

- MARCH 9** **SMOKED SAUSAGE – PORK, GARLIC, PAPRIKA**
MASHED POTATOES – DEHY POTATOES, WATER
BLUSHING FRUIT – SUGAR FREE RED GELATIN, FRUIT
GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL
DINNER ROLL – FLOUR, YEAST, WATER
- MARCH 10** **BEEF TIPS IN MUSH.GRAVY – BEEF, ONIONS, FLOUR,**
MUSHROOMS, BEEF BROTH
PASTA – EGGS, FLOUR
DINNER ROLL – FLOUR, YEAST, WATER
- MARCH 11** **BBQ CHICKEN – CHICKEN, TOMATO PUREE, TOMATO PASTE,**
SUGAR, VINEGAR, MOLASSES, HONEY, SEASONING
- MARCH 12** **SCALLOPED TURKEY- TURKEY, BREAD CUBES, ONIONS,**
SAGE, MARGARINE, CELERY, FOUR
DINNER ROLL – FLOUR, YEAST, WATER
- MARCH 13** **BEEF POT PIE – BEEF, POTATOES, MIXED VEGS, MARG.**
DINNER ROLL – FLOUR, YEAST, WATER
CINNAMON MUFFIN – FLOUR, CINNAMON, EGGS,
SUGAR, MILK, CORNSTARCH
- MARCH 16** **SWEDISH MEATBALLS – PORK, BEEF, WATER, DEHY ONIONS,**
DEHY CELERY, PARMESSEAN CHEESE, MILK, GARLIC POWDER
PASTA – FLOUR, EGGS
FRUIT CRISP – FRUIT, OATMEAL (DRY), CINNAMON,
SUGAR SUB, MARGARINE
DINNER ROLL – FLOUR, YEAST, WATER

MARCH 17 STUFFING – BREAD CUBES, CELERY, SAGE, BROTH,
ONIONS
GRAVY – FLOUR, ONION POWDER, BROTH
DINNER ROLL – FLOUR, YEAST, WATER
PICKLED BEETS – BEETS, WATER, SUGAR, CORN SYRUP, VINEGAR

MARCH 18 BEAN SOUP – NORTHERN BEANS, DICED HAM, ONIONS,
WATER
PIMENTO CHEESE – CHEESE, RED PIMENTOES, SALAD
DRESSING

MARCH 19 BEEF STEW – BEEF, POTATOES, CARROTS,
ONIONS, BEEF BROTH, FLOUR
BISCUIT – FLOUR, VEG SHORTENING
CAKE – FLOUR, EGGS, SUGAR, MARG., MILK
COLE SLAW – SHREDDED CABBAGE, DRESSING

MARCH 20 VANILLA WAFERS – FLOUR, SUGAR, MILK, EGGS, BK. SODA
DINNER ROLL – FLOUR, YEAST, WATER

MARCH 23 HAMBURGER – GROUND BEEF
HASH BROWNS – POTATO CUBES, VEG. OIL

MARCH 24 MEATLOAF – GROUND BEEF, ONIONS, EGGS, CRACKER
CRUMBS, KETCHUP
POUND CAKE – FLOUR, SUGAR, EGGS, MARG., MILK
DINNER ROLL – FLOUR, YEAST, WATER

MARCH 25 **STUFFED PEPPER – GREEN PEPPER, SEASONED GROUND
BEEF, RICE, BREAD CRUMBS, TOMATO SAUCE**

**SCALLOPED POTATOES – POTATOES, ONIONS, MILK,
SUGAR**

**FRUIT MUFFIN – FLOUR, BLUEBERRIES, EGGS, SUGAR,
MILK, CORNSTARCH**

DINNER ROLL – FLOUR, YEAST, WATER

MARCH 26 **MASHED POTATOES -DEHYDRATED POTATOES, WATER**

PORK GRAVY -FLOUR, ONION POWDER, PORK BROTH

DINNER ROLLS – FLOUR, YEAST, WATER

GRAHAM CRACKER – FLOUR, HONEY, SOYBEAN OIL

MARCH 27 **CHICKEN PATTY - CHICKEN**

FRENCH FRIES- POTATOES

MARCH 30 **AUGRATIN POTATOES – POTATOES, ONIONS, MILK,
SUGAR, CHEESE**

PUDDING – CORNSTARCH, MILK, FLAVORING

DINNER ROLL – FLOUR, YEAST, WATER

MARCH 31 **CHICKEN PATTY – CHICKEN BREADING**

TATER TOTS - POTATOES