ROLLS-ROYCE HARRIERS

5000 METRE TRACK RACE RESULTS WEDNESDAY 31 JULY 2019

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	DAVID NARBOROUGH	18:07
2	JON KINDER	20:01
3	TRISTAN COOPER	20:24
4	HAZEL LE CORNU	20:57
5	MARK FOWELL	21:25
6	MIKE WOOD	21:49
7	CHRIS SMITH	21:53
8	DEAN SMITH	22:13
9	CHRIS HUNT	23:05
10	KEVIN SUTCLIFFE	23:18
11	SIMON COOK	23:50
12	MIKE LAWSON	24:07
13	JULIAN SMITH	24:14
14	ANDY NORMAN	25:42
15	ANDY WARD	25:57
16	NEAL FELLOWS	26:25
17	STEVE WAKEFIELD	27:00
18	GILLIAN WHITESIDE	28:15
19	DEBBIE WATKINS	31:15

TIMEKEEPER BILL SOUTHGATE, RECORDERS ROB GOULDS AND PAULA PARKIN

Apologies for the incompetence of your timekeeper in clearing the stopwatch memory after only the first 8 times had been recalled.

Times for positions 9 to 19 were taken from your own watches.

REMAINING FIXTURES (5PM AT MOORWAYS)

WEDNESDAY 14 AUGUST 3,000 METRES
WEDNESDAY 21 AUGUST 1,500 METRES
WEDNESDAY 28 AUGUST 800, 400, 200 AND 100 METRES
WEDNESDAY 4 SEPTEMBER 800, 400, 200 AND 100 METRES

DON'T FORGET THE PIGGS TROPHY 10K AT MICKLEOVER ON WEDNESDAY, 7TH AUGUST, AT 7PM. REGISTER AT MICKLEOVER SPORTS CLUB, NORTH END OF STATION ROAD, BY 6.45PM. ENTRY FEE £8 UNATTACHED, £6 AFFILIATED, FREE TO R-R HARRIERS