



Conscious Living with the Dolphins Itinerary

January 11-17, 2022

Near Kona on the Big Island of Hawaii.

Tuesday, January 11 Arrival in Kona, Hawaii

Transfer to our beautiful ocean front home on Kealahou Bay. Stop by a local grocery store to purchase food for the week. Settle in to your ocean front home.
 7:00 Dinner with your new human pod.
 8:30 Evening guided meditation to connect with the dolphins.

Wednesday, January 12 Meet the Hawaiian Spinner Dolphins

After a light breakfast at our house we will swim or kayak out from our home on the bay to meet our dolphin hosts, the Hawaiian Spinner Dolphins. After our first meeting with the dolphins, and showering off the salt water, we will go up to a local's favourite café for a delicious Brunch. In the afternoon you will have some free time to enjoy the house, snorkel, reflect on your experience or go into town. Dinner will be a group effort in true pod style. Then after dinner, time for sharing and play activities before bedtime and dreaming with the dolphins.

Thursday, January 13 Boat trip with Dolphins & Whales

Breakfast at the house
 Depart at 8:15 am for our first of three boat trips to find more dolphins and Humpback whales and even Manta rays.. We will be on the boat from 9:00 am—1:00 pm.
 Lunch—We will stop for lunch in the town of Kona.
 Afternoon free to reflect, rest and play with your human podmates.
 Dinner—pod communal effort.
 After dinner will be a Group Dolphin Energy Healing session

Friday, January 14 Volcano day

Breakfast at the house
 Depart at 8:30 am to drive up to the volcano to spend the entire day to connect with the Goddess Pele and the raw power of Mother Earth.
 Lunch will be at a restaurant up near the volcano.
 Dinner as a pod communal effort back at the house.
 Evening on your own to relax and reflect.

Saturday, January 15 Swim or kayak with the dolphins

After a light breakfast at our house we will swim or kayak out from our home on the bay to meet our dolphin hosts, the Hawaiian Spinner Dolphins. Or we can visit nearby Two Step beach to snorkel the most amazing colourful corals, tropical fish and sea turtles. In the afternoon you will have some free time to enjoy the house, snorkel, reflect on your experience or go into town. Dinner will be a group effort in true pod style. Then after dinner, time for sharing and play activities before bedtime and dreaming with the dolphins.

Sunday, January 16 Boat trip with the whales

Breakfast at the house
 Depart at 8:15 am for our third boat trip to find more dolphins and Humpback whales and even Manta rays, with 'The Dolphin Lady', Roberta Goodman. We will be on the boat from 9:00 am—1:00 pm.
 Lunch—Pod choice, restaurant in town or back at the house.
 Afternoon free to reflect, rest and play with your human podmates.
 Dinner—Farewell dinner at a local Kona restaurant.

Monday, January 17 Departure day

Say your farewell to your human and dolphin podmates
 10 am check out from the house.

Transfer to the airport for your flight home, filled with magical memories and a heart bursting with joy and love after connecting with the Hawaiian Spinner dolphins.



Contact Anne with any questions:

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