



HOPKINTON LIONS CLUB

PRESENTS

Diabetes Awareness Forum

Wednesday, May 12, 2021, 6:00 PM – Zoom Virtual Platform

Lions Clubs International recognizes diabetes as a global epidemic, affecting an increasing number of men, women, and children worldwide. As Lions, we see and feel the effects of diabetes in our communities, and are working to help.

Learn:

- How to prevent and/or manage and control your diabetes
- How diet, exercise, and nutrition can impact diabetes
- How diabetes can affect eyes, cardiac, kidneys and health.

Featured Speakers:

Caron Grupposo RN, BSN, CDCES, Diabetes Education Coordinator, Milford Regional Physician Group: A registered Nurse in Massachusetts since 1996; Certified Diabetes Educator since 2002; member of the American Association of Diabetes Educators; Recognition Coordinator for the American Diabetes Association.

Kim Minogue MS, RD, LDN, Birchwood Nutrition Group: A registered dietitian with 20 years of experience; undergraduate degree in nutrition at Simmons College; Masters of Science in nutrition from Boston University. Kim has worked in various outpatient settings including: Dana Farber, Boston Medical Center, Newton Wellesley, Beth Israel Deaconess, and Reliant Medical Group. She is the founder and owner of Birchwood Nutrition Group where she provides individual and group nutrition education and counseling.

Dr. Steven Perryman, O.D., Hopkinton Vision Center: Graduated from the New England College of Optometry, located in Boston, in 1998. He is a member of the American Optometric Society, the Massachusetts Society of Optometry, and many other professional organizations.

To attend:

Click [here](#) to join the Zoom at 6pm Wednesday, May 12

Zoom details: meeting ID 854 5532 5901, passcode 135719

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