



ACHIEVE A MORE YOUTHFUL APPEARANCE WITHOUT LOOKING “DONE”...

Plastic Surgery Tip-offs On The Red Carpet

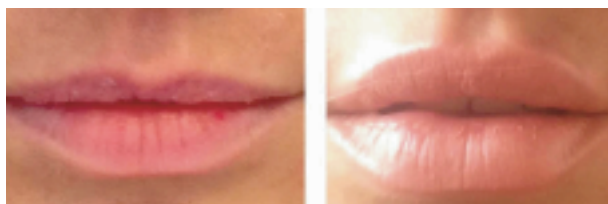
by **Tim Neavin, MD** Board Certified Plastic Surgeon
 Artisan Of Beauty Plastic Surgery Center in Beverly Hills

LA red carpet events are in full swing in a city where vanity is the rule. From awards shows and movie premiers to the most exclusive Hollywood after-parties... entertainment elite will be in their best form hair-to-toe! And, amid all the glitz and glamour, perfectly sculpted faces for the camera will most certainly fool even the most astute eyes. While it's easy to spot someone who took the surgical knife “too far” it's far more difficult and, sometimes almost impossible to identify good work by the hands of a skilled plastic surgeon. When it comes to injectables such as Botox, or fillers Restylane and Juvederm, subtle but significant changes are generally the goal. A solid understanding of aesthetic ideals and rules of beauty are paramount so they can be created (or recreated) as in the case of the aging face.

TIP-OFFS

too much gone too wrong

FROZEN FACE Syndrome: there is little to no animation of the forehead when someone speaks: **Botox, Xeomin, and Dysport** weaken the muscles of the forehead and around the eyes to reduce wrinkles generated by regional muscles. The eyebrows are usually animated in conversation and serve as emotional barcodes to facilitate communication. When you see a favorite actor win an Oscar or wave from a red carpet with a face of expectance, it's not because they aren't surprised... it's because they just can't raise their eyebrows.



before

after

1 week after 1cc Restylane to upper and lower lips. If the natural subunits of the lip & proportions are appreciated and enhanced, the results can look very natural.
www.ARTISIANofBEAUTY.com Tim Neavin, MD

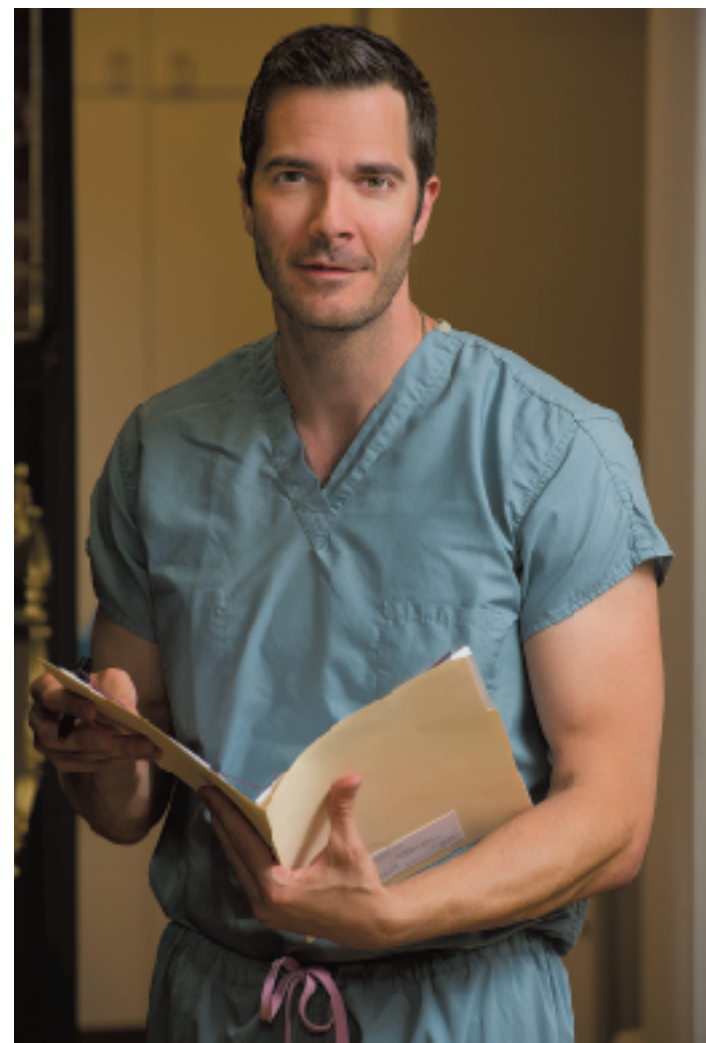
TROUT POUT: We've seen it, but what causes it? Natural subunits of the lip must be respected if they are to be augmented with fillers. Trout pout is a result of disproportionate

product injected into upper and lower lips (usually too much in upper compared to lower), and injected too close to the corners of the mouth. Beautiful lips follow simple rules: The lower lip should be up to 50% fuller than the upper. And most of the pout should be on the peaks of the two “butts” on the bottom lip, adjacent to the two points of cupid's bow. If your doc strays from this approach you can kiss beautiful lips goodbye.

BIG... I mean BIG CHEEKS: Full cheeks are the hallmark of youth and beauty. As we age, fat loss in this region imparts a tired or aged face. Addition of volume such as fat or injectables is a quick and easy way to erase years off a face. However, full cheeks can also generate an artificial look when it's a patchwork job — when ONLY the cheek is addressed. The cheeks connect to the temples, and ignoring the temples with a substantial (ie. overdone) cheek enhancement can create a peanut head (probably not the precise medical term, but bear with me). Similarly, heavily injected lips or filling under the eyes without softening the laugh lines with volume may make the modification imbalanced.

WIND-TUNNEL FACE: Facelifts can be the most powerful rejuvenating procedure known to plastic surgeons. While the idea is to improve skin laxity, simply pulling the skin doesn't make someone look better. The idea behind a natural looking facelift is to redistribute the volume (fat) under the skin to recreate a fuller upper third of the face, and to “re-drape” — not pull, the skin over this new internal architecture. Often, fat is added to the cheeks and temples to restore a heart shaped face of youth (and avoid “the peanut head”). Brow lifts and eyelid bag removals often accompany a facelift for balance, and laser resurfacing reduces wrinkle and skin discoloration.

In a spirit of awards season, allow my 5th tip-off to honor the cinematic masterpiece, *The Princess Bride*. “Wesley, what about the R O U S's?”, asks Princess Buttercup in the Fire Swamp. “Rodents of Unusual Size? I don't think they exist”, remarks Wesley before he is jumped by a disgusting, overgrown hairy beast. While we may not find any ROUS's on the red carpet, there will be no shortage of BOUS's or Breasts of Unusual Sizes and, maybe a booty or two. Even advanced bras offer only so much magic or “illusion” to the naked eye (pun intended). Breasts too big and too perky to be natural often aren't. But, I can assure you there are more women on the red carpet donning surgically enhanced bosoms than you think. But my lips are sealed. **BHT**



Artisan Of Beauty Plastic Surgery
 9615 Brighton Way, STE 303 Beverly Hills, CA 90210
 310.858.8811 www.ARTISIANofBEAUTY.com
 Artisan No-Scar Hair Transplant Center
www.ArtisanHairTransplant.com
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