

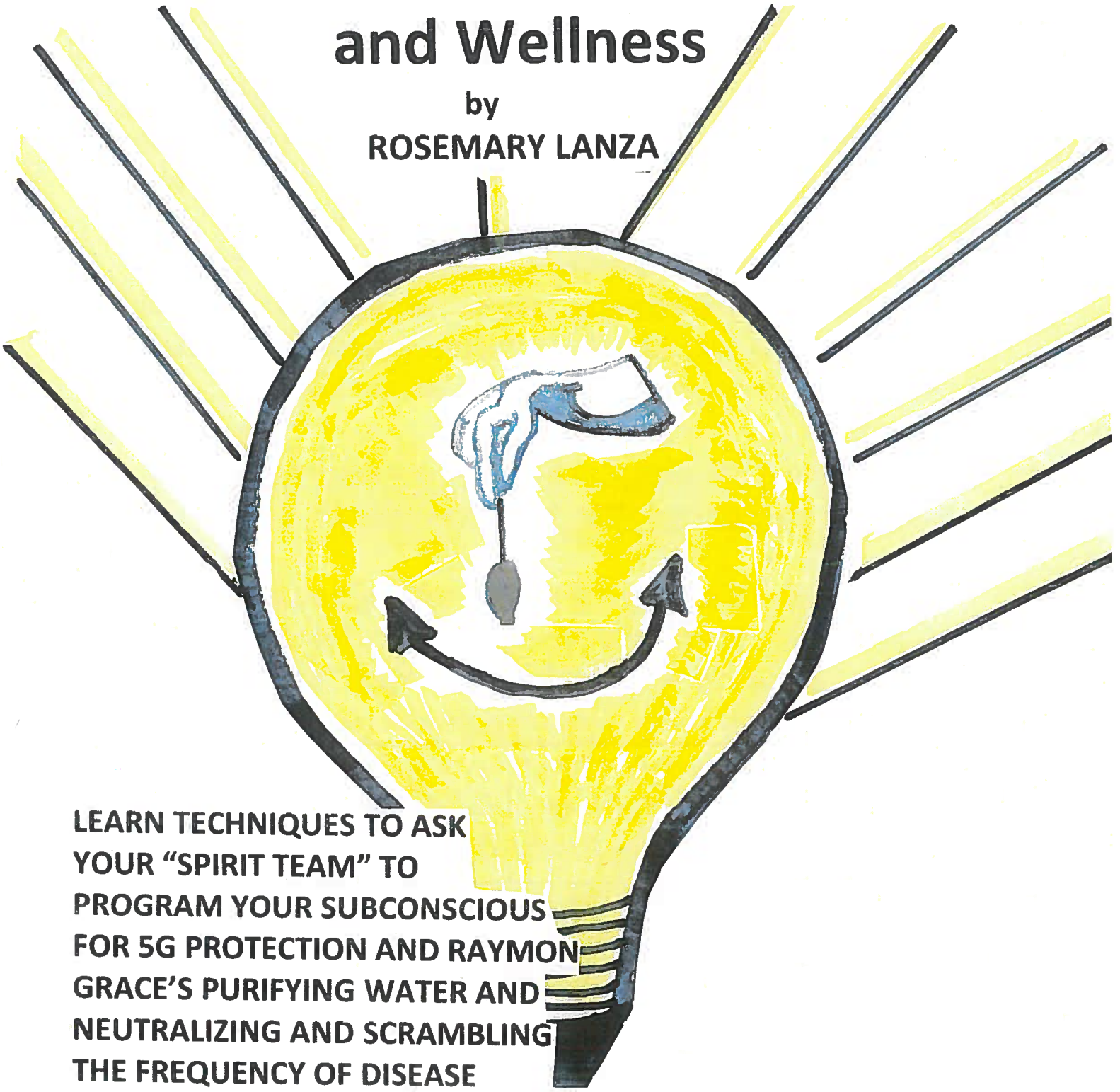
GET YOUR ANSWERS

NOW !!!

Learn dowsing for Decision Making and Wellness

by

ROSEMARY LANZA



LEARN TECHNIQUES TO ASK
YOUR "SPIRIT TEAM" TO
PROGRAM YOUR SUBCONSCIOUS
FOR 5G PROTECTION AND RAYMON
GRACE'S PURIFYING WATER AND
NEUTRALIZING AND SCRAMBLING
THE FREQUENCY OF DISEASE

GET YOUR ANSWERS NOW!!!

Learn Dowsing for Decision Making and Wellness

By Rosemary Lanza, April 2020

Rosemary080@aol.com, (put "dowsing" in subject)

Rosemary zero 8 zero@aol.com

Copyright © 2020 by Rosemary Lanza

All rights reserved. This booklet or my previous booklets with the same title may be printed and used for personal use by the person after payment receiving the PDF version . Any part may not be reproduced/repackaged and resold in any manner whatsoever without the express written permission of the author. Permission has been granted either verbally or written by Carmen Hironimus, Hannas Herb Shop, Raymon Grace and Jeanne Gehringer, whose words and or books I have referenced.

To purchase the digital or hard copy version of this booklet, see instructions after Resources section.

My heartfelt thanks and gratitude to Jesus, my archangels and Guides, spirit team and dowsing system, all the dowsers from the American Society of Dowsers for over 28 years, also Hanna Kroeger, (who first taught me dowsing), Walt Woods and especially, Raymon Grace, who I have taken classes and continuously used his books, DVDs and watched his YouTube videos. My special thanks to my primary care doctor who lets me dowse in his office and my chiropractor, a special friend, who muscle tests for physical problems and nutrition and, my friend, Jackie for editing this booklet.

DISCLAIMER

The techniques and supplements in this booklet that **I have used for many years** are not meant to diagnose, treat, cure or prevent any disease. Consult with your healthcare professional before adding or changing anything in your healthcare program. It is advised that appropriate and competent medical treatment be sought if deemed necessary. Neither the author nor anyone connected to this booklet or this presentation or anyone named within these pages dispenses medical advice and assumes no responsibility for any results received by the reader or heard in this presentation.

There are toxins in our air, water and food and currently our bodies are bombarded with 5G electromagnetic frequencies and the corona virus pandemic. Even though there is new research and many new supplements being made daily, it is difficult to know what is right for your body, especially if you have food sensitivities and allergies that you may not know you have, or your body cannot process too many ingredients in one pill/capsule. By checking with your healthcare provider, searching the internet and YouTube, you can learn what is available. Learning to dowse will help you decide what is right for your life, health and wellness.

LEARNING TO DOWSE

My intention in writing and presenting this booklet is that everyone learn to dowse. If you learned to ride a bike or drive a car, you can learn to dowse. It just takes practice. In dowsing you are connecting to your higher self. To learn more about how dowsing works, I recommend you read Hanna Kroeger's book, THE PENDULUM BOOK, www.hannasherbshop.com. She explains vibration/energy, science and bible quotes referring to dowsing. It will give you knowledge of dowsing and alleviate any concerns you may have that dowsing is "from the devil". Dowsing is like muscle testing that you can do for yourself. Hannas' Herb Shop has books and natural remedies for HPV, human papillomavirus, parasites and many other diseases.

I have been a member of the American Society of Dowsters (ASD) for over 28 yrs and facilitator of the Alamo Chapter for over 8 years. New members who attended meetings were given a short version of this booklet to learn dowsing.

To start you need a pendulum. This could be locket on a chain, or just a simple paperclip or bead on a thread or chain. Pendulums can be purchased for under \$15 at www.dowsters.org American Society of dowsters (ASD) website.

1. **Find your quiet space**; it is suggested you be in a quiet place, alert, focused and present, not distracted by others, TV, phone or other noise. When dowsing correctly all brain wave states connect at the same time.

2. **Ground yourself**; sit in a comfortable chair with your upper body and back straight so that your energy can flow freely. Let your feet make good contact with the floor (do not cross them). Breathe and calm yourself.

purchased on his website at www.RaymonGrace.us and www.RaymonGraceprojects.com.

6. How to install a Program; After you can make your pendulum move by the questions you ask, you want to program your consciousness/higher self to obtain answers from all the highest sources available. The ASD has used Walt Woods' book, LETTER TO ROBIN-A mini-course in Pendulum Dowsing, as their "bible" to teach dowsing. You can read or download it for free at <https://lettertorobin.wordpress.com>. It is written in English, French, German, Italian, Spanish. I have basically used the Walt Woods' "Primary Program" on pages 4 and 5. To purchase Walt Woods' LETTER TO ROBIN or his other books, contact his publisher, carmen@carmenhironimus.com

To install this program into your subconscious, simply move your pendulum swinging vertically, "yes" while saying OUT LOUD the following program:

Primary Program is to be continually in effect until I choose to make changes.

Covering the overall primary controls, limits, agreements and dowsing responses.

The Purpose is to determine amounts, effects, conditions, circumstances, influences, times, measurements, distances, numbers, percentages and other requested areas.

Communications and Support is to be inter-cooperative and restricted to my Superconscious, Spirit, Higher Self, My Awareness, Mind Systems, Subconscious and related systems and all other levels of my Total Being and their approved Spirit

Guides/Guardian Angels, helpers and other chosen by me or any of the above.

Influences such as misleading thoughts, imaging, wishes, or any other conditions or methods by any source, physical or non-physical of any kind, are not to take control of any of my systems or affect me adversely or cause incorrect dowsing answers without my permission.

Time as related to dowsing is to be in my perceived time unless otherwise requested.

Answers are to be selected from all available knowledge and information sources.

The Method of Answering by the pendulum or any dowsing systems is to be: General, swinging or moving to “yes”, “no” or other information indicating the most appropriate answer for the question asked, or other information methods or systems.

Temporary Changes may be made by me while dowsing, reverting back after use.

Program Changes like adding, deleting or changing may be made by me. **End of Program, Thank you.**

When you are finished, ask: “Have I installed the Primary Program into my subconscious?” If the pendulum swings vertically, “yes”, it is installed. If not, repeat until it is installed.

In the pages of his book LETTER TO ROBIN, Walt Woods lists many other programs that are important for you to program into your subconscious. The May I, Can I, Should I Program, is used before you dowse. Raymon Grace uses: “Does it work? Will it help?”

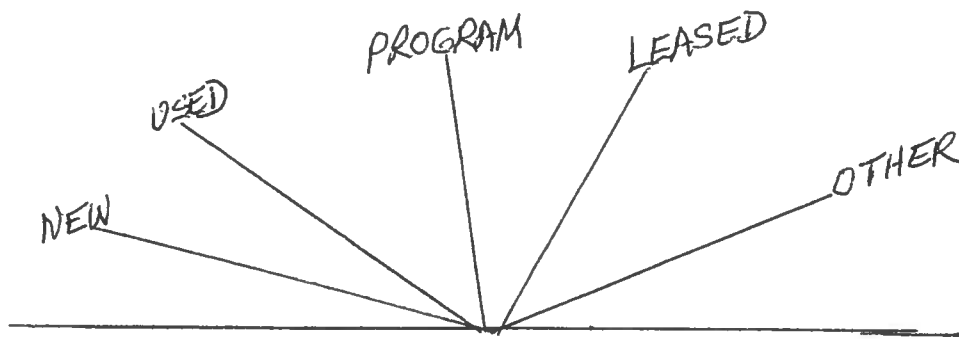
I am including the “ Substance Program” (food, etc.) and the “Noxious Energies Program” (wifi, 5G, etc.) which I have added to in this booklet because they are of primary importance now.

After you get really good at moving the pendulum yes and no, then you can start with asking questions and using a chart. When I dowse I always say **“ALL THINGS CONSIDERED”** because after practice you can tell the pendulum to move in any direction or to stop. This is another reason why I say **ALL THINGS CONSIDERED** to clear my conscious mind to give me the correct answer to my dowsing questions, not what my mind wants. Because of this I don’t dowse for other people in front of them, as the pendulum will swing to what they want since I got myself clear. Of course, you can also ask, “Is this answer 100% correct for the question I am dowsing about OR in percentage points according to cosmic consciousness how accurate is this answer?”

DECISION MAKING DOWSING

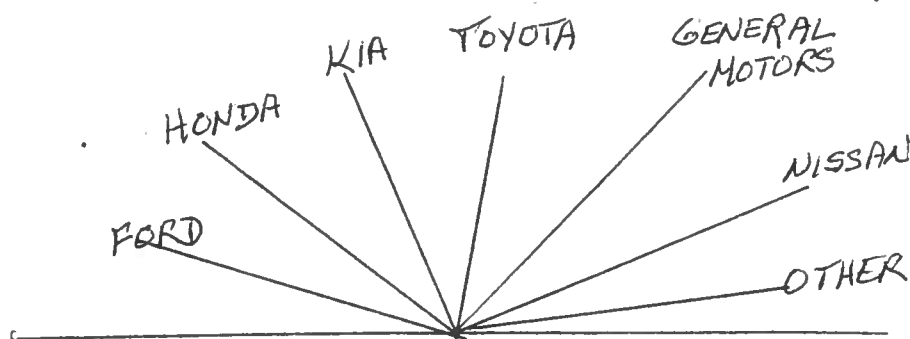
Let’s check out the charts at the end of this booklet that I have made that I use regularly and then let’s dowse for buying a car, truck or SUV, so that you get the idea how to problem solve this issue and how to use charts and the half wheel with spokes methods. You can only ask one question at a time.

First we will dowse for whether you should buy a new, used or program car (under 3,000 mileage). To set that up on the example below, you must always include “other” on one of the spokes as you don’t know all the options. If your pendulum goes to “other”, think about other options.



After it is set up you would ask: "What is it in my best financial interest to do (**all things considered**), regarding purchasing a car?" Put your pendulum at the center where all the spokes come together, ask the question and see where the pendulum moves. Most people will find that their pendulum will move in the direction of one of the options. It helps to circle the answer to remember later. You can also dowse for what is in your best interest financially, spiritually, mentally, emotionally, etc.

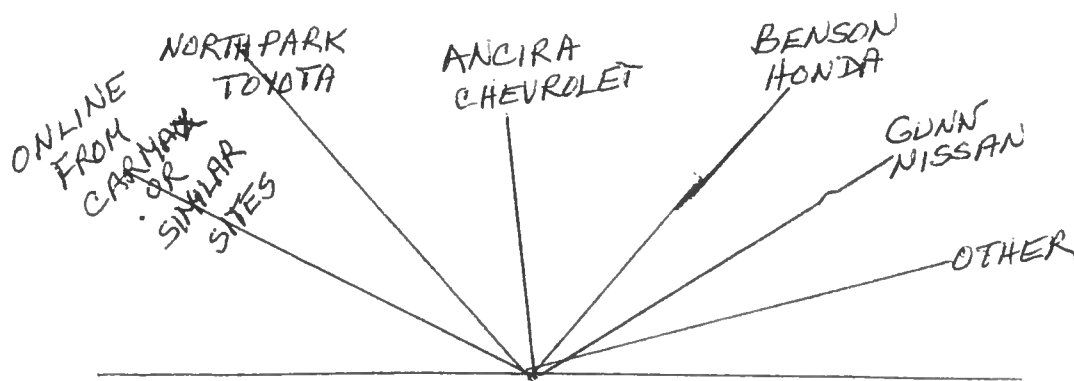
So now that we have our answer above, let's find out what make of car would it be in our best interest to buy. So then list different makes of cars and put the word "other" always on one of the spokes.



We then put our pendulum at the center where all the spokes meet and ask the question: "What make of car would it be in my best interest to purchase (**all things considered**)?" Circle the answer.

So now our next question might be: "When should I purchase the car?" See the MONTH AND YEAR CHART for this answer and mark it down.

After you find out when you should buy it, you can then find out where you should buy it. Set up your spokes with the car dealers in your area that sell that make of car that you dowsed for, again always listing "other" on one of the spokes. Now you can buy a car online so this can be on one of your spokes or included if you should buy online from a dealer or one of the new online sites.



You can even go farther and find out the names of the sales people and dowse which one will be honest and give you the best deal. When I bought my current Nissan I did the dowsing in September. My dowsing said I should buy it the following January and I should buy a program car. All sorts of things might happen even a week later which could change your answer, e.g. you might have a friend or a friend of a friend

that has a used car with low mileage in the make you want that is selling. You might get a raise or change jobs that would make it easier to buy a new/program car rather than a used one. This is why I always put “**ALL THINGS CONSIDERED**” when I’m asking questions I don’t always know all the answers right away. Also people sell all kinds of used items on the internet. You might ask, “Is the product in good working order? Is the price fair? Is it worth my time, gas, etc. to drive several miles to pick up this item? Dowsing alleviates stress from all the decisions we have to make every day, it has saved me lots of time and money. Some examples are: dowsing for the best way to travel in weather; where to shop for Christmas gifts for my grandchildren

DOWSING FOR WELLNESS

As we have been told, it is important to support our gut microbiome by taking probiotics. I used to tell my students to take probiotics daily in 2012. I saw this student at a workshop 2-3 yrs later and he told me he had not been sick since taking daily probiotics even though he worked in a hospital. I have been taking Natures Sunshine, Probiotics Eleven for years, but now there are so many available.

5G

Everyone is concerned about 5G, wifi, etc. Walt Woods’ in his book, LETTER TO ROBIN, (ASD’s bible) has a **Noxious Energies Program**. To install it, repeat the program OUT LOUD while swinging the pendulum vertically “yes”. I have adapted it and added parts of Jeanne Gehringer’s **Basic shielding** for protection at the end. For extensive, comprehensive

protection protocols send Jeanne an email at mjeanne@zianet.com .

Noxious Energies Program is to become part of and work with all my dowsing programs or agreements, and to be continually in effect until I choose to make changes. The term “**Noxious Energies**” unless otherwise requested, is to mean: Any form of energy, condition, zone or situation that is or could adversely affect any aspect of (my) total being in a harmful, disrupting or interfering way, by exceeding (my) healing or defensive mechanisms. **It is to include**, but is not limited to the effects from any magnetic or electromagnetic energies from zero to all frequencies; alpha, beta, gamma and sonic energies; the influences from fractures or faults and underground water or electrical lines ; all man-made, earth or cosmic energies; gases, mind, psychic and spiritual influences. I ask my dowsing system to affect the noxious energies in such a way that they will no longer have a negative effect on me, my plants, animals, equipment and not to cause additional harm to other persons, plants, animals or **Mother Earth**.

(From Jeanne Gehringer) I ask that my dowsing system create a mental sphere of divine white light and divine love from my center which continuously encapsulates all aspects of myself in any time, dimension or reality. This shielding provides permanent impenetrable protection and shielding from all non-beneficial and noxious energies stated above and/or undesirable effects or influences. End of program. Thank you.

You can ask “Is the Noxious Energies Program installed into my subconscious/total being? If “no”repeat.

COBALT BLUE

A long time ago when I lived in Michigan and went to the Tri-County Dowzers conference, I learned that the color Cobalt blue could be used to prevent any harmful (non-beneficial) energy from coming into your home. After they dowsed for the entry, a large piece of cobalt blue material was placed over that spot and dowsing showed the energy was blocked from coming in. I have taught dowsing at an Edgar Cayce Conference here in Texas and put a piece of cobalt blue duct tape around the cord just after the plug of a small fan and blocked the electrical energy from affecting people sitting in it's range. All the plugs in my home have cobalt blue tape obtained from Walmart.

WATER

We need pure water to survive. Raymon Grace's foundation is dedicated to solving the water issues in our world. Purchase his DVD, "Energize Water" and playing this DVD will energize water in your entire home. He does prefer that we take his techniques and do it for ourselves. Raymon has taught this technique to thousands in the United States and around the world.

RAYMON GRACE ENERGIZE WATER TECHNIQUE

Energize Your Water

Initiate moving your pendulum in a **counter clockwise (CCW)** swing to scramble the frequency by saying:

“Scramble the frequency of all chemical, biological and radiological pollutants, and the frequency of all negative memories in the water and adjust to the frequency of pure water.”

When the pendulum stops continue saying:

(CCW) “Neutralize all curses on the water and land.”

Now initiate moving your pendulum in a **clockwise** motion and say:

“Transform all negative thought forms into pure water.”

Next, ask for a yes or no answer to the following question: **“Does this bottle of water have the “Spirit of Water?”** If no, do next step.

Initiate pendulum swing in a **counter clockwise (CCW)** direction,

“Neutralize the spirit of parasites, viruses or other creatures, deactivate their life force and scramble their frequency to the frequency of pure water.”

Invite the **“Spirit of Water.”** Swing clockwise, **“Spirit of water, please enter this container of water and raise the energy of the water to the highest appropriate level.”**

Important last step: Swing **Clockwise**, **“Put the intent into the water that it will energize all water it comes in contact with.**

Putting a few drops of the **“energized water”** into another container of water will energize it.

Raymon’s Affirmations to use with energized water for
“Changing Beliefs”

Each of Raymon's suggested affirmations are packed with necessary information for Changing Beliefs. Please use **"Energized"** water that you made above. Do not use tap water, unless you place a drop or two of your energized water into it. His website is www.raymongrace.us to purchase his "Energize Water" DVD and his **Techniques That Work For Me** book. Use clockwise swing.

- 1. I create an energy field around me that transforms all non-beneficial or detrimental energies sent to me into the most appropriate energy needed at this time.**
- 2. My body absorbs appropriate nutrients of all food and drink that I consume. I maintain my ideal size and weight.**
- 3. I am aware of all attempts to adversely manipulate my mind. My mind rejects all harmful subliminal messages.**
- 4. I attract to me people, events and energy to enhance prosperity and fun. I deserve prosperity, joy, happiness, love and fun (add what you desire).**
- 5. I repel all people and energies that are detrimental to me.**

ANY DISEASE

Raymon Grace in his book, **TECHNIQUES THAT WORK FOR ME, a Mini-Course in Energy Management for Improving Your Life**, on p. 17 has stated "We have discovered that diseases have a spirit and a life force. Pain and disease can be measured in percentage. You can ask, **"What percentage of pain, harmful bacteria, virus, cancer, etc. is in (my) body?"**

"Here is the way I do it." (CCW) swing.

"Banish the spirit of the disease from all levels of the person's existence. Then de-activate the life force of the disease. Then

scramble the frequency of the disease and adjust to the person's ideal body frequency—or you can adjust it to the frequency of pure water.”

- In this **sample**, I have adapted Raymon Grace's and Jeanne Gehringer's words. (CCW) swing. "I ask all my heavenly spirits (Jesus, angels, archangels, guides, adding your own) my dowsing system and spirit team to neutralize the spirit of the any and all viruses (including all strains of the corona virus, and COVID-19) from all levels of my body's existence, de-activate it's life force, scramble it's frequency and adjust it to my body's ideal frequency. Clockwise swing. (From Jeanne Gehringer) I ask that a permanent impenetrable protection and shielding be placed around all levels of my body's existence, shielding me from any non-beneficial and/or undesirable effects or influences. I ask also that a cloak filled with divine light, divine love and the sacred geometry of the Flower of Life be placed around me permanently shielding me from any and all viruses (including all strains of the corona virus, and COVID-19). Thank you.

Send Jeanne an email for her comprehensive COVID-19 and other protection protocols. mjeanne@zianet.com

- **In Hanna Kroeger's workshop she told us: To get rid of a virus, you look in your eyes in front of a mirror and you yell: (corona virus, etc) "GET OUT OF MY BODY NOW!" (several times) You can dowse before and after you do this with, "On a scale of 0%-100% how**

much of the corona is in all levels of my body ----
remaining in my system?"

FOOD/SUBSTANCE

All of us are concerned with what food, and supplements are best for us and are priced within our budget. I have a lot of food sensitivities and allergies and dowsing helps me choose what's best for my body. Please review the charts that are being provided at the end of this booklet.

I program the substance program for food from LETTER TO ROBIN and say it OUT LOUD with my pendulum swinging "yes":

Substance Program is to become part of and work with all my dowsing programs or agreements, and to be continually in effect until I choose to make changes. **The term "substance"** is to mean any material, including food, drink, medications, etc. which I deliberately put in or on my body. This is with respect to any and all aspects of (my) total being. The dowsing results are to be in effects (Effects- Normal, Mild, Strong, etc. End of program. **See the +yes and -no chart.**

I have copied and cut out the plus-minus-yes-no chart, laminated it and keep it in my purse to use when I'm not at home. You can use the Yes as 1-10 or 10 to 100. you can also use your hand starting with "0" at the base of your thumb, "10" is at the top of your thumb, etc. to the base of your little finger "100".

Now, even super markets are selling supplements. Bring your pendulum or I sometimes use my keys to dowse at the supermarket for: "On a scale of 0 -100 how much benefit will I obtain from taking _____ brand of Vitamin C?"; "If I take

this brand on a scale of 0-100 how much will it harm me?" I ask: Will all the supplements I take work together to increase my health/wellness?" "Which one of these spinach containers is the freshest or will last the longest?"; "Is this organic chicken fresh (or spoiled?)".

BODY DOWSING

We can body dowse for "**substances**", simply stand with your feet comfortably apart, hold the "**substance**" close to your heart if possible, and ask: "Am I sensitive to this substance?" If the answer is "yes", your body will start to move forward. If the answer is "no", your body will start to move backward.

NATURAL AND HOMEOPATHIC REMEDIES

(Consult with your healthcare professionals and do your own research on the internet and on YouTube)

EmergenC

EmergenC are drink packets that come in different flavors in a box of 30, that you mix with water.(about \$12 drug stores and supermarkets) Each packet contains 1000 mg. Vitamin C, antioxidants, B vitamins & electrolytes. "Daily Immune Support". They also make an **Energy** and an **Immune support** containing Vitamin D. I learned about EmergenC before it came on the shelves from another dowser. He stated that you should also dowse for the integrity of the company that is making the supplement. If I start to sneeze during the day I take one packet in a bottle of water and then take another packet before

I go to bed and I will be fine the next day. I douse everyday to see if my body needs it.

Bach Flower Rescue Remedy and Rescue Energy

I CARRY BACH FLOWER RESCUE REMEDY by Dr. Edward

Bach WITH ME ALL THE TIME. Rescue Remedy is used for stress or anxiety. Examples are: exams, funerals, interviews for jobs, performing, public speaking. My personal experience using Rescue Remedy is: I have suffered migraine headaches since the age of 7. Now I realize they were triggered by food sensitivities. Rescue Remedy usually works on my migraine and most stress headaches in 10 minutes. Rescue Remedy has also helped by removing cramps after eating at a restaurant, and calmed my friend when she was in an accident.

I ALSO CARRY RESCUE ENERGY WITH ME ALL THE TIME.

Rescue energy will make you alert and focused in minutes. Students, teachers and people who drive for a living will find this very useful.

These 2 Bach Flower remedies are amazing!

Here is how I take them:

I have taken both Rescue Remedy and Rescue energy the same way.

Take 2 sprays under the tongue and one minute later take 2

more sprays. Usually this is all I need, but you can take more and as often as you need. I have put some in water and sipped it throughout the day in stressful situations, or when I didn't sleep and have brain fog. You can obtain both Rescue Remedy and Rescue Energy on www.Amazon.com for around \$15 or less each or at health food stores.

Aloe Vera Juice

Aloe Vera Juice is for acid reflux or gastric digestive problems. I had severe problems, so I took 2 ozs. with or without 2 ozs. Cranberry juice before meals and 6-8 ozs. before bedtime. My reflux was gone, digestive issues subsided and I felt better. (I used Fruit of the Earth brand Aloe Vera Juice around \$10 gallon.)

Boiron Homeopathics

(Ck their website, www.boiron.com for a booklet with their remedies and specific uses) (Most vials under \$10 on www.Amazon.com)

Optic 1 Eye Drops for dry, irritated eyes. It comes in vials without preservatives. Most preservatives in products may not be good for you. My chiropractor muscle tested me and advised that the following preservative disrupts my autonomic nervous system 10 minutes after I used a product with Benzalkonium Chloride as a preservative. It is found in eye and ear drop products and may also be in cold remedies.

Other Boiron products I've used are:

Arnica (available in various strengths, cream or pellets and liquid) for injuries, bruises. I have used the 1M when I had back surgery and I still use it for back problems.

Hypericum perforatum for any pain related to nerve issues

Interstate Industries, Inc, dba Hemi-Sync

<https://hemi-sync.com>

I first used the hemi-sync tapes, now CD's, when I took the Gateway Voyage program at the Monroe Institute.

www.monroeinstitute.org These CD's **synchronize the right and left brain and put a code in your brain so that you no longer need to use the CD.** I also was able to use their **Stroke Series, Lung Maintenance and Remembrance** tapes, after doctor order, when I worked in acute care at a hospital as an occupational therapist. These tapes helped bring two teenage boys out of comas after an automobile accident; helped patients get off the "vent"; and helped patients recover from stroke. I have used their **Pain, Restorative Sleep** and their **Guide to Serenity** CDs. Ear phones are used. Do not drive while using these CD's and if you are taking medication for mental issues, you need to check to make sure you can use them. Ck out their YouTube site for Health & Wellness, Relaxation and Restore Your Energy meditations. Awesome!

RBCLife Sciences, www.RBCLife.com

PhiSciences, www.phisciences.com

When I was a member of RBCLife Sciences (used to be called Royal Body Care (My #13170)) about 20 years ago, Dr. Patrick Flanagan came out with **Microhydrin**. One pill was equal to 10,000 glasses of organic orange juice, and was marketed as the most powerful antioxidant on the planet. (I believe it still is.) You needed to drink 8 oz of pure water with it as it needed that much water for all the negative hydrogen ions to assimilate into your system. It went into your system and

changed all the free radical cells back into normal. It also “unclumped” all your cells and made little halos around each cell so it could absorb all the nutrients. It also thinned your blood somewhat. We were told if you got a spider or snake bite and you took **Microhydrin** right away, you wouldn’t die.

Initially, to test it’s effectiveness, they took a pinprick of blood before you took one pill and put it under the microscope. Then 30 minutes after you took the pill, they again took a pinprick and put it under the microscope. What a difference! When my blood was under the microscope, it wiggled when someone told a joke and I laughed. I have the tape of this, but you can go on Dr. Patrick Flanagan’s site or YouTube and type **Megahydrate** and see this. Dr. Flanagan left RBC and went on his own, PhiSciences and named his product **Megahydrate** because he also included Crystal Energy you put in water to hydrate your cells. If I have to have blood drawn, I wouldn’t take the pill that morning. I have just taken two pills a day separated by 6+ hours for 20 years. But you could take it more often if you are sick. **Everyone should check with your healthcare provider, especially if you are taking blood thinners or other medication. I just take supplements and thyroid medication.**

Grounding

When I was younger, I used to walk around barefoot receiving the healing energy of the earth in my body. Now I wear shoes with rubber soles, live in the city and don’t make the time to enjoy walking barefoot. Grounding supplies, mat or sheets that have a wire that you plug into the grounding

spot in your wall outlet allows our body to heal. Grounding book, info and supplies are on www.amazon.com

Blind Dowsing

Blind Dowsing is a technique that I use if an issue is important, confusing or personal. Instead of using the half wheel with spokes where you can see the options, I put the options on small pieces of paper, fold them up and place them in a semi-circle and then dowse asking my question.

RESOURCES

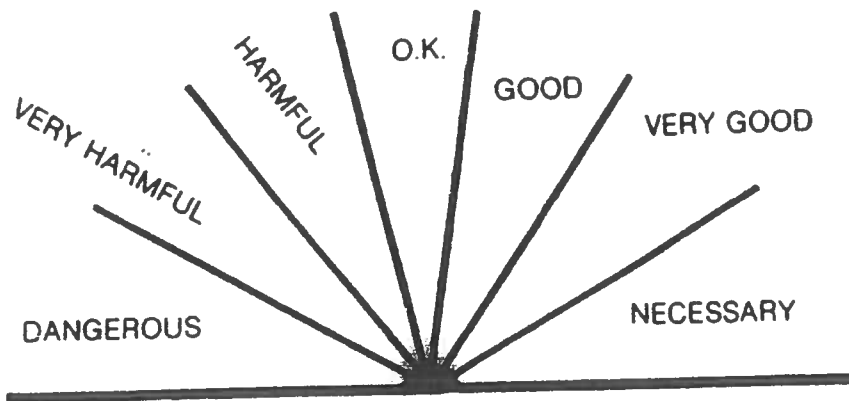
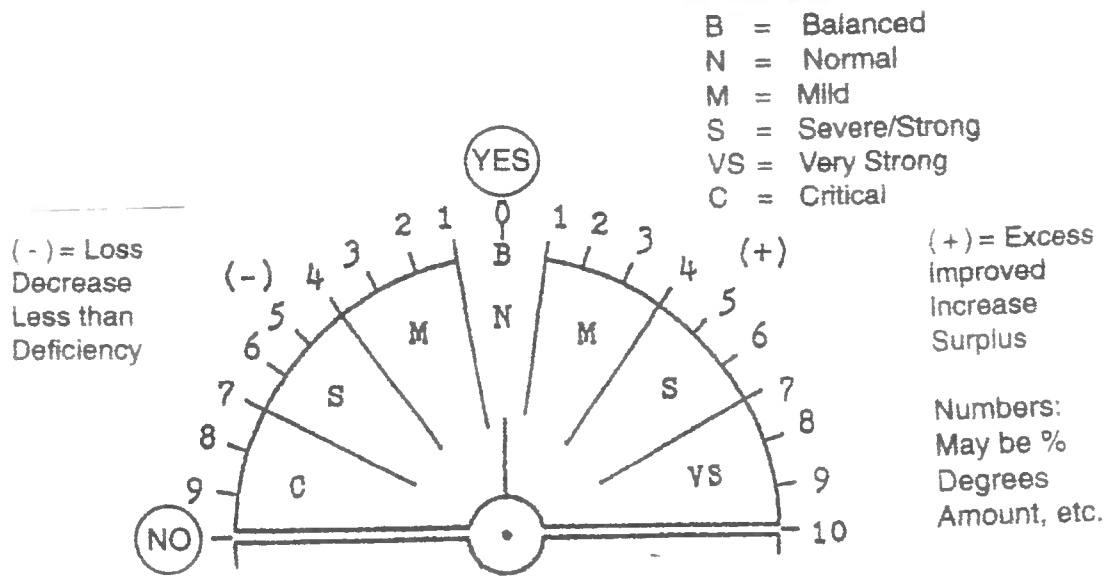
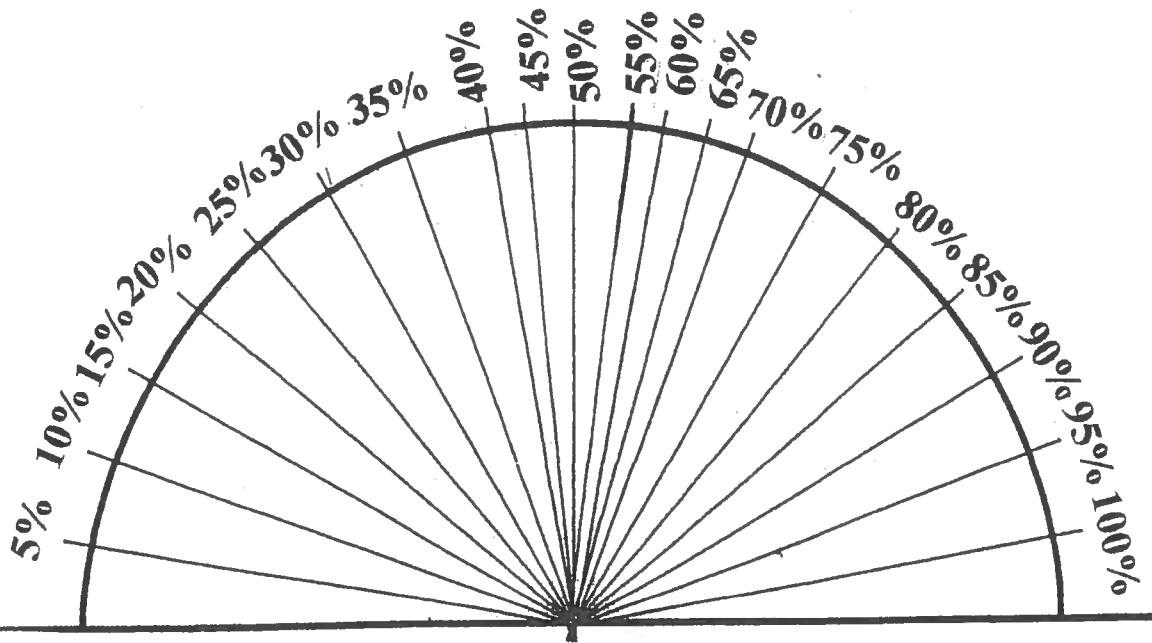
1. THE PENDULUM BOOK by Hanna Kroeger, www.Hannasherbshop.com _\$5 on her website.
2. LETTER TO ROBIN, A Mini-Course in Pendulum Dowsing, by Walt Woods, <https://lettertorobin.wordpress.com> (FREE read and download) or purchase from his publisher, carmen@carmenhironimus.com. \$5 or \$2 each for 25 books
3. TECHNIQUES THAT WORK FOR ME, a Mini-Course in Energy Management for Improving Your Life, by Raymon Grace, Books, DVDs and YouTube videos. www.RaymonGrace.us \$15
4. SOLVING PROBLEMS WITH DOWSING, A Book for New Dowzers, by Henry Dowser, www.amazon.com \$14.91 Henry Dowser in his book listed above has many samples of personal programs you can install to improve your life.

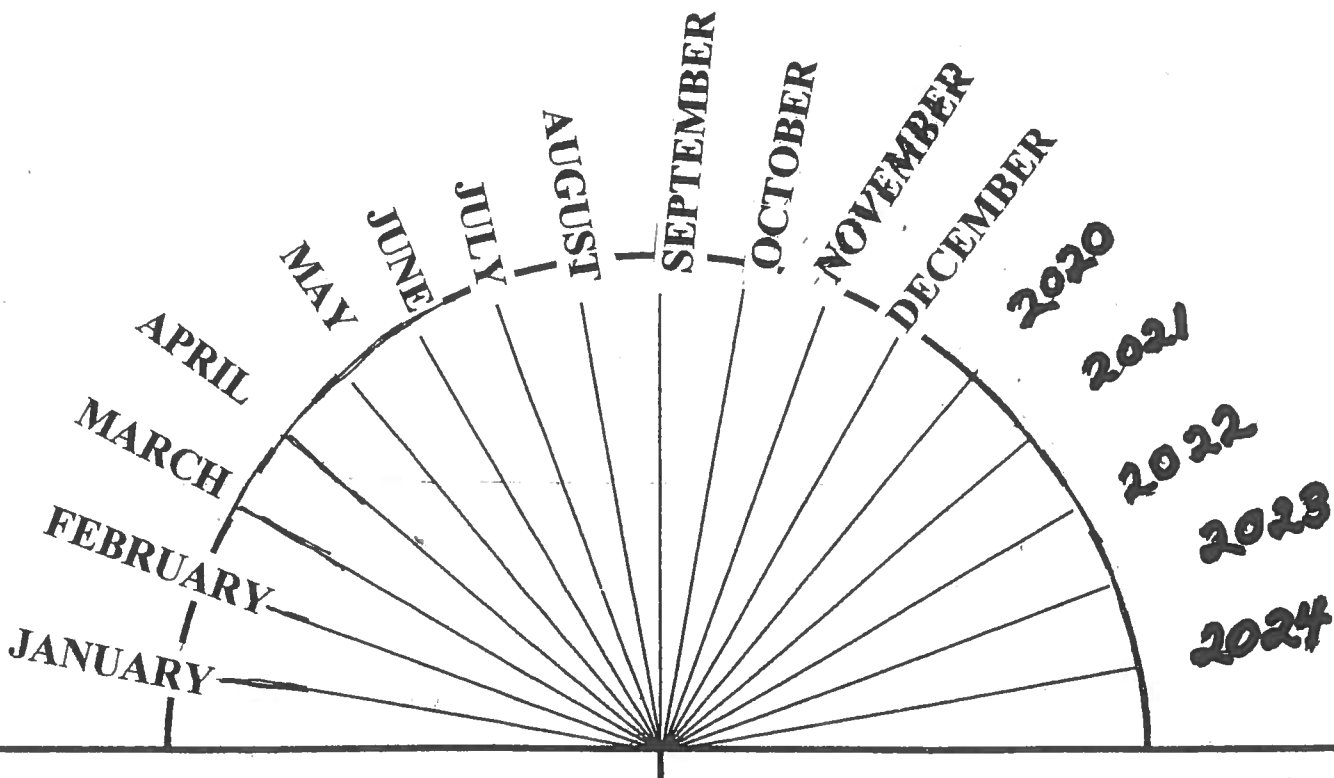
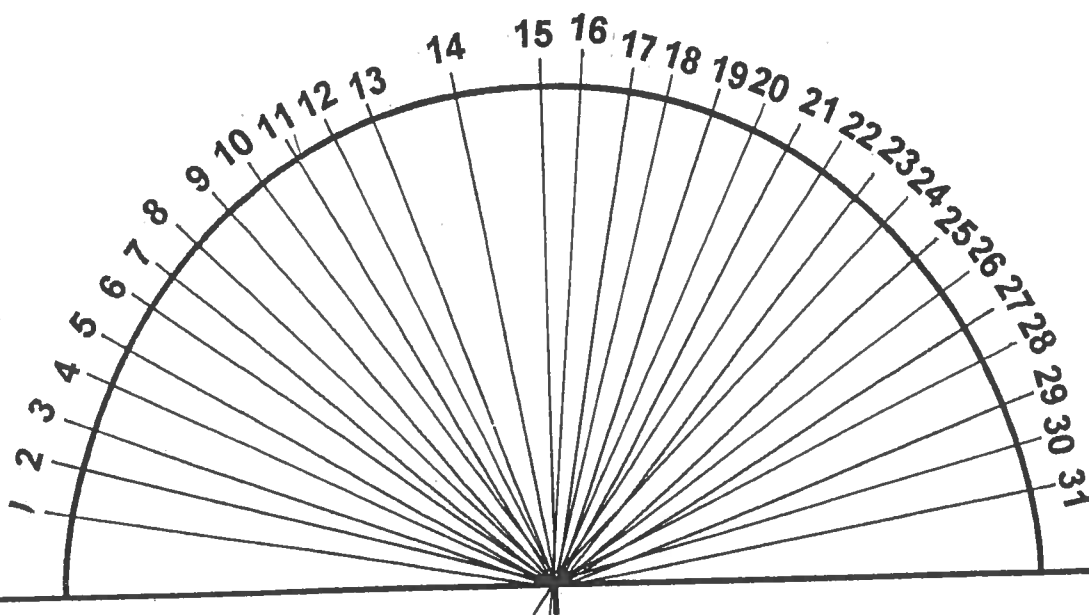
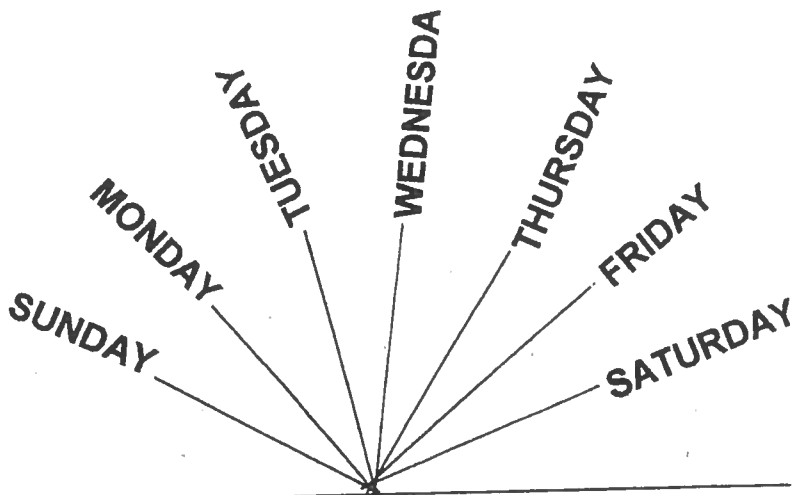
5. Dale Olson, many dowsing chart books on www.amazon.com His latest has 50 charts on various topics. I used his blank chart to make some of my charts.
6. Jeanne Gehringer, COVID-19 and Basic Shielding Protocols, Send her an email. mjeanne@zianet.com
7. [InterState Industries, Inc., www.hemi-sync.com](http://www.hemi-sync.com) CD's that synchronize the right and left brain. (around \$20 each) They have many online and Monroe Institute has online classes.
8. RBCLife Sciences, www.rbclife.com Microhydrin and other supplements
9. PhiSciences, Dr. Patrick Flanagan, www.phisciences.com Megahydrate and other supplements and products.
10. Nick and Jessica Ortner, www.thetappingsolution.com Emotional Freedom Techniques to change and remove patterns by just tapping on meridian points. FREE Tapping solutions for PTSD, and all problems and issues. You can also purchase books and copies of the recent 12th World Tapping Summit. I taught this technique to my students and one student who was having excessive sweating under the arms came to me after class. You first ask yourself from 1-10 how severe the situation is. We did one round of the tapping and he could feel that this issue was resolved. Keep tapping until you reach 0. Miracles!

To donate or PURCHASE A COPY OF THIS BOOKLET for \$5, GO TO www.paypal.com , CLICK ON "Send Money" then on "Transfer Money", then "Friend" type in my email: Rosemary080@aol.com Fill out the form with your bank info. Make sure your email is included. After paypal notifies me, I will email this booklet to you.

If you wish to purchase my booklet by sending me a check, the booklet will cost \$15 for printing and shipping. Send me an email at Rosemary080@aol.com (Rosemary zero 8 zero @aol.com) and put "dowsing" in the subject. I will send you the address to send your check. If you have any questions, send me an email with "dowsing " in the subject.

3 pages of charts follow







About the Author

Rosemary is the leader of the Alamo Chapter of the American Society of Dowsers in San Antonio. They are now transitioning to be an online chapter. Rosemary spent 40 years as an Occupational Therapist, the last 5 years of that teaching the Occupational Therapy Assistant program at St. Phillip's College and one year as Director of that program. She's been dowsing for 28 years and is also trained in Neurolinguistic Programming (NLP), hypnotherapy, and Reiki, Level I. Rosemary has also taken The Gateway Voyage training from the Monroe Institute where she was a member of their Dolphin Energy group.

When she was born she had a lactose problem and only survived with goat's milk and bananas. Throughout her life, she has always sought more natural ways to maintain health and wellness, by seeking natural healthcare practitioners, taking supplements, having colonics, doing foot baths, etc., etc.

For many years her intention has always been that everyone learn to dowse as she feels that nutrition plays a huge part in wellness and learning dowsing can help you find your food sensitivities, allergies and what supplements will help maintain wellness.

