with the intent to do very, very well. Then the air will go out and deflate but not the Gandhi King Center for Nonviolence. The resources that are going to come to this community are not going to deflate. We're going to give the people of Englewood the opportunity to stabilize, to be able to receive the civil and economic rights that they deserve to have."

To begin the program, Inter - Faith Prayers were held, which included, Christian Prayer - by Chaplain Ylysses Ruff, Shepherd's Hope; Islamic Prayer - by Brother Dion - Community Activist; Hindu Prayer - by Councilman Acharya Rohit Joshi, MEATF-7th CD-IL

Brian Anderson, Founder-CEO Shepherd's Hope, was invited to deliver the Welcome Address. And the Opening Remarks were shared by Brother R-Raheen, Founding Director - Midwest Coalition to Stop Violence, Chicago. A solemn Tribute: was presented Christiana Gray 11-Year-Old Poet and Student - Calvin Christian Academy, South Holland.

There were several Keynote Speakers invited at the event: Dr. Sriam Sonty, Vice President, Gandhi Memorial Foundation, who presented Deep Insights Into The Gandhi-King Legacy; Donald Dew, CEO Habilitative Systems, Inc., presented Perspective of the Plague of

Violence in Chicago's Englewood Area and the Westside of Chicago, Zoey Ma, Outreach Director-Brigitte G. House of Hope Foundation-Tri-Taylor Area, Chicago, spoke on How Vacant Lots Breed Crime & Violence in the Community. Dr. Abha Agarwal, Chief Medical Office of Humboldt Park Health, spoke on How Health Inequity Contributes to Violence & Crime, Dr Zenobia Sowel, Chair Bethel Mennonite Community Church, spoke on Inadequate Affordable Housing & Food Insecurity Spikes Violence & Crime In Chicago, Blue Pachecco-Cornejo, Founder Coach 3-B Basketball by Blue, spoke on Engaging Neighborhood Students & Youth.

An impactful Presidential Address - Role of "The Gandhi King Center for Non-Violence" was delivered by Dr. Vijay G. Prabhakar, President-American Multiethnic Coalition, USA. He explained that the Action Speaks Louder Than the Words and now all the community work will definitely create a much needed harmony in the Englewood community and eventually other neighboring communities. He explained the Gandhi King Center for Non-Violence strives to provide innovative resources to the community gatekeepers to reduce violence and promote peace in neighborhoods. He also acknowledged the generous contribution, a \$10,000 Check to Shepherd's Hope - by Neal Patel, CEO Medstar Laboratories.

Dr Prabhakar then called upon the Guest of Honor, Cook County Board President Toni Preckwinkles, who was invited for her support of gun violence reduction programs and her deft handling of the COVID-19 pandemic prompted him to confer the title "the Iron Lady of America."

Regarding the choice of which individual should be chosen to launch the Gandhi King Center for Non Violence NFP, Dr VGP explained that, "We all decided we should have somebody who really believes and (walks the walk) of the principles of Gandhi and King, and that's none other than the Iron Lady of America."

Guest of Honor, Preckwinkle said nearly half of Cook County's \$8 billion budget goes toward health care, and that Cook County hospitals have some of the most well-regarded emergency room trauma centers in the country. "We train young people in the Navy for combat in our emergency room. The Navy sends young people to our emergency room to be trained so they will know what it's like to treat combat wounds," she said. "Now, we're pleased that we're able to help our military in this way. But it's a tragedy that we have a hospital that's equivalent to a military hospital where you're treating gunshot wounds."

Preckwinkle's spokesman Nicholas Mathiowdis said that although Cook County did not directly provide funds for this nonviolence center, the county does want to support and uplift gun violence prevention programs. "The county has re-imagined the way we look at gun violence, instead of looking at it as a crime and law issue, we are looking at it as a public health crisis," said Mathiowdis.



Cook County received \$1 billion from the federal government through the American Rescue Plan Act and has laid out plans for spending it on health and wellness, economic development and criminal justice.

It is interesting to know that the Gandhi King Center for Non-Violence NFP was launched in February, very close in heels with significance to both the leaders, Mahatma Gandhi ji's Shradhanjali which was on Jan 30, 2023 and Martin Luther King, Jr's Day on Jan 16 2023, this year. These two heroes with their message of Peace & Non-Violence are still relevant to our world today and we need them even more and they continue to inspire us with their strength and tenacity to endure and be brave to stand up against inequality and injustice violence and crime! Let us hope the Gandhi King Center for Non-Violence NFP helps reduce gun violence, not just in Englewood, but also in the adjoining neighboring communities and eventually brings peace to the City of Chicago, and all US and the entire World at large!

Photographs and Press release by: Asian Media USA

# Rabbani brothers leave Guantanamo Bay without charge after almost 20 years

Two brothers from Pakistan who were held in the US military prison at Guantanamo Bay for nearly 20 years have been released without charge.

Abdul and Mohammed Ahmed Rabbani were arrested in Pakistan in 2002.

The Pentagon said Abdul Rabbani operated an al-Qaeda safe house, while his brother organised travel and funds for the group's leaders.

The brothers alleged that they were tortured by CIA officers, before being transferred to Guantanamo.

Both have now been repatriated to Pakistan.

The Guantanamo camp, in Cuba, was established by then-President George W Bush in 2002 to house foreign terrorism suspects following the 9/11 terror attacks in New

York. It is on a US Navy base.

But the camp has come to symbolise some of the excesses of the "war on terror" due to interrogation methods that critics say amount to torture, and detainees being held for long periods without trial.

US President Joe Biden says he hopes to close the facility, where 32 people are still being detained. At its peak in 2003 the facility held 680 prisoners at one time.

"The United States appreciates the willingness of the Government of Pakistan and other partners to support ongoing US efforts focused on responsibly reducing the detainee population and ultimately closing the Guantanamo Bay facility," the Pentagon said in a statement.

The brothers were captured by Pakistan's security services in the city of Karachi in September 2002. It



took almost two years for them to be transferred to Guantanamo after originally being held at a CIA detention facility in Afghanistan.

has never met his son.

"I have been talking with Ahmed's son Jawad who is 20 and had never met or touched his dad as his mother was pregnant when Ahmed was kidnapped. I have met Jawad several times, and I wish I would have been there for their first hug," Mr Stafford Smith said.

During his time at Guantanamo, Ahmed Rabbani built a name for himself as an accomplished artist. He has an exhibition in Karachi planned in May, with 12 other Pakistani artists inspired by his work, Mr Stafford Smith added.

Maya Foa, director of justice charity Reprieve, which provided legal representation to Ahmed Rabbani until last year, called his two decades of imprisonment a "tragedy" that "exemplifies how far the USA strayed from its founding principles during the 'war on terror' era".

"They robbed a family of a son, a husband and a father. That injustice can never be rectified. A full reckoning of the harms caused by the disastrous 'war on terror' can only begin when Guantanamo is closed for good," she said.

George Wright - BBC News

In 2013, Ahmed Rabbani began a series of hunger strikes that lasted for seven years. He would survive on nutritional supplements, sometimes forcibly fed to him through a tube.

Clive Stafford Smith, a lawyer with the 3D Centre who has represented both men, told the BBC that he will attempt to sue over the brothers' detention, "but their chance of compensation are slim. Neither will they get a simple apology".

Both men were approved for release in 2021. It is unclear why they remained imprisoned.

The sudden silencing of Guantanamo's artists

Ahmed Rabbani's wife was pregnant at the time of his arrest and just five months later she gave birth to their son. He

**ISNA COMMUNITY DAY  
IN THE BAY AREA**  
March 4, 2023, 1:00 - 8:00 PM  
South Bay Islamic Association  
(SBIA - Masjid al-Mustafa)  
2345 Harris Way, San Jose

**SPEAKERS**

Ustadh Ubaydullah Evans, ALIM program, Chicago  
Ustadha Muslema Purmul, Islamic scholar at Bayan College  
Dr. Muzammil Siddiqi, Chairman Fiqh Council of North America  
Sr. Salwa Syed, MYNA President  
Br. Monem Salam, Executive Vice President and Director of Saturna Capital  
Br. Sajid Khan, local public defender and activist  
Honorable Matt Mahan, Mayor of San Jose  
Honorable Alex Lee, California State Assembly Member  
Br. Omar Din, Sunnyvale Vice Mayor  
Br. Azhar Azeez, former ISNA President  
Br. Safaa Zarzour, ISNA President

Register at: [isna.net](http://isna.net)  
For questions: [convention@isna.net](mailto:convention@isna.net)

# Anonymous US Donor Gives \$30 Million to Turkish Earthquake Victims, Revealed as Mujeeb Ijaz

Mujib Ejaz Donates \$30 Million to Turkey!

Mujeeb Ijaz, the CEO and founder of “one next energy,” Has donated \$30 million to Turkey to help those affected by two major earthquakes. That caused widespread destruction in 10 cities. Ejaz is a battery systems engineer with over 30 years of experience in developing electric vehicles and battery system technologies. Throughout his career, he has focused on improving battery safety, range, and cost to advance the adoption of electric vehicles.

### WHO IS Mujeeb Ijaz?

Mujeeb Ijaz has led the development of several high-profile projects. Including the HySeries Drive Ford Edge, the Ford Fusion Hydrogen 999, and the Chrysler ENVI project. As president of A123’s Venture Technologies unit, he oversaw the development of Li-Ion battery solutions for electric vehicles. Most recently, Ejaz developed new energy storage solutions as a senior director at Apple.

Mujeeb Ijaz’s donation will go towards helping those affected by the earthquakes in Turkey. Which caused widespread damage and displaced many people. His donation is a significant contribution to the ongoing global aid campaigns for the affected people in the region.

Throughout his career, he has focused on advancing the adoption of electric vehicles by improving battery safety, range, and cost. He has led teams at Ford Motor Co.,. Where he developed several notable projects including Ford’s Edge with HySeries Drive. The Ford Fusion Hydrogen 999 which set a land speed record in 2007, and the Chrysler ENVI project. As the president of A123’s Venture Technologies unit, he and his team developed Li-Ion battery solutions for electric vehicles. He was also a senior director at Apple where he developed innovative energy storage



solutions. Mujeeb holds 31 U.S. patents in the field of battery technology. And energy management systems and is a graduate of Virginia Tech.

### Sirius Facts

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 IN ASSOCIATION WITH  
**KUNAL JOSHI**  
 PRESENTS  
**THE ENTERTAINERS**

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CAST: ZAHN PUN, KIRANSHAKTI KUTURANA, MUSUMI ROY, NORA FATEMI, AKSHAY KUMAR, USHA PATANI, SONAM BAJWA, STEBIN BEN, JASLEEN ROYAL

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We hold our beloved audience and their expectations from us at the highest level. We strive to deliver nothing but quality shows in the tri-state area. But, there are times when things just don't work out in our favor and we have to make tough choices and make the hardest decisions.

It is with a big Sorry this time, that we have to let our audience down and announce the cancellation of The Entertainers Tour show featuring Akshay Kumar and others. The show was scheduled to be held at the Cure Insurance Arena on March 4, 2023. In the spirit of full transparency the main reasons for the cancellation is the extremely slow sales of tickets for the show, this has led to it not being financially viable unless we booked some very huge losses from the show. It is evident that this show has very little demand and we have realized that the tour was not appropriately promoted for awareness to spread in the South Asian diaspora in the United States. With the less than stellar support for marketing from the Tour organizer and we have no other choice.

We appreciate the ones who have already bought tickets and want everyone to rest assured that refunds will be immediately processed to your original form of payment by the ticket vendor that you purchased your tickets from. Anyone who has bought tickets directly from us will be contacted separately and refunds will be processed immediately starting today.

If you have any questions, please call the number on flyer or send us an email at [hello@saiusainc.com](mailto:hello@saiusainc.com)

Amit Jaitly, FB

# Saudi Arabia says it's now 'open' to the idea of trading in currencies besides the US dollar

Saudi Arabia's Finance Minister, Mohammed Al-Jadaan, stunned reporters in Davos when he expressed that the oil-rich nation was open to trading in currencies beside the U.S. dollar for the first time in 48 years.

"There are no issues with discussing how we settle our trade arrangements, whether it's in the U.S. dollar, the euro, or the Saudi riyal," Al-Jadaan said.

His comments are the latest signal that powerful nations across the world are plotting a "de-dollarization" of the global economy.

Here's why replacing the dollar is gaining popularity and why dethroning the greenback is easier said than done.

## Rebellion against the dollar

The dollar's dominance of global trade and capital flows dates back at least 80 years. Over the last eight decades, the U.S. has been the world's largest economy, most influential political entity and most powerful military force.

However, economists from other countries are increasingly worried that the country has "weaponized" this position of power in recent years, according to a report from the CBC. The U.S. implements sanctions to punish countries in conflict, threatens to devalue its own currency to win trade wars and leverages it to support its own economy at the expense of the rest of the world.

Unsurprisingly, these moves have inspired a backlash from China, Russia and other prominent countries.

At the 14th BRICS Summit last year, Russian President Vladimir Putin announced measures to create a new "international currency standard." Meanwhile, China has been urging oil producers and major exporters to accept yuan for payments.

This rebellion against the U.S. dollar could erode some of its influence, but there are reasons to believe the greenback's dominance will be sustained.

## Replacing the dollar would be hard

The U.S. dollar's dominance is underappreciated. As of late-2022, the greenback accounts for 59.79% of total foreign reserves. In comparison, the Euro accounts for 19.66%, while the Chinese renminbi accounts for just 2.76% of global reserves.

China could expand its market share by twenty-fold and still lag the U.S. dollar by a wide margin.

Put simply, replacing the U.S. dollar in foreign reserves is easier said than done.

Read more: You could be the landlord of Walmart, Whole Foods and CVS (and collect fat grocery store-anchored income on a quarterly basis)]

Other countries have a lot of catching up Reserve currency status is closely correlated with the size of the issuing country's economy. In other words, the largest economy usually has the reserve currency status.

During the 19th century, the British pound was the world's reserve currency because the British Empire's colonies needed it for trade and commerce. For the past century, the U.S. dollar has dominated because the American economy is the largest by far.

China's growth has slowed down in recent years and some believe it will never overtake the U.S. Meanwhile, Russia was the 11th largest economy before it invaded Ukraine, despite being economically smaller in size than California or Texas alone.

And India is growing rapidly, but it would need to grow 628% to match the U.S.'s GDP today. That could take 25 years.

America's economic lead is simply insurmountable.

The U.S. will still be OK The final reason Americans shouldn't be worried about the dollar losing influence is that the worst-case scenario isn't so bad. Some analysts believe that the future could be more multilateral.

The U.S. may lose influence in some segments of the global economy but not lose dominance everywhere. For instance, the Chinese yuan could become more important for trade and cross-border payments, but the dollar could remain the preferred reserve currency for central banks of developed nations.

That's far from an economic nightmare for Americans.



If you're still worried about the dollar's dominance

Whether the dollar is replaceable or not, you may be worried about how economic volatility, high inflation and stock market uncertainty could be impacting your own dollars — especially your retirement fund.

You could try to adjust your retirement accounts for better protection, but there's a lesser-known alternative that could pay off big.

A Gold IRA is a type of individual retirement account that allows you to invest in gold and other precious metals in physical forms, like coins, instead of stocks, mutual funds and other traditional investments.

It's a great alternative because unlike the U.S. dollar, which has lost 98% of its purchasing power since 1971, gold's purchasing power remains more stable over time.

Opting for a Gold IRA gives you the opportunity to both diversify your portfolio and stabilize your finances — and gold tends to yield less risk than other alternative investments.

If you want to open a Gold IRA, there are reputable services that'll let you roll over your current 401(k) or IRA into this new account. To qualify, you need to be over 59 years old and have at least \$70,000 to transfer.

This article provides information only and should not be construed as advice. It is provided without warranty of any kind.

# SAFE DRIVING IN INCLEMENT WEATHER CONDITIONS



Inclement weather can pose many hazards and dangerous road conditions for operators. Workers should be aware of impacting weather events and its effects on safely driving and operating vehicles and equipment.

## BE PREPARED

### CHECK LOCAL FORECAST

Stay caught up on the latest weather conditions for your area. In the event of severe weather, operations may need to be altered to accommodate the changes.

### CONDUCT PLAY OF THE DAY

Based on current and future weather conditions, detailed communication in regards to each worker's assigned task, safe routes to take, and specific operations should be discussed in-depth.

### PERFORM THOROUGH PM

Check tires, windshield wipers, fluids, lights, and other essential equipment functions that will ensure the vehicle is ready to operate safely and efficiently.

## SLOW DOWN

### BE DEFENSIVE & OFFENSIVE

Practice safe driving techniques related to defensive driving and Smith System 5 Keys. By using these tools, drivers can remain vigilant in their efforts to arrive safely.

### USE SAFE DRIVING TOOLS

Drive with lights on and use warning devices to effectively communicate with other drivers. When pavement is wet, you should decrease speed, turn off cruise control, and increase following distance.

### SEEK COVER

With a threat of excessive wind gusts, hail, or even tornadoes, limit driving to an as needed basis. Secure loads, protect vehicles and equipment, and seek shelter when severe weather is near.

## STAY FOCUSED

### MAINTAIN AWARENESS

Situational awareness will be essential during inclement weather. Pay careful attention to weather, roadway, and traffic conditions as they may change abruptly.

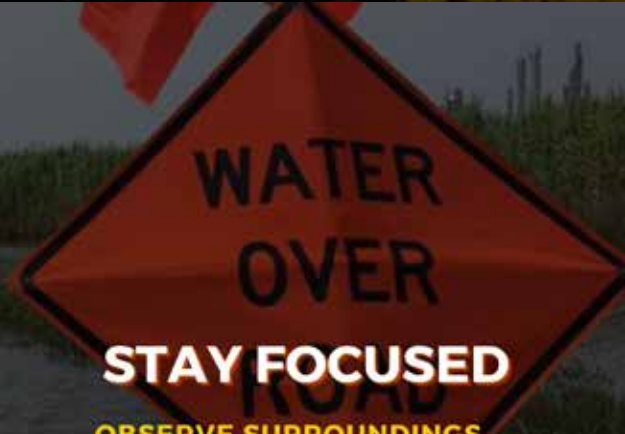
### BE PROACTIVE

Remember to Stop. Speak. Act! It is important to stay engaged with the environment around you and make good decisions to ensure the safety of yourself and your teammates.

### COMMUNICATE

Keep constant communication with team members about conditions. Radios will be an essential resource in the event that cell towers or electricity are impacted by storms.

# HIGH WATER ON THE ROAD & AVOIDING HAZARDS



## BE PREPARED

### VERIFY CONDITIONS

In high water operations, it is important to remain aware of locations that may become impacted by flooding. All employees should be briefed and updated regularly regarding this information.

### ENSURE ESSENTIAL SUPPLIES

Equip vehicles with necessary supplies to respond to flooded roadways. This includes PPE, signage, tools, and water/snacks, especially if employees will be stationed for long hours at these locations.

### PLAN FOR MORE

Flooding creates hazardous conditions for workers. Verify that first aid kits are stocked, and fire extinguishers are charged before response.

## SLOW DOWN

### TURN AROUND

When roadways are covered in water, turn around and never attempt to drive through. It may be worse than what it initially appears. Vehicles are not equipped to handle high water, which may cause the engine to flood or be carried away.

### BE CAUTIOUS

In the event of rain or wet pavement, drive carefully to the current conditions to avoid loss of traction on the roadway. Operators should turn off cruise control, slow down, and increase following distance.

### HAVE A WAY TO ESCAPE

Avoid areas that would require backing. If backing becomes necessary, use a spotter, when available. Perform 360 walkaround to confirm surroundings are free of hazards.

## STAY FOCUSED

### OBSERVE SURROUNDINGS

Identify unsafe travel paths and avoid driving through these areas. Debris, fixed objects, downed powerlines, or other items may be hidden. If you don't know, don't go!

### CALL A TIME-OUT

When faced with situations that may become unsafe, workers should utilize stop work authority and communicate hazards with others. When conditions improve, a new plan of action may be taken.

### REMAIN ALERT

Long hours in this type of emergency response may affect workers ability to remain vigilant. It is essential to communicate with supervision about this to ensure operational readiness.

## Nikki Haley faces tricky balancing act on Indian heritage

When Nikki Haley announced her candidacy for president, she made sure to highlight her Indian heritage in her announcement video. But immediately after, she laid emphasis on the rejection of what she referred to as “identity politics” that she said was dividing the nation.

“I was the proud daughter of Indian immigrants. Not Black, not white. I was different,” Haley, born Nimrata Nikki Randhawa to Sikh immigrants, said in her video. “My mom would always say, ‘Your job is not to focus on the differences but the similarities.’”

Haley has a tricky balancing act ahead of her — one where she highlights the importance of her heritage, a tactic Democrats are known for employing as they push their party’s diversity, without overplaying her hand at what Republicans will often label as “identity politics.”

“Nikki is proud of her heritage and her parents are at events and she talks about her heritage ... and being raised the only brown child in a Black and white world, and so she absolutely speaks to that and that’s obviously an important part of what made Nikki Haley into what she is,” said Alex Stroman, former executive director of the South Carolina G

“Her heritage — just like anybody’s heritage and upbringing and life experience and experience of their parents — is important but I’m not sure that it’s something that really has to be overplayed,” he added.

Still, Haley’s Indian heritage has already come under the spotlight.

Conservative pundit Ann Coulter spewed a racist tirade aimed at Haley during her appearance on “The Mark Simone Show” over the weekend.

Coulter told Haley to “go back to your own country,” and called her a “creature,” before she attacked religions like Hinduism, one of the most practiced religions in Asia.

“This is devastating, especially for the Asian conservatives,” said Cliff Zhonggang Li, executive director for the National Committee of Asian American Republicans.

“We were stepped on by the same party, same members ... more than by the other side, unfortunately,” he added. “This is something I think the Republicans really need to look into. Otherwise, you can keep wondering why East Asian or South Asians are so Democratic.”

In an August 2022 Pew Research Center survey, 57 percent of English-speaking Asian registered voters said they would likely back the Democratic candidate in their U.S. House of Representatives district race, while 26 percent said they would likely support the Republican candidate.

In 2022, only about half of all registered Asian American voters said they were contacted by either

of the major parties, according to data from Asian and Pacific Islander American Vote.

Among national origin groups, Indian Americans were also the most likely to say they would vote for Democratic candidates.

But Haley, the first woman and first person of color elected as governor of South Carolina, has spent much of her political career distancing herself from her Indian heritage — including registering as white on her voter registration card, according to The Post and Courier, and converting from Sikhism to Christianity long before she began her career in politics.

Haley, not for the first time, is coming under scrutiny by some observers who criticize her handling of her Indian heritage.

“By using her identity to claim she is evidence of the ‘American Dream,’ Haley perpetuates both the ‘model minority’ myth and the myth of meritocracy, where she effectively gaslights and delegitimizes the oppression of Black and Brown Americans,” said Hajar Yazdiha, assistant professor of sociology at the University of Southern California. “As a public, we should be skeptical of politicians across the board who build their power by maintaining white supremacy.”

Critics say Haley’s use of her Indian American identity is a clear case of strategic identity deployment, where she deploys a very selective, symbolic version of her ethnic identity to reach wider audiences.

Neil Makhija, executive director of Indian American Impact, a South Asian civic organization, said that Haley’s comments in her speech were aimed at “the overwhelming base of Republicans right now” whom he said generally back Trump and are part of the white working class.

“She’s not really speaking to people of color communities that have been historically excluded,” Makhija said.

“I think Indian Americans are overwhelmingly Democratic and in their views and inclusive on issues like immigration and civil rights,” he added. “While I think there are parts of Nikki Haley’s personal story that could initially be relatable ... I think she will have a hard time reaching the masses of Indian Americans, although, you know, I’m sure there will be some supporters here and there.”

Even before her 2024 announcement, Haley had to contend with critics who accused her of hiding or downplaying her heritage. In September, “The View’s” Sunny Hostin questioned why Haley went by her middle name, Nikki, instead of Nimrata.

“There are some of us that can be chameleons and decide not to embrace our ethnicities so that we can pass, so that we don’t have to go by,” Hostin, who is Black and Latina, said on the popular talk show.

Haley promptly fired back.



“It’s racist of you to judge my name,” the ex-U.S. ambassador to the United Nations and former Republican governor of South Carolina said, tagging Hostin. “Nikki is an Indian name and is on my birth certificate—and I’m proud of that. What’s sad is the left’s hypocrisy towards conservative minorities. By the way, last I checked Sunny isn’t your birth name.”

Haley’s campaign did not immediately respond to The Hill’s request for comment.

Haley also joins another prominent female politician of South Asian heritage on the political stage: Vice President Harris.

Like Haley, Harris doesn’t often speak to her heritage, focusing more on her identity as a Black woman. Yazdiha, the assistant professor at USC, said unlike Harris, a “racialized” individual in American politics, Haley is able “to pick and choose when she wants to claim her ethnic identity.”

“The reality is that studies show how white supremacy and anti-Blackness shape every domain in our society, particularly our political system and how nonwhite people maneuver within it. In this way, Haley is not rejecting identity politics. She is simply claiming her side within it, and she has chosen the side whose politics preserves white supremacy,” she said.

Putting partisan politics aside, Li, of the National Committee of Asian American Republicans, said many Asian Americans would like to see both Haley and Harris speak to their Indian heritage more often.

“They need to emphasize that ... to certainly help more Asian Americans get more into politics, because we are not as active as in other communities,” Li said. “We would like to see them come to the community more, be a better role model.”

Regardless of their commitment to their identities, Li said, strong Asian American candidates have a “tremendous impact” on those communities.

Julia Manchester contributed to this article.

# Indian inflation remains high, premature to lower guard - MPC minutes

By Swati Bhat

MUMBAI (Reuters) -Price pressures in India remain high and it would be premature to lower the guard on inflation, majority of the members of the Reserve Bank of India's (RBI) monetary policy committee (MPC) wrote, according to minutes published on Wednesday.

### Stay ahead of the market

Earlier in February, the MPC hiked the key repo rate by a quarter percentage point, as expected, but surprised markets by leaving the door open to more tightening, saying core inflation remained high.

"It will be premature to pause when there are no

down to 4% over the medium term, while keeping it within the target band of 2%-6%.

"We must ... remain unwavering in our commitment to bring down inflation to ensure a decisive and durable moderation in inflation towards the target of 4% over the medium term, while being mindful of growth," RBI Governor Shaktikanta Das said.

Persistently high core inflation is a crucial concern at this stage, external member Shashanka Bhide said.

"It is important to reduce the demand side pressures on inflation and bring the inflation expectations of the various stakeholders closer to the

RBI deputy governor Michael Patra said.

External members Jayant Varma and Ashima Goyal, however, voted against the decision to raise the key repo rate.

"In the second half of 2022-23, monetary policy has, in my view, become complacent about growth, and I fervently hope that we do not pay the price for this in terms of unacceptably low growth in 2023-24," Varma said.

Goyal, warned that as the aggressive MPC tightening is more fully passed through, it will further reduce demand.

"It is better to give time for possible softening



definitive signs of slowdown in inflation, particularly core inflation," RBI executive director and MPC member Rajiv Ranjan wrote. "Nevertheless, as the policy rate adjusted for inflation has now turned positive, albeit barely so, there is a case for paring down the pace of rate hike to the usual 25 bps," he added.

The MPC is mandated to bring retail inflation

policy target to sustain the growth momentum".

India's annual retail inflation rate rose to 6.52% in January from 5.72% in December, breaching the central bank's upper threshold for the first time in three months, on higher food prices.

The monetary policy stance will need to remain disinflationary till inflation is returned to target,

of both inflation and growth and effects of past monetary tightening to play out," she said.

(Additional reporting by Siddhi Nayak, Sudipto Ganguly and Chris Thomas; Editing by Mark Potter and Shounak Dasgupta)



# Funeral held for NYPD Officer Adeed Fayaz

## Adeed Fayaz

NEW YORK -- NYPD Officer Adeed Fayaz was laid to rest Thursday with a viewing and funeral service in Brooklyn.

The 26-year-old was fatally shot while off duty last weekend in East New York, Brooklyn.

Police said Fayaz and his brother-in-law met up with suspect Randy Jones to buy a car Jones had advertised on Facebook Marketplace.

Jones, 38, allegedly pulled out a gun and tried to rob them before shooting the officer in the head.

Fayaz succumbed to his injuries Tuesday afternoon, a day after Jones was taken into custody at a Rockland County motel.

Police said Jones was arrested using Fayaz's own handcuffs. He now faces murder and attempted robbery charges.

Fayaz had been with the department for five years and leaves behind a wife and two young children.

UPDATED 11:22 PM / FEBRUARY 9, 2023  
Officer Adeed Fayaz remembered as wonderful father, husband, man of service

There was a tribute Thursday to a fallen hero as thousands of fellow officers, family and friends said a final goodbye to Officer Adeed Fayaz.

The officer is being remembered as a wonderful father and husband, and a man of service.

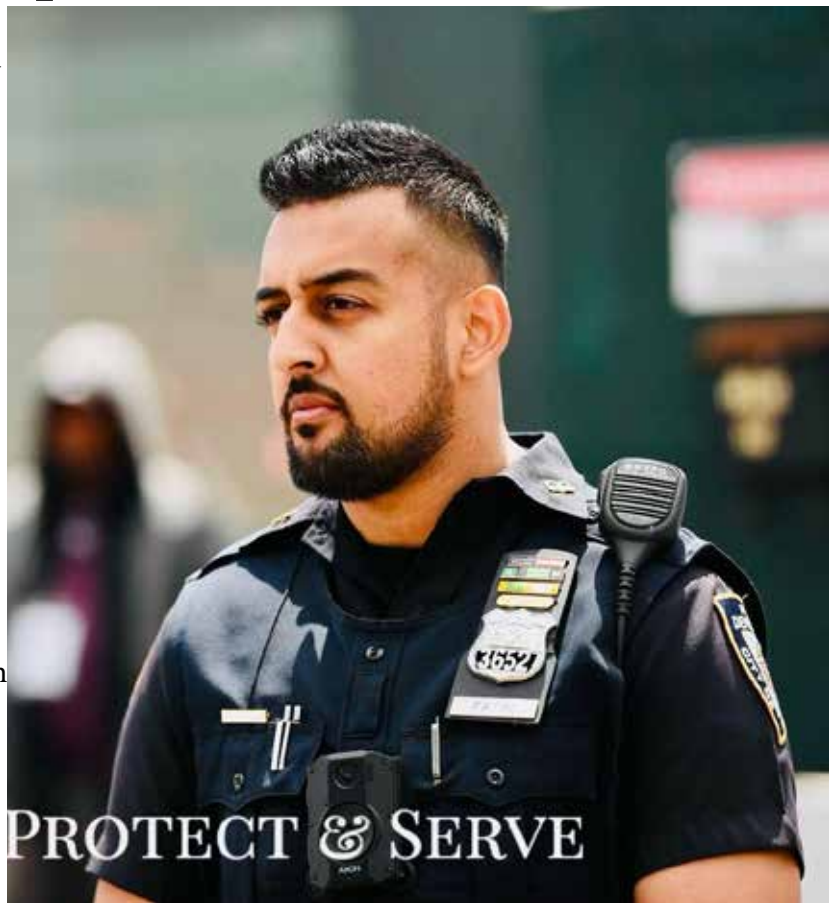
The mournful cries of a mother pierced the silence on Coney Island Avenue as a devastated family said goodbye to a son, a husband, a father of two, a hero.

Thousands of officers gathered in grief as Fayaz's flag-draped casket passed outside the Makki Mosque in Midwood.

Fayaz's life was just beginning, an embodiment of the American dream, a young man aspiring to make a great life for his family.

"Born in Pakistan, Adeed Fayaz came to this country at the age of 5. Came to the decision to be a police officer in middle school," NYPD Commissioner Keechant Sewell said.

The police commissioner says Fayaz was a dedicated officer, up for a promotion, but Saturday night while off-duty and with his brother-in-law, he went to buy a car in East New York. Fayaz walked into a set-up and was shot dead in attempted robbery. Police later arrested a suspect.



"He had to, you know, fight for his brother's life and also defend his own," friend Nader Ahmed said.

His high school friend said he spoke to Fayaz hours before he was attacked.

"He actually called me the day of. It was really sad. He was wishing me happy birthday, and then three hours later it happened," Ahmed said.

"Today I stand with all the members of my blue blood families," Fayaz's aunt said during the service.

She had a message for Mayor Eric Adams.

"My request to you is to make the city as easy to live as it was a few years back," she said.

The mayor promised the Fayaz family the city would show its support.

"To the family, our hearts are broken, but our arms are strong. We will hold you and lift you up and show you that your son, your husband, did not die in vain," he said.

BY DICK BRENNAN



# CHARMINAR CONNECTION

FOUNDED BY MIRZA PERVAIZ BAIG



## A Safari in India Dr. Kamran Baig

A safari trip to Uttarakhand, a state in northern India, can be an unforgettable experience. We recently visited the Dhikala Corbett Tiger Reserve, which is one of the most popular wildlife reserves in India. It is about 1100 miles up north of Hyderabad.

The reserve is located in the foothills of the Himalayas and is home to a variety of animals, including tigers, wild elephants, leopards, and many more. Our journey started early in the morning, as we wanted to catch a glimpse of the majestic tigers roaming around in the forest.

As we entered the reserve, we were greeted by the beautiful chirping of birds and the rustling of leaves. The drive through the forest was breathtakingly beautiful, with greenery all around and the occasional sighting of wild animals. Our guide was very knowledgeable and provided us with interesting facts about the flora and fauna of the region.

As we drove deeper into the forest, we were lucky enough to spot a few tigers resting in the shade or just sprawling around. It was a thrilling experience to see them in their natural habitat. We also encountered some wild elephants, who were gracefully walking along the path.

The highlight of our trip was the boat ride in a beautiful lake, which was located within the reserve. The serene atmosphere and the stunning sunset views were mesmerizing. The lake was surrounded by lush green forests, and we saw many birds and animals drinking water from the lake.

Overall, our safari trip to the Dhikala Corbett Tiger Reserve was an unforgettable experience. It is definitely worth visiting for anyone who loves wildlife and nature. The reserve is well-maintained, and the guides are knowledgeable, making the trip a truly enriching experience.

If you are visiting from UK or USA I highly recommend this trip.

Have to book way in advance if you are looking for a nice place to stay. If you want more information call for info on corbett online booking for Forest Rest Houses, Dhikala canter safari, and other weekend wildlife safaris to Jim Corbett National Park at +91 97 1925 1197 or write to them at corbettpark@gmail.com.2



INTERNATIONAL PAGES

## HEALTH

# New insomnia research shows how improving sleep can lower heart attack risk

By Linda Carroll  
Sleep really is a lifesaver.

A pair of studies released this week at a leading cardiology conference found that while insomnia may raise the risk of having a heart attack, consistent high quality sleep habits could add years to your life.

People with insomnia are 69% more likely to have a heart attack, compared to those who do not have the sleep disorder, according to a new analysis of previous research presented Friday at the American College of Cardiology's annual conference.

The study conducted by an international team of researchers examined the connection between insomnia and heart attacks through data on more than 1 million adults, average age 52, from six countries. People were categorized as having insomnia if they had at least one of three symptoms:

Difficulty falling asleep.

Difficulty staying asleep.

Waking too early in the morning.

The symptoms had to be present for at least three days a week for at least three months. Over an average of nine years of follow-up, people who habitually slept five or fewer hours were 56% more likely to have a heart attack than those who had the recommended eight hours a night, regardless of age or gender.

The researchers hope the study will raise "awareness of the importance of sleep in maintaining a healthy heart," said the study's first author, Yomna E. Dean, a medical student at Alexandria University in Alexandria, Egypt.

"Many people don't realize how important it is," Dean said.

"Some people might not necessarily be insomniacs, but are sleep deprived by choice," Dean



added. "That's common nowadays. These findings apply to everyone who sleeps five or fewer hours a night."

An estimated 10% of Americans have some form of insomnia and it's more common in women, said Dr. Sanjay Patel, director of the Center for Sleep and Cardiovascular Outcomes Research at the University of Pittsburgh.

"At least part of the reason for that may be that two of the most common risk factors for insomnia are anxiety and depression, which are both more common in women," said Patel.

A second study presented at the meeting focused on the quality of sleep. Researchers found that good sleep habits can benefit the heart and overall health, and even life expectancy. They also found that 8% of deaths from any cause could be linked to poor sleeping patterns.

People with highest quality sleep lived longer, according to the study: 4.7 additional years for men and 2.4 years, for women.

Stress is often the root of short bouts of insomnia, Patel said. In some people, that short-term stress "takes on a life of its own," he noted.

"Then, the not sleeping becomes the new stress. The more you worry about it, the harder it is to fall asleep. I'm a little concerned that this study might worsen insomnia for some people who

will worry that if they can't get more sleep they are going to have a heart attack."

How to improve sleep  
Patel's suggestions include:

Make sure the bedroom environment is comfortable and quite dark.

Avoid any chemicals that will stimulate your brain. Caffeine should be avoided for at least eight hours before bedtime. Nicotine and tobacco products should also be avoided. "You want to find things that will help you relax, instead," said Patel.

Avoid looking at a clock. "Seeing what time it is gets people even more stressed that they're not sleeping," said Patel. "We

want people to do things that distract the brain and maybe even make them somewhat bored." Read a book or play a mindless game on the computer. Knitting or listening to music can help the transition to sleep.

Avoid naps. Clinical trials have shown that some sleep deprivation in the short term can help improve sleep. "No matter how poorly you've slept, you want to force yourself to get up and you want to avoid naps during the day," said Patel. "You will be training your brain to recognize that if it doesn't sleep during the time you've given it, it won't get any more sleep.

Get lots of sunlight. You can start working on your sleep first thing in the morning by making sure you're exposed to sunlight, which helps calibrate your biological clock. "Go outside and walk," said Rebecca Robbins, an instructor in medicine at the Harvard Medical School and an associate sleep scientist at Brigham and Women's Hospital in Boston. "If you're taking the subway, walk to a stop beyond the one you usually take. You want to build tiny habits into routines."

Focus on getting relaxed before bed. "You might want to take a warm shower," Robbins said. "If you can't stop thinking about what's coming tomorrow, write down a list of dos so you can get them out of your head."

It's important to develop rituals that your brain will associate with falling asleep, Robbins said, adding "it could be reading a book or thinking one happy thought or meditating."

If you wake up during the night, go back to the same set of rituals that got you to sleep earlier on, Robbins said.

If you can't sleep don't just lay in bed, Robbins said.

"You want to keep your bed as a place for sleep and sleep alone," Robbins said. "If you're tossing and turning get out of bed. Bed should be the safe place you sleep."

NBC New Health Samosas are a very popular traditional Indian Dish.



# IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airbag inflators, in approximately 47 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

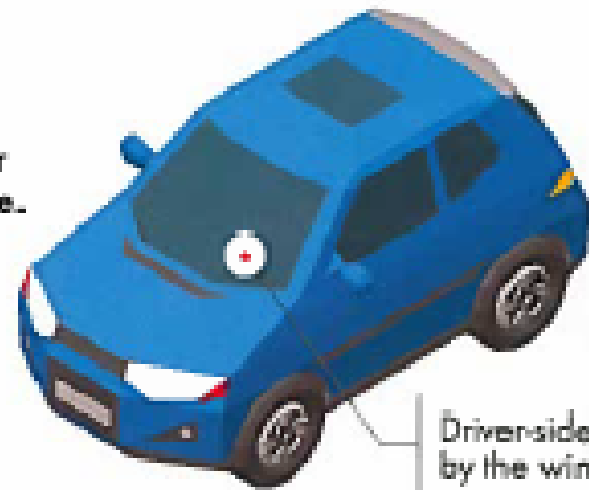
**DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.**

## Here's How:

### Find it

Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

- Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Driverside dashboard by the windshield

### Search it

Visit [AirbagRecall.com](http://AirbagRecall.com) to upload a photo of your license plate or to look up your 17-digit VIN.

Then follow the on-screen instructions to prove you are not a robot.

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or

Enter a license plate or VIN manually

### Fix it

If you see text that reads **recall incomplete...**

**YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.**



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.



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# RECIPES

**Samosas** are a very popular traditional Indian Dish. Probably because samosas are a tasty, fried, or baked pastry with savory fillings.

Spiced potatoes, onions, peas, and lentils fill traditional samosas. But sometimes, they are made with ground lamb, ground beef or ground chicken.



Good news for all of you Indian food lovers and solely plant-based eaters. Indian samosas are usually vegan! That means the pastry is free of eggs and dairy products.

Samosas are often accompanied by a sweet mint sauce or chutney (scroll down for Chef Marie's sweet and savory chutney recipes!). These puffy treats are common street food. You can find tourists and Indian natives alike eating them as a midday snack or a side to the main dish.

**Butter chicken** is mouth-watering, tender chicken, cooked in a spiced tomato sauce. It's traditionally cooked in a tandoor (a cylindrical clay or metal oven), but may be grilled, roasted or pan-fried in less authentic preparations.

Always make the gravy by first cooking fresh to-



mato, garlic, and cardamom down into a bright red pulp. This pulp is then pureed after cooling. Then, the chef adds butter, various spices, and Khoa (dried whole milk).

Vegetarian Indian Dish Option: Though a lot of traditional Indian food uses meat, there are plenty of Indian vegetarian dishes. You can make your own butter chicken vegetarian by substituting chicken for tofu.

You can mimic the taste and texture of chicken by tossing tofu pieces with corn starch. Then, bake the pieces in the oven and voila! You have slightly crispy, delicious, buttery vegetarian "chicken".

**Matar paneer** comes from regions of northern India. It's made up of a yummy tomato sauce over paneer (farmer's cheese) and peas, and spiced with garam masala.



Like many Indian dishes, matar paneer is best when paired with a cooling side dish, like cream or bread.

Depending on the region, it's likely to be served with rice, naan, paratha, poori, or roti.

Enjoy dipping your bread (or Naan) into the tomato gravy after you eat up the cheese and veggies.

Whether you choose naan, yogurt, aloo, or cream, to pair with this dish, your taste buds will thank you!

**Rogan josh** is a staple of Kashmiri (region in northern India) cuisine. It's one of the main dishes of a Wazwan: a Kashmiri multi-course meal.

Rogan Josh consists of braised lamb chunks cooked with gravy. Generally, Indian chefs make this gravy from browned onions, yogurt, garlic, ginger, and aromatic spices.

Known for its brilliant red color, a classic rogan



josh uses liberal amounts of dried Kashmiri chilies.

Make sure to de-seed these babies before you use them unless you're a glutton for punishment. Though they are less hot when de-seeded, Kashmiri chilies tend to be milder than cayenne chilies. You will find cayenne chilies in many other Indian dishes.

Most of the spiciness from a rogan josh comes from the fragrance of the dish rather than the heat. It's a yummy treat that is mild enough for Western palates, but intense enough for spice-lovers. If you love lamb, this dish is a must-try.

**Tandoori Chicken** (Chicken Marinated In Yogurt and Spices) Tandoori chicken is a popular North Indian dish consisting of roasted chicken prepared with yogurt and spices. The name comes from the type of cylindrical clay oven, a tandoor, in which the dish is traditionally prepared.

The chicken is marinated in yogurt and seasoned with the spice mixture tandoori masala. Indian chefs traditionally use cayenne pepper, red chili powder, or Kashmiri red chili powder to give it a fiery red hue. This dish goes so well with steaming basmati rice and crispy naan.



# IAMC condemns India's authoritarian raid on BBC

Washington D.C. (February 14, 2023) — The Indian American Muslim Council (IAMC), a Washington DC-based nonprofit organization dedicated to social justice, peace, and pluralism, has condemned the authoritarian tax raids on the offices of the British Broadcasting Corporation (BBC) in New Delhi and Mumbai on Tuesday.

This blatant attack on the BBC comes in retaliation for the network's screening last month of its new documentary, "India: The Modi Question," which establishes that India's current Prime Minister Narendra Modi was complicit in the mass killings of over 1,000 Muslims two decades ago in Gujarat state when he was its chief minister.

Former UK foreign secretary Jack Straw told the documentary that a British government investi-

gation had found that Modi had played a proactive part in pulling back the police and in tacitly encouraging the Hindu extremists who killed Muslims in 2002.

"These tax raids send a clear message to the global press that Modi will not tolerate any criticism," IAMC Executive Director Rasheed Ahmed said. "Western leaders must promptly denounce this vicious authoritarian attack on the BBC and demand the restoration of freedom of expression and freedom of the press in India."

Days after the BBC documentary was released, India promptly banned it and forced social media companies, YouTube, Facebook and Twitter, to delete it.

Tuesday's tax raids on the BBC are only the latest episode in Modi's nine-year-long assault

on free press since becoming prime minister. Pursuing vendetta, the Modi administration has carried out raids on critical independent media outfits in India, including NDTV, The Wire, the Bhaskar Group, Newslick, and The Quint.

The government so harassed NDTV's promoter, renowned journalist Prannoy Roy, that he was forced to sell his stake to Modi's crony industrialist, Gautam Adani. Last month, a New York-based researcher exposed Adani as running "the largest con in corporate history," through stock manipulation, without doubt aided by Modi's corrupt regime.

Numerous global civil freedom watchdogs have condemned Modi's serial attempts to silence the free press. Reporters Without Borders has downgraded India's Press Freedom Rank from 142nd place to 150th, putting it behind the authoritarian regimes of Uganda, Somalia, Ethiopia, South Sudan, the UAE, Nigeria, and Rwanda.

The New York-based Committee to Protect Journalists (CPJ) said that the tax raid on the BBC was "a pretext to target critical news outlets" and the administration "must cease harassing BBC employees immediately, in line with the values of freedom that should be espoused in the world's largest democracy." The CPJ had earlier reported that India had tied with Mexico for the highest number of journalist murders in 2021.

For two years, Freedom House, a Washington, DC-based research organization, has downgraded India's democracy from "Free" to "Partly Free," citing "new rules that made it easier for authorities to compel social media platforms to remove unlawful content," "discriminatory policies," and "a rise in persecution affecting the Muslim population."

The New York Times Editorial Board wrote two days ago that Modi has "systematically cracked down on all manner of free speech and dissent, increasing its emergency powers to block information it wants to keep from the Indian people and making it easier to hold dissidents under murky antiterrorism laws."

"The US must recognize that Modi's authoritarianism threatens its economic and security interests in the region, introducing violent instability into what is clearly no longer the world's largest democracy," added Mr. Rasheed Ahmed.



## 24th Annual ISNA Education Forum!

May 12-14, 2023

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# **Salute to Pakistan's former President Pervez Musharraf 11 August 1943 - 5 February 2023**



# Important Recall Info That MAY Affect Your Vehicle

NHTSA Recall ID Number : 23V060 Manufacturer : Chrysler (FCA US, LLC) Subject : Engine Compartment Fire Make Model Model Years RAM 2500 2021-2023 RAM 3500 2021-2023 RAM 4500 2021-2023 RAM 5500 2021-2023	IC BUS CE 2022-2023 IC BUS RE 2022-2023 NHTSA Recall ID Number : 23V067 Manufacturer : Nissan North America, Inc. Subject : Driver's Side Air Bag Cover Emblem May Detach Make Model Model Years NISSAN ARMADA 2008-2011 NISSAN FRONTIER 2008-2011 NISSAN PATHFINDER 2008-2011 NISSAN QUEST 2008-2009 NISSAN TITAN 2008-2011 NISSAN XTERRA 2008-2011	23V073 Manufacturer : Daimler Trucks North America, LLC Subject : Modulator Valve Corrosion May Cause Brake Pull Make Model Model Years FREIGHTLINER 114SD 2022-2023 FREIGHTLINER CASCADIA 2017-2023 WESTERN STAR 47X 2022-2023 WESTERN STAR 49X 2022-2023	TESLA MODEL X 2016-2023 TESLA MODEL Y 2020-2023
NHTSA Recall ID Number : 23V062 Manufacturer : Shyft Group Subject : Software Error in Vehicle Control Module Make Model Model Years SPARTAN K1 2022-2024 SPARTAN K2 2022-2024 SPARTAN K3 2022-2024 SPARTAN K4 2022-2024	NHTSA Recall ID Number : 23V068 Manufacturer : Thor Motor Coach Subject : Awning May Extend Unintentionally Make Model Model Years THOR MOTOR COACH RIZE 2022-2023 THOR MOTOR COACH SCOPE 2022-2023	NHTSA Recall ID Number : 23V074 Manufacturer : Mercedes-Benz USA, LLC Subject : Camera and Rearview Mirror May Detach Make Model Model Years MERCEDES-BENZ EQS580 2022-2023	NHTSA Recall ID Number : 23V013 Manufacturer : General Motors, LLC Subject : Fuel Pump May Not Provide Sufficient Fuel Make Model Model Years CHEVROLET EQUINOX 2021-2022 GMC TERRAIN 2022
NHTSA Recall ID Number : 23V063 Manufacturer : Daimler Trucks North America, LLC Subject : Foldable Upper Bunk May Fall Make Model Model Years FREIGHTLINER CORONA-DO 2021-2023	NHTSA Recall ID Number : 23V069 Manufacturer : Ford Motor Company Subject : Unintended PCM Reset May Cause Vehicle Rollaway Make Model Model Years FORD EXPLORER 2020-2022	NHTSA Recall ID Number : 23V076 Manufacturer : Subaru of America, Inc. Subject : Incorrectly Installed Replacement Air Bag Inflator Make Model Model Years SUBARU IMPREZA 2004-2005 SUBARU WRX 2004-2005	NHTSA Recall ID Number : 23V039 Manufacturer : BMW of North America, LLC Subject : Air Bag Cover Panels May Break During Deployment Make Model Model Years BMW 230I 2023 BMW M240I 2023
NHTSA Recall ID Number : 23V064 Manufacturer : Subaru of America, Inc. Subject : Wheel May Detach From Vehicle Make Model Model Years SUBARU SOLTERRA 2023	NHTSA Recall ID Number : 23V070 Manufacturer : Ford Motor Company Subject : Loose Bolt in Transmission May Cause Rollaway Make Model Model Years FORD BRONCO 2022-2023 FORD EXPLORER 2022-2023 FORD F-150 2022-2023 FORD MUSTANG 2022-2023 LINCOLN AVIATOR 2023	NHTSA Recall ID Number : 23V080 Manufacturer : Subaru of America, Inc. Subject : Battery Harness Corrosion May Cause Loss of Power Make Model Model Years SUBARU CROSSTREK HYBRID 2019-2022	NHTSA Recall ID Number : 23V041 Manufacturer : Toyota Motor Engineering & Manufacturing Subject : Engine Control Unit Software May Cause Stall Make Model Model Years TOYOTA RAV4 PRIME 2021
NHTSA Recall ID Number : 23V065 Manufacturer : Navistar, Inc. Subject : Insufficient Roof Panel Joint Strength/FMVSS 221 Make Model Model Years IC BUS CE 2022-2024 IC BUS CE SBUS 2022-2023 IC BUS EV 2023 IC BUS RE 2022-2023	NHTSA Recall ID Number : 23V071 Manufacturer : Ford Motor Company Subject : Fuel Tank Not Welded Properly Make Model Model Years FORD TRANSIT 2023	NHTSA Recall ID Number : 23V085 Manufacturer : Tesla, Inc. Subject : Full Self-Driving Software May Cause Crash Make Model Model Years TESLA MODEL 3 2017-2023 TESLA MODEL S 2016-2023	NHTSA Recall ID Number : 23V042 Manufacturer : General Motors, LLC Subject : Half-Shaft Assembly Missing Retaining Ring Make Model Model Years CHEVROLET BLAZER 2023 CHEVROLET TRAVERSE 2023
NHTSA Recall ID Number : 23V066 Manufacturer : Navistar, Inc. Subject : Insufficient Roof Panel Joint Strength/FMVSS 221 Make Model Model Years	NHTSA Recall ID Number : 23V046 Manufacturer : Honda (American Honda Motor Co.) Subject : Inoperative Rearview Camera Display/FMVSS 111 Make Model Model Years HONDA FIT 2018-2020 HONDA HR-V 2019-2022		

## What is a recall?

When a manufacturer or the National Highway Traffic Safety Administration (NHTSA) determines that a vehicle creates an unreasonable risk to safety or fails to meet minimum safety standards, the manufacturer is required to fix that vehicle at no cost to the owner. That can be done by repairing it, replacing it, offering a refund (for equipment) or, in rare cases, repurchasing the car.

## What should I do if my vehicle is included in this recall?

If your vehicle is included in this recall, it is very important that you get it fixed as soon as possible given the potential danger to you and your passengers if it is not addressed. You should receive a separate letter in the mail from the vehicle manufacturer, notifying you of the recall and explaining when the remedy will be available, whom to contact to repair your vehicle, and to remind you that the repair will be done at no charge to you. If you believe your vehicle is included in the recall, but you do not receive a letter in the mail from the vehicle manufacturer, please call NHTSA's Vehicle Safety Hotline at 1-888-327-4236, or contact your vehicle manufacturer or dealership.

Thank you for your attention to this important safety matter and for your commitment to helping save lives on America's roadways.



# WORDS SEARCH

N	I	V	C	E	G	H	N	V	N	O	O	H	O	R	B	A	E	V	W
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C	O	S	T	U	M	E	S	Y	S	R	A	O	V	T	R	S	M	L	D
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|----------------|----------------|--------|-----------|
| Black Cat      | Trick or Treat | Pirate | Spider    |
| Haunted House  | Vampire        | Mummy  | Pie       |
| Jack O Lantern | Witch          | Night  | Family    |
| Costumes       | Pumpkin        | Bat    | Community |
| Halloween      | Goblin         | Ghost  |           |

SNA AWARD - 2020



It's the moment of all moments. Sangeet Natak Akademi is a dream award for any artist and I can't even believe that I am here. I guess one's hard work and passion for what one does finally pays off. A big thanks to my fans, family, and the government of India for making this possible.  
Anup Jlot, FB, Pt Swapna Chowdhry ji



**Aditya Narayan roped in as the host of family game show 'Bzinga'?**

TV game show, Bzinga which gives families a chance to come together, play exciting games, and win amazing prizes had earlier roped in actors Kavin Dave and seasoned actress Sunita Rajwar as the hosts of the show. However, there is a change in the plan. The latest we hear is that Kavin and Sunita have been replaced and a popular singer and anchor will be taking over the role of the host of Bzinga.



Sources close to ETimes TV informed us that Bzinga will now be hosted by Aditya Narayan, who has been the face of shows like Indian Idol, Saregama little Champs, and Khatra Khatra Khatra. Sunita and Kavin have been replaced by Aditya. The duo had apparently shot for a few episodes but they have been scrapped. The previous few episodes shot will not be aired and Aditya has taken over from them. Aditya shot for the first episode on February 23 and the first episode will have Aditya Narayan as the host. The show is likely to go on air from 5th March.

For the uninitiated, Bzinga has been very popular in its Malayalam format where people have taken home very expensive products at the lowest market prices. As low as cars at Rs.2, microwaves at Rs.3.5, to exciting products like iPhones Rs.5, Macbooks for Rs.8 etc. The game show has given them a chance to win it all. From what we hear the Hindi format of Bzinga will have Influencers play the game too. It is their chance to win very high-value products like cars, electronic appliances, and exciting gadgets over multiple rounds. We have also heard that the grand prize of the first episode will be a swanky new car.



Hariharan  
Winning the Dada Saheb Phalke award is a moment that I will cherish for the rest of my life. I am deeply grateful to my fans and audience for showing their love and support over the years. Your encouragement has been the driving force behind my success. Thank you for being a part of my journey.

## List of Bollywood films of February 2023

Opening	Title	Director	Cast
M A R	3	<i>Gulmohar</i>	Rahul V. Chittella Manoj Bajpayee • Sharmila Tagore • Simran • Suraj Sharma
		<i>InCar</i>	Harsh Warrdhan Ritika Singh • Manish Jhanjholia • Sandeep Goyat • Sunil Soni • Gyan Prakash
	8	<i>Tu Jhooti Main Makkaar</i>	Luv Ranjan Ranbir Kapoor • Shraddha Kapoor
	17	<i>Mrs Chatterjee Vs Norway</i>	Ashima Chibber Rani Mukerji
		<i>Zwigato</i>	Nandita Das Kapil Sharma • Shahana Goswami
	24	<i>Chor Nikal Ke Bhaga</i>	Ajay Singh Yami Gautam • Sunny Kaushal • Sharad Kelkar
		<i>Bheed</i>	Anubhav Sinha Rajkummar Rao • Bhumi Pednekar • Dia Mirza • Ashutosh Rana • Pankaj Kapur
30	<i>Bholaa</i>	Ajay Devgn Ajay Devgn • Tabu	



PATHAAN BOX OFFICE

**Shah Rukh Khan film crosses ₹1000 crore at worldwide box office**

'Pathaan' has been ruling the box office since its January release. The film which entered its fifth weekend at the box office, collected around Rs 5.50 crore nett fifth weekend added an estimated Rs 2.25-2.50 crore to its collection on Sunday, thus taking its overall collection well past the Rs 500 crore nett mark.

With all new releases struggling to rake in the big bucks and draw in viewers, the coast seems clear for 'Pathaan' this coming week, enabling it to extend its reign over the box office. Although there will be some competition at the box office over the Holi weekend, trade gurus predict a total estimated collection of around Rs 510-515 crore nett over the holiday period.

According to boxofficeindia.com, 'Pathaan' film has already set many benchmarks and broken several records in box office history books. It has reportedly also become only the 25th film in the history of Bollywood cinema to register itself on the list of all-time blockbusters. This, however, is without counting the three South Indian films - Chandralekha, Bahubali - The Conclusion and KGF2.





















Although the film will not see footfalls like that of 'Bajrangi Bhaijaan' and 'Dangal', it is still the best for a post-pandemic film.

'Pathaan' began its box office run with a record collection of Rs 347.75 crore. It added another Rs 90.25 crore on its second weekend and Rs 44.75 crore on its third weekend. The film's fifth-week collection so far stands at an estimated Rs 5.55 crore nett.

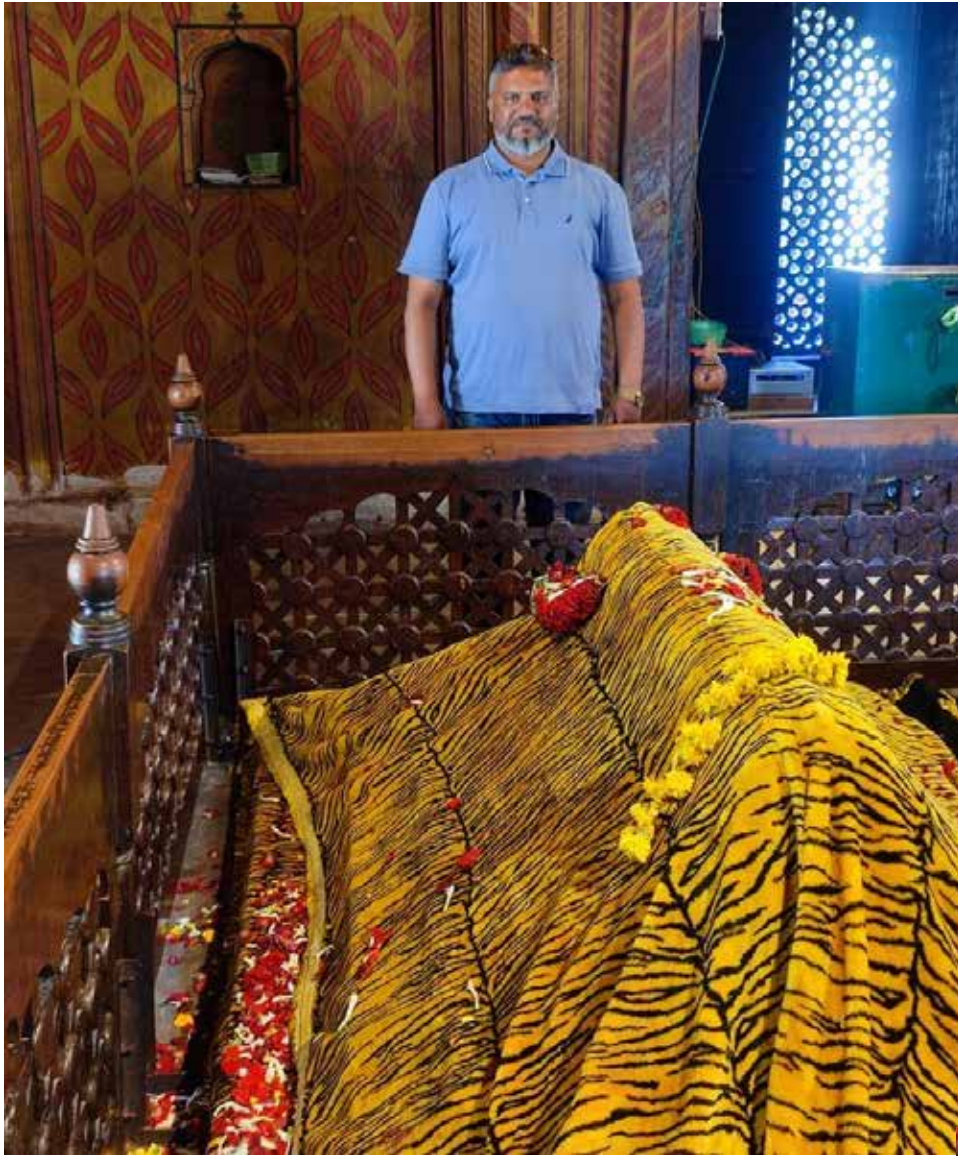


**Hindi cinema's famous character actor Iftikhar, better known for his portrayal of ideal Police Officer roles, was born in 1920.**

## Binaca Geetmala Annual List (1957)

Thumb / Rank	Song Heading	Singer / Movie	Music By / Lyricist	Actor / Category
 1	Zara Samne To Aao Chhaliye, Chhup Chhup Chhalane Me Kya Raz Hai <small>YouTube</small> ✓  ★ 4.46 - 510 votes	Lata Mangeshkar, Mohammed Rafi	S N Tripathi	Nirupa Roy
		Janam Janam Ke Phere (1957)	Bharat Vyas	Religious Songs
 2	Sar Jo Tera Chakraye <small>YouTube</small> ✓  ★ 4.41 - 1295 votes	Mohammed Rafi	Sachin Dev Burman	Johnny Walker
		Pyasa (1957)	Sahir Ludhianvi	Funny Songs
 3	Laal Laal Gaal, Jaan Ke Hai Laagu <small>YouTube</small> ✓  ★ 4.31 - 149 votes	Mohammed Rafi	N Datta	
		Mr. X (1957)	Majrooh Sultanpuri	
 4	Panchhi Banu Udti Phiru Mast Gagan Me <small>YouTube</small> ✓  ★ 4.44 - 1162 votes	Lata Mangeshkar	Shankar Jaikishan	Nargis
		Chori Chori (1956)	Hasrat Jaipuri	Masti Bhare Geet, Happy Songs
 5	Aankhon Me Kya Ji, Rupahla Badal <small>YouTube</small> ✓  ★ 4.37 - 156 votes	Kishore Kumar, Asha Bhosle	Sachin Dev Burman	Kalpana Kartik, Dev Anand
		Nau Do Gyarah (1957)	Majrooh Sultanpuri	Romantic Songs
 6	Chhod Do Aanchal Jamaana Kya Kahega <small>YouTube</small> ✓  ★ 4.40 - 1597 votes	Asha Bhosle, Kishore Kumar	Sachin Dev Burman	Dev Anand, Nutan
		Paying Guest (1957)	Majrooh Sultanpuri	Ched Chad Songs, Tareef Songs, Romantic Songs
 7	O Raat Ke Musafir, Chanda Zara Bata De <small>YouTube</small> ✓  ★ 4.47 - 252 votes	Lata Mangeshkar, Mohammed Rafi	Hemant Kumar	Gemini Ganesan, Meena Kumari
		Miss Mary (1957)	Rajinder Krishan	Roothna Manaana, Ched Chad Songs, Romantic Songs
 8	Antam Fantam Chhod De Baabu Ho Gai Teri Haar <small>YouTube</small> ✓  ★ 3.89 - 56 votes	Asha Bhosle	O P Nayyar	Shammi Kapoor, Pran, Nalini Jaywant, Ameeta
		Hum Sab Chor Hain (1956)	Majrooh Sultanpuri	
 9	Mana Janab Ne Pukara Nahi, Kya Mera Saath Bhi Gawara Nahi <small>YouTube</small> ✓  ★ 4.61 - 1203 votes	Kishore Kumar	Sachin Dev Burman	Dev Anand, Nutan
		Paying Guest (1957)	Majrooh Sultanpuri	Ched Chad Songs
 10	Chup Ho Ja Amiro Ke Ye Sone Ki Ghadi Hai <small>YouTube</small> ✓  ★ 4.35 - 57 votes	Kishore Kumar	Hemant Kumar	
		Bandi (1957)	Rajinder Krishan	Philosophical Songs

**Mir Mohsin Ali at the Sher E Mysore Tipu Sultan Tomb in Mysore**



**Dr. Mazharuddin Ali Khan, dies by suicide in Hyderabad**

He practiced as an orthopedic surgeon at Owaisi hospital and had experience of over three decades. The deceased shot himself with his licensed weapon, police said. There are property disputes between the family members of the deceased, as per police.



An orthopedic surgeon and the father-in-law of Asaduddin Owaisi's second daughter, Mazharuddin Ali Khan, died by suicide in Banjara Hills, Hyderabad, Tv9 Telugu reported.

He took the extreme step due to a family dispute, reports said. He practiced as an orthopedic surgeon at Owaisi hospital and had experience of over three decades.

Confirming the death, Hyderabad West Zone DCP Joel Davis said, "At around 1 pm on Monday, a doctor named Mazhar shot himself with his licensed gun. Family members took him to Apollo but the doctors said that he was dead on arrival. The deceased was identified as 60-year-old Dr. Mazar. The reasons for the suicide are being investigated."

He further said, "The clues team collected evidence at the crime scene and found that only one round was fired. There are property disputes between the family members of the deceased and there is also a case of domestic violence against the deceased."



Historic Mecca Masjid was beautifully illuminated on the eve of Shab-e-Meraj.  
Hyderabad Pearls - Atiya Fatima



**Here are a few helpline numbers of suicide prevention organisations you can reach out to, if you know someone displaying suicidal tendencies and/or with mental health issues.**

**Telangana: Roshini Foundation (040-66202000) - 9AM - 11 PM**

**Sneha Foundation- 044-24640059 - 24x7**

**Aasra: 022 2754 6669, 24x7**





Dr. Syed Fazil Hussain Parvez conferred with the National Award for Excellence in Journalism by the Press Council of India. Press Council of India Chairman Justice Ranjana Prasad Desai presented the award to Dr Parvez on 28th February 2023 at Constitution Club of India, New Delhi.



Mr.Mohammed Ghouse Mohiuddin, "Mgm Arts & Events" Present A Weekend Musical Evening at The Palace Family Restaurant NH9, Rudraram, Sangareddy Road, PatanCheru, T.S.-  
 Chief Guest are Mr.Mushtaq Hussain Chairman of The Palace & Pariwar Group of Restaurant's in India & Canada.-  
 Guest of Honors are Mr.Mohammed Abdul Majid Engineer & Architect, Mr.Azmath Khan leader Brs Party, Mr.Mohammed Suleman Advocate, Dr.Mohammed Shakir Chairman Shama Pharmacy, Mr.Mirza Imtiyaz Baig Chairman MM Group, "Recognising as Sports, Cultural Ambassador of Telangana, Dr. Mir Anwar Mohiuddin IRS Deputy Commissioner of Customs Government of india, Mr.Azam Ali Joint Secretary World Human Rights Protection Association, & Architect, Mr.Mansoor Ali Retd Major and Huge Gathering to be Seen in The Palace Family Restaurant NH9, Rudraram, Sangareddy Road, PatanCheru, T.S  
 Anchoring by Mr.Mohammed Ghouse Mohiuddin, Noor Maria & Mr.Ali.-  
 Singers are Ruby Khan, Anwar Ali, Majeed Hussain, Majeed Khan, Suresh Naik & Syed Sohail.-

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Sikander Abdul Aziz Bawazeer (Hakeem Saab)  
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# American Township, RCI Road, Mallapur, Hyderabad-05, T.S.



# کل ہند داغ دہلوی فاؤنڈیشن حیدرآباد عظیم الشان عالمی مشاعرہ

یکم مارچ 2023 بروز چہار شنبہ، 7 بجے شام \* رویندرابھارتی تھیٹر، حیدرآباد

افتتاح: عالی جناب محمد محمود علی صاحب وزیر داخلہ ریاست تلنگانہ

زیر صدارت: جناب ظفر جاوید

زیر نگرانی: سید مسکین احمد بانی انجمن

مہمانان  
نصوصی

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\* محترمہ سمیرہ عزیز جدہ  
\* ندیم ماہر قطر  
\* عزیز نبیل قطر

میزبان شعراء \* سردار سلیم \* انجمنی کمار گوگل \* کوکب ذکی \* لطیف الدین لطیف \* سمیع صدیقی

معاون کنوینر: لطیف الدین لطیف

داخلہ کی عام اجازت رہے گی۔

نظامت: ڈاکٹر مہتاب عالم

پرستاران شعر و سخن بہترین شاعری سماعت کرنے کے لئے مع احباب تشریف لائیں



ڈاکٹر توفیق انصاری احمد  
شکاگو، امریکہ

## گل بوکی حکایت

سدا بہار، سبق آموز مذہبی سماجی و اخلاقی بنیادوں کا انمول و نادر خزانہ



ڈاکٹر توفیق انصاری احمد



حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ

### 35 غرور عبادت کو ضائع کر دیتا ہے

**اردو حکایت:** ایک خدا پرست دین دار حجاز کے سفر پر ذوق و شوق سے روانہ ہوا۔ ہر قدم پر نماز ادا کرتا اور سفر کی تکالیف کو مسکرا کر برداشت کرتا۔ یہ دیکھ کر شیطان نے اُس کے دل میں وسوسہ ڈالا کہ تجھ سے بڑھ کر عبادت گزار اور راہِ خدا میں مصیبت برداشت کرنے والا کوئی نہیں ہے۔ قریب تھا کہ وسوسہ اُس کے اجر و ثواب کو ضائع کر دیتا کہ اللہ تعالیٰ کی رحمت کو جوش آگیا۔ غیب سے آواز آئی۔

فارسی شعر:

پندار گر طاعتے کردہ ای  
کہ نذلی بدیں حضرت آوردہ ای  
باحسان آسودہ کردن دل  
به از الف رکعت به ہر منزلے

حاصل کلام:

اگر تو نے عبادت کی ہے تو یہ گھمنڈ نہ کر کہ کوئی تحفہ دربار الہی میں لایا ہے۔ ایک دل کو احسان کر کے راحت پہنچانا، ہر منزل پر ہزار رکعت پڑھنے سے بہتر ہے۔

منظوم ترجمہ:

اگر تو نے کی ہے عبادت بڑی  
نہ اترا کہ لایا ہے تحفہ کوئی  
کہ اک دل کو احسان سے جیتنا  
ہے بڑھ کر کئی رکعتوں سے تری



دائے مشرق، بلبل شیراز، حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ فارسی زبان کے عالمی شہرت یافتہ ادیب شاعر، سیاح و دانشور گزرے ہیں۔ آپ کی پیدائش تقریباً آٹھ سو سال قبل سادات کے اک معزز گھرانے میں ہوئی جو برسوں پہلے مکہ سے ہجرت کر کے شیراز میں آسا تھا۔ خاندان میں دینداری کا بول بالا تھا اس لئے ابتدائی تعلیم گھر پر ہوئی اور چھوٹی سی عمر میں تمام ضروری دینی مسائل یاد ہو گئے جس کے ساتھ عبادت، شب بیداری اور تلاوت کلام پاک کا شوق پیدا ہو گیا۔ گیارہ سال کی عمر میں کلام مجید حفظ کر لیا۔ تفسیر، فقہ، حدیث اور صرف و نحو کی ابتدائی کتابیں پڑھیں اور سن بلوغ کو پہنچنے سے پہلے ہی نہایت اعلیٰ و ارفع اخلاق و کردار کے مالک بن گئے۔ ان کی سلیقہ مندی، زہد و تقویٰ، ذہانت و دانشمندی کا ہر طرف چرچا ہو جائے گا۔ نو عمری میں والدین کے ساتھ پہلا حج کیا اور اپنی زندگی میں چودہ حج پایادہ کئے۔ بغداد کے مدرسہ نظامیہ میں تقریباً تیس سال تک مشہور زمانہ علمائے کرام سے تحصیل علم و فیض صحت حاصل کر کے قرآن، حدیث، تفسیر، منطق، فلسفہ، ریاضی اور دیگر علوم پر عبور حاصل کیا۔ ساتھ ہی کئی اجنبی زبانوں میں بھی مہارت حاصل کر لی۔ تحصیل علم سے فارغ ہو کر حضرت سعدی شیرازی نے سیاحت پر کمر باندھ لی اور عمر کا بیشتر حصہ ایشیا، آفریقہ اور دُنیا کے دیگر ممالک کی سیرو سیاحت میں بسر کیا۔ کہا جاتا ہے کہ مشرقی سیاحوں میں ابن بطوطہ کے سوا شیخ سعدی سے بڑھ کر کوئی اور سیاح نہیں۔ انہوں نے سیاحت کے دوران بڑی صعوبتیں اٹھائیں اور بڑے تجربے حاصل کئے۔ ایک اندازے کے مطابق شیخ سعدی کی تصانیف تیس سے متجاوز اور ایک سے بڑھ کر ایک ہیں لیکن ان کی دو

کتابوں گلستاں اور بوستاں نے لازوال عالمی شہرت حاصل کی اور حضرت سعدی کے مقام کو بلند و بالا کر کے اوج کمال پر پہنچا دیا۔ گلستاں اور بوستاں کی بنیاد قرآن، حدیث، تربیت، اخلاقیات، تجربات، دور رس اور دانشوری پر رکھی ہوئی ہے۔ ان دو کتابوں کی حکایات میں کچھ ایسا سبق پوشیدہ ہے کہ جس کو پڑھنے کے بعد آدمی اپنے علم و عمل سے انسانیت کے اعلیٰ مقام پر پہنچ سکتا ہے اس لئے ان کا مطالعہ بنی نوع انسان کے لئے نہایت فائدہ مند ہے۔

اردو ادب کے ممتاز ادیب و شاعر ڈاکٹر توفیق انصاری احمد نے حضرت شیخ سعدی شیرازی کی سدا بہار فارسی تصانیف گلستاں و بوستاں کی افادیت کو پیش نظر رکھتے ہوئے ان دونوں کتابوں کی منتخب حکایات کے نثری و منظوم ترجمہ کا کام کئی برس پہلے شروع کیا تھا جس کی اشاعت و رسم اجرائی کا اہتمام زیر ترتیب ہے۔ ویسے تو گلستاں و بوستاں کے تراجم دُنیا کی تقریباً تمام بڑی زبانوں میں ہو چکے ہیں لیکن صرف انگریزی و عربی میں نثر کا ترجمہ نثر اور نظم کا ترجمہ نظم میں کیا گیا ہے۔ اردو زبان میں موثر اور مفید ترجمہ کی ایسی کوئی مثال نہیں ملتی۔ ”گل بو“ (گلستاں سے گل اور بوستاں سے بو) گلستاں اور بوستاں کی منتخب مثالی حکایتوں کا اور ڈاکٹر توفیق انصاری احمد کا زیر ترتیب اردو زبان کا وہ سب سے پہلا شاہکار مشترکہ و منفرد گلدستہ ہے جس میں فارسی نثر کا ترجمہ اردو نثر میں اور فارسی نظم کا ترجمہ اردو نظم میں کیا گیا ہے۔ ”گل بو کی حکایت“ کے عنوان سے ہم گلستاں و بوستاں کی حکایات کو عوامی استفادہ کی خاطر ”ایشیا نامہ کی الیکٹرانک اشاعتوں میں ثواب جاریہ کی نیت سے سلسلہ وار شائع کر رہے ہیں۔ (ادارہ)

## حلال کی برکت

انجینئرز پر بھی بھروسہ نہیں ہے۔ ہر کام خود اپنی نگرانی میں کراتا ہوں۔ ان کے ایک پڑوسی کا کہنا ہے کہ وہ ایک مثالی انسان ہیں۔ اپنے مزدوروں کا بھی بھرپور خیال رکھتے ہیں۔ اب مال حرام کے رسیا بلڈرز کی جمع پونجی بھی لٹ گئی اور اوپر سے قانون کی گرفت میں آ کر رسوا بھی ہو گئے۔ لیکن رزق حلال کی جستجو کی برکت سے ایک تو آئین کا سرمایہ محفوظ رہا، دوسرا وہ قوم کے ہیرو بن گئے۔ بے شک نیکی ضائع نہیں ہوتی اور جھوٹ، فریب اور دھوکے کا انجام بہت برا ہوتا ہے۔



ترکی کے 10 شہروں میں 9 لاکھ سے زائد عمارتیں تباہ ہو گئی ہیں۔ جن میں بڑے نامی گرامی بلڈرز کی تعمیر کردہ اونچی بلڈنگز بھی شامل ہیں۔ ان تمام بلڈرز کے نام ای سی ایل میں ڈال کر ان کی گرفتاری جاری ہے۔ یہ بزرگ آئین دوسون بھی ایک بلڈر ہیں۔ ان کے تعمیر کردہ 50 رہائشی منصوبوں میں کسی ایک کا گرنا تو دور کی بات، انہیں زلزلے سے نقصان تک نہیں پہنچا۔ جس پر ترکیا کے سوشل میڈیا میں ان کا بڑا چرچا ہے اور لوگ انہیں خراج تحسین پیش کر رہے ہیں۔ ان کا کہنا ہے کہ پہلی بات تو اللہ پاک کی مدد ہے کہ اس نے مجھے رسوا نہیں کیا۔ دوسرا رزق حلال کی طلب کہ میں نے

کیا۔ منصوبہ شروع کرنے سے قبل میں اپنے طور پر تحقیق کر کے اسے مضبوط سے مضبوط بنانے کی ہر ممکن کوشش کرتا رہا۔ میں نے تعمیرات کا کام ویسے ہی شروع نہیں کیا، یہ ہمارا خاندانی پیشہ ہے۔ آئین کسی کہ بیٹا! چار کے بجائے ایک پیسہ کما لو، لیکن کام پائیدار طریقے سے کرو۔ چونکہ یہ علاقہ زلزلوں کا مرکز ہے۔ آئین نے اس بات کو مد نظر رکھ کر پروجیکٹ مکمل کئے تاکہ ان کا نفع حلال ہو۔ کہتے ہیں کہ مجھے ٹھیکیدار یا

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♦♦♦♦♦♦♦♦♦♦

تلنگانہ حکومت نے 2 لاکھ 90 ہزار کروڑ روپے کا بجٹ پیش کیا!!

اقلیتوں کے لئے صرف 2200 کروڑ روپے!!

گئی۔ اقلیتی طبقات کے طلبہ کی دوسرے ممالک میں اعلیٰ تعلیم کے لئے ہر طالب علم کے لئے 20 لاکھ روپے اسکا لرشپ دستیاب کروائی گئی۔ تمام مذاہب کے تہواروں کے موقع پر غریبوں میں تحائف کی تقسیم کی گئی۔ رمضان کے دوران 50,000,4 غریب مسلمانوں کو کپڑوں کو بھی تقسیم کیا گیا اور عیسائیوں میں خصوصی تحفہ کے طور پر 3,00,000 کپڑوں کی تقسیم کی گئی۔ بتکماں فیسٹیول کے موقع پر حکومت نے خواتین میں ساڑھوں کی تقسیم کی۔ اقلیتوں کے لئے 2200 کروڑ روپے کی بجٹ تجویز رکھی گئی ہے۔

کارپوریشن کے ذریعہ قرضہ جات کی تقسیم کے لئے کارپوریشن موجودہ اور مجوزہ مالیاتی سال کے لئے 270 کروڑ روپے خرچ کرنے کا منصوبہ رکھتا ہے۔ پیشرو بجٹ کے برخلاف اس میں 239 کروڑ روپے کا اضافہ کیا گیا ہے۔ حکومت نے اقلیتی مالیاتی کارپوریشن کے ذریعہ غریب مسلم خواتین میں 20 ہزار سلائی مشینوں کی تقسیم کا فیصلہ کیا ہے۔ ریاست میں اقلیتی تعلیمی اداروں کی تعداد دوسری ریاستوں سے زیادہ ہے۔ ابتدا میں حکومت نے 203 اقامتی اسکولس کا قیام عمل میں لایا تاہم بعد ازاں ان کی جو نیر کالجس کے طور پر جدید کاری کی

حکومت نے 581,8 کروڑ روپے خرچ کئے ہیں۔ سال 2021-22 میں 1286 کروڑ روپے کی رقم خرچ کی گئی۔ حکومت سال 2014 سے مسلم لڑکیوں کی شادی کے لئے شادی مبارک اسکیم پر عمل کر رہی ہے۔ گذشتہ ساڑھے آٹھ برسوں میں 2,32,713 لڑکیوں کی شادی کے لئے 903,1 کروڑ روپے خرچ کئے گئے۔ غریب استفادہ کنندگان کے مطالبہ میں اضافہ کے سبب 450 کروڑ روپے کی تجویز رکھی گئی ہے۔ ان میں اضافی 150 کروڑ روپے کی رقم شامل ہے۔ اقلیتی مالیاتی

تلنگانہ حکومت نے اقلیتوں کے لئے 2200 کروڑ روپے کا بجٹ مختص کیا ہے وزیر فائننس ہریش راو نے ریاستی اسمبلی میں آج 2 لاکھ 90 ہزار کروڑ روپے کا بجٹ پیش کرتے ہوئے کہا کہ تلنگانہ حکومت تمام مذاہب کے ساتھ مساوی سلوک کرتی ہے۔ سماج کے کسی بھی طبقہ کے ساتھ امتیاز نہیں کیا جاتا۔ سرکاری پروگراموں کے فائدے تمام کیلئے دستیاب ہیں۔ تلنگانہ کی تشکیل سے پہلے پیشرو حکومتوں نے اقلیتوں کی بہبود کے لئے سالانہ 300 کروڑ روپے بھی صرف نہیں کئے تھے۔ تلنگانہ کی تشکیل کے بعد اقلیتوں کی بہبود کے لئے

## کبری خان نے عادل راجہ کو خبردار کر دیا



پاکستانی اداکاروں کے حوالے سے جاری تنازع کے دوران کبری خان نے ایک بیان جاری کیا ہے جس میں میجر (ر) عادل راجہ کو خبردار کیا گیا ہے کہ وہ تین دن کے اندر اپنا بیان واپس لیں یا وہ قانونی کارروائی کے لیے تیار ہو جائیں۔ کبری خان اور تین دیگر اداکاروں

پر الزام ہے کہ انہوں نے جنرل (ر) قمر جاوید باجوہ اور آئی ایس آئی کے سابق سربراہ فیض حمید کے ساتھ مل کر نامناسب کام کئے۔ انسٹاگرام پر شیئر کیے گئے ایک بیان میں کبری خان نے کہا کہ اگر عادل راجہ معافی نہیں مانگتے یا بیان واپس نہیں لیتے تو وہ انصاف کے لئے برطانوی عدالتی نظام تک جائیں گی۔ عادل راجہ اپنے الزامات کی تصدیق کے لیے ٹھوس ثبوت پیش کریں یا بینک عزت کے مقدمے کے لیے تیار ہو جائیں۔ کبری خان نے مزید لکھا کہ میں شروع میں خاموش رہی کیونکہ ظاہر ہے کہ ایک جعلی ویڈیو میرے خلاف کچھ نہیں کر سکتی لیکن اب بہت ہو چکا۔ آپ کو لگتا ہے کہ میں چپ بیٹھو گی تو یہ غلط ہے۔ کبری خان نے عادل راجہ کو مخاطب کرتے ہوئے کہا کہ آپ کے پاس 3 دن ہیں ثبوت دیں یا اپنا بیان واپس لیں اور عوامی طور پر معافی مانگیں ورنہ میں آپ پر بینک عزت کا مقدمہ دائر کروں گی۔

پاکستانی ڈراموں کی ازسرنو تعمیر کی ضرورت ہے اپنے بچوں اور معاشرے کو اگر ہم اخلاق کی پستی سے نکالنا چاہتے ہیں تو ہمیں اپنے مقبول پاکستانی ڈرامہ سیریلز میں دکھائے جانے والے مواد کو روکنا یا ازسرنو اس کی تعمیر پر سوچنا ہوگا۔ ہمارے پاکستانی ڈراموں میں خواتین کو حقیر سمجھا جاتا ہے۔ نکاح اور طلاق سے متعلق گھٹیا مواد بنایا جا رہا ہے جس سے نوجوانوں کی اخلاقی روایات تباہ ہو رہی ہیں۔ چند ڈراموں کے علاوہ زیادہ تر

## کیا پاکستانی ڈرامے واقعی دیکھنے کے قابل ہیں؟

خلاف ہیں۔ گھریلو تشدد اور کام کرنے والی خواتین کے بارے میں غلط بیانی اکثر زیر بحث آتی ہے۔ رپورٹس کے مطابق جلن ڈرامہ غلط ڈراموں میں سرفہرست ہے۔ عابد رضا کی اس فلم میں چھوٹی بہن اپنے بہنوئی کو اپنی حاملہ بہن کو طلاق دینے پر مجبور کرتی ہے۔ یہ کس قسم کا ڈرامہ ہے آپ خود سوچیں؟ ایسے ڈرامے دیکھنے والوں پر کیا اثر ہوگا اور وہ کن خیالات سے گزر رہے گے؟ پیار کے صدقے ڈرامہ کا تنقیدی جائزہ ہاں ہی طرح

پاکستانی ڈراموں کی ازسرنو تعمیر کی ضرورت ہے اپنے بچوں اور معاشرے کو اگر ہم اخلاق کی پستی سے نکالنا چاہتے ہیں تو ہمیں اپنے مقبول پاکستانی ڈرامہ سیریلز میں دکھائے جانے والے مواد کو روکنا یا ازسرنو اس کی تعمیر پر سوچنا ہوگا۔ ہمارے پاکستانی ڈراموں میں خواتین کو حقیر سمجھا جاتا ہے۔ نکاح اور طلاق سے متعلق گھٹیا مواد بنایا جا رہا ہے جس سے نوجوانوں کی اخلاقی روایات تباہ ہو رہی ہیں۔ چند ڈراموں کے علاوہ زیادہ تر



ڈراموں میں ایسے انداز اپنائے گئے ہیں جو ہمارے معاشرے، ثقافت اور رسم و رواج کے خلاف ہیں۔ ایک ڈرامہ سیریل 'پیار کے صدقے' میں ایک خوفناک ملازم ہے۔

## جب شاہ رخ 'سب سے بڑے سپر سٹار کے طور پر ریٹائر ہوں گے تو ان کی جگہ کون لے گا؟'

بالی وڈ سپر سٹار شاہ رخ خان نے پیر کے روز ٹوئٹسیشن کے دوران اپنی ریٹائرمنٹ کے بارے میں ذاتی ترجیح آہستہ



آہستہ ختم ہو رہی ہے۔ جب وہ فلموں سے دور ہوتے ہیں تو کیا کرتے ہیں؟ اس سوال پر شاہ رخ نے کہا کہ 'میں گھر میں وہ تمام فلمیں دیکھتا ہوں جنہیں میں فلمساز کے طور پر نہیں بلکہ ناظر کے طور پر دوبارہ دیکھ سکتا ہوں۔ فرانس سے ایک مداح کے پوچھے جانے پر کہ وہ اپنی فلموں کے بارے میں کیا کہنا چاہیں گے جو دنیا بھر سے ہر طرح کے لوگوں کو یکجا کرتی ہیں، شاہ رخ نے کہا کہ 'اصل میں تو سب ایک ہوتے ہیں..... ایک اچھی فلم تو بس بگجٹی کے ساتھ خوشی ظاہر کرنے کا ایک ذریعہ ہے۔ گزشتہ ماہ ریلیز ہونے والی فلم 'پٹھان' میں شاہ رخ خان چار سال بعد لیڈ رول میں سکرین پر نظر آئے ہیں۔ اس فلم کو ایش راج فلمز نے پروڈیوس کیا ہے اور ڈائریکٹر سدھارتھ آنند ہیں۔ عالمی باکس آفس پر اس فلم کے 1000 کروڑ روپے کمانے میں بس تھوڑی سی کسر باقی ہے۔

♦♦♦

♦♦♦♦♦♦♦♦♦♦

لوگ مجھے دیکھنا چاہتے ہیں۔ میں سمجھتا ہوں

# ترکی میں آنے والے زلزلے اتنے ہلاکت خیز کیوں ہوتے ہیں؟

یہ رجحان جاری رہے گا۔

## زلزلوں کو مایا کیسے جاتا ہے؟

زلزلوں کی پیمائش کے لیے آج کل جو پیمانہ استعمال کیا جاتا ہے اسے 'مومنٹ میگنیٹیوڈ' سکیل کہا جاتا ہے۔ اس پیمانے پر دو اعشاریہ پانچ سے کم کی شدت کے جھٹکے محسوس نہیں کیا جاسکتا اور یہ آلہ اس کی پیمائش نہیں کر سکتا۔ تاہم پانچ تک کی شدت کا زلزلہ ریکارڈ کیا جاسکتا ہے اور اتنی شدت کے زلزلے سے زیادہ نقصان نہیں ہوتا۔ سات اعشاریہ آٹھ کی شدت کے جھٹکے کو ایک 'بڑا' زلزلہ کہا جاتا ہے اور اس کے نتیجے میں عموماً خاصی تباہی ہوتی ہے۔ آٹھ سے زیادہ کی شدت کا جھٹکا انتہائی تباہ کن ہوتا ہے جس سے زلزلے کے مرکز کے

تھالیاں کہا جاتا ہے۔ یہ تھالیاں پرندوں کے گھونسلوں کی مانند ایک دوسرے سے جڑی ہوتی ہیں۔ اکثر یہ پلیٹس حرکت کرنے کی کوشش کرتی ہیں لیکن مختلف پلیٹس کے درمیان رگڑ کی وجہ سے ان میں حرکت نہیں ہوتی لیکن کبھی کبھار تھالیوں کے درمیان دباؤ اتنا زیادہ ہو جاتا ہے کہ ایک تھالی اچانک اپنی جگہ سے کھسک جاتی ہے جس سے زمین کی سطح ہل جاتی ہے۔ پیر کو آنے والے زلزلے میں شمالی کی جانب حرکت کرتی ہوئی 'عربین پلیٹ' اور 'اناطولین پلیٹ' میں رگڑ پیدا ہو گئی تھی۔ ماضی میں آنے والے بڑے بڑے زلزلوں میں بھی مختلف تھالیوں کے درمیان رگڑ سے تباہی ہوئی۔ 13 اگست



صرف اس پر نہیں ہوتا کہ اس کی شدت کیا تھی۔ یہ زلزلہ صبح سویرے اس وقت آیا جب لوگ اپنے گھروں میں سو رہے تھے۔ اس کے علاوہ یہ بات بھی اہم ہے کہ عمارتیں کس قدر مضبوط یا کمزور تھیں۔ یونیورسٹی آف پورٹسمتھ میں آتش فشاؤں پر تحقیق کی ماہر، ڈاکٹر کارمن سولانا کہتی ہیں کہ بد قسمتی سے جنوبی ترکی اور خاص طور پر شام میں ایسی عمارات کی تعداد کم ہی ہے جو زلزلے کے جھکوں کو برداشت کر سکتی ہیں۔ اسی لیے زلزلے سے تباہی سے بچنے کا

پیر کی صبح شام کی سرحد کے قریب ترکی کے جنوب مشرقی علاقے میں شدید زلزلے کے نتیجے میں اب تک کی اطلاعات کے مطابق تین ہزار سے زیادہ افراد ہلاک اور سینکڑوں زخمی ہو گئے ہیں۔ زلزلے کا مرکز غازی عنتیپ کے شہر کے قریب کا علاقہ تھا اور پہلے شدید جھٹکے کے کچھ ہی دیر بعد یہاں ایک اور زلزلہ آیا اور آفرز شاکس کا سلسلہ کئی گھنٹے گزرنے کے بعد بھی جاری رہا۔

## یہ زلزلہ اتنا ہولناک کیوں تھا؟

یہ ایک شدید زلزلہ تھا۔ اس کی شدت 7 اعشاریہ 8 ریکارڈ کی گئی اور سرکاری حکام کے مطابق یہ ایک 'بڑا' زلزلہ تھا۔ زلزلے کا مرکز زیادہ گہرائی پر نہیں تھا اور حکام کے مطابق یہ گہرائی 18 کلومیٹر تھی، اسی لیے متاثرہ علاقے میں کئی عمارتیں منہدم ہو گئیں۔ یونیورسٹی کالج لندن کے قدرتی آفات پر تحقیق کے شعبے 'ریسک اینڈ ڈیزاسٹر ریڈکشن' سے منسلک پروفیسر جونٹا فار واکر کے مطابق پچھلے تمام برسوں کے مہلک ترین زلزلوں کو دیکھا جائے تو گذشتہ دس برس میں ایسے صرف دو زلزلے آئے جن کی شدت پیر کے زلزلے کے برابر تھی اور اس سے پہلے کے عشرے میں ایسے چار زلزلے ریکارڈ کیے گئے تھے۔ تاہم کسی بھی زلزلے سے آنے والی تباہی کا انحصار

انحصار امدادی کارروائیوں پر ہے۔ آئندہ 24 گھنٹے اس حوالے سے نہایت اہم ہیں کہ ان میں کتنے لوگوں کو زندہ نکال لیا جاتا ہے۔ 48 گھنٹے گزرنے کے بعد زندہ بچنے والوں کی تعداد بہت کم ہو جاتی ہے۔ ترکی اور شام کی سرحد کے قریب کے اس علاقے میں گذشتہ سو سال میں کوئی شدید زلزلہ نہیں آیا اور کوئی ایسی علامات بھی نہیں دیکھی گئیں جن کی بنیاد پر یہ کہا جاسکتا ہے کہ یہاں اتنا شدید زلزلہ آسکتا ہے۔ اسی لیے دوسرے علاقوں کی نسبت یہاں زلزلے سے بچاؤ کا نظام بھی قدرے کم دکھائی دیتا ہے۔

## زلزلے کا سبب کیا تھا؟

ہماری زمین کی بیرونی سطح یا پرت مختلف سطحوں کے ملاپ سے بنتی ہے جنہیں پلیٹس یا



اردگرد کی آبادیاں مکمل ملیا میٹ ہو سکتی ہیں۔ سنہ 2011 میں جاپان کے ساحل کے قریب سمندر میں آنے والے زلزلے کی شدت نو تھی جس سے نہ صرف ساحلی علاقے میں بہت زیادہ تباہی دیکھنے میں آئی تھی بلکہ اس نے انتہائی بلند سمندری لہروں کے طویل سلسلے کو جنم دیا تھا۔ ان بلند لہروں میں سے ایک ساحل کے قریب واقع ایک جوہری پلانٹ سے نکل گئی تھی جس سے بڑے پیمانے پر تباہی ہوئی تھی۔ دنیا کی تاریخ میں سب سے بڑا زلزلہ سنہ 1960 میں چلی میں آیا تھا جس کی شدت نو اعشاریہ پانچ ریکارڈ کی گئی تھی۔

1821 کو بھی اس علاقے میں سات اعشاریہ چار کی شدت کا زلزلہ آیا تھا تاہم اس کی شدت پیر کے زلزلے سے خاصی کم تھی۔ اس کے باوجود اس زلزلے کے نتیجے میں یہ علاقہ بری طرح متاثر ہوا تھا اور صرف حلب کے شہر میں سات ہزار اموات ریکارڈ کی گئی تھیں۔ 19 ویں صدی کے اس بڑے زلزلے کے ایک برس بعد تک اس علاقے میں آفر شاکس آتے رہے۔ پیر کی صبح کے زلزلے کے بعد بھی جھکوں کا سلسلہ بہت دیر تک جاری رہا اور سائنسدانوں کا خیال ہے کہ ماضی کے شدید زلزلے کی طرح اب بھی

وسیم بریلوی

غزل

آتے آتے مرا نام سا رہ گیا  
اس کے ہونٹوں پہ کچھ کانپتا رہ گیا  
رات مجرم تھی دامن بچا لے گئی  
دن گواہوں کی صف میں کھڑا رہ گیا  
وہ مرے سامنے ہی گیا اور میں  
راستے کی طرح دیکھتا رہ گیا  
جھوٹ والے کہیں سے کہیں بڑھ گئے  
اور میں تھا کہ سچ بولتا رہ گیا  
آندھیوں کے ارادے تو اچھے نہ تھے  
یہ دیا کیسے جلتا ہوا رہ گیا  
اس کو کاندھوں پہ لے جا رہے ہیں وسیم  
اور وہ جینے کا حق مانگتا رہ گیا

♦♦♦

اقبال عظیم

غزل

ہم بہت دور نکل آئے ہیں چلتے چلتے  
اب ٹھہر جائیں کہیں شام کے ڈھلتے ڈھلتے  
اب غم زیت سے گھبرا کے کہاں جائیں گے  
عمر گزری ہے اسی آگ میں جلتے جلتے  
رات کے بعد سحر ہوگی مگر کس کے لئے  
ہم ہی شاید نہ رہیں رات کے ڈھلتے ڈھلتے  
روشنی کم تھی مگر اتنا اندھیرا تو نہ تھا  
شع امید بھی گل ہو گئی جلتے جلتے  
آپ وعدے سے مکر جائیں گے رفتہ رفتہ  
ذہن سے بات اتر جاتی ہے لٹنے لٹنے  
ٹوٹی دیوار کا سایہ بھی بہت ہوتا ہے  
پاؤں جل جائیں اگر دھوپ میں چلتے چلتے  
دن ابھی باقی ہے اقبال ذرا تیز چلو  
کچھ نہ سوچے گا تمہیں شام کے ڈھلتے ڈھلتے

♦♦♦

احسن مارہروی

غزل

لوگ محفل میں ہمیں اے عشوہ گر دیکھا کئے  
ہم الگ بیٹھے ہوئے سب کی نظر دیکھا کئے  
ہم نے تو دیکھا تھا اک شب خواب ان کے وصل کا  
اور تعبیر اس کی دشمن عمر بھر دیکھا کئے  
مظالم ہی سہی وابستگی تو ان سے قائم ہے  
غنیمت ہے کہ وہ ہم کو کسی قابل سمجھتے ہیں  
خدا وندان الفت کا بھی الٹا کارخانہ ہے  
کہ خود دل مانگتے ہیں اور ہمیں سائل سمجھتے ہیں  
نہ دفتر کھول تو اے نامہ بر اتنا بتا مجھ کو  
گیا تھا جس غرض سے تو وہاں وہ بات بھی ٹھہری  
قیامت بھی اسی دن احسن اپنا سر اٹھائے گی  
ہماری سانس جس دن چلتے چلتے اک گھڑی ٹھہری  
بہت بڑھ چڑھ کے دعوے چودھویں کا چاند کرتا ہے  
ہمیں میری قسم اٹھنا ذرا تم بھی سنو رہا جانا  
گرائے چار آنسو جس نے مجھ بے کس کی تربت پر  
لگا پھر نہ پیوند اس پیرہن میں

♦♦♦

ولی الدین

سادھو مہاراج

(ایک شوہر بڑے سادھو مہاراج کے پاس جنگل  
میں گئے اور ان سے کہنے لگے)  
میرے جیون کو سجا دو  
مجھے کوئی ایسا منتر بتا دو  
غصہ نہ آئے میری پتی کو کبھی  
اُسے میرا دیوانہ بنا دو  
یہ سن کر بولے سادھو مہاراج  
بات یہ سمجھ آئی ہے آج  
کاش یہ منتر میں نے جان لیا ہوتا  
یا اپنی پتی کا کہا مان لیا ہوتا  
گر میرے پاس ایسا کوئی جادو ہوتا  
گھر میں چین سے بیٹھ کے کھاتا  
جنگل میں بھییں بدل کے نہ سادھو ہوتا

♦♦♦

فرحت طاہر

غزل

تمہارے لئے استعارہ کروں  
قمر، پھول شبنم ستارہ کروں  
کبھی استعارہ کبھی دل سپارہ  
میں کیسے مقدر سنوارا کروں  
ٹو سندور ہو اور کی مانگ کا  
مری جاں میں کیسے گوارا کروں  
وظیفہ کوئی راس آتا نہیں  
میں یادوں سے کیسے کنارہ کروں  
روٹھا ہے جب سے متاع دل و جاں  
خزاں موسموں میں پکارا کروں  
بیشہ رہے ٹو میرے سامنے  
تیرے حسن کا میں نظارہ کروں  
مقدر میں میرے بھلا کون ہے  
چلو آج یہ استعارہ کروں  
بزرگوں کی تلقین ہے بس یہی  
گزارہ کروں بس گزارہ کروں

♦♦♦

افروز رضوی

غزل

جہاں میرے سہارے چھین گئے تھے  
وہ صحرا بے سہارا آنکھ میں ہے  
تمہارے وصل کے لمحے سے اب تک  
تمہارا قرب سارا آنکھ میں ہے  
محبت کے حسین خوابوں کے بدلے  
یہ کس غم کا اشارہ آنکھ میں ہے  
مرے اٹک رواں یہ کہہ رہے ہیں  
کہ موج بے کنارہ آنکھ میں ہے  
اداسی کے دئے ہمراہ لے کر  
شب فرقت کا تارہ آنکھ میں ہے  
جو وہ خاموش ہو تو آنکھ بولے  
سخن سارے کا سارا آنکھ میں ہے  
جہاں پر تم بچھڑ کر مل نہ پائے  
وہ شام بے نظارہ آنکھ میں ہے  
تو میرا جسم ہے جاں ہے تو میری  
طلب کا گوشوارا آنکھ میں ہے

♦♦♦

صفر سلیم سیال

غزل

شہروں میں لوگ ایسے سکوں باختہ ملے  
جن سے ملے وہ بادل نحواستہ ملے  
کس بے دلی سے ملتے ہیں اک دوسرے سے لوگ  
مدت کے بعد جیسے کوئی داشتہ ملے  
میں جن کی ٹھنڈی چھایوں کو اکثر ترس گیا  
دل کی زمیں پہ ایسے شجر کاشتہ ملے  
رستے کی گرد سے مرا چہرہ خراب تھا  
لیکن وہ آج بھی مجھے بے ساختہ ملے  
چاروں طرف ہے شہر میں بے چارگی کا راج  
ممكن نہیں کسی کو کوئی راستہ ملے  
کرتا میں پیش کس کو صفائی میں اے سلیم  
جتنے تھے روشناس سزا یافتہ ملے

♦♦♦

سلیم بیٹاب

غزل

شہروں کی خاک چھان کر آیا ہوں گاؤں میں  
کتنا سکوں ملا ہے درختوں کی چھایوں میں  
وہ آ رہا ہے میری طرف ریختا ہوا  
کانٹا طلب کا چہرہ گیا پتھر کے پاؤں میں  
اب اس کے جسم پر بھی مزین ہیں دھجیاں  
جس کا شمار تھا کبھی رنگیں تباہوں میں  
دیتا رہا پہاڑ کی چوٹی سے وہ صدا  
اس کی صدا میں کھو گئیں اونچی فضاؤں میں  
سبزہ سا ایک شہر پہ بکھرا ہے چار سو  
پتوں کے رنگ گل گئے ٹھنڈی ہواؤں میں  
بیٹاب لڑکیوں کی جسارت تو دیکھیے  
خود کو شمار کرتی ہیں سب اپراؤں میں

♦♦♦

**On the lighter side....**

“You see, doctor, I’m always dizzy for half an hour after I get up in the morning,” said Carla.  
“I have the solution for you,” replied the doctor.  
“Really, what is it?”  
“Well, try getting up half an hour later.”

-----  
A speeding driver was pulled over by a policeman. He asked the policeman, “Why was I pulled over when I wasn’t the only one speeding?”  
The policeman replied, “Have you ever been fishing?”  
The man then said, “Yes, I have.”  
“Well, have you ever caught all the fish?” asked the policeman.

-----  
Teacher: “Hello, students! Can anyone tell me, what does the green dot on a ‘Tiger Biscuit Packet’ indicate?  
After a few seconds of silence, one student replies.  
“Hello, ma’am. The green dot means that the Tiger is ‘Online.’”

-----  
A bent-over old lady hobbled into a doctor’s office. Within minutes, she came out again but miraculously, she was standing up as straight as could be.  
A man in the waiting room, who had been watching her, said in amazement, “My goodness, what did the doctor do to you?”  
The old lady replied, “He gave me a longer cane.”

-----  
“Cash, check or charge?” the cashier asked after folding items the woman wished to purchase. As the woman fumbled for her wallet, the cashier noticed a remote control for a television set in her purse.  
“Do you always carry your TV remote?” the cashier asked.  
“No,” she replied. “But my husband refused to come shopping with me, so I figured this was the most evil thing I could do to him.”

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I never made a mistake in my life!  
I thought I did once, but I was wrong.



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Many years ago I had stopped in to bring my girlfriend some pizza while she was babysitting.  
We received a call that her grandmother had been taken to the hospital, so I agreed to watch the children, so she could meet her family at the hospital.  
Well, the parents were at a movie and these were the days before cell phones, so I couldn’t get in touch with them. I thought I was doing pretty well, though. At bedtime I sent the kids upstairs to bed and settled down to watch some TV.  
One child kept creeping down the stairs, but I just kept sending him back to bed.  
At 9 pm the doorbell rang, it was the next-door neighbor, asking whether her son was there.  
I said, “No.”  
Just then a little head appeared over the banister and shouted, “I’m here, Mom, but he won’t let me go home!”  
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A widow recently married a widower. Soon after the marriage she was approached by a friend who laughingly remarked, “I suppose, like all men who have been married before, your husband sometimes talks about his first wife?”  
Oh, not any more, he doesn’t,” the widow replied.  
“What stopped him?”  
“I started talking about my next husband.”

Four high school boys afflicted with spring fever skipped morning classes. After lunch they reported to the teacher that they had a flat tire.

Much to their relief she smiled and said, “Well, you missed a test today so take seats apart from one another and take out a piece of paper.”

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Still smiling, she waited for them to sit down. Then she said, “First Question: Which tire was flat?”

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Boss: “The word ‘Impossible’ does not exist in my dictionary!”  
Secretary: “Well Sir, maybe you should have checked it first before buying it.”

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In court, the judge asked the accused, “Did you take Mr. Fred’s wallet?”

The accused replied, “Yes, yes I did. I didn’t want him to shoot himself.”  
Confused by the reply, the judge asks, “Why do you think he’d shoot himself with his wallet?”  
“Because it was loaded, your honor.”

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A mother complained to my wife, a schoolteacher, that other students were stealing her daughter’s pencils.  
“It’s not the money, it’s the principle,” she insisted. “My husband took those pencils from work.”

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John: “My grandpa is 98 years old, and he doesn’t even wear glasses.”  
Jack: “Wow, that is incredible!”  
John: “Yep, he drinks straight from the bottle.”

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A woman rushes into a hardware store and says, “Can I have a mouse trap, please? And will you be quick, I’ve got a bus to catch!”

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“Sorry, ma’am,” said the store clerk, “but we don’t sell ‘em that big!”



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