

NFHS 2017 Football Exam Part 1 (No Answers)

1. It is recommended that goal lines be marked in a color that contrasts with other field markings.
 - a. True
 - b. False

2. Illegal participation fouls by the receiving team occurring during the kick are now enforced under post-scrimmage kick fouls.
 - a. True
 - b. False

3. Defensive players are restricted from contacting the ball or the snapper's hand(s) or arm(s) until the snapper has released the ball.
 - a. True
 - b. False

4. A foul is a result imposed by rule against a team or team member that has committed a penalty.
 - a. True
 - b. False

5. After the ball goes out of bounds, the clock always starts with the ready-for-play.
 - a. True
 - b. False

6. Possession of a live ball in the opponent's end zone is always a safety.
 - a. True
 - b. False

7. Ball-colored helmets are legal player equipment.
 - a. True
 - b. False

8. A coach who has been disqualified may not have further direct or indirect contact with his/her team during the remainder of the game.

a. True

b. False

9. If there is an inadvertent whistle during a forward pass, but prior to the whistle A commits pass interference, the down is replayed if the penalty is accepted.

a. True

b. False

10. If touching causes the ball to become dead, securing possession of the ball has no significance.

a. True

b. False

11. It is a touchdown for A when a live ball in A1's possession breaks the vertical plane of B's goal line.

a. True

b. False

12. All fouls by A during the down are enforced from the basic spot.

a. True

b. False

13. A signal to end a period shall be sounded when time expires (clock indicates 0:00) during the down.

a. True

b. False

14. At the time the ball is kicked, at least four K players must be on each side of the kicker.

a. True

b. False

15. A back may not wear a jersey with a number 50 through 79.

a. True

b. False

16. The referee shall have the authority to correct the number of the next down prior to the ball becoming live after a new series of downs is awarded and prior to the declaration of the end of any period.

- a. True
- b. False

17. A clock will start with the ready-for-play following a television time-out.

- a. True
- b. False

18. A backward pass out of bounds is an illegal pass.

- a. True
- b. False

19. When the ball is loose following an illegal kick, it does not retain the same status as prior to the illegal kick.

- a. True
- b. False

20. A defensive player shall not:

- a. Use his hands to add momentum to the charge of a teammate who is on the line of scrimmage.
- b. Use his hands or arms to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent other than the runner.
- c. Contact an eligible receiver who is no longer a potential blocker.
- d. Any of the above.

21. A false start is always a dead-ball foul.

- a. True
- b. False

22. A backward pass is a pass thrown with its initial direction parallel with or toward the runner's end line.

- a. True
- b. False

23. The batting of a pass, kick or fumble in flight is not considered a new force for judging whether a touchback or safety results.

a. True

b. False

24. If a free kick is repeated due to a foul, the clock shall start when the free kick is touched, other than first touching by K.

a. True

b. False

25. If runner A1, who is beyond the neutral zone, tosses the ball forward, he has thrown an illegal forward pass.

a. True

b. False

26. Only one receiver may give a signal for a fair catch while any legal kick is in flight.

a. True

b. False

27. An unofficial auxiliary down indicator may be used, but it must be operated approximately 2 yards outside the sideline (except in stadiums where the total playing enclosure does not permit) opposite the official line-to-gain and down indicators.

a. True

b. False

28. A scrimmage kick recovered in or behind the neutral zone may be advanced by K or R, unless it is during a try.

a. True

b. False

29. A player may be withdrawn and re-entered legally during the same dead-ball interval if the period ends during the dead-ball interval.

a. True

b. False

30. A pass thrown backward out of bounds to stop the clock is an illegal pass.

a. True

b. False

31. A free kick may be made after a fair catch.

- a. True
- b. False

32. A pop-up kick is a free kick in which the kicker drives the ball immediately into the ground, the ball strikes the ground once and goes into the air in the manner of a ball kicked directly off the tee.

- a. True
- b. False

33. No player or non-player shall:

- a. Hurdle an opponent.
- b. Throw a helmet to trip an opponent.
- c. Initiate illegal helmet contact.
- d. Any of the above.
- e. None of the above.

34. A drop kick or place kick may be used following a safety.

- a. True
- b. False

35. Free-kick lines are always 10 yards apart.

- a. True
- b. False

36. On kicks entering R's end zone, the determination of force dictates whether it is a touchback or a safety.

- a. True
- b. False

37. The ball may contain only the following permissible items:

- a. Ball manufacturer's name and/or logo.
- b. School name, logo and/or mascot.
- c. State association name and/or logos.
- d. Any of the above.
- e. None of the above.

38. A dead ball may become live only by a legal snap or free kick.

a. True

b. False

39. Following a foul, a series of downs ends when:

a. The acceptance of the penalty includes the award of a first down.

b. Acceptance or declination of any penalty leaves A in possession beyond the line-to-gain.

c. Any of the above.

d. None of the above.

40. Following a change of possession, if an inadvertent whistle is sounded, the down must be replayed.

a. True

b. False

41. It is a foul for non-contact face guarding on a forward pass.

a. True

b. False

42. It is not a foul if A1 immediately returns to the field and makes a block after being blocked or pushed out of bounds by B1.

a. True

b. False

43. No player or non-player shall make any other contact with an opponent, including a defenseless player, which is deemed unnecessary or excessive and which incites roughness.

a. True

b. False

44. A fumble is the touching of a loose ball by a player in an unsuccessful attempt to secure possession.

a. True

b. False

45. The referee is the final judge as to the legality of the ball.

a. True

b. False

46. An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.

- a. True
- b. False

47. The clock shall start with the snap, if the clock was stopped because of an inadvertent whistle.

- a. True
- b. False

48. It is a safety if A1 retreats into A's end zone and fumbles the ball beyond the end line.

- a. True
- b. False

49. A kick ends as soon as R1 touches the kick.

- a. True
- b. False

50. The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.

- a. True
- b. False

51. Member state associations may determine the game official who is to accompany the referee during the required pre-game meeting with each head coach.

- a. True
- b. False

52. It is a field goal even if part of the ball passes through the line of the upright extended.

- a. True
- b. False

53. After the ball becomes dead and it appears that the ball may have reached the line-to-gain, the covering official shall stop the clock.

- a. True
- b. False

54. The NFHS disapproves of any form of taunting that is intended or designed to embarrass, ridicule or demean others under any circumstances.

- a. True
- b. False

55. A period shall not be extended by an untimed down if, during a down in which time expires, a foul occurs for which enforcement, by rule, results in a safety.

- a. True
- b. False

56. A ball without any stripes is legal for use if both coaches agree to use it.

- a. True
- b. False

57. Effective 2021, the jerseys of the home team shall be a dark color that clearly contrasts to white.

- a. True
- b. False

58. Football gloves are required to meet either the new SFIA specification or the existing NOCSAE standard at the time of manufacture.

- a. True
- b. False

59. First touching applies to K only.

- a. True
- b . False

60. A multiple foul is one or more live-ball fouls by each team resulting in offsetting penalties.

- a. True
- b. False

61. After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for:

- a. An apparently injured player who is so designated when the request is made.
- b. Necessary repair to player equipment except as in 3-5-10d.
- c. The review of a possible misapplication or misinterpretation of a rule.
- d. Any of the above.

62. If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.

- a. True
- b. False

63. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.

- a. True
- b. False

64. K's free-kick line after a safety and no penalty is the _____.

- a. 35-yard line
- b. 30-yard line
- c. 25-yard line
- d. 20-yard line

65. The top of the crossbar on the goal post shall be _____ above the ground, measured from the base of each upright to the top of the crossbar at the intersection, or at each end of the crossbar perpendicular to the ground when a single pedestal is used.

- a. 8 feet
- b. 10 feet
- c. 12 feet
- d. 14 feet

66. Face tackling is an act by any player who initiates contact against an opponent at the shoulders or below with the crown (top portion) of his helmet.

- a. True
- b. False

67. Replaced players shall begin to leave the field within three seconds.

- a. True
- b. False

68. If K1 is first to touch a free kick between the free-kick lines, such touching is ignored.

- a. True
- b. False

69. Clipping in the free-blocking zone is illegal.

- a. True
- b. False

70. When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.

- a. True
- b. False

71. It is a touchdown for A if A1 fumbles into B's end zone and A2 is the last to touch the ball prior to its going out of bounds beyond the end line.

- a. True
- b. False

72. No player or non-player shall execute a blindside block outside of the free-blocking zone with forceful contact unless initiated with open hands.

- a. True
- b. False

73. If K's blocked punt strikes the ground and is then forced into K's end zone by R2 and recovered there by R3, it is a touchback.

- a. True
- b. False

74. An official's time-out can be called for unusual heat or humidity situations.

- a. True
- b. False

75. Illegal participation can be a non-player foul.

- a. True
- b. False

76. A player in the act of or just after throwing a pass, is not considered a defenseless player.

- a. True
- b. False

77. Completely clear or completely white tooth and mouth protectors are legal.

- a. True
- b. False

78. Blocking is obstructing an opponent by contacting him with any part of the blocker's body.

- a. True
- b. False

79. If a double foul occurs during a down in which time expires, the period is ended.

- a. True
- b. False

80. Giving an invalid fair-catch signal carries a 15-yard penalty.

- a. True
- b. False

81. Grasping the tooth and mouth protector attached to the face mask is not a foul.

- a. True
- b. False

82. Illegal helmet contact may not be judged a flagrant act by the game official.

- a. True
- b. False

83. A block against an opponent, other than the runner, who does not see the blocker approaching is:

- a. Chop Block
- b. Interlocked Blocking
- c. Blindside Block
- d. Spearing

84. If a low scrimmage kick is touched by R1 in the neutral zone, kick-catching interference restrictions have ended and no fair catch can be made.

- a. True
- b. False

85. A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.

- a. True
- b. False

86. When a try is replayed, the snap may be from any point between the hash marks on the yard line through the spot of the ball.

- a. True
- b. False

87. Enforcement provisions apply to all player fouls.

- a. True
- b. False

88. If K1's field-goal attempt deflects off K2's shoulder while he is in the expanded neutral zone, no goal is scored even if the ball passes between the uprights and above the crossbar.

- a. True
- b. False

89. Helping the runner carries a 15-yard penalty.

- a. True
- b. False

90. A forward pass has gone beyond the neutral zone if at any time during the pass, some part of the ball is beyond the neutral zone.
- a. True
 - b. False
91. The enforcement spot for any foul by the defense is the _____ when the run ends in the end zone and would result in a safety.
- a. 10-yard line
 - b. 5-yard line
 - c. 3-yard line
 - d. goal line
92. After a safety, unless moved by a penalty, R's free-kick line is K's 30-yard line.
- a. True
 - b. False
93. A free kick which goes out of bounds belongs to the kicking team.
- a. True
 - b. False
94. If a touchdown is scored during the last down of the fourth period, the try shall not be attempted unless the point(s) would affect the outcome of the game or playoff qualifying.
- a. True
 - b. False
95. The period shall be extended if, during a down in which time expires, B1 commits an unsportsmanlike foul and the penalty is accepted.
- a. True
 - b. False
96. Penalties for dead-ball fouls are enforced separately and in the order in which they occurred.
- a. True
 - b. False

97. A down is action which starts with a legal snap or a free kick and ends when the ball next becomes dead.

- a. True
- b. False

98. The pylon when properly placed on the goal line is out of bounds at the intersection of the sideline and goal-line extended.

- a. True
- b. False

99. The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is _____.

- a. loss of 5 yards and loss of down
- b. loss of 5 yards and no loss of down.
- c. loss of 10 yards and loss of down
- d. loss of 10 yards and no loss of down

100. A scrimmage kick recovered in or behind the neutral zone may not be advanced by K or R.

- a. True
- b. False