

In late 2009, my neurosurgeon sent me to Dr. Sanders due to dizziness when bending over or moving quickly. After careful examination, a battery of tests were performed, including a hearing test. I was diagnosed with BPPV. Audiologist Bratton did the canalith repositioning treatment that caused the crystals to fall back in place. My dizziness subsided. I had several sessions of physical therapy. Audiologist Bratton fitted me with a much needed hearing aid.

On April 10, 2012, I suddenly became very dizzy with blurred vision. I was unable to walk safely. My general practitioner sent me to Dr. Sanders and he found the vestibular nerve inflamed. Prednisone was prescribed. I had six weeks of physical therapy for balance with Stephanie Ford, PT. I was instructed to continue daily balance exercises to help re-train my brain. It is vital for me to do these exercises the remainder of my life.

The beauty of the balance treatments for me is that I do not have to take daily medications, I only do 15 to 20 minutes of balance and visual exercises.

Dr. Sanders and his staff have helped me to continue life as a normal 80 year old for which I am very grateful!

Camilla Goode