

Trauma Processing Group

When

Tuesdays
1:30–3:00pm
6/22–8/10

Where

Paws for Reflection Ranch
5431 Montgomery Rd
Midlothian, TX 76065

Cost

\$240

Led by

Sara Krischke, UNT Intern, Supervised by Elissa Jeter, LPC
Lauran Castania, Turleton Intern, Supervised by Elissa Jeter, LPC

Questions

Email: Interns.pawsranch@att.net

Paws for Reflection Ranch is now offering a summer group for women ages 18 & up who have experienced domestic violence, sexual trauma, and/or sexual abuse. This 8-week trauma processing and skill-building group aims to incorporate mindfulness and grounding techniques and containment and self-care skills into the therapeutic process. This group hopes to provide its members with a safe space to explore and process their trauma stories while simultaneously providing an environment to support and connect with other group members.

CALL US: 972.775.8966