



JANUARY MONTHLY SCHEDULE:

DAILY: Congregate Lunch
11:30 am

Please RSVP 24 hours prior.

MONDAY:

Exercise Class 9:00 am
Euchre 12:00Pm

TUESDAY:

Bingo • Free • 10:00 am
Learn to play Bridge w/Al
12:00 pm
Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS:

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am
Bible Study 10:30 am
Bingo • Free • 10:15 am
Euchre Tables 12:00 pm
Line Dancing 1:00 pm

JANUARY CALENDAR

NOTES

Tuesday, January 20th
Commodity Box Delivery 8am

Wednesday, January 10th
Board Meeting 10:15pm

Wednesday, January 16th
S.A.L.T. Council 1pm

Thursday, January 8th
Sound Bowl Meditation
1pm

P S C

Pickaway Senior Center

From the Desk of the Director

Happy New Year everyone! I hope 2026 is a good year for us all. It's hard to believe that 2025 has come to an end. It was a busy year at the center! In 2025 we served more than 97,000 meals and provided more than 2,500 trips around Pickaway County. We appreciate all your support to help keep senior services going! Winter weather is upon us, please remember if the center needs to close for winter weather it will be announced on WBNS 10TV, NBC4 and on our Facebook page.

Coming up this month, The Blood Pressure clinic is scheduled for Tuesday, Jan. 13 at 10 a.m. provided by Purpose Care.

Have questions about Medicare? John with OSHIP will be here on Wednesday, Jan. 21 from 9:30 to 11:30 a.m. Call if you would like to schedule a time to meet with him

Andrew with The Pickaway County Library is at the center every Tuesday from 8 until 11 a.m. Please stop by if you need any technology or phone help.

Commodity Food Box pick up is Tuesday, Jan. 20 from 8 until noon. All applications will need to be updated for 2026. Please give us a call if you need assistance.

Please note the center will be closed for the New Year holiday on Thursday, Jan. 1 and Friday Jan. 2. We will also be closed in observance of Martin Luther King Day on Monday, Jan. 19.

Hope to see you at YOUR Senior Center!

Holly Romine

Pickaway County Commission on Aging

BOARD OF DIRECTORS:

Ellory Elick	President
Andy Bull	Vice President
Joy Ewing	Treasurer
Al Canarsky	Membership Rep
Holly Romine	Director
Dennis Bothel	Fiscal Officer
Robin VanGundy	Secretary
Bob Mabe	Heather Wood
Jenna Logan	Mary Echard
Grant Davis	Harold Henson
Jessica Lowe	
Sheriff Matthew Hafey	

Pickaway County Commissioners:
 Jay Wippel
 Gary Scherer
 Harold Henson

SUGGESTED CONGREGATE LUNCH DONATION IS \$4 FOR SENIORS 60+ ALL AGES ARE WELCOME!

PLEASE RSVP THE DAY PRIOR

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive
 Circleville OH 43113

pickawayseniors.org

Office 740-474-8831
 Toll Free 888-397-7246
 Fax 740-477-8114

**Office Hours:
 Monday-Friday
 8am — 4pm**

Services provided Monday ~ Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available Tuesday—Thursday 9am—1pm.
 Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.



Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



O.S.H.I.P. WILL BE HERE TO ANSWER ALL OF YOUR MEDICARE QUESTIONS 1/21/26 9:30am

For additional information on any of these services, call Pickaway Senior Center:

740-474-8831

We Are here to help—

The Pickaway Senior Center is a non-profit organization.

We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

EQUAL



PROVIDER

JANUARY BIRTHDAYS-HAPPY BIRTHDAY!



JANUARY

1

Sandra Dresbach
Merry Hall
Nita Hall
Larry Jones

2

Becky Donaldson-
Joyce Simons

3

Wendy Blair
Charles Cameron
Donna Clark
Carol Thompson

4

Mark Cunningham
Donna Hall
Sybil Wright

5

Janet White

6

Nancy Feathering-
ham
Pam Sykes
Forrest Turner
Clarabelle Valentine

7

Becky Hammond
Wilma James
Todd Knisley
Barbara Welsh

8

Belva Pritchard

9

Jackie Brown
Brad Dalrymple
Jane Shaw
Patricia Swaim

10

Ruby Donohew
Debbie Hanley
Linda Harden
Marianne Hunley
Gary Misko

11

Jenilyne Stevens

13

Margaret Rickey

14

Bobby Barker
Barbara Davis
Holly Romine

15

Robert Fetherolf
Harold Ghearing
Linda Rogers

16

Linda Del Costello-
Kenneth Hardesty
Pam Patrick

17

Robert Hartinger
Gloria Knece
Jeff Lambert
Patricia Southward
Teresa Vanover

18

Mona Toole

19

Carol Balthaser
Beverly Conrad
Carol Daniels
Kathleen Lloyd

20

Bob Warren
Connie Wooten

21

Jean Strickler
Ken Trivette
Joann Wolfe

22

Rhonda Clark
Brian Porter
Mary Margaret
Rhoads

23

Rita Painter

24

Pamela Harris
John Serio
Sarah Van Hoose

25

Sherry Gainer
David Spahr

26

Betty Drake
Mary Steele

27

Jeff Anderson
Judy Beard
Marsha Noel

28

Marilyn Hatfield
Shirley Lake
Linda Martin
Bonnie True
Mary Williams

29

James Beathard
Sheran Cherrington
Patrick Smith

30

Carolyn Cook
Margaret Palmer

31

Mark Leffler
Linda Trimmer



Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway
County S.A.L.T. Council

WHEN: Every **Third**
Wednesday of the month

JANUARY 21st

WHERE: Pickaway Senior
Center 2105 Chickasaw Dr
Circleville, Ohio 43113

TIME: 1:00 pm

PICKAWAY SENIOR CENTER

New Members

Sherry Kneece
Amber Bigam
Pamela Lutz
Mary Giffin
Barbara Lieta
Cindy Miller
Alice Mumaw
Nancy Ott

~~~~~

### Program Donations

Ceeplus & Deb Patterson  
Stuart Sharpnack  
Kathleen Lloyd  
Donna Jean Murphy  
Linda Harden  
Karen Ballou  
Jo Ellen Jachs  
Kimberly Morris

~~~~~

*Your
donations
make a difference
in our Community!*

~~~~~

### Memorial/Honor of Donations

~~~~~

In Memory of
Trey Martin
Our Grandson

Given by,
James & Diane Rhymer

~~~~~

In Memory of

Of Loved Ones

Given by,  
Don & Betty Smith

~~~~~

~~~~~

In Memory of  
Norma Jean Dumm

Given by,  
Joan Savage

~~~~~

In Memory of

Bill Fee
On his passing 01/04
Given by,
Janet Fee

~~~~~

In Memory of  
Jeane Crider

Given by,  
Kathleen Lloyd

~~~~~

THANK YOU
for your generosity

JANUARY 2026 NEWSLETTER

In Honor of

Dee Helsel

And her active life at the center!

Given by,
June Jones

~~~~~

In Memory of

Jeane Crider

Given by,  
Gary & Deborah Schooley

~~~~~

In Memory of

Bill Dountz

On his birthday

Given by,
Martha Dountz

~~~~~

In Honor of

Chair Volleyball Players

*For your smiles, laughter &  
encouragement*

Given by,  
Virginia Russell

***SPECIAL THANKS***  
**EXERCISE CLASS**  
**DONATED A GRAND**  
**TOTAL OF**  
**\$276 DOLLARS**  
**IN THE MONTH OF**  
**NOVEMBER**

WELCOME NEW MEMBERS!

REMEMBER TO RENEW YOUR MEMBERSHIP

### In Memory or Honor of...

*Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. THANK YOU.*

Enclosed is my gift of \$ \_\_\_\_\_ In: ☐ Memory of: or ☐ Honor of:

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by: \_\_\_\_\_

***Please make checks payable to the Pickaway Senior Center. Mail gift to:***  
**Pickaway Senior Center • 2105 Chickasaw Drive • Circleville OH 43113**

Scan the QR Code to donate online  
Please consider donating to The Pickaway Senior Center.  
All donations go to help support the seniors of Pickaway County



Dues are \$10.00 per year per person. Thank You.  
Renew your membership to ensure you continue to receive the newsletter.

NAME

ADDRESS

CITY/STATE/ZIP

EMAIL ADDRESS @

TELEPHONE

BIRTH DATE

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$ \_\_\_\_\_

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113

# Supporting Brain Health in Our Community

Presented by the Alzheimer's Association



Everyone deserves a life with the healthiest brain possible, and we can all take action to help protect our brain health. This program shares important information about brain-healthy actions we should all build into our routines to benefit our brains, including the U.S. POINTER recipe. It's never too early—or too late—to start prioritizing brain health.

This presentation helps everyone understand the science-backed steps we can take to support lifelong brain health.

**January 28th  
1pm**

**Pickaway Senior Center  
2105 Chickasaw Dr.  
Circleville, OH 43113**

**To learn more contact the  
ALZ Helpline 800.272.3900.**

Visit [alz.org/centralohio](https://alz.org/centralohio) to explore additional education programs and support groups in your area.





PROMEDICA PRESENTS:



12:30PM EACH THURSDAY



CHAIR VOLLEY BALL  
EVERY MONDAY

• 1PM

• COME JOIN THE TEAM!



**PLEASE JOIN US FOR  
BIBLE STUDY  
EVERY FRIDAY AT  
10:15 AM**

## SOLE SOLUTIONS

*Nurse Delivered Footcare*



1ST, 2ND & 3RD MONDAYS s  
9am—1:30pm

BY APPOINTMENT ONLY

Call Kathy Maxson

**614-361-5284**

to set your appointment

**\$40 FOR ½ HOUR  
APPOINTMENT**



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24-Hour Skilled Nursing • Hospice/Respite Care**

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**circlevillepa.com**

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CIRCLEVILLE, OH 43113**





## GETTYSBURG & HERSHEY, PA

4 DAYS - 3 NIGHTS  
MAY 19 - 22, 2026

\$135 per person  
double occupancy

### PACKAGE INCLUDES:

- Overnight lodging en route home
- 2 Nights lodging
- 3 Breakfasts
- 2 Dinners
- Gettysburg Museum & Visitor Center
- Cyclorama Painting
- "A New Birth of Freedom" Film
- Historic Gettysburg Battlefields Tour
- Eisenhower Farm
- Hershey's Chocolate World & Chocolate Tour Ride
- Guided Tour of Hershey
- Souvenir gift
- Luggage handling in Gettysburg/Hershey area
- Taxes and meal gratuities
- Motorcoach transportation

Cancellation insurance available & highly recommended; see reverse side for details.

### FOR INFORMATION AND RESERVATIONS CONTACT:

PICKAWAY COUNTY SENIOR CENTER  
Holly Romine  
2105 Chickasaw Dr.  
Circleville, OH 43113  
(740) 474-8831

26 E. Lancaster Avenue, Reading PA 19607 • 610-775-5000 • 800-437-2323 • www.whitestartours.com

### PICKAWAY SENIOR CENTER PRESENTS

#### Niagara Falls & Toronto

You Must Bring a Valid U.S. Passport or U.S. Passport Card for this Tour  
INCREDIBLE PRICE INCLUDES:

- Motorcoach transportation
- 4 nights lodging in the Niagara Falls area
- 8 meals: 4 breakfasts and 4 dinners
- GUIDED TOURS OF NIAGARA FALLS & TORONTO
- A Journey to The Falls with "NIAGARA CITY CRUISES"
- Gaming at FALLSVIEW CASINO
- A visit to NIAGARA-ON-THE-LAKE & QUEEN VICTORIA PARK
- A visit to CASA LOMA; Canada's most magnificent castle

For more pictures, video, and information visit:  
www.GrandTours.com/PickawaySeniorCenter

Departure: Emmett Chapel United Methodist Church,  
318 Tarlton Rd, Circleville, OH @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: captivating, awe-inspiring Niagara Falls! This evening, you will have Dinner and check into your Niagara Falls area hotel for a four night stay.

Day 2: Start the day with a Continental Breakfast before you begin a Guided Tour of the Niagara Falls area. Visit an engineering marvel, the Welland Shipping Canal and beautiful Queen Victoria Park - home of one of the world's largest Floral Clocks. You'll have Dinner this evening at a local restaurant.

Day 3: Enjoy a Continental Breakfast before departing for a Guided Tour of the beautiful cosmopolitan city of Toronto, Ontario. You will also visit Toronto's majestic castle estate - Casa Loma! Later, you will dine at a local restaurant.

Day 4: Start the day with a Continental Breakfast before enjoying one of Niagara's most popular and breath-taking attractions, a boat ride with "Niagara City Cruises." Sail near the base of the Horseshoe Falls and enjoy a truly awe-inspiring view of the mighty Niagara. Then, you'll take a tour of historical Niagara-on-the-Lake, one of the prettiest towns in Canada and full of 19th century charm. Later, enjoy Dinner and a visit to exciting Fallsview Casino and get in some gaming action before returning to your hotel.

Day 5: Enjoy a Continental Breakfast before departing for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

AND SOME PRICES OF INTEREST TO YOUR TRIP...

With Minimum 2000 Dollars Travel Insurance • Protection Plan.

See separate advertisement.

\$25 One Day Utensil. \*Price per person, based on double occupancy. Add \$17.00 for single occupancy. Final Payment Due: 7/21/2026

### FOR INFORMATION & RESERVATIONS CONTACT:

Dennis Botel @ (740) 474-8931

**Diamond Tours**  
Travel Group Travel in a Higher Standard

Form ID: 1000-S0406

WMA

Tour#: 2255426



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## PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace

• Providing affordable housing for elderly/62 years or older and/or disabled  
176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: pmha@pickawaymha.com

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



# Heartland

HOSPICE

116 Morris Rd., Suite B • Circleville, OH 43113

**740-420-0605**

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jplagens@4LPi.com • (800) 477-4574 x6112



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www.luxerehabcenter.com

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14-1576




### Best of the Danube

Budapest - Passau


8 Days (7 Night) River Cruise on Trafalgar Riverboat 1-4 Cabins - 20 Meals

Cruise the Danube and discover a mix of history, culture and scenic views, visit Budapest, Vienna, Bratislava, Linz, Passau, Regensburg, Bamberg, Frankfurt, Mainz, Koblenz, Bonn, Cologne, Amsterdam, Rotterdam, Antwerp, Brussels, Paris, London, and more.



**Included highlights and must-sees**

- Explore with Local Specialists
- Budapest, Bratislava, Vienna, Regensburg, Passau
- Visit Must-see Landmarks
- Fisherman's Bastion and Heroes' Square in Budapest, Michael's Gate in Bratislava
- View Must-see Landmarks
- Matthias Church in Budapest, St. Martin's Cathedral and the Old Town Hall in Bratislava, the State Opera House and the Austrian Parliament Building in Vienna
- One-of-a-kind Experiences
- See day 5 for your unique local encounter
- Travel Responsibly
- See day 3 for how you'll make a positive impact



BOOK BY 11/1/23 and receive \$750 off per person

Cabins will be booked based on availability  
Includes Air out of Columbus


### TRAFALGAR

## Spanish Wonder end Barcelona

September 12 - September 20, 2026

\$4868 Per Person (Includes air from CMH & hometown transfers) twin share

\$500 (subject to availability) single supplement



## Hear What You've Been Missing!

Trusted Care for 78 Years - Specializing in Hearing Aids and Hearing Tests

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[wittichscandyshop.com](http://wittichscandyshop.com)

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**740.474.6238**

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Circleville

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HEALTH CARE

THE RIGHT PLACE. THE RIGHT CHOICE.

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Circleville, OH

**740.474.3121**





Pickaway Senior Center  
2105 Chickasaw Dr.  
PO Box 565  
Circleville OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville OH 43113

RETURN SERVICE REQUESTED

Current Resident



## DON'T MISS OUT

Check out upcoming  
events and activities  
at the Center!

Director's Desk.....p1  
Overview of Services..... p2  
Birthdays ..... p3  
Recognition, In memory....p4  
Form & Membership .....p5  
Alzheimer Brain Health .....p6  
Activity page ..... p7  
Trips ..... p8  
Trips! ..... p9  
Congregant Meal Menu... p10  
Activities Calendar ..... p11  
Vital Stats, Generosity ..... p12

## DECEMBER STATISTICS

### Transportation

48 people  
277 transports  
**4360 miles**

### Adult Day Care

5 people  
33 transports  
**457 miles**

### Hot Meals Delivered

**6505 meals**  
**6596 miles**

### Meals Served In Person

**444 congregate meals**

### Commodities Disbursed

**90 families served**



Your donations are  
**VITAL** to daily  
Center operations!

Donations received by the  
10th of the month are includ-  
ed in the newsletter; those re-  
ceived after 1/12 will be in-  
cluded in the September  
newsletter

**Thank you!**

WE MAKE A  
LIVING BY  
WHAT WE GET.  
WE MAKE A  
LIFE BY WHAT  
WE GIVE.

WINSTON CHURCHILL