



“The Church’s mission is to spread hope “contagiously” among all peoples....It is only in this mission that the true journey of humanity is understood and attested.”

*Pope Benedict XVI*

### SCRIPTURE of the DAY

Isaiah 50: 4-7

Psalms 21: 8-9, 17-20,  
23-24

Philippians 2: 6-11

Luke 22: 14 – 23: 56 or  
23: 1-49

INTERNAL CIRCULATION ONLY  
BUL 15/2025

Only the Renewal of all the People of God through holistic Formation, can lead to the Reformation of the Church and the Transformation of the World. No wonder the Synod on Synodality proclaimed that Church is Mission, when we “as Christians are walking in communion with Christ toward the Kingdom along with the whole of humanity”.

The process of Synodality thus links our Spirituality Within, with the Community of Church for Humanity in harmony. Our pathways are clear in our Personal Renewal, improved Interpersonal Relationships, and co-responsibility for reform to our Ministries of Pastoral Care, and alterations to our Structures of Authority, Participation, Transparency and Accountability.

Our view of Life in the Missionary Key is the fundamental perspective in its orientation “to proclaiming the Gospel of the Good News in and through our gathering at each level of ecclesial life through listening, dialogue, community discernment and creation of consensus as an expression that renders Christ present in the Holy Spirit, each taking decisions with their responsibilities”.

The essence of Synodality is the seeds of the Gospel of Jesus, that each baptised as constitutive part of the People of God takes responsibility to care for the nursery to nurture the seeds to grow into plants that will bear fruit. It is these grains of wheat and rice that will become the Bread of Life and Food of Life for the Humanity awaiting to be fed with life-giving abundance of joy of sharing God’s gifts.

Our Holy Father Pope Francis and the Universal Church has not ceased in promoting the dignity of persons, the respect for God’s gift of creation and for Human Fraternity and Global Peace and Reconciliation. This Year of Hope is our life-long pilgrimage as witnesses and may hope spread to all who seek it. May the way we live our lives, say to them, Hope, hold firm, take heart (Ps 27:14). ✚

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# NEWBEC

NEW WAY OF BEING CHURCH | Palm Sunday | 13 April 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE  
SOCIETY – CALLED TOWARDS HARMONY

“Put your hope  
in Yahweh,  
be strong,  
let your heart be bold,  
Put your hope  
in Yahweh”

– Psalms 27:14

The new name for Pastoral Care of God’s People is the “table fellowship” of Jesus with sinners and the unforgiven that touches the divine within persons of a Church as Communion. **When we are open to the people in the “peripheries” within the Church and Society; the Church moves from “Comfort Zone” to become a Welcoming, Accompanying, Assisting and Speaking-up Church.**

Preaching of the Gospel has to be complemented by the presence of the Transformative Leaven of the Gospel in the dough of difficult human tragedies and painful suffering, and hopelessness.



## PARISH OF OUR MOTHER OF PERPETUAL HELP

### Redemptorist Community

**Rev.Fr. Joseph Stephen, C.Ss.R.** (Parish Priest)

**Rev.Fr. Patrick Massang, C.Ss.R.** (Assistant Parish Priest)

*Celebrating, Listening and Walking as Pilgrims of Hope.*

**Address:** 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh

**Tel. Nos.:** (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org

### ANNOUNCEMENTS:



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-

Board and around the church for your kind donation.

Every cent helps us maintain our building, our facilities and compound.

Your Parish contributions can be trf. to:- (Public Bank:) **"PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH"**

(Account number: 3096 86 4807)

OR, you can write a cheque made payable to : "PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH" and

hand to the parish office.

Thank you for your support.

(Parish priest)

### **PENANG DIOCESAN LENTEN CAMPAIGN ENVELOPES** –

Please return the envelopes at the parish office or during the weekend collections. by the **15 April, 2025**

### WE WELCOME

*Rev.Fr. Anthony Prabu, CSsR* for celebrating Holy week & Easter in OMPH church.

### GOTONG-ROYONG

**Sunday, 6 April, 2025  
at 2.00 p.m. (church)**

Thank you & God bless you all who came for the cleaning of the church.

### **PASSION SUNDAY/ PALM SUNDAY** –

**Sat. 12 & Sun 13 April, 2025.**

Blessing of palm leaves will be at the outside of Cafeteria followed by procession to OMPH church for the Eucharistic celebration. Please bring your own palm leaves.

### PARISH ACTIVITIES & MEETINGS:

*(April/May 2025)*

- \* 13/4/2025 – 2.00 p.m. – RECHOSO practise (church)
- \* 13/4/2025 – 2.30 p.m. – RCIA Rehearsal (church)
- \* 14/4/2025 – 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- \* 15/4/2025 – 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- \* 16/4/2025 – 8.00 p.m. – Tamil Choir practise (St.Paul Rm.)
- \* 16/4/2025 – 8.00 p.m. – Chinese Apostolate (St.Mk.Rm.)
- \* 19/4/2025 – 10.30 a.m. – RECHOSO practise (church)
- \* 19/4/2025 – 12.00 p.m. – Infant Baptism Ssn. & rehearsal (St.Mk.Rm.)
- \* 22/4/2025 – 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- \* 24/4/2025 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m. – RCIA (T) (St.Paul Rm.)
- 8.00 p.m. – RCIA (BM) (Wallace Rm.)
- \* 25/4/2025 – 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- \* 25/4/2025 – 8.00 p.m. – Area Coordinators (St.Mk.Rm.)
- \* 27/4/2025 – 9.00 a.m. – Zero waste Sunday (parish hall)
- \* 29/4/2025 – 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- \* 1/5/2025 – 9.00 a.m. – Discovering the Gospel St.Mark (C) (Parish hall)

### BIBLE REFLECTION & HOME-GATHERING:

- \* 23/4/2025 – 8.00 p.m. – BEC St.Peter (C) – (Cafeteria)
- \* 28/4/2025 – 8.30 p.m. – BEC St.Alphonsus Liguori; Home of Victor & Bernie.

### APRIL, MAY COFFEE MORNINGS:

- 13/4/2025 – no coffee morning. (Palm Sun.)
- 20/4/2025 – Youth
- 27/4/2025 – RCIA
- 4/5/2025 – CCR
- 11/5/2025 – RECHOSO

### ECOLOGICAL PARISH

We have just signed the protocols to become an Ecological Parish. This would mean that we have to refrain from using plastics, polystyrene/styrofoam containers, plates, cups etc. plastic spoons, forks, straws, wrapping incl. waxed paper, paper towels, paper cups and plates etc. in our cafeteria among other requirements. Let us work together as the earth is our home.

### ETERNAL HAPPINESS TO

- + Michael Yap Yee Chan departed on 2 April, 2025.
- + George Tan Chin Yin departed on 6 April, 2025.



**Every 2<sup>nd</sup> Friday of the month**  
**at 8.00 p.m.** in St. Mark's room.  
 All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.  
**Next Meeting:**  
**Fri. 25 April, 2025.**

### **EVENING FOR THE ENGAGED 2025**

**Please see your Parish Priest for registration.**

EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year. You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation course 2025** –

Dormitory	May 24/25
St. Anne,	Aug 23 & 24/
Bukit	Nov 15 & 16
Mertajam.	(Closing date on:
Church of	1st day of each month)
St. Anthony,	
Nibong Tebal.	

**Please see your Parish Priest for registration.**

### **CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
 \* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

### **MARRIAGE:**

Please contact the Parish Priest at least **SIX MONTHS** in advance.

### **OKU PARKING BAY**

Kindly observe that OKU parking bay is for **DRIVERS WHO ARE OKU** and not for OKU passengers. Please park your car in the proper parking lot to avoid inconvenience.

### **JUBILEE OF FAMILIES**

**Enchancing Family Life organized by Penang Diocesan Family Life Ministry.....**

(date) 21 & 22 June, 2025  
 (time) Mass @ 7 a.m. (21/6/25)  
 Registration/Breakfast at 8 a.m.

(venue) Domus St. Anne, Minor Basilica of St. Anne, B. Mertajam  
 Contact: Theresa 017 5788192.

### **ZERO WASTE SUNDAY**

*Join us on*

**Sunday, 27 April, 2025** from 9 a.m. till 12 noon in the parish Hall as we come together to care for God's creation through mindful, sustainable living. Learn practical tips, enjoy eco-friendly activities, and explore how small changes can make a big impact.  
 Let us walk gently on the Earth – together. Everyone is welcome!

### **KURSUS PRA-PERKAHWINAN DALAM BM**

(Tarikh) **26-27 April, 2025.**  
 (Tempat) Auditorium, Minor Basilika St. Anne Bukit Mertajam  
 Untuk pertanyaan dan maklumat lanjut sila hubungi:  
 Sr. Lucynia (010 7966882)  
 Sr. Florence (012 8484158)  
 Byron (013 5950232)  
 Tarikh tutup penyertaan: 20/4/2025.

### **THE GOSPEL OF MARK Treasure Hunt Course (Mandarin)**

(date) Thurs 1 May, 2025  
 (time) OMPH parish Hall  
 This course aims to teach participants how to read and memorize scripture effectively, enabling them to recognize the unique portrayal of Jesus in each of the 4 Gospels.

### **SCHEDULE FOR HOLY WEEK**

**2025:** There will be no 7a.m. Mass during the weekdays & on Sat. 19/4/25  
 no 7.30a.m. Mass & no Novena Devotion.

Date	Time/Language	Event
12/4/25 (Palm Sun)	5.45 p.m. (E)	Blessing of palm leaves followed by procession.
13/4/25	<b>7.45 a.m. (E)</b> <b>9.30 a.m. (T)</b> 11.30 a.m. (C)	
Holy Mon. 14/4/25	8.00 p.m.	Mass (E)
Holy Tues. 15/4/25	8.00 p.m.	Mass (E)
Holy Wed. 16/4/25	8.00 p.m.	Mass (E)
Holy Thurs. 17/4/25	8.00 p.m.	(church) Mass (E) Mass (T) (parish hall)
H. Thurs 17/4/25	9.30 p.m. till 12 midnight	Reposition of the Blessed Sacrament
Good Fri. 18/4/25	2.30 p.m. Stations of the Cross followed by Service (E) 6.00 p.m. (T)	Stations of the Cross followed by Service.
Holy Saturday 19/4/25	7.00 p.m. (E) 10.30 p.m. (T)	Service of light outdoor followed by Mass.
Easter Sunday 20/4/25	8.00 a.m. (E) 11.30 a.m. (C)	Mass
Easter Sun. 20/4/25	<b>St. Mary's Chapel</b> 8.00 a.m. (T)	Mass

**SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.**

**(13 April 2025)** (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)

(All in English unless stated otherwise.)

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**SUN.13 PALM SUNDAY OF THE PASSION OF THE LORD**

7.45 a.m. Mass (E)

9.30 a.m. Mass (T)

11.30 a.m. Mass (C)

**MON. 14 Monday of Holy Week (Wk2)** (no 7 a.m Mass)

8.00 p.m. Mass

**TUES 15 Tuesday of Holy Week (Wk2)** (no 7 a.m Mass)

8.00 p.m. Mass.

**WED.16 Wednesday of Holy Week (Wk2)** (no 7 a.m Mass)

8.00 p.m. Mass.

**THURS.17 HOLY THURSDAY** (no 7 a.m Mass)

8.00 p.m. Mass (E) (church)

8.00 p.m. Mass (T) (parish hall)

9.30 p.m. Reposition of the Blessed Sacrament followed by silent adoration

**FRI.18 GOOD FRIDAY OF THE PASSION OF THE LORD** (no 7 a.m.Mass)

**2.30 p.m. Stations of the Cross (E)**

**3.00 p.m. Service.**

**6.00 p.m. Stations of the Cross.(T) followed by Service (T)**

**SAT.19 HOLY SATURDAY**

No 7.30a.m Mass & No 9am & 5 pm Novena devotions.

7.00 p.m. Mass (E)

10.30 p.m. Mass (T)

**SUN.20 EASTER SUNDAY OF THE RESURRECTION OF THE LORD**

8.00 a.m. Mass (E)

11.30 a.m. Mass (C)

**ST.MARY'S CHAPEL, KG. TERSUSUN.**

\* Sun. 20/4/2025 - 8.00 a.m. Mass in Tamil.

**2<sup>nd</sup> COLLECTION:** 13/4/2025 – For parish maintenance.

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**DAILY SCRIPTURE READINGS**

**(WEEKEND READINGS:::: Year C) (WEEKDAY READINGS :::: Year 1)**

SUNDAY 13 (13 APRIL – 20 APRIL, 2025)

(a) Is 50: 4-7. (Ps 21: 8-9, 17-20, 23-24)

(b) Phil 2: 6-11. (c) Lk 22: 14-23 : 56/23: 1-49.

MONDAY 14

(a) Is 42: 1-7. (Ps 26: 1-3, 13-14)

(b) Jn 12: 1-11

TUESDAY 15

(a) Is 49: 1-6. (Ps 70: 1-6, 15, 17)

(b) Jn 13: 21-33, 36-38

WEDNESDAY 16

(a) Is 50: 4-9. (Ps 68: 8-10, 21-22, 31, 33-34)

(b) Mt 26: 14-25

THURSDAY 17

(a) Ex 12: 1-8, 11-14. (Ps 115: 12-13, 15-18)

(b) 1 Cor 11: 23-26. (c) Jn 13: 1-15

FRIDAY 18

(a) Is 52: 13 – 53: 12. (Ps 30: 2, 6, 12-13, 15-17, 25)

(b) Herb 4: 14-16, 5: 7-9) (c) Jn 18: 1 – 19: 42

SATURDAY 19

(a) Gen 1: 1-2: 2 (or 1: 1, 26-31).

(Ps 103: 1-2, 5-6, 10, 12-14, 24, 35)

(b) Ex 14: 15 – 15: 1. (Ps Ex 15: 1-6, 17-18)

(c) Is 55: 1-11. (Ps Is 12: 2-6)

(d) Ex 36: 16-28. (Ps Is 12: 2-6. (Ps 50: 12-15, 18-19)

(e) Rom 6: 3-11. (Ps 117: 1-2, 16-17, 22-23)

(f)Lk 24: 1-12

SUNDAY 20

(20 APRIL – 27 APRIL, 2025)

(a) Acts 10: 34, 37-43. (Ps 117: 1-2, 16-17, 22-23)

(b) Col 3: 1-4/ (1 Cor 5:6-8)

(c) Jn 20: 1-9/ (Lk 24: 1-12)