

**Breakfast: 7:00-7:30 am**  
**A.M. Snack: 9:15-9:30 am**  
**Lunch: 11:30am-12:00 pm**  
**P.M. Snack: 2:30-2:45 pm**



\*Lunches are provided by A'viands\*

\*All Meals Served with Milk

# OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Applesauce, Pancakes Guppies, Juice Cheesburger, French fries, Fruit Cocktail Bean Dip, Tortilla Chips	2 Oranges, French Toast Muffins, Milk Baked Fish Sandwich Green Beans, Diced Pears Toast, Juice	3 Bananas, Oatmeal Graham Crackers, Applesauce Baked Breaded Chicken Sand. Peas/Carrots, Fresh Grapes Mixed fruit, Yogurt
6 Mixed Fruit, Cinnamon Toast Bagels, Pineapple Chicken Ala King Mashed Potatoes, Applesauce Yogurt, Apple Slices	7 Peaches, Waffles Pretzels, Mixed Fruit Beef Tacos, Rice Peas, Mandarin Oranges Cheese slices, Ritz crackers	8 Mandarin Oranges, French Toast Stix Granola, Yogurt Sloppy Joes, Corn, Diced Peaches Mixed fruit, Wheat Thins	9 Pears, Oatmeal Ritz, Carrots/Celery Turkey Breast, Roasted Potatoes, Diced pears Cottage Cheese, Peaches	10 Bananas, English Muffin Yogurt, Cinnamon Toast Baked Cheese Ravioli Green Beans, Fruit Juice, Guppies
13 Peaches, Pancakes Toast, Pineapple Grilled Cheese Sandwich Cooked Carrots, Mixed Fruit cherrios, milk	14 Pears, French Toast English Muffins, Peaches Chicken Strips Peas/Carrots, Applesauce String cheese, Ritz Crackers	15 Mixed Fruit, Oatmeal Pretzels, Pears Corn Dog Green Beans, Fruit Cocktail carrots/celery, milk	16 Oranges, Cinnamon Toast Guppies, Juice Tater Tot Casserole Corn, Diced Peaches Yogurt, Bananas	17 Pineapple, Biscuit Graham Crackers, Bananas Fish Sandwich Broccoli, Apple slices Mixed fruit, graham crackers
20 Juice, Cheerios Cottage Cheese, Carrots/Celery Cheese Pizza Peas, Diced Pears Cheese Slices, Wheat Thins	21 Oranges, Bagel Biscuit, Pineapple French Toast Sticks, Sausage Links, Oranges Cottage Cheese, Peaches	22 Peaches, French Toast Graham Crackers, Milk Spaghetti w/ Meat Sauce Green Beans, Man. Oranges Biscuit, Applesauce	23 Pineapple, Waffle Guppies, Juice Hot Ham and Cheese, Baked fries, Applesauce Muffins, Juice	24 Pears, Oatmeal Yogurt, Animal Crackers Beef Enchiladas, Corn, Diced peaches Mixed Fruit, English Muffins
27 Apple Slices, Rice Crispies Cottage Cheese, Pears Hot Dog, Baked Fries Applesauce Guppies, Juice	28 Apricots, Biscuit Bagel, Juice Beef Soft Shell Tacos, Rice, Corn, Diced Pears mixed fruit, Pretzels	29 Peaches, Waffles Toast, Apricots Breaded Chicken Sandwich, Peas, Diced Peaches Carrots/celery, milk	30 Pears, Pancakes Yogurt, Apple Slices Chicken Ala King, Mashed Potatoes, Man. Oranges Mixed Fruit, Animal Crackers	31 French Toast Sticks, pineapple Guppies, Juice Sloppy Joes, Baked Sweet Potato Fries, Fruit Cocktail Mixed fruit, milk