



Position Title: Mental Health Therapist for school-based health clinic

Reports to: Mental Health Director

Required Qualifications:

- Master's degree from a CSWE (Council on Social Work Education)-accredited social work program, CACREP (Council for Accredited Counseling Related Education Programs), or CAMPP (Council of applied masters programs in psychology)-affiliated psychology program
- Texas license (or license-eligible) at the Licensed Clinical Social Worker (LCSW) level, Licensed Master's Social Worker (LMSW), Licensed Professional Counselor (LPC), Licensed Professional Counselor (LPC-Intern), Licensed Marriage and Family Therapist (LMFT), Licensed Psychology Associate.
- Training and experience working with children, adolescents, and their families.
- Knowledge of physical, cognitive, emotional, and social development of children/adolescents

Preferred Qualifications:

- Therapists who write and speak fluent Spanish are especially encouraged to apply and can expect additional pay.

Ideal Candidate:

Teen Health is searching for a therapist who takes a strengths-based approach to care, thereby recognizing the potential in all children. This therapist will address both individual-level and system-level factors linked to youth development and mental health using evidence-based strategies. The therapist will appreciate that real, transformative change occurs through the bridging of expertise and resources. As such, this employee will welcome opportunities to collaborate with our medical team, other therapists, school staff, and partner agencies. The successful candidate will show an appreciation for diversity, inclusion, and equity, and as such display a sense of cultural humility in their approach to care and collaboration with partners. The ideal candidate will be dedicated and dependable, driven to meet the needs of patients and the community rather than by the simple punching in and out of a timeclock. At the same time, he/she/they will appreciate the generous leave inherent in a school-based position that follows the school schedule (except summers). Finally, the successful candidate will be one who realizes that in order to best care for our patient population, we must all continue to evolve as mental health professionals. Thus, the therapist will demonstrate coachability and a growth mindset.

Responsibilities:

- Provide quality mental health services to students referred to the agency with mental health issues. Therapist works with the Mental Health Director, Medical Director, and Executive Director to ensure that quality services are provided.
- Conduct thorough initial assessments with children/adolescents and their families to determine diagnostic impressions and make treatment plans. Initial assessments should include 1) gathering background history, 2) collecting information regarding the presenting problem, and

3) administering appropriate assessments that are within the provider's level of training (e.g., behavior rating scales).

- As needed, perform crisis management (e.g., assess and determine suicide risk, make appropriate referral, and document accordingly).
- Conduct evidenced-based psychotherapy techniques with children/ adolescents and their families presenting with a wide variety of psychological disorders, (e.g., ADHD, behavioral disorders, mood disorders, anxiety disorders, and autistic spectrum disorders) and/or with psychological issues related to pediatric/adolescent health issues.
- Conduct evidenced-based therapeutic and/or educational groups for students or parents when indicated and approved by the Mental Health Program Director. Groups could be intervention or prevention based with topics varying from healthy relationships, substance abuse, anger management, adolescent-related issues, depression.
- Consult and provide feedback to referring providers in timely manner.
- Work collaboratively with school staff and medical staff for the betterment of patient care.
- Adhere to all agency policies and procedures, including maintaining client confidentiality at all times and good documentation practices (i.e., notes completed within 72 hours of patient contact that include appropriate amount of detail for practice and billing purposes).
- Attend weekly mental health team meetings to discuss patient referrals, clinic procedures, etc.
- As directed by the mental health director, work with students/residents who at times may shadow provider in sessions.
- Maintain a caseload of 25 patient hours/per week.

Special Requirements:

- Maintain licensing at all times. The agency Executive Director and Mental Health Director must be notified immediately if there is any change in licensing conditions.
- Maintain professional liability insurance at all times.

For more information or to apply for the position, please contact apply@teenhealthcenter.org.