

PRATHAMA

(Beginner I)

Practical

- 1) *Teentaal tatkar* { *thaa, dogun, and chogun laya* }
- 2) Clap marked vocal demonstration of *theka* of *teentaal* { *thaa, dogan and chogun loya* }
- 3) *Amad* (2), simple *tora* (5), simple *tihai* (2), {recitation and dance of all the above }
- 4) *Kavitta*

Theory

- 1) Knowledge and definition of the following terms:

⊗ *Nritya*

⊗ *Kathak*

⊗ *Tatkar*

⊗ *Amad*

⊗ *Tora or tukra*

⊗ *Laya: vilambit, madhya & drata*

⊗ *Sum*

⊗ *Taali*

⊗ *Khali*

⊗ *Vibhaag*

⊗ *Kavitta*

⊗ *Tihai*

- 2) Single hand gestures (15)