



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu F - 2022

Month and Year June 13-17, 2022

| Meal Patterns | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|--|
| Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods | Scrambled Eggs Toast (WW) Pears Whole or 1% Milk | Yogurt w/granola Toast (WW) Peaches Whole or 1% Milk | French Toast (WW) Applesauce Whole or 1% Milk | Sandwich – (WW) English Muffin w/Sausage Applesauce Whole or 1% Milk | Cereal Toast (WW) Pineapple Whole or 1% Milk |
| AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | Hard Boiled Egg Club Crackers | English Muffins Melted Cheese | Goldfish Crackers String Cheese | String Cheese Pineapple | Yogurt Pretzels |
| Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods | Chicken Fingers (CP) Angel Hair Pasta Alfredo Bread (WG) Green Beans Applesauce Whole or 1% Milk | Beef Fajita Quesadillas (Tortilla, Beef, Cheese) Salad (Lettuce, Tomato) Carrot Sticks Peaches Whole or 1% Milk | Corn Soup (HM) Ham Sandwiches (WW) Tomatoes & Lettuce Pears Whole or 1% Milk | Turkey Tetrazzini (HM) (Turkey, Noodles, Parmesan cheese, & Cream of Celery) Cooked Carrots Bread (WG) Pineapple Whole or 1% Milk | Pepperoni Pizza (CP) Peas Mandarin Oranges Whole or 1% Milk |
| PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | Sliced Apples Cheese Slices | Rice Cakes Orange Slices | Hummus Pita Bread Veggies | Bananas Graham Crackers | Ritz Crackers Cheddar Cheese Slices |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.