

Wound/Trauma Kit Contents

Trauma shears

With a wide, blunt tip, these shears reduce the risk of cutting the patient while working on an injury.

Tweezers

A must-have for splinter removal and/or small cuts and scrapes that need a little extra attention in the field.

Safety Pins

Great for securing bandage materials or the base layer you've incorporated into an improvised splint.

Pad with Pens & Sharpie

Take your training with you with this great reference for the field.

Oral Thermometer

Changes in body temperature can be symptomatic of multiple different conditions.

Rescue Mask

Our choice for a barrier when performing artificial respiration

1x3 Fabric Bandages (Band-Aids)

Adhesive bandage with a gauze pad in the center, used to cover minor wounds.

2nd Skin Dressings

Second skin works as an invisible gel bandage that forms a cover that protects wounds and is antiseptic, flexible, and waterproof.

Knuckle and Fingertip Fabric Bandages (Band-Aids)

Specially shaped knuckle and fingertip bandages are made of a flexible fabric designed to stretch.

Wound Closure Strips (Steri-Strips of "Butterfly" Bandages)

Use to secure, close and support small cuts and wounds.

3 x 4 Nonstick Gauze Pads

Pieces of gauze fabric used to guard and cushion a wound or to absorb blood or fluids. Especially useful for dressing wounds where other fabrics might stick to a burn or laceration.

4x4 Sterile Gauze Pads "Gauze Sponges"

Appropriate for wound dressing, cleaning, prepping or packing.

Transparent Film Dressings e.g. "Tegaderm"

Provide a moist, healing environment and protect the wound from mechanical trauma and bacterial invasion. These dressings can also act as a blister roof or "second skin."

Moleskin Dressings

Great for fabricating custom finger cuffs, and reducing skin friction against blister.

4-6 Inch Elastic Wrap "ACE Bandage"

Provides firm support and compression for minor strains and sprains, as well as splint compression.

Coban Wrap (7.6 cm x 4.6 m)

A self-adhering bandage or cohesive bandage is a type of bandage or wrap that coheres to itself but does not adhere well to other surfaces.

1-inch Cloth Tape

Seal out dirt and germs to promote healing, secure bandages around wounds that must be protected, and wrap joints in cases of athletic injuries.

Wire or SAM Splint

A SAM Splint is a waterproof, reusable splint for immobilizing injured bones- important to include in your first aid kit.

Gloves Latex-free, either Nitrile or vinyl

Three words: Body Substance Isolation. Keep cross contamination to a minimum with a pair of nitrile gloves.

12cc Irrigation Syringe

Use for cleaning wounds, removing dirt and debris without touching a wound.

Povidone-iodine Solution

Treat minor wounds and infections and kill bacteria.

Antibiotic Ointment Packets Polysporin preferred due to possible neomycin allergies

Prevent infections, fight infections in cuts, scrapes, and burns, and help promote the healing of wounds.

Antiseptic Towelettes

Keep your hands clean and prevent the spread of germs with these easy to use wipes!

Sterile Scrub Brush

Achieve maximum cleansing without causing skin irritation.

Tincture of Benzoin Swabs

Provides a natural sticky layer on your skin that allows bandages to stick better and stay on longer.