

Join us at **DANCE ENDEAVORS** FOR ... SPRING MINI SESSION 2019

Classes start March 10-16!



Registration opens online 2/18/19
www.danceendeavors.com

6-week session only \$75
Try dance for the first time or try a new style!
Something for ALL ages!



DANCE ENDEAVORS

10820 Nesbitt Ave S
Bloomington, MN 55437
951-212-4456

Voted favorite dance studio AND
favorite Yoga Studio in Bloomington!





YOGA (Adults)

Vinyasa flow class. Build strength, flexibility and concentration while cleansing the body and calming the mind. No dance experience required! Workout in socks or bare feet. Yoga/fitness mat needed.

) Saturdays 9:00-9:45am: *March 16, 23, April 6, 13, 20, 27*

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PARENT/TOT

This class for our youngest students & a caring adult is a fun opportunity to explore dance & movement together. Dancewear & Ballet slippers optional.

) Wednesdays 5:00-5:30pm: *March 13, 20, April 3, 10, 17, 24*

PRESCHOOL COMBO

A combination of tap and ballet for young dancers (ages 3&4). Learn ballet and tap techniques while enjoying creativity in dance. The focus is on movement & fun. Ballet & tap shoes required.

) Thursdays 4:00-4:45pm: *March 14, 21, April 4, 11, 18, 25*

ELEMENTARY COMBO

A combination of tap and ballet for young elementary dancers. Learn ballet and tap techniques while enjoying creativity in dance. The focus is on movement & fun. Ballet & tap shoes required.

) Thursdays 4:45-5:30pm: *March 14, 21, April 4, 11, 18, 25*

IMPROV/CHOREOGRAPHY (Grades 6-12) **Spring Recital Option!**

Development of improvised movement is facilitated through a variety of creative explorations! Ballet or jazz shoes required.

) Sundays 2:00-2:45pm: *March 10, 17, April 7, 14, 28, May 5*

MODERN (Grades 6-12) **Spring Recital Option!**

An eclectic blend of contemporary and post-modern movement emphasizing the concepts of contraction/release, musicality and rhythm. Dance in bare feet.

) Sundays 2:45-3:30pm: *March 10, 17, April 7, 14, 28, May 5*



MERMAID TUMBLING!

Do Acro Tumbling in a Mermaid Tail! How fun is that?? *Mermaid Tumbling* is the latest rage and we have it here! Begin with a warm-up, followed by stretching, stationary skills, and move on to moving motor skills and finally basic acro/tumbling combinations. We provide the mermaid tails! No shoes required.

FOUR WEEK SESSION: \$45.00

) Wednesdays 6:15-7pm: *March 13, 20, April 3, 10*