

|                                    | Home w/o services   | Home with Skilled Care  | Skilled nursing Facility  | Inpatient Rehabilitation Facility  | Long Term Acute Care Facility   |
|------------------------------------|---|---|---|--|---|
| <b>Level of Need</b>               | <p>Patient is independent in all areas</p> <p>Patient can safely navigate their home and community</p>  | <p>Patient is deemed homebound with physician order present</p> <ul style="list-style-type: none"> <li>- Help with personal care, pt/ot/slp, social services, on-call services</li> </ul> <p><b>Homebound:</b> Patient demonstrates a taxing effort to leave the home unassisted</p>  | <p>Patient is in need of on-going daily skilled service daily skilled nursing needs and physician order.</p> <ul style="list-style-type: none"> <li>- Need for 24/7 services</li> </ul> <p><b>ALOS – 15.9 days</b><br/>See below for wound requirements also consider IV abx for SNF care</p> <p>Always think: Is this a decline? What was PLOF ( not a year ago, but recently – if patient went to 3 SNFs and no improvement wont be auth-ed); is this for a SKILLED need or custodial. ( has to be skilled! Otherwise long term care)</p>   | <p>Patient needs two disciplines and physician services daily and overnight.</p> <ul style="list-style-type: none"> <li>- Must be able to participate in 3 hours per day 5 days a week</li> <li>- Treatment is aimed at enabling the patient to return home/community based</li> </ul> <p><b>ALOS = 10-15 days</b></p>   | <p>Patient has complex medical needs with functional impairment that cannot be met in a lesser setting. Requires daily physician visits.</p> <p><b>EXPECTED LOS is &gt;25 days</b></p>  |
| <b>Functional Status</b>           | <p>Ambulation</p> <ul style="list-style-type: none"> <li>- Negotiate community <b>distances independently</b> with or without assistive devices or at prior level of function with caregiver support</li> <li>- Able to leave home</li> <li>- Able to use equipment/DME independently</li> <li>- Able to navigate varying levels of terrain with or without assistive device</li> </ul> <p>ADLS</p> <ul style="list-style-type: none"> <li>- Independent</li> </ul> <p>IADLS</p> <ul style="list-style-type: none"> <li>- Independent</li> </ul> <p>Other</p> <ul style="list-style-type: none"> <li>- No cognitive impairment</li> </ul> | <p>Ambulation</p> <ul style="list-style-type: none"> <li>- May/may not be able to walk around home</li> <li>- Because of illness or injury need the aid of supportive devices in order to leave their place of residence</li> <li>- Patient can ambulate “household” distances</li> </ul> <p>ADLS</p> <ul style="list-style-type: none"> <li>- Needs help not dependent</li> <li>- Supervision to dependent with caregiver support</li> </ul> <p>IADLS</p> <ul style="list-style-type: none"> <li>- Min A to Dependent</li> </ul> <p>Other</p> <ul style="list-style-type: none"> <li>- Baseline cognition</li> </ul> <p>Examples:</p> <ul style="list-style-type: none"> <li>- Home PT/OT services</li> <li>- Home RN 1-2 /week for medication management, abx, disease mgmt etc</li> <li>- On-call line for patients</li> </ul> | <p>Ambulation</p> <ul style="list-style-type: none"> <li>- <b>Unable to walk household distances (20-40 or 50-70 feet varying definitions) with less than minimal assistance</b></li> <li>- Requiring greater than minimal assistance with ambulation</li> </ul> <p>Contact guard/supervision = red flag for denial (min A itself not a reason for SNF)</p> <p>ADLS</p> <ul style="list-style-type: none"> <li>- Requiring greater than minimal assistance for ADLS</li> </ul> <p>IADLS</p> <ul style="list-style-type: none"> <li>- Min A to Dependent</li> </ul> <p>Other</p> <ul style="list-style-type: none"> <li>- Dysphagia/choking risk</li> <li>- Bowel/bladder dysfunction</li> </ul> <p>Custodial Care does NOT meet for SNF ( i.e. help with walking, bathing, dressing, feeding, diet, medications). RT needs also doesn’t qualify</p> <p><b>SEE RED FLAGS on back!!</b></p> | <p>Ambulation</p> <ul style="list-style-type: none"> <li>- Min A to dependent</li> <li>- Transfers may be difficult min A to dependent</li> </ul> <p>IADLS</p> <ul style="list-style-type: none"> <li>- Min A to Dependent</li> </ul> <p>Other</p> <ul style="list-style-type: none"> <li>- Cognition : communication disorders, aphasia, memory</li> <li>- Dysphagia</li> <li>- Bowel/bladder dysfunction</li> </ul> <p>Expectation is to improve within 10 days</p> <p><b>KEY = Has to have medical needs ( need physician daily = medically complex cases – see back)</b></p> | <p>Ambulation</p> <ul style="list-style-type: none"> <li>- Significant impairment</li> <li>- Requires an acute hospital stay beyond the typical 4-7 day LOS to address acute medical issues</li> </ul> <p>ADLs</p> <ul style="list-style-type: none"> <li>- Max A to dependent</li> </ul> <p>Typical patient scenario for our hospital:</p> <ul style="list-style-type: none"> <li>- <b>New trach patients on vent</b> ( studies have shown when referred to LTACH right after trach the weaning is quicker)</li> </ul> <p>** If referred several weeks after trach placement then insurance less likely to approve due to less benefit at this stage</p> <p>** There are <b>vent facilities</b> that can do similar things as LTACH level and closer to us that DC – also they can take care of difficult RT needs ( i.e. suctioning frequent)</p> |
| <b>Medical Management Required</b> | <ul style="list-style-type: none"> <li>- Independent with medication, wound care, transportation, medication, treatment ( i.e. dialysis, chemo), primary care doctor</li> </ul>   | <ul style="list-style-type: none"> <li>- General physician supervision at least <b>once a month</b></li> <li>- Intermittent skilled service need ( <b>pt/ot/slp/rn</b>)</li> <li>- Homebound patient</li> <li>- May require medical management, assistance with wound management</li> </ul>   | <ul style="list-style-type: none"> <li>- Condition is expected to improve in a reasonable and predictable period</li> <li>- IV abx, IT- feedings, naso/trach, catheters, medicated dressings, stage 3+ wounds, ostomies</li> <li>- Therapy that required the skill of a qualified pt/ot/slp</li> </ul> <p>Poor Cognitive baseline does NOT meet for SNF then CM to address.</p>   | <ul style="list-style-type: none"> <li>- 3+ hours daily therapy</li> <li>- Rehab physician 3X/week ( some state daily)</li> <li>- Active medical management of comorbidities</li> </ul>  | <p>Capabilities:</p> <ul style="list-style-type: none"> <li>- Line placement ( PICC, central, permacath)</li> <li>- IV drips inclu pressors</li> <li>- HD, PD, TPN, tube feeds</li> <li>- PT/OT/SLP</li> <li>- Would vac therapy, complex wound needs</li> <li>- Hiflo, BiPAP, trach vent mgmg, bronch, CTube</li> <li>- 24/7 RT services</li> </ul>  |