

## Lessons and Requests - August 2020 - "One and Done"

**Click on Dance Name for Link to Demo &/or Instructional Video**

A Huge Thank You to Claire for all your help with planning and to John & Stephe for providing us with all our dance videos!

Request: [Come Dance With Me](#)

Request: [Bump N Grind](#)

Lesson: [Ants Dance \(ONE Wall\)](#)

Request: [Madly Off In All Directions](#)

Lesson: [Dance Like You're The Only ONE](#)

Request: [Half Past Nothin'](#)

Lesson: [All My Ex's \(ONE Wall\)](#)

Request: [Red SOLO Cup](#)

Lesson: [UNO Dos Tres](#)

Request: [Lonely Drum](#)

Lesson: [Black Velvet \(ONE Wall\)](#)

Request: [Yeah!](#)

Lesson: [ONE Step Forward, Two Steps Back](#)

Request: [Outlaw](#)

Lesson: [Cha Cha Cantina \(ONE Wall\)](#)

Request: [Gypsy Queen](#)

Lesson: [As Good As I ONCE Was](#)

Request: [Beer Man](#)

Lesson: [Walking Backwards Together \(ONE Wall\)](#)

Request: [Stroll Along Cha Cha](#)

Lesson: [All For ONE](#)

### Late Afternoon Leader Dances

Request: [Shoop](#)

Request: [The Fighter](#)

Lesson: [1-2-3-4](#)

Request: [Time To Swing](#)

Request: [Vanotek Cha](#)

Lesson: [Cruisin \(ONE Wall\)](#)

Request: [Toes](#)

Request: [Wave on Wave](#)

Lesson: [Quarter After ONE](#)

Request: [Dizzy](#)

Request: [Oh Me Oh My Oh](#)

Lesson: [Volcano \(ONE Wall\)](#)

Request: [We Only Live ONCE](#)

If you have enjoyed this Virtual Event, please consider donating a portion of what you would have paid for our regular Line Dance Sunday Event. Click on link: [paypal.me/SomeDanced](https://paypal.me/SomeDanced)