

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
February 2018

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancake & Sausage on a Stick Mandarin Oranges Milk	2 Buttered Toast with Jelly Fruit Cocktail Milk
5 Waffles with Syrup Sliced Peaches Milk	6 Buttered Grits Fruit Cocktail Milk	7 Dry Cereal Sliced Pears	8 Buttered Biscuits Mixed Tropical Fruit Milk	9 English Muffin Mandarin Oranges Milk
12 Cheese Toast Mixed Fruit Milk	13 Pancakes with Syrup Fesh Bananas Milk	14 Creamy Oatmeal Sliced Peaches Milk	15 French Toast Fruit Cocktail Milk	16 Cheese Grits Sliced Pears Milk
19 Pancake & Sausage on a Stick Mixed Tropical Fruit Milk	20 Maple & Brown Sugar Oatmeal Mandarin Oranges Milk	21 Cinnamon Toast Mixed Fruit Milk	22 Buttered Grits Sliced Peaches Milk	23 English Muffin with Breakfast Sausage Furit Cocktail Milk
26 Waffles with Syrup Sliced Pears Milk	27 Cereal Fresh Bananas Milk	28 Pancake Mixed Tropical Fruit Milk		

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Oven Baked BBQ Pork Chops Cajun Rice Dressing Buttered Potatoes Pineapple Chunks	2 Corn Dogs Green Beans Mixed Tropical Fruit Milk
5 Meatloaf in Gravy over Rice Sweet Peas Sliced Pears Milk	6 Baked Fish Fillets Mashed Potatoes Buttered Corn Applesauce	7 BBQ Pork Chops Macaroni & Cheese Sweet Potatoes Sliced Peaches	8 Hot Dog on a Bun Buttered Potatoes Mandarin Oranges Milk	9 Chicken Stew over Rice Broccoli & Cheese Fruit Cocktail Milk
12 Tuna Salad with Ritz Crackers Glazed Carrots Pineapple Chunks Milk	13 Pork & Sausage Pastalya Sweet Potatoe Casserole Tropical Fruit Milk	14 White Beans w/Sausage & Ham Over Steamed Riice Buttered Squash Fresh Bananas	15 Oven Baked BBQ Chicken Macaroni & Cheese Lima Beans Mixed Fruit	16 Sloppy Joe on a Bun Salad w/Ranch Dressing Sliced Peaches Milk
19 BBQ Pulled Pork on a Bun BBQ Baked Beans Applesauce Milk	20 Grilled Cheese Sandwiches Cut Green Beans Sliced Pears Milk	21 Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Milk	22 Taco Casserole Buttered Corn Mandarin Oranges Milk	23 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chumks
26 Red Beans w/Sausage & Ham Over Steamed Rice Buttered Corn Mixed Tropical Fruit	27 Baked Chicken Nuggets Green Beans Mixed Fruit Milk	28 Beef Stew Over Steamed Rice Buttered Squash Fresh Bananas Milk		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Whole Grain Animal Crackers Juice	2 Cheese Crackers Juice
5 Cheddar Goldfish Crackers Juice	6 Teddy Graham Crackers Juice	7 Cheez It Crackers Juice	8 Ritz Bitz Cheese Crackers Juice	9 Goldfish Pretzel Juice
12 Teddy Graham Crackers Juice	13 Whole Grain Animal Crackers Juice	14 Honey Graham Crackers Juice	15 White Cheddar Cheeze Its Juice	16 Crackers Mozzarella Cheese Stick Juice
19 Cheese Crackers Juice	20 Whole Grain Cheddar Goldfish Crackers Juice	21 Teddy Graham Crackers Juice	22 Whole Grain Animal Crackers Juice	23 Pretzel Goldfish Crackers Juice
26 Cracker Mozzarella Cheese Stick Juice	27 White Cheddar Cheez It Cracker Juice	28 Teddy Graham Cracker Juice		

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