

Fitness Assistant

Location	Fitness Services
Type	Part-Time; Full-Time
Hours	Varies 20-30 hours/week base with possibility of Full-Time; some mornings and/or mid-day and/or nights, and an occasional Saturday
Reporting	Taylor Worman, Fitness Services Director

General Statement of Duties

Fitness Forum Sports & Wellness is looking for a qualified, motivated, and energized Fitness Assistant who can work on our Fitness Floor. The Fitness Assistant uses specialized educational experience and training combined with independent judgment to ensure quality in all areas of the Fitness Floor, including but not limited to, exercise prescription and program design, fitness testing, customer service, cleanliness of fitness floor and equipment, and other Fitness Floor and/or departmental initiatives. The Fitness Assistant reports to the Fitness Director.

Job Qualifications

Education / Training	<ul style="list-style-type: none"> * B.S. in Exercise Science, Kinesiology, Exercise Physiology, or Physical Education preferred but Associate's Degree in above fields accepted. * Certified Personal Trainer or Certified Exercise Physiologist preferred but not required * CPR/AED Certification within 90 days
Experience / Other	<ul style="list-style-type: none"> * 1-3 years preferred but not required * Previous experience with fitness assessments * MUST have a flexible schedule

How to Apply

Send resume to HR@fitnessforum.biz. Include a cover letter outlining the position applied for and your preferred method of contact. **NO PHONE CALLS PLEASE**