



JANUARY MONTHLY SCHEDULE:

DAILY: Congregate Lunch
11:30 am

Please RSVP 24 hours prior.

MONDAY:

Exercise Class 9:00 am
Euchre 12:00PM

TUESDAY:

Bingo • Free • 10:00 am
Learn to play Bridge w/AI
12:00 pm
Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS :

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am
Bible Study 10:30 am
Bingo • Free • 10:15 am
Euchre Tables 12:00 pm
Line Dancing 1:00 pm

JANUARY CALENDAR

NOTES

Tuesday, January 20th
Commodity Box Delivery 8am

Wednesday, January 10th
Board Meeting 10:15pm

Wednesday, January 16th
S.A.L.T. Council 1pm

Thursday, January 8th
Sound Bowl Meditation
1pm



From the Desk of the Director

Happy New Year everyone! I hope 2026 is a good year for us all. It's hard to believe that 2025 has come to an end. It was a busy year at the center! In 2025 we served more than 97,000 meals and provided more than 2,500 trips around Pickaway County. We appreciate all your support to help keep senior services going! Winter weather is upon us, please remember if the center needs to close for winter weather it will be announced on WBNS 10TV, NBC4 and on our Facebook page.

Coming up this month, The Blood Pressure clinic is scheduled for Tuesday, Jan. 13 at 10 a.m. provided by Purpose Care.

Have questions about Medicare? John with OSHIIP will be here on Wednesday, Jan. 21 from 9:30 to 11:30 a.m. Call if you would like to schedule a time to meet with him

Andrew with The Pickaway County Library is at the center every Tuesday from 8 until 11 a.m. Please stop by if you need any technology or phone help.

Commodity Food Box pick up is Tuesday, Jan. 20 from 8 until noon. All applications will need to be updated for 2026. Please give us a call if you need assistance.

Please note the center will be closed for the New Year holiday on Thursday, Jan. 1 and Friday Jan. 2. We will also be closed in observance of Martin Luther King Day on Monday, Jan. 19.

Hope to see you at YOUR Senior Center!

Holly Romine

Pickaway County Commission on Aging BOARD OF DIRECTORS:	
Ellory Elick	President
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Jenna Logan	Mary Echard
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	Jessica Lowe
Sheriff Matthew Hafey	
Pickaway County Commissioners:	
Jay Wippel	
Gary Scherer	
Harold Henson	

**SUGGESTED CONGREGATE
LUNCH DONATION IS \$4
FOR SENIORS 60+
ALL AGES ARE WELCOME!
PLEASE RSVP THE DAY PRIOR**

**PICKAWAY
SENIOR CENTER**
2105 Chickasaw Drive
Circleville OH 43113
pickawayseniors.org
Office 740-474-8831
Toll Free 888-397-7246
Fax 740-477-8114

Office Hours:
Monday-Friday
8am — 4pm

Services provided Monday ~ Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available

Tuesday—Thursday

9am—1pm.

Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.



Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

**For additional information on any of these services, call
Pickaway Senior Center:**

740-474-8831

*We Are
here to
—help—*

PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



**O SHILL P. WILL
BE HERE TO
ANSWER ALL OF
YOUR MEDICARE
QUESTIONS
1/26 9:30am**

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

EQUAL



JANUARY BIRTHDAYS-HAPPY BIRTHDAY!



JANUARY

1
Sandra Dresbach
Merry Hall
Nita Hall
Larry Jones

2
Becky Donaldson-
Joyce Simons

3
Wendy Blair
Charles Cameron
Donna Clark
Carol Thompson

4
Mark Cunningham
Donna Hall
Sybil Wright

5
Janet White

6
Nancy Feathering-
ham
Pam Sykes
Forrest Turner
Clarabelle Valentine

7
Becky Hammond
Wilma James
Todd Knisley
Barbara Welsh

8
Belva Pritchard

9
Jackie Brown
Brad Dalrymple
Jane Shaw
Patricia Swaim

10
Ruby Donohew
Debbie Hanley
Linda Harden
Marianne Hunley
Gary Misko

11
Jenilyne Stevens

13
Margaret Rickey

14
Bobby Barker
Barbara Davis
Holly Romine

15
Robert Fetherolf
Harold Ghearing
Linda Rogers

16
Linda Del Costello-
Kenneth Hardesty
Pam Patrick

17
Robert Hartinger
Gloria Knece
Jeff Lambert
Patricia Southward
Teresa Vanover

18
Mona Toole

19
Carol Balthaser
Beverly Conrad
Carol Daniels
Kathleen Lloyd

20
Bob Warren
Connie Wooten

21
Jean Strickler
Ken Trivette
Joann Wolfe

22
Rhonda Clark
Brian Porter
Mary Margaret
Rhoads

23
Rita Painter

24
Pamela Harris
John Serio
Sarah Van Hoose

25
Sherry Gainer
David Spahr

26
Betty Drake
Mary Steele

27
Jeff Anderson
Judy Beard
Marsha Noel

28
Marilyn Hatfield
Shirley Lake
Linda Martin
Bonnie True
Mary Williams

29
James Beathard
Sheran Cherrington
Patrick Smith

30
Carolyn Cook
Margaret Palmer

31
Mark Leffler
Linda Trimmer



Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway
County S.A.L.T. Council

WHEN: Every Third
Wednesday of the month

JANUARY 21st

WHERE: Pickaway Senior
Center 2105 Chickasaw Dr
Circleville, Ohio 43113

TIME: 1:00 pm

PICKAWAY SENIOR CENTER

New Members

Sherry Kneece
Amber Bigam
Pamela Lutz
Mary Giffin
Barbara Lieta
Cindy Miller
Alice Mumaw
Nancy Ott

Program Donations

Ceephus & Deb Patterson
Stuart Sharpnack
Kathleen Lloyd
Donna Jean Murphy
Linda Harden
Karen Ballou
Jo Ellen Jachs
Kimberly Morris

*Your
donations
make a difference
in our
Community!*

Memorial/Honor of Donations

In Memory of
Trey Martin
Our Grandson

JANUARY 2026 NEWSLETTER

In Honor of

Dee Helsel

And her active life at the center!

Given by,
June Jones

In Memory of

Jeane Crider

Given by,
Gary & Deborah Schooley

In Memory of

Bill Dountz

On his birthday

Given by,
Martha Dountz

In Honor of

Chair Volleyball Players

*For your smiles, laughter &
encouragement*

Given by,
Virginia Russell

SPECIAL THANKS

**EXERCISE CLASS
DONATED A GRAND
TOTAL OF
\$276 DOLLARS
IN THE MONTH OF
NOVEMBER**

THANK YOU
for your generosity

In Memory or Honor of...

Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. THANK YOU.

Enclosed is my gift of \$ _____

In: Memory of: or Honor of:Occasion: Birthday Anniversary Other _____

Given by:

*Please make checks payable to the Pickaway Senior Center. Mail gift to:
Pickaway Senior Center • 2105 Chickasaw Drive • Circleville OH 43113*

Scan the QR Code to donate online



Please consider donating to The Pickaway Senior Center.

All donations go to help support the seniors of Pickaway County

Dues are \$10.00 per year per person. Thank You.
Renew your membership to ensure you continue to receive the newsletter.

NAME

ADDRESS

CITY/STATE/ZIP

EMAIL ADDRESS

TELEPHONE

BIRTH DATE

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$ _____

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113

Supporting Brain Health in Our Community

Presented by the Alzheimer's Association



Everyone deserves a life with the healthiest brain possible, and we can all take action to help protect our brain health. This program shares important information about brain-healthy actions we should all build into our routines to benefit our brains, including the U.S. POINTER recipe. It's never too early—or too late—to start prioritizing brain health.

This presentation helps everyone understand the science-backed steps we can take to support lifelong brain health.

**January 28th
1pm**

**Pickaway Senior Center
2105 Chickasaw Dr.
Circleville, OH 43113**

**To learn more contact the
ALZ Helpline 800.272.3900.**

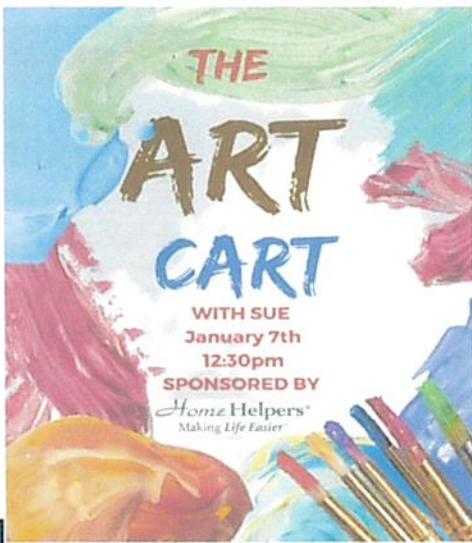
Visit alz.org/centralohio to explore additional education programs and support groups in your area.



PROMEDICA PRESENTS:



12:30PM EACH THURSDAY



**PLEASE JOIN US FOR
BIBLE STUDY
EVERY FRIDAY AT
10:15 AM**

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1ST, 2ND & 3RD MONDAYS
9am—1:30pm

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POST ACUTE**



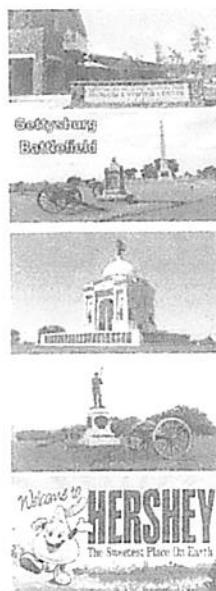
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\$175* per person
double occupancy

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- Overnight lodging en route home
- 2 Nights lodging
- 3 Breakfasts
- 2 Dinners
- Gettysburg Museum & Visitor Center
- Cyclorama Painting
- "A New Birth of Freedom" Film
- Historic Gettysburg Battlefields Tour
- Elkton Farm
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- Guided Tour of Hershey
- Souvenir gift
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- Motorcoach transportation

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FOR INFORMATION AND RESERVATIONS CONTACT:

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Holly Romine
2105 Chickasaw Dr.
Circleville, OH 43113
(740) 474-8831



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\$740*

5 Days 4 Nights
MON - FRI
Sep 28 - Oct 2
2026

Departure: Emmett Chapel United Methodist Church,
310 Tarlton Rd, Circleville, OH 43113

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: captivating, awe-inspiring Niagara Falls! This evening, you will have dinner and check into your Niagara Falls area hotel for a four night stay.

Day 2: Start the day with a Continental Breakfast before you begin a Guided Tour of the Niagara Falls area. Visit an engineering marvel, the Welland Shipping Canal and beautiful Queen Victoria Park - home of one of the world's largest floral clocks. You'll have dinner this evening at a local restaurant.

Day 3: Enjoy a Continental Breakfast before departing for a Guided Tour of the beautiful cosmopolitan city of Toronto, Ontario. You will also visit Toronto's majestic castle estate - Casa Loma. Later, you will dine at a local restaurant.

Day 4: Start the day with a Continental Breakfast before enjoying one of Niagara's most popular and breath-taking attractions, a boat ride with "Niagara City Cruises." Sail near the base of the Horseshoe Falls and enjoy a truly awe-inspiring view of the mighty Niagara. Then, you'll take a tour of historical Niagara-on-the-Lake, one of the prettiest towns in Canada and full of 19th century charm. Later, enjoy dinner and a visit to exciting Fallsview Casino and get in some gaming action before returning to your hotel.

Day 5: Enjoy a Continental Breakfast before departing for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

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See day 3 for how you'll make a positive impact

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2105 Chickasaw Dr.
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RETURN SERVICE REQUESTED

Current Resident



DON'T MISS OUT

Check out upcoming events and activities at the Center!

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DECEMBER STATISTICS

Transportation

48 people
277 transports
4360 miles

Adult Day Care

5 people
33 transports
457 miles

Hot Meals Delivered

6505 meals
6596 miles

Meals Served In Person

444 congregate meals

Commodities Disbursed

90 families served



Your donations are
VITAL to daily
Center operations!

Donations received by the
10th of the month are includ-
ed in the newsletter; those re-
ceived after 1/12 will be in-
cluded in the September
newsletter

Thank you!

