

Fayetteville Gastroenterology Associates
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(910) 323-5203

Split Dose Colonoscopy Prep with Clenpiq

This is the most important part of your colonoscopy.
A clean colon provides optimal evaluation.
If your colon is not clean, polyps and cancers may be missed.

This prep should not be refrigerated and does not need to be mixed. No water should be added.
The solution comes in 2 ready to drink bottles.

The Day Before Your Procedure _____

You will be on a clear liquid diet the entire day.
See the back of this page for specific instructions.

- ! At _____ take 4 Dulcolax tablets
- ! At _____ drink the first bottle of Clenpiq
 - o You should drink the 5-ounce bottle of solution within a few minutes
 - o Follow the solution with at least (5) 8-ounce cups of clear liquids from the approved list (a cup is included with the prep for easy measuring). This should be done over 2-3 hours. The more you drink the better you will feel and the better your prep will work. Use the table below to help keep track of your liquid intake.

8 oz.	8 oz.	8 oz.	8 oz.	8 oz.

The Day of Your Procedure _____

- ! At _____ drink the second bottle of Clenpiq
- ! Follow the solution with at least (3) 8-ounce cups of clear liquid over the next hour

8 oz.	8 oz.	8 oz.

You may continue liquids until _____.

If you have anything by mouth within 2 hours of your appointment, your procedure may be cancelled.

If you have any questions during normal business hours, please call _____ at _____.

If you need assistance after normal business hours
(after 4:30pm Monday-Thursday, 1pm on Friday, or on the weekend)
Please call (910) 323-5203 and press option 8 for the answering service.