

Current List of Individual WellBrain Tests:

- ORT (Opioid Risk Tool)
- CAGEAID (Substance Abuse Screening Tool)
- GAD-7 (Generalized Anxiety Disorder 7 Item Scale)
- PHQ-9 (Patient Health Questionnaire 9 Item - Depression)
- PSEQ (Pain Self Efficacy Questionnaire)
- PSS (Perceived Stress Scale)
- ISI (Insomnia Severity Index)
- AUDIT (Alcohol Use Disorders Identification Test)
- EPDS (Edinburgh Postnatal Depression Scale)
- PCL-C (PTSD Checklist)
- Oswestry (Functional Test)
- NDI (Neck Disability Index)
- FMI (Freiburg Mindfulness Inventory)

Tests are Batched into the Following Panels:

- New/Annual Patient Panel
- Follow-Up Panel #1
- Follow-Up Panel #2
- Follow-Up Panel #3
- Spinal Cord Stimulation & Assessment Panel (includes a Nevro video)
- Neuromodulation Panel (other SCS Panel - no video)
- Peripheral Nerve Stimulation & Assessment Panel (includes a Bioness video)
- Research Panel
- Pain Pump Panel

A Few WellBrain Mindfulness Pathway Examples (Selected by Patient):

- Introduction to Mindfulness Training
- Introduction to Mindfulness for Anxiety
- Introduction to Mindfulness for Depression
- Introduction to Mindfulness for Pain
- Reclaiming Your Body
- Building Appreciation
- Sleep
- Dealing with the Inner Critic
- Mindfulness for PTSD
- Stress Reduction
- Mindfulness for Addiction
- Intermediate Mindfulness Training for Pain Relief
- Mindfulness for Migraine Relief
- Mindfulness for Adolescents
- Mindfulness for Knee Pain
- etc.

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