



澳洲弱能兒童協康會

Chinese Parents Association - Children With Disabilities Inc

# Gym/Fitness Class 體操健身班

Activities for Children with Disabilities

19/04/2021 開始



POLICE CITIZENS  
YOUTH CLUBS NSW

Wyatt Park, Church Street, Lidcombe Auburn

**Every Monday (Fun Fitness) 4pm-5pm**

**Every Wednesday (Fitness & workout) 5pm-6pm**

每逢星期一 5時至6時, 星期三 5時至6時

Coached by Skilled gymnastics coaches 專業體操教練

*Please complete the PCYC membership form submit to Maria.*



NDIS participants fee 費用: \$30 per session

Booking is essential please contact Maria 0402 941 090 vacancies are limited

請早日向 Maria 報名 0402 941 090 名額有限

**\*For athletes using the gym, carers & parents to stay with each athlete at all times**  
上課期間或使用健身器材, 照顧者或父母需要陪伴及幫助運動員

*Class will be decided base on the number of enrolments. 課班決定將定于報名人數。*