

CORONAVIRUS

Latest Corona-research Cognitions of the Plejaren

[Excerpt from Contact #743 June 16, 2020]

How the Corona Pandemic will Develop Further

[Excerpt from Contact #749 August 5, 2020]



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Latest Corona-research Cognitions of the Plejaren And about the Benefit of Sport

Addendum-excerpt from the 743rd contact report from the 16th of June, 2020

Ptaah Then we can move on to other matters now, which you are then to make public. That which I have to explain regarding our latest corona research cognitions will, however, only be a part of the whole, but I will mention more details about that later, because now I want to first outline the following important points, which correspond to our latest research cognitions, which are to be heeded:

1. Once acutely infected with the coronavirus, the infected ones can carry the pathogen in them as a long-term infection for many months or even years, namely also even if no new infection occurs. Along with this, if an infection and then a recovery occurred, a purely swinging-wave-based impulse-infection continues to exist. Due to this impulse-infection, which remains after recovery – the earthly scientists, virologists, immunologists and physicians and so forth have neither cognitions nor a clue regarding its existence – a reappearance of the rampantly spreading corona disease can occur from time to time, just as other ailments and diseases can be triggered by it, which, as corona virus complications, are able to bring about health problems for the rest of one's life.
2. A corona infection is absolutely not harmless and is not a type of flu illness; for example, a corona infection is often wrongly diagnosed as summer flu.
3. During infection and the subsequent recovery, the rampantly spreading corona disease produces antibodies which are useless as a certain protection against a new infection, because already after a short time these antibodies dissolve again; consequently, protective antibodies are no longer available against a new corona infection.
4. Risk factors such as pre-existing illness, being overweight, smoking, alcohol abuse, excessive sport, exhaustion, psychical illness and a weakened immune system are just as significant risks in the case of a corona infection as are prescription drug abuse, recreational drugs and physical inactivity and so forth.
5. Both mild and severe cases of the rampantly spreading corona disease mean for every patient that in the future, even after recovery, he/she will be more or less a carrier of imperceptible mild to severe organic damage, because the virus puts a strain on the entire organism and therefore does not only affect the lungs, which suffer pathological changes of the tissue.
But it is not only about lung damage – which can largely heal again, which in any case is not to be trivialised – but also about a larger number of incidents of damage which affect all or one of the other organs and cause – or can cause – afflictions and disease in them. Especially in the lungs, which scar over, there are late complications which can cause lasting or permanent consequential complications. However, the corona virus also damages the heart muscle and, to a very great extent, impairs the intestines, which are the main factor in the immune system and are therefore of particular importance with regard to the state of one's health. However, the kidneys and vascular membranes are also damaged; heart attacks, pulmonary embolisms as well as leg vein thromboses and strokes, psychoses and encephalitis are called forth by a coronavirus infection. In addition, the nervous system is also damaged, along with various other things, as well as all organs in any form.
6. Once infected by the corona virus, various organs in the body are attacked and 'marked' by viral infections which can barely or not at all be detected, which lead to subsequent different diseases and can also attack and perforate the lungs, whereby the damage to the lungs can become spongy as well as weaker or stronger, depending on the case, and the lungs can be disfigured.
7. It is very important to note that, if an infectious disease test is carried out, it will give a positive result in a person infected by the corona virus, but the rampantly spreading corona disease cannot be detected as such. This is because, as I already said in my first explanation, an impulse-swinging wave of the coronavirus puts a strain on the organism, while this impulse-swinging wave infection is not recognised as a real infection by virological and medical professionals, because they have no knowledge or idea with regard to this coronavirus impulse swinging wave. Due to the lack of knowledge in this regard, the positive test is considered false and a test error and the test person is considered healthy and not infected (as can be the case with

other infections as well), although he/she is effectively infected by the corona virus and carries the virus, that is to say, its impulse swinging wave and is therefore infected, as I already explained in point 1.

8. As already explained, a corona virus infection that is not noticeable or is barely noticeable, or a corona virus infection that is severe and overcome, even after recovery generally brings about imperceptible organic complications in **all** human beings, which however only become active in the course of further life and until the end of it – or they can become active sooner or later, depending on the circumstances.
9. The rampantly spreading corona disease, if a recognised or unrecognised infection has developed, can last for months, namely depending on the moment of mutation and intensity as well as regarding the immune status of the infected person and so forth. A corona infection can even cause lifelong afflictions and suffering that can last for a long time and possibly for life, for example, as breathing difficulties, lack of oxygen or dangerous shortness of breath, which can occur already with little exertion, for example, while walking, working, swimming, or during gymnastics and exercise and so forth.

Particularly engaging in sport activities must also be mentioned once, if we are now already talking about health complaints, because I have to explain the following on this occasion: contrary to the confused terrestrial human claims and representations of so-called sports fanatics, sports teachers, health apostles, physicians and other ‘experts’, who portray sport as healthy and strengthening the body, sports activities involve organic health risks, namely also brain damage and damage of the consciousness, as well as accident risks, which provoke physical damage or even death. In this respect, football is in the first place, but also handball, jogging, volleyball and basketball, inline skating, skiing competitions, cycling competitions, snowboarding, tobogganing, abnormal hiking, ice skating as well as ice hockey, speed skating, gymnastics of all kinds and all endurance sports in general. Sports of all kinds, as they are practiced in pathological delusion due to fitness-imagination are, in any physical-organic regard, in many respects, absolutely harmful to health, because usually too much of the so-called ‘good’ is done.

Sport is effectively only healthy, keeps one physically and consciously fit and leads to a satisfying physically mobile and active state of consciousness, as well as to a life largely free of ailments into old age, if a normal and not excessive mobility of the whole body, its inner organs and the inevitable conscious activity of the brain and consciousness is practised.

Endurance sports, professional sports, hobby sports and prestige sports of all kinds are absolutely harmful to health in many forms, namely up to the point of consciousness impairing fanaticism, the delusion of having to win, the winner-prize-delusion and the delusion of being a hero.

Sports-obsessed ones are those who are pathologically ill in their consciousness and who, in their sports delusion – whether privately or professionally – have to prove themselves anew every day, for which they put forward many ridiculous arguments in order to advocate their regular, health-damaging sports activities as being a health necessity. But this is exactly the other side of that which is good and health-promoting, because the opposite is the case, which, however, is publicly concealed and indeed also by the media, which only disseminate success stories about professional and private sportsmen and women, but keep silent about how many of them, after intensive physical activity, suffered serious and most serious accidents and permanent damage to their health or died suddenly as a result of their sporting activities.

Sport to the extent of being professional or pathological, fanatical and delusional makes the human being neither happy nor healthy. Of course, along with the unhealthy professional sport – such as the fact that these so-called ‘athletes’ are horrendously paid for by their simple-minded fans, as well as for the private, fanatical, delusional and otherwise pathological athletes whose sports delusion is actually a serious danger to their personal well-being and thus more harmful than useful for their health – there is also the healthy and equalised practice of sport, which has nothing to do with an exaggeration in any form.

10. Overcome coronavirus diseases, which have taken an imperceptible course – this possibility actually exists – or have taken a severe course, can, after 6 or more months or after years, still cause lung disease, and other diseases that are predetermined by the rampantly spreading disease and become life-threatening.

11. **It is important to know:** recovering from the rampantly spreading corona disease is doubtful because a recovery does not necessarily mean effective healing, rather only that, as the term ‘recovery’ indicates, a recuperation has come about, which is a phase of illness in which the symptoms already subside right up to a complete ‘healing’. Therefore a recovery means a recuperation, or convalescence and therewith that a process of recovery or healing is taking place, thus therewith a remission, that is to say, a temporary reduction of the symptoms of the disease, although the disease however, still remains detectable.

The recuperation, that is to say, convalescence or restitution, is also one of the last stages of a recovery process in which the state of health is restored after the illness has been overcome. Only the state of 'restitutio ad integrum' corresponds to the complete restoration of full health, that is to say, the state of health condition that existed before the illness. In this respect, this state is never again possible in the case of an infection by the corona virus, because this virus settles in all organs of the human body in an impulse-swinging-wave-based form and is only destroyed by the death of the organs and the entire body. Therefore, according to our latest cognitions, after a corona virus infection there can no longer be a state of complete recovery, that is to say, a state of complete physical, consciousness-based and social well-being.

Those, Eduard, are the explanations that I still have to make for the time being, which I will follow with something in our further conversation.

Translation by Vibka Wallder; corrections by Vivienne Legg and Christian Frehner.

How the Corona Pandemic will Develop Further

Excerpt from the 749th contact report from Wednesday, 5th of August, 2020

Billy While we are on it – namely the overpopulation – I can see that the more it increases, the more unemployment increases too, which however is not recognised by statisticians and so forth, and therefore is also not calculated. The fact is indeed that with the irrational growth of the mass of humankind, the growth of technology also increases along with it, namely in a form that more and more robotising automation technology expands to such an extent that more and more automated and, so to speak, independent robotic machines carry out the necessary work processes, and indeed always x times faster and faster than human beings could do with machines which they themselves would have to monitor and operate. Therethrough it arises with time that more and more robotic machines, like androids, carry out all possible work and, additionally, many times faster than human beings who consequently become totally redundant for work processes, which then leads to catastrophic results. If the overpopulation continues to increase uninhibited, murder, riots, hatred and enmity, professional jealousy, manslaughter, acts of Gewalt (Gewalt: There is no English word that conveys the true meaning of the German word 'Gewalt'. 'Gewalt' is the brutal execution of elemental might and force, but it is far above all might and all force.), felony and civil terror, as well as family Gewalt, family felonies, disorder, the domination of the rich over the working class, and its exploitation, as well as destructive forms with regard to all order will become more and more prevalent; consequently all kinds of Ausartungen (Ausartung (*pl. Ausartungen*): a very badly getting out of control of the good human nature) and proliferations will become an ugly daily disorder. Already today, as a result of the Corona crisis, such Ausartungen are emerging here and there, as is shown and proven by the fact alone that parts of the populations rebel against all the precautionary measures taken by governments and authorities and they do not abide by the necessary decrees and rules, which causes millions of infections and tens of thousands of deaths. And this is probably only the beginning of what will happen in the course of time, even without the rampantly spreading corona disease, if the overpopulation is not reduced by means of a worldwide birth stop and an all-round far-reaching birth control. And this will happen – that is pre-programmed – because, if the earthlings step on each other's feet more and more and their freedom of movement is more and more restricted and the unconcernedness around the personal well-being and that of the fellow human beings becomes increasingly immaterial – as already comes up more and more – then everything runs towards the final downfall. With the great majority of the earthlings, the personal unconcernedness towards one's own well-being and woe has already begun and is running its course, just as it has towards the fellow human beings, who are irresponsibly met with unconcernedness, and this proves itself indubitably already today. Namely, this already arises in the form that large parts of the populations unconcernedly and irresponsibly disregard the precautionary measures regarding corona and therewith the protection rules that are recommended or prescribed by governments and authorities as a precaution against the rampantly spreading corona disease. Thus completely irresponsibly they travel abroad on airplanes, private vehicles or on public transport, organise small and large amusement parties and binge drinking, visit brothels, cinemas, bars, inns and theatres as well as participate in public music shows, Swiss wrestling festivals and gymnastics festivals and other sports events, such as idiotic-low-intelligent football tournaments and so forth, which contravene all health safety. Also, swimming at river beaches and sea beaches or public swimming pools, all of which are teeming with earthlings who are unconcerned and irresponsible with regard to the rampantly spreading corona disease, is a source of infections and deaths by the corona virus, as are altogether any demonstrations and other human mass gatherings of any kind.

A certain majority of all governors and Earth's population are completely irresponsible and unconcerned with regard to the rampantly spreading corona disease, with the result that an enormous number of labile earthlings let themselves be misled by irresponsible unconcerned ones or by liars regarding the rampantly spreading corona disease, and by crazy conspiracy theorists and so forth, to rebel against, contravene and disobey any protective measures and rules regarding the rampantly spreading disease. This, however, will be a disaster for many of them when they become infected or even have to pay for their unconcernedness, ignorance and irresponsibility with their lives. But it is also the majority of the governors which shamefully fails and is incapable of devising all the necessary safety measures against the coronavirus and is incapable of enacting the necessary regulations for the populations and ensuring that these are adhered to by having police and other security forces controlling and enforcing the whole thing. Persons who thereby disregard the enacted security measures would have to be singled out and punished with drastic penalties, such as heavy fines or, in repeated cases, with longer prison sentences.

Ptaah We did not want to talk about the rampantly spreading corona disease anymore, but since you brought up this topic now, I would like to say a few words about the impending course and the consequences of the rampantly spreading disease. That which you have just mentioned will unfortunately now have serious consequences, because now the rampantly spreading corona disease pandemic is spreading more than ever and is

increasing towards its peak, which will only be reached in a few weeks' time and will still claim millions of infections and very many deaths. However, it must also be said that all the figures known to date regarding the number of infected ones and fatalities due to the rampantly spreading corona disease do not correspond to the facts, because, on the one hand, the rampantly spreading disease was already carried out of China in January/February 2019, and actually to various countries, but did not yet mutate in the form that the further mutated virus did in Wuhan in November. Already at the end of January 2019, many human beings around the world were infected by the virus, as also very many died from the disease, which, however, was not recognised worldwide, because the treating physicians always diagnosed different and wrong diseases and causes of death. However, this virus continues to go through phases of mutation, which from time to time cause new susceptibilities to disease, which, as a rule, is not recognised by the entire terrestrial medical science and thus also not by the virologists, because they neither have the necessary knowledge in this regard, nor do they have all the necessary requirements in terms of technology, apparatuses, chemistry and other things.

As we have again researched for the next few weeks ahead, the official infections alone, which will increase in the next few weeks, will reach 27 million by the end of this month of August, while in a few weeks the death toll to be mourned will exceed one million. However, this only applies to the official cases, as will be publicly announced by then, while the number of unreported cases of all infected ones and deaths that have occurred worldwide so far is significantly higher.

The fact that the number of infections and deaths will now increase dramatically worldwide in the coming weeks as a result of the rampantly spreading corona disease is based on exactly the facts that you just mentioned. And this is quite obviously so, because all the rational explanations and advice that are given are not being remembered or understood by numerous unteachable ones and therefore are neither taken seriously nor followed by them. That which has been explained corresponds to how you say it in each case: "The ones with the lowest intelligence out of all those with low intelligence are those who bring terrible news to the world". But you also say, "Although they hear that someone has spoken, the ones with low intelligence do not hear what is said and explained; consequently, they understand nothing, remain of low intelligence and will go down". How right your statement is in this regard will now be proven, on the one hand, because the still ongoing 1st wave of the rampantly spreading corona disease is now reaching its climax, and, on the other hand, because neither the leaders of the nations nor the populations realise the precarious situation of the rampantly spreading corona disease and are consequently not taking the protective measures that would be absolutely necessary. On the contrary, inconsiderate false claims and explanations that are therefore of low-intelligence and are absurd are spread being that the 2nd wave of the rampantly spreading disease is already raging, although it is still the 1st wave that is now approaching its peak and is demanding skyrocketing large masses of infections and deaths all around, which will occur unstopably worldwide in the coming weeks. On the one hand, the entire spreading of the rampantly spreading disease is the result of the inability of the governors and authorities as well as the WHO and the official health organisations, who are neither able to assess in any form the effectively precarious situation, nor to determine and implement the necessary measures. On the other hand, if I may quote your words, it is the masses of the populations themselves, who are utterly incompetent with regard to intellect and rationality, who, in their low intelligence, do everything to drive the evil forward even more. And this is done in various forms; for example, through denying and spreading shallow-brained conspiracy theories that the rampantly spreading corona disease does not exist or that it corresponds to a governmental suppression of fundamental rights. Exactly these fundamental rights are seized more and more by those who are incompetent with regard to intellect and rationality – as we determined by looking into the future – from which terror-like revolts of the population occur in a demonstrating form, as have already taken place several times, but will increase in the future and become a danger in terms of the security of the people and all order. While looking into the future we observed that new insurgencies and demonstrations will take place in the near future – fired up and stirred up by criminal enemies of the state and order as well as corona liars and conspiracy elements – which will bring with them bloody acts of Gewalt, just as they did before. These demonstrations will be called forth by incitements of anti-state and anti-order elements which will gather many from the population, who are intellect-less, of low intelligence, irrational and simple-minded, in order to be able to live out their hostility towards the state and order. Partly also extreme right-wing but also extreme left-wing groups are behind these machinations, as, however, are certain politicians as we have ascertained, who take revenge in this form because, in their circles, they are unable to put forward or enforce their confused views, ideas, imaginations and wishes.

If everything is analysed in detail, then it can be recognised in particular that the rampantly spreading corona disease is now able to spread towards its climax primarily as a result of irrationality and low intelligence as well as the irresponsibility of the state leaders. This is because the leaders of the people have shifted the responsibility away from themselves and consequently, instead of enforcing all necessary protective measures against the corona virus, they have dissolved the lockdown. Mostly they have irresponsibly ended the duty to comply with all necessary and important protective behaviour regulations and have left all actions and deeds to that part of the populations that is of low intelligence, simple-minded and of weak intelligence, which lives in a simple-minded and unpredictable unconcernedness and is not conscious of any responsibility; and this corresponds to the factor

through which the rampantly spreading corona disease can rampantly reach its peak, wherethrough now very many victims are claimed.

Overall it can be seen – if I may continue to speak in your always accurate form of expression – that through all the wrong, irresponsible, terrible and sometimes very childishly ridiculous speeches, pseudo-cognitions, pseudo-explanations, decisions, modes of action as well as the panache and inadequate modes of behaviour of the leaders and that section of the population which is simple-minded and mentally incompetent with regard to intellect and rationality, all evil and terribleness in every kind and form, up to destruction, annihilation as well as rampant death, can unstopably spread further throughout the world.

In a downplaying form, those responsible have described the rampantly spreading corona disease pandemic as ‘COVID-19’, which corresponds to an understatement and trivialisation of the precarious dangerousness of the rampantly spreading disease and its insidiousness. This is because, observed and considered purely psychologically, both the majority of simple-minded leaders and also the populations are misled by this banal designation and, for themselves, trivialise or even completely question the profound danger of the disease. This proves that the state authorities as well as the virologists, epidemiologists, psychologists and physicians and so forth, have very little or no knowledge and experience with regard to psychology, as well as in relation to the necessary psychological behaviours and naming of any facts. Consequently, they are also not able to understand, as they are also not able to comprehend in any form, that, due to wrong understanding, their naming of the rampantly spreading corona disease pandemic is simply ‘COVID-19’, which plays down the whole of the danger of the coronavirus for all virologically and medically uneducated ones; consequently, they maintain their simple-mindedness in this form and correspondingly do not adhere to the protection rules. That they then do want to stick to protection rules, however, only arises when they themselves are befallen by the rampantly spreading disease, in which case, however, it can often be too late and the last path must be walked, as you once said.

But that which still needs to be mentioned now relates to the following, which I am explaining because I feel obliged to repeat a few things again for all FIGU members and all those worldwide who are interested in our explanations and so forth, and to show how precarious the situation of the rampantly spreading corona disease really is. To that I think that it will be necessary to supplement everything that has already been presented earlier, which is also to be put on the internet.

1. It is inescapably necessary to publicly complain about the failure of the state leaders, that is to say, their responsible ones and their incapacity, and to ask them to finally work out right protective measures with regard to the rampantly spreading corona disease and to implement them in their entirety. All of the responsible ones of the nations have failed due to their incapability and wrong assessment of the situation. Above all, this also applies to the responsible ones of the WHO, that is to say, ‘World Health Organisation of the United Nations’, as well as the majority of all the governors of all countries. As a result, no necessary measures have been taken, or only inadequate ones, which corresponds to an incapability and culpability of all those responsible, especially those in government, who also now act wrongly and neglect all that is necessary; consequently they do not counteract the current pandemic, but rather promote it.
 2. It is especially to be mentioned that if in Europe initially only Italy and Spain were affected by the rampantly spreading corona disease in an ausgearartet (Past participle of verb ‘ausarten’, which means it “has got very badly out of the control of the good human nature”) form and otherwise in all European countries there were many fewer corona infections and corona deaths to be mourned in comparison to other countries – which is now, however, changing thoroughly – then this led back to the fact that the majority of the populations integrated themselves into the lockdown and thus protected themselves from the rampantly spreading disease. But due to the irrationality of the governors, who relaxed the lockdown far too early and even ended it, the self-responsibility of the populations was addressed, who were, however, overburdened with it and, from that, as a result of the action of anti-state and anti-order elements, rabble rousing was driven forward in the populations, from which quarrels came forth, namely mainly concerning an alleged deprivation of liberty, and especially concerning an alleged restriction of fundamental rights and the like, which led to demonstrations that, from now on, will continue in an evil form and will provoke acts of Gewalt that will eventually threaten to take on bloody and terrorist forms.
- The fact is now that the rampantly spreading corona disease is now claiming its victims also all over Europe, and in the near future the rampantly spreading corona disease will drive up the number of infected ones and fatalities.

3. Obviously, what I made clear months ago in the beginning of our explanations still has not gotten through to the virologists and physicians and so forth: namely that there is indeed no effective immunity of the convalescents as well as no herd immunity, even if 'healings' from the rampantly spreading corona disease take place and antibodies have formed.
4. Even after a 'healing', that is to say, complete recovery, there is no immunity regarding the corona virus; therefore after a successful 'healing' a new infection by the corona virus can occur at any time and can be fatally dangerous, just as it can also continue to infect, as the rampantly spreading disease also continues to exist in the body as impulses and cannot be detected even by virological and medical specialists.
5. For the fact that the rampantly spreading corona disease is now also spreading in Europe after the temporary containment through protective measures, the responsible ones who belong to the ECDC, that is to say, the 'European Commission for Disease Control' are to be named, as well as the WHO and all the decisively responsible ones of the governments and health organisations of the individual countries, which, due to their incompetence and loud-mouthiness, are still not able to assess the still rampant and precarious situation of the rampantly spreading disease, therefore they also do not make public the very necessary information and also do not work out the protective measures against the rampantly spreading corona disease and so forth, in order to have them implemented.
6. However, with regard to the implementation and execution of all necessary safety measures for the rampantly spreading disease, all the responsible authorities of all governments of all nations are obviously not capable, nor sufficiently far-sighted and foresighted, in order to adopt and implement the necessary protective measures for the populations. Fundamentally the reason is that they are not at all capable of assessing facts correctly; consequently they are not able to make any right decisions effectively, because for that and for their office they are absolutely incapable and all of them are totally incompetent, untalented, unsuitable and unqualified.
7. The dangerousness and lethality of this insidious rampantly spreading corona disease is due to a continuous mutation of the virus, in which case the mutation-changes which arise from it bring about newly occurring genetic variations that become more dangerous and aggressive, which, however, can neither be recognised by doctors nor by virologists and so forth, because they do not have the necessary knowledge and instruments for that at their disposal.
8. Due to the changing dangerousness of the corona virus and new genetic variations, also new susceptibilities to infection arise, which from now on will affect younger and young human beings right down to the youngest of children, as has been explained earlier, whereby even the fruit of pregnant mothers are befallen by it, and can suffer lifelong adverse health effects from the corona virus.
9. The previously mentioned factor, that all genera and species of mammalian life forms – especially domestic animals such as dogs and cats, cattle, horses and pigs as well as rodents and so forth – are susceptible with regard to the coronavirus, and human beings are infected therethrough (contrary to alternative assertions of low intelligence by alleged 'experts'), has still not gotten through to the virologists and physicians; therefore they still deny this fact.
10. A spreading of the rampantly spreading disease can already occur seconds after the moment of infection and not only, as is claimed, when the infection becomes detectable.
11. Repeating from earlier explanations, the following is certainly also to be explained today: wearing protective masks against pathogens such as bacteria, fungi and parasites only makes sense if, on the one hand, the masks are suitable and are used sensibly; but this cannot be the case if they are worn during the day in the open and pedestrian-free street, in open terrain or in buildings where there are no crowds of human beings in the near or closer area.

Basically, masks available on the market are only useful if they are thick and dense enough to prevent the exhalation of breath, that is to say, aerosols or expiratory droplets, as well as the inhalation of similar substances from outside that is to say, from other persons, which one must not absorb or inhale.

Even good ordinary face masks of quality FFP1, which, as a rule, are three-layered and fleece-coated, offer no benefit and protection against viruses, because, as a rule, they only have a protective function against bacteria, fungi, parasites, dust, sand and pollen and the like.

Better purposive and special filter masks are those of the quality and grade FFP2, but even these do not protect against viruses. Protecting against them are only special medical masks of the quality FFP3, but only to a limited extent, between a 94-96 percent of safety. Therefore, protective masks should, on the one hand, be equipped for the intended purpose and, on the other hand, only be used if an effective sense and a necessity are connected with it. However, if this does not correspond to a necessity and a protective mask is worn nonetheless, then this is not only nonsensical, but also ridiculous and is tantamount to a carnival fuss, as I have already explained earlier.

On March 2, I literally explained the following, which continues to remain valid and should be observed:

1. **Firstly:** While speaking, the respiratory air is expelled from the mouth and also through the nose as a very fine droplet puff, as expiratory droplets, that is to say, aerosols. During this process, the respiratory air from the mouth and nose becomes visible, but only on cold days, not on warm days. However, this expulsion has the characteristic that this breath-droplet-puff usually expands to about half a metre when it is cold and is therefore inhaled by conversation partners standing close to the person speaking, which in this form leads to air borne droplet infections.
2. **Secondly:** On cold days, the breath expelled from the mouth condenses and therefore the puff of breath droplets, that is to say, the puff of expiration droplets becomes visible and appears in the air like small wafts of mist from the mouth and nose.
3. **Thirdly:** Condensing puffs of breath droplets do not only occur with the human being, but also with animals and certain creatures.
4. **Fourthly:** During the process of the breath-droplet puff, which, as explained, can only be seen on cold days, not on warm days, it should be headed, however, that also at warm times it is ejected from the mouth while speaking and is subsequently inhaled by persons standing close by.
5. **Fifthly:** The human being's puff of breath droplets, which must be mentioned again, always becomes visible when the moist-warm air-puff expulsion from mouth and nose meets cold and moist external air. The reason for this is based on a physical characteristic of air, because it can actually only absorb a certain amount of water vapour and make it visible. Warm air also absorbs water, namely more than cold air, in which case this warm air exhaled from the mouth spreads further and moreover invisibly in the warmth, in contrast to the cold, indeed up to about two (2) metres, however, depending on the wind conditions, even further, which corresponds approximately to the extreme limit of exhalation.
6. **Sixthly:** A human being's puff of breath droplets also has a weight, and indeed at zero degrees – depending on the person – the weight per cubic metre is about 4.5 - 4.8 grams, whereas at 30 degrees it is about 30 grams. The breath-droplet puff, however, also saturates the air, which means that, depending on the humidity of the air, it can only absorb a limited amount of moisture from the expiratory droplets.
7. **Seventhly:** When the breath-droplet puff cools down more and more, the breath-water-vapour changes in such a form that tiny puff-water-droplets arise, which then float in the air and spread out.
8. **Eighthly:** The breath that, due to the cold, becomes visible as a puff of breath-droplets is, on the one hand, dependent on the ambient temperature, but, on the other hand, also on the air humidity. The breath-droplet puff that becomes visible thereby can only be produced and made visible at a lower temperature and only when the water vapour molecules contained in the expelled breath condense so quickly that they immediately crystallise as a tiny mist.
9. **Ninthly:** An infection contact can also occur through the coughing and sneezing of infected persons or dogs and cats, because pets can also be carriers of the coronavirus. Also the indirect route of contact infection or smear infection with the viruses on objects, body surfaces, food or other objects, on which infectious expiratory droplets have been deposited, leads to contamination if they subsequently enter the body via the mucous membranes; for example, in the mouth, nose or, under some circumstances, via the eyes. A transmission via the faecal-oral route and via other bodily excretions can also occur, as well as via infected animals, creatures and domestic beetles such as, under some circumstances, cockroaches and so forth.

These are the most important and necessary facts, Eduard, which I have to mention again, and with this I have explained everything, I think, which had to be further explained again.