

## The Netherlands: Amsterdam with visits to Rotterdam & Bruges, Belgium

September 28-October 5, 2019

\$5,499 (based on double occupancy)

\$999 (single supplement)

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GLOBAL CE FOR APNs

### Advanced Practice Nursing Journey

Delve into the rich tapestry of Dutch culture on an enriching tour to Amsterdam including a stop in nearby Rotterdam. A special day trip to Bruges, Belgium is also included in this journey. Amsterdam is the capital city and a cultural hub, for not just the Netherlands, but for Europe. They are known for their world class museums, fantastic restaurants, vibrant night life as well as tolerant and friendly people. The Amsterdam Metropolitan Area includes more than two million people and serves as a major hub for business, tourism and culture.

#### Program Highlights

- 6 nights / 8-day journey to Amsterdam, Rotterdam and Bruges (Belgium)
- Smaller group size and private guided journey will allow for a high level of **interaction with your peers and time for networking** with your travel companions and meeting hosts.
- Travel to **Bruges, Belgium** to explore the city including some time to explore independently.
- This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to **16 contact hours of accredited education** involving online CE activities before the trip as well as educational activities in Amsterdam.

#### Focus on Professional Interaction

- Interact with advanced practice nurses with a wine and cheese reception one evening at the hotel. Receive an overview of the Dutch health care system from **Jaap Kappert, NP** and a policy officer of the **Dutch NP Association**.
- Help advanced practice nurses in the U.S. **compare how our two systems vary** and bring back ideas for solutions to improving nursing care in the U.S.
- **Meet with advanced practice nurses** in the Netherlands and learn how their role developed, how primary care is delivered, and how their unique models of community care and palliative/hospice care are working.

#### Focus on the community & culture

- Explore the **Anne Frank House** to hear more about the story of Anne, the secret annex, and her diary. Get a glimpse of her life through the photos, videos, quotes and original items exhibited in this small museum including the red-checked diary received on her 13<sup>th</sup> birthday in June of 1942.
- Step into Van Gogh's world with a visit to the **Van Gogh Museum**. It houses the largest collection of his works including his self-portrait, *Iris* (1890) and *The Potato Eaters* (1885) to name but a few.

#### Program Leader: **Nancy E. Dirubbo, DNP, FNP, FAANP**

Nancy is an adjunct assistant professor in the School of Nursing at Bouve College of Health Sciences, Northeastern University (2015 to present). She also founded Travel Health of New Hampshire in 2008 and is a family nurse practitioner and travel health specialist in that role as company owner. She is a nurse educator and owner of Beacon Continuing Education, LLC which provides live and online continuing education programs for nurses. Some of her career highlights include the American Nurses' Association Award for Excellence in Writing, New Hampshire Nurse Practitioner Association Award for Legislative Work, as well as being named One of the 25 Most Influential Nurse Practitioners in the United States by the *Nurse Practitioner Journal*.



#### Why Nanda Journeys?

*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

#### Ready to go?

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