

Twilight League Rules

1. Everyone Bats – you bat your entire bench regardless of who is playing in the field
2. Coaches pitch with no strikes outs – after 5-7 swings and misses you put the ball on the tee and have them hit it.
3. Batting helmets must be worn by batters and all players on bases
4. No stealing or intentional bunting is permitted
5. Teams will hit once through the batting order each half inning then switch it up
6. 4-6 outfielders and a standard infield
7. Once the ball is thrown into the infield on an outfield hit, base running stops
8. These are timed games so please get your players in and out of the field as quickly as possible
9. Please have catcher ready – catching helmet and chest protector mandatory, leggings optional
10. Never ever argue a call or let your players show poor sportsmanship
11. 2-3 coaches should be out in the field when their team is on defense through the ½ inning to help out as this is a learning game

