Wound/Trauma Kit Contents

- **Trauma shears**
  With a wide, blunt tip, these shears reduce the risk of cutting the patient while working on an injury.

- **Tweezers**
  A must-have for splinter removal and/or small cuts and scrapes that need a little extra attention in the field.

- **Safety Pins**
  Great for securing bandage materials or the base layer you’ve incorporated into an improvised splint.

- **N Pad with Pens & Sharpie**
  Take your training with you with this great reference for the field.

- **Oral Thermometer**
  Changes in body temperature can be symptomatic of multiple different conditions.

- **Rescue Mask**
  Our choice for a barrier when performing artificial respiration.

- **1x3 Fabric Bandages (Band-Aids)**
  Adhesive bandage with a gauze pad in the center, used to cover minor wounds.

- **2nd Skin Dressings**
  Second skin works as an invisible gel bandage that forms a cover that protects wounds and is antiseptic, flexible, and waterproof.

- **Knuckle and Fingertip Fabric Bandages (Band-Aids)**
  Specially shaped knuckle and fingertip bandages are made of a flexible fabric designed to stretch.

- **Wound Closure Strips (Steri-Strips of “Butterfly” Bandages)**
  Use to secure, close and support small cuts and wounds.

- **3 x 4 Nonstick Gauze Pads**
  Pieces of gauze fabric used to guard and cushion a wound or to absorb blood or fluids. Especially useful for dressing wounds where other fabrics might stick to a burn or laceration.

- **4x4 Sterile Gauze Pads “Gauze Sponges”**
  Appropriate for wound dressing, cleaning, prepping or packing.

- **Transparent Film Dressings e.g. “Tegaderm”**
  Provide a moist, healing environment and protect the wound from mechanical trauma and bacterial invasion. These dressings can also act as a blister roof or “second skin.”

- **Moleskin Dressings**
  Great for fabricating custom finger cuffs, and reducing skin friction against blister.

- **4-6 Inch Elastic Wrap “ACE Bandage”**
  Provides firm support and compression for minor strains and sprains, as well as splint compression.

- **Coban Wrap (7.6 cm x 4.6 m)**
  A self-adhering bandage or cohesive bandage is a type of bandage or wrap that coheres to itself but does not adhere well to other surfaces.

- **1-inch Cloth Tape**
  Seal out dirt and germs to promote healing, secure bandages around wounds that must be protected, and wrap joints in cases of athletic injuries.

- **Wire or SAM Splint**
  A SAM Splint is a waterproof, reusable splint for immobilizing injured bones- important to include in your first aid kit.

- **Gloves Latex-free, either Nitrile or vinyl**
  Three words: Body Substance Isolation. Keep cross contamination to a minimum with a pair of nitrile gloves.

- **12cc Irrigation Syringe**
  Use for cleaning wounds, removing dirt and debris without touching a wound.

- **Povidone-iodine Solution**
  Treat minor wounds and infections and kill bacteria.

- **Antibiotic Ointment Packets Polysporin preferred due to possible neomycin allergies**
  Prevent infections, fight infections in cuts, scrapes, and burns, and help promote the healing of wounds.

- **Antiseptic Towelettes**
  Keep your hands clean and prevent the spread of germs with these easy to use wipes!

- **Sterile Scrub Brush**
  Achieve maximum cleansing without causing skin irritation.

- **Tincture of Benzoin Swabs**
  Provides a natural sticky layer on your skin that allows bandages to stick better and stay on longer.