



Community Education
PO Box 1010
Eastland TX, 76448
Phone: 254-629-3223
www.eastlandcrisis.org
E-mail:
education@eastlandcrisis.org



Dear Medical Professional:

Your participation and voice are vital in the making a difference in the lives of domestic violence victims. Women who discussed domestic violence with their healthcare provider were **4 times more likely** to leave the abusive relationship and yet **75% of women** surveyed reported not being screened for domestic violence. Together we can help raise awareness, prevent more violence, and possibly save a life.

According to a recent survey of 1,000 women done by More Magazine and the Verizon Foundation:

- * Approximately **44%** had experienced domestic violence in their relationships.
- * **81%** of those that had experienced the abuse reported chronic ongoing diseases compared to 62% of those that hadn't been abused.
- * Abuse victims were **twice as likely** to report having health issues such as heart disease, stroke, arthritis, diabetes, migraines, and insomnia.

While the reason for the higher reports of chronic disease among abuse victims has not been identified, research suggests it is a combination of lack of medical and financial resources throughout the abuse period as well as the stress of staying in a constant or regular prolonged state of fight or flight.

This **October**, the Crime Victim Assistance Center would like your voice to join ours in helping recognizing and assisting victims of domestic violence. Some of the ways your health organization could participate are:

- * **Online:** Link up with the CVAC online on Facebook, Twitter, or Instagram and/or join the #HCADV Day October 11th by sharing the social media posts made available throughout the day!
- * **Training:** How to recognize the signs of domestic violence and how to respond to a victim of domestic violence
- * **Informational Materials:** Reproduce or request free copies of the included brochure & poster for your office space, bathrooms, or exam area (Additional wooden nickels available free of charge upon request)

For more information on how you can participate or to schedule a free training program on domestic violence for your staff or administrators, please give me a call or send me an email. I would love to work with you to make our community safer and healthier for all.

-Gena Camacho
Crime Victim Assistance Center
Community Educator & Volunteer Coordinator
254-629-3223
education@eastlandcrisis.org



#HCADV
#WECARE

Have you talked with her about what's happening at home?

**Approximately 1 in 3 women
and 1 in 7 men experience
domestic violence in their
lifetime.**

**Even if the abuse isn't
physical, domestic violence
victims can have higher
instances of certain chronic
diseases*.**

**Your doctor has partnered
with the Eastland County
Crime Victim Assistance
Center to help you and your
family be safer & healthier.**

If you or someone you know is experiencing domestic violence, talk to your doctor about your options or call the Eastland County Crime Victim Assistance Center at 254-629-3223.

Advocates are available 24 hours a day.



*According to a 2013 survey by More Magazine & the Verizon Foundation

Our Goal

- To decrease the impact of domestic violence and sexual assault on primary and secondary victims.
- To present information and support to victims and their families that allows them to make choices that are most appropriate for his/her own needs.
- To recognize limitations in the services offered by our agency and take responsibilities in working closely with referral agencies for effective management of victims and their families.
- To promote stabilization and emotional health.



Our Mission

To provide services designed to meet the physical, social, and emotional needs of domestic violence and sexual assault victims by providing immediate, short, and long-term assistance.

If you or someone you know needs help

Eastland County

Cisco PD.....254-442-1770
Eastland PD.....254-629-1700
Gorman PD.....254-734-2317
Ranger PD.....254-647-3232
Rising Star PD.....254-643-4261
Eastland Co. Sheriff.....254-629-1774
Eastland Mem. Hospital.....254-629-2601
District Attorney.....254-629-2659
Children's Advocacy Center...254-629-8229

Other Important Numbers

Child/Elder Abuse Hotline.....800-252-5400
Runaway Hotline.....800-392-3352
Teen Dating Abuse Hotline...866-331-9474
Texas Council on Family Violence:
Hotline.....800-799-7233
Legal.....800-374-4673
Texas Association Against Sexual Assault:
RAINN Hotline800-656-HOPE



Advocacy for Survivors of Domestic Violence and Sexual Assault

Eastland Office
(254) 629-3223
24 Hour Hotline
(888) 686-3222

www.eastlandcrisis.org

Office Hours

8:00 - 12:00, 1:00 - 5:00 Mon. - Fri.

Community Based 501(c)3 Organization

We Offer

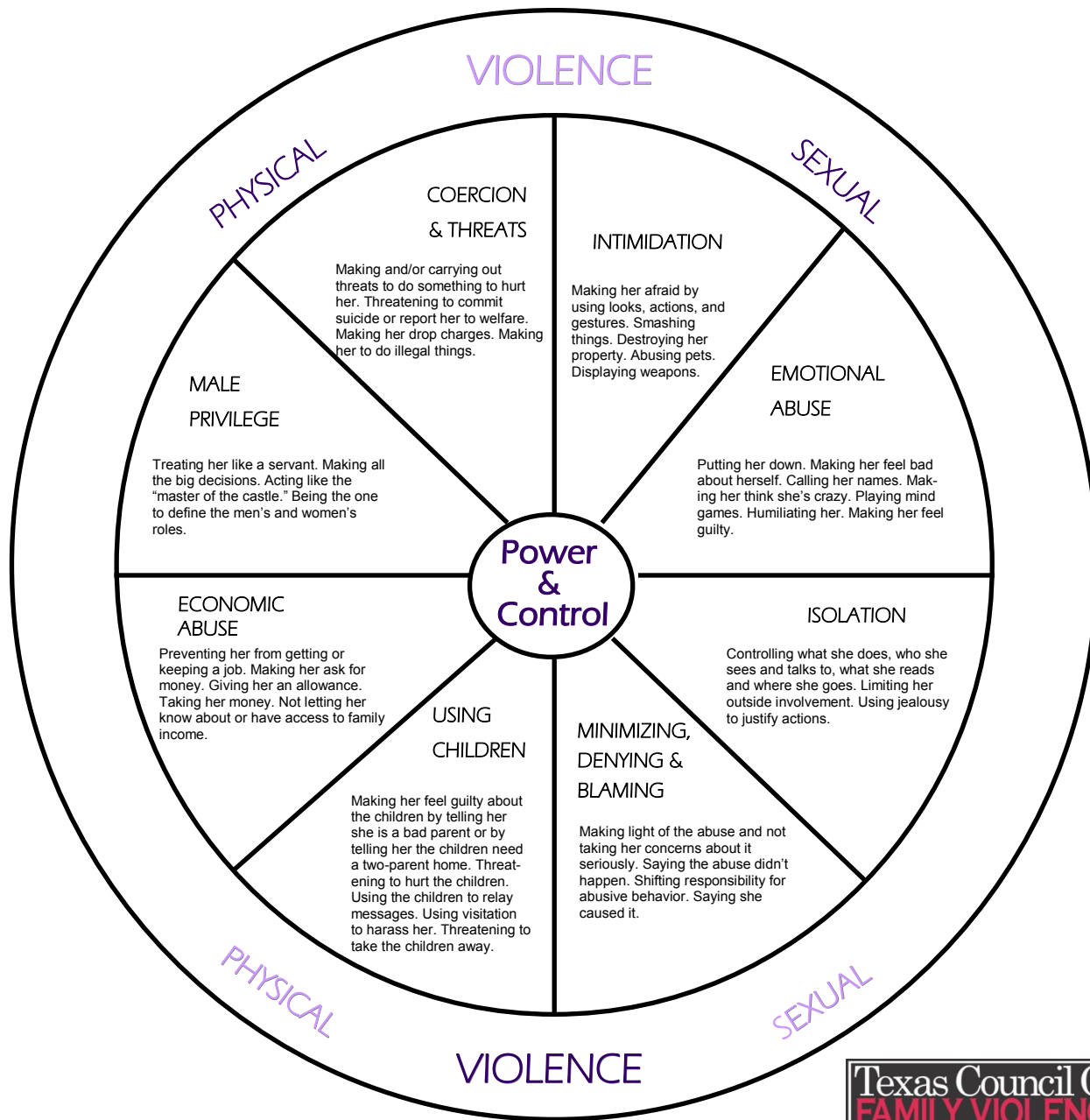
- 24 Hour crisis intervention and response hotline: (888) 686-3222.
- Counseling, confidential crisis intervention, safety planning, and support to victims of violence.
- Transportation to shelters.
- Accompaniment and/or transportation to social service agencies.
- Referrals to service agencies, county and statewide.
- Assistance and accompaniment throughout the medical and legal processes.
- A safe place for clients to meet during court appearances.
- Opportunities and training for volunteers and local service agencies.
- Spanish bilingual Services.
- Education for schools, community, and professionals.
- Children's Advocacy Center where abused or neglected children can go to tell their story and receive specific services.



All services are FREE.

Is your relationship based on power and control?

The Power & Control diagram is a particularly helpful tool in understanding the overall pattern of abusive and violent behaviors, which are used by a batterer to establish and maintain control over his partner. Very often, one or more violent incidents are accompanied by an array of these other types of abuse. They are less easily identified, yet firmly establish a pattern of intimidation and control in the relationship.



**Texas Council On
FAMILY VIOLENCE**

P.O. Box 161810 - Austin, TX 78716
512-794-1133 - Fax: 512-794-1199



#HCADV
#WECARE

¿Has hablado con ella sobre lo que está pasando en su hogar?

Aproximadamente 1 de cada 3 mujeres y 1 de cada 7 hombres experimentan violencia doméstica en su vida.

Aunque el abuso no sea físico, las víctimas de violencia doméstica pueden tener mayores casos de ciertas enfermedades crónicas*.

Su médico le ha asociado con el Centro de Asistencia a Víctimas del Crimen del Condado de Eastland para poder ayudar a usted y su familia estar más seguros y saludables.

Si usted o alguien que usted conoce está pasando por violencia doméstica, hable con su médico acerca de sus opciones, o llame al Centro de Asistencia a Víctimas del Crimen del Condado de Eastland al 254-629-3223. Los defensores están disponibles las 24 horas del día.

Nuestra Meta

- Disminuir el impacto de la violencia doméstica y el asalto sexual en víctimas primarias y secundarias.
- Presentar información y ayuda a las víctimas y a sus familias y que permita que tomen decisiones mas apropiadas para sus necesidades.
- Pare reconocer limitaciones en los servicios ofrecidos por nuestra agencia y tomar responsabilidad en bajar de cerca con agencias de referencias para el manejo efectivo de víctimas y sus familias.
- Promover la estabilización y la salud emocional.



Nuestra Misión

Proporcionar servicios diseñados para llenar las necesidades físicas, sociales, y emocionales de la violencia doméstica y de las víctimas de asalto sexual por medio de ayuda inmediata, corta, y de largo plazo.

Si usted o alguien que conoce necesita ayuda

Condado de Eastland

Cisco PD.....254-442-1770
 Eastland PD.....254-629-1700
 Gorman PD.....254-734-2730
 Ranger PD.....254-647-3232
 Rising Star PD.....254-643-4262
 Eastland Co. Sheriff.....254-629-1774
 Eastland Mem. Hospital.....254-629-2601
 District Attorney.....254-629-2659
 Children's Advocacy Center..254-629-8229

Condado de Stephens

Breckenridge PD.....254-559-2211
 Stephens Co. Sheriff.....254-559-2481
 Stephens Mem. Hospital.....254-559-2241
 County Attorney.....254-559-9091

Otros Numeros Importantes

Línea Abuso Niños/Ancianos...800-252-5400
 Línea de Fugitivos.....800-392-3352
 RAINN.....800-656-HOPE
 Líneo de Abuso de Jóvenes...866-331-9474
 Consejo de Texas en Abuso Familiar:
 Emergencia.....800-525-1978
 Legal.....800-374-4673



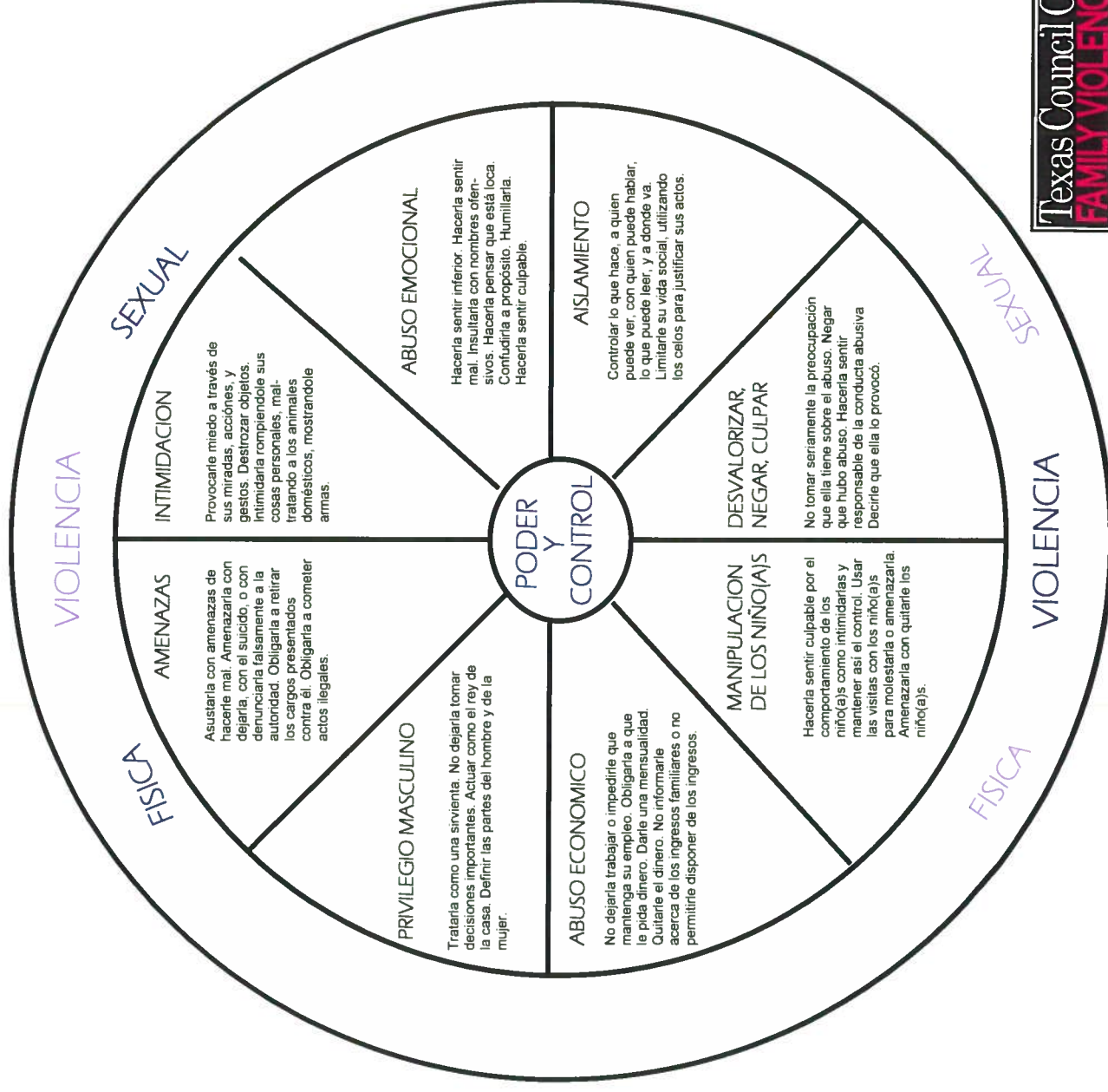
Centro de Crisis del Condado de Eastland, Inc.

Partidario para Sobrevivientes de Violencia Domestica y Abuso Sexual

Oficina de Eastland
 (254) 629-3223
 Oficina de Breckenridge
 (254) 559-4000
 Línea de 24 hrs
 (888) 686-3222
 Horas de Oficina
 8:00 - 12:00, 1:00 - 5:00 Mon. - Fri.
www.victim-services.net

Círculo de Poder y Control

El Diagrama de Poder y Control es una herramienta particular para entender el patrón de comportamientos de abuso y violencia, que son usados por el golpeador para establecer y mantener el control sobre su pareja. Casi siempre, uno o mas incidents violentos son acompañados por una serie de otros tipos de abuso. Esos son menos identificados, pero aun establecen firmemente un patrón de intimidación y control en la relacion.



Nosotros Ofrecemos

- Línea de 24 hrs de intervención y respuestas: (888) 686-3222.
- Consejería, intervención de crisis confidencial, plan de seguridad, y apoyo para víctimas de violencia.
- Transporte a albergues.
- Acompañamiento y/o transporte a agencias de servicios sociales.
- Recomendación a Agencias de Servicios, del condado y estatales.
- Asistencia y acompañamiento durante el proceso medico y legal.
- Un lugar seguro para juntas durante apariciones en corte.
- Oportunidades y entrenamiento para voluntarios y agencias de servicios locales.
- Servicios bilingües en Español.
- Educación para escuelas, comunidades, y profesionales.
- Centro de Apoyo a Niños donde niños abusados pueden ir a contar su historia y recibir servicios.



Todos los Servicios son Gratis.