



Rescue
3
International

COURSE PORTFOLIO 2018

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About Rescue 3 International

Rescue 3 International produces and delivers state of the art technical rescue training courses.

More than 500,000 students have taken Rescue 3's water, rope, boat and confined space courses since 1979. They have been delivered in over 62 countries to fire and rescue services, ambulance teams, mountain rescue teams, industrial and resource personnel, and commercial training and leisure activity providers.

The flagship Rescue 3 courses are Swiftwater and Flood Rescue Technician (SRT), Rope Rescue Technician (RRT), Swiftwater and Flood Rescue Boat Operator (SFRBO) and Confined Space Rescue Technician (CSRT). Rescue 3 also has supporting courses, offering awareness qualifications to specialist and management-level qualifications.

There are over 1500 Rescue 3 certified instructors throughout the world, delivering courses for a wide array of Rescue 3 training providers in many different industries. These are within the fire and rescue services, industrial companies, mountain rescue and water rescue teams, and other outdoor professional establishments. Additionally, there are a number of training centers who offer Rescue 3 courses on a commercial basis.

The reputation for quality hands-on instruction, using techniques that work, has fueled the growth of Rescue 3 and its courses.

History

Rescue 3 International was started in 1979 by a group of people involved with emergency services who identified a need for training in areas not commonly covered in the emergency training programs of the time.

The name, Rescue 3, was chosen when the company first started, because the instruction was concerned with all areas of rescue - land, air, and water - thus Rescue 3.

In 1981, the program was redesigned into an early form of the current Swiftwater Rescue Technician curriculum. Swiftwater classes were taught throughout California and slowly spread across the United States.

In late 1990, Rescue 3 became Rescue 3 International Incorporated. Over the course of the next several years, Rescue 3 International went on to develop instructor teams throughout the United States and across the globe.

In 1999, there was a major revision in the curriculum to meet the requirements of the new NFPA¹ 1670 and 1006 standards. The years since have been a period of great growth of internationally accredited technical rescue training. Rescue 3 has developed a number of specialized Rescue 3 courses in a variety of markets to meet the ever-increasing demand for internationally recognized rescue training of the highest standards.

1 National Fire Protection Association

Progressing within Rescue 3

Student qualifications

Rescue 3 International offers courses in a variety of technical rescue specialties, including water, rope, boat and confined space. These are delivered at all levels, including awareness, operations, technician, advanced/specialist, and management.

Instructor qualifications

There are Rescue 3 International instructor qualifications for every level of student course. These can be for both commercial course delivery, or for delivery within an agency (e.g., a fire and rescue service).

Training providers

Instructors delivering Rescue 3 courses must do so for a Rescue 3 training provider. Training providers can either be commercial, or agency (i.e., delivering in-house).

There is a simple yet robust application process for becoming a Rescue 3 training provider. For training provider criteria and application forms, or to discuss the options available, please contact the Rescue 3 International office nearest you.

Accreditation checks

To check the status or validity of a Rescue 3 training provider, instructor or student, please contact the Rescue 3 International office nearest you.

Upon request, Rescue 3 International can also provide an organization with due dates for recertification for their Rescue 3 qualified staff.

Recertification

All Rescue 3 student qualifications are valid for a period of 3 years from the end date of the course. To maintain continuous certification, recertification must take place before the end of these 3 years.

Recertification can be at the same level as the initial course. Alternatively, you can add an additional skill-set by taking a higher level course. For example, you could recertify a Swiftwater and Flood Rescue Technician (SRT) course, by taking either a Rescues from Vehicles in Water (RVW) or Swiftwater and Flood Rescue Technician Advanced (SRTA) course.

Additionally, courses falling into a specialty course category can be recerted by taking any other course in that category. For a full explanation, see page 8.

Water specialty course recertification

Courses that fall in the Water Specialty Course category may be recertified one of two ways:

1. By retaking the same course or one at a higher level
2. By maintaining a current SRT certification through recerting the SRT or taking other higher level specialty courses.

By maintaining your certifications you will be eligible for updates and to take the course at recertification prices. However, Rescue 3 still highly suggests that students maintain knowledge of industry best practice in each discipline either by retaking each course periodically or through other means, such as actively working in that particular discipline.

Courses in this category include:

- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Rescues from Vehicles in Water (RVW)
- Flood Rescue Boat Operator (FRBO)
- Swiftwater Rescue Boat Operator (SRBO)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- Swiftwater Paddle Boat Handling (SPBH)
- Management of Water & Flood Incidents (MWFI)
- Searching Rivers and Floods (SRF)
- Swiftwater Recovery Specialist (SRS)
- Technical Animal Rescue in Swiftwater (TAR)
- Personal Watercraft Surf Rescue Technician (PWC)

Rope specialty course recertification

Courses that fall in the Rope Specialty Course category may be recertified one of two ways:

1. By retaking the same course or one at a higher level
2. By maintaining a current Technical Rope Rescue Technician Level (TRRTL) certification through recerting the Technical Rope Rescue Technician Level (TRRTL) or taking other higher level specialty courses.

By maintaining your certifications you will be eligible for updates and to take the course at recertification prices. However, Rescue 3 still highly suggests that students maintain knowledge of industry best practice in each discipline either by retaking each course periodically or through other means, such as actively working in that particular discipline.

Courses in this category include:

- Animal Rescue Technician 1 (ART1)
- Animal Rescue Technician 2 (ART2)
- Rope Access for Emergency Responders (RAFER)
- Wind Turbine Access for Emergency Responders (WTAFER)
- Tower Safety, Climbing, & Rescue (TWR)

Regional Programs

As a worldwide training company Rescue 3 International recognizes that different countries and regions have different training needs. As such Rescue 3's programs vary in different parts of the world both in course structure and course content.

This document is meant as a tool to help the reader find courses that may fit their specific needs, however keep in mind that the courses in a specific region may be different. Also, not all courses are available in all areas and some regions offer courses that may not be listed in this document.

For a list of courses available in your region, contact the Rescue 3 Office nearest you (page 2) or visit us online at www.rescue3.com.

1 Quick Reference

Courses by Industry



Emergency Services Courses

Water Courses

Course	Contact hours	Course prereqs	Page #
Water and Flood Awareness (AWR)	8 hours	None	136
Swiftwater and Flood Awareness Online (AWRO)	8 hours	None	116
Body Recovery from Water (BRW)	8 hours	None	40
Inland Rescue Swimmer Advanced (IRSA)	8 hours	IRS	68
Inland Rescue Swimmer Coastal (IRSC)	8 hours	IRS	70
Basic Water First Responder (BWFR)	12 hours	None	38
Operations: Swiftwater and Flood First Responder (OPS)	16 hours	None	76
Inland Rescue Swimmer (IRS)	16 hours	None	66
Swiftwater Recovery Specialist (SRS)	16 hours	SRT	124
Rescues from Vehicles in Water (RVW)	16 hours	SRT	88
Swiftwater and Flood Rescue Technician (SRT)	24 hours	None	120
Swiftwater & Flood Rescue Technician Advanced (SRTA)	24 hours	SRT & RRO or TRRTL	114
Technical Animal Rescue in Swiftwater (TAR)	24 hours	SRT	128
Searching Rivers and Floods (SRF)	32 hours	SRT	104
Management of Water & Flood Incidents (MWFI)	40 hours	None	74
Assessments			
Professional Qualification Assessment: Water & Rope (PQWR)	16 hours	SRTA	82

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COURSES BY INDUSTRY

Emergency Services Courses (continued)

Ice Courses

Course	Contact hours	Course prereqs	Page #
Surface Ice Awareness (SIRA)	4 hours	None	106
Surface Ice Rescue Specialist (SIRSU) - Upgrade	8 hours	SIRT	110
Surface Ice Rescue Technician (SIRT)	16 hours	None	112
Surface Ice Rescue Specialist (SIRS)	24 hours	None	110

Boat Courses

Course	Contact hours	Course prereqs	Page #
Swiftwater Paddle Boat Handling (SPBH)	12 hours	SRT	122
Personal Watercraft Surf Rescue Technician (PWC)	18 hours	SRT or WRTP	78
Flood Rescue Boat Operator (FRBO)	24 hours	SRT	62
Swiftwater Rescue Boat Operator (SRBO)	24 hours	FRBO or SRT & boat experience	126
Swiftwater and Flood Rescue Boat Operator (SFRBO)	40 hours	SRT	118

Confined Space Courses

Course	Contact hours	Course prereqs	Page #
Confined Space Entry and Rescue (CSER)	6 hours	None	42
Confined Space Rescue Operator (CSRO)	30 hours	None	44
Confined Space Rescue Technician (CSRT)	30 hours	CSRO	46
Confined Space Rescue Specialist (CSRS)	30 hours	CSRO & CSRT	48

Emergency Services Courses (continued)

Rope Courses

Course	Contact hours	Course prereqs	Page #
First Due Low Angle (FDLA)	8 hours	None	56
Wind Turbine Access for Emergency Responders (WTAFER)	12 hours	RRO, TRROL or above	142
Wind Turbine Operator (WTO)	12 hours	Prior rope experience	144
Rope Access for Emergency Responders (RAFER)	18 hours	None	90
Technical Rope Rescue Operations Level (TRROL)	24 hours	None	130
Tower Safety, Climbing, & Rescue (TWR)	24 hours	RRO, TRROL or above	134
Rope Rescue Operator (RRO)	30 hours	None	93
Rope Rescue Technician (RRT)	30 hours	RRO	95
Rope Rescue Specialist (RRS)	30 hours	RRT	96
Technical Rope Rescue Technician Level (TRRTL)	40 hours	None	132
Animal Rescue Technician 1 (ART1)	40 hours	None	32
Animal Rescue Technician 2 (ART2)	40-56 hours	ART1	34
Assessments			
Professional Qualification Assessment: Rope (PQR)	8 hours	TRRTL	80
Professional Qualification Assessment: Water & Rope (PQWR)	16 hours	SRTA	82

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COURSES BY INDUSTRY

Industry and Government Courses

1

COURSES BY INDUSTRY

Water Courses

Course	Contact hours	Course prereqs	Page #
Safe Work Near Water (SWNW)	4 hours	None	102
Lifjacket Competent User (LJCU)	6 hours	None	72
Swiftwater and Flood Awareness Online (AWRO)	8 hours	None	116
Flood Worker Safety (FWS)	8 hours	None	64
Co-Worker Rescue from Water - Basic (CWRWB)	12 hours	None	52
Flood Operations (FO)	12 hours	None	60
Flood Management for Non-Emergency Services (FMNES)	12 hours	None	58
Co-Worker Rescue from Water - Basic and Moving (CWRWBM)	18 hours	None	54
Swiftwater and Flood Rescue Technician (SRT)	24 hours	None	120
Swiftwater & Flood Rescue Technician Advanced (SRTA)	24 hours	SRT & RRO or TRRTL	114

Ice Courses

Course	Contact hours	Course prereqs	Page #
Surface Ice Awareness (SIRA)	4 hours	None	106
Surface Ice Field Safety (SIFS)	16 hours	None	108
Surface Ice Rescue Specialist (SIRS)	24 hours	None	110

Rope Courses

Course	Contact hours	Course prereqs	Page #
Safe Work at Heights (SWAH)	4 hours	None	98
Co-Worker Rescue at Heights (CWRH)	6 hours	None	50
Wind Turbine Operator (WTO)	12 hours	Prior rope experience	144
Tower Safety, Climbing, & Rescue (TWR)	24 hours	RRO, TRROL or above	134
Rope Rescue Operator (RRO)	30 hours	None	93
Rope Rescue Technician (RRT)	30 hours	RRO	95
Rope Rescue Specialist (RRS)	30 hours	RRT	96
Animal Rescue Technician 1 (ART1)	40 hours	None	32
Animal Rescue Technician 2 (ART2)	40-56 hours	ART1	34

Confined Space Courses

Course	Contact hours	Course prereqs	Page #
Safe Working in Confined Spaces (SWCS)	3.5 hours	None	100
Confined Space Entry and Rescue (CSER)	6 hours	None	42
Basic Air Monitoring (BAM)	6 hours	None	36
Air Monitoring Qualified Person (AMQP)	12 hours	None	30
Confined Space Rescue Operator (CSRO)	30 hours	None	44
Confined Space Rescue Technician (CSRT)	30 hours	CSRO	46
Confined Space Rescue Specialist (CSRS)	30 hours	CSRO & CSRT	48

Outdoor Adventure Courses

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COURSES BY INDUSTRY

Course	Contact hours	Course prereqs	Page #
Recreational River Safety (RECRS)	4 hours	None	86
Whitewater Rescue Technician - Recreational (WRT-Rec)	16 hours	River experience	138
Whitewater Rescue Technician Professional (WRTP)	24 hours	Current River Guide	140
Recreational Rappel Operator (RECRO)	32 hours	Rappeling experience	84

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COURSES BY INDUSTRY

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Quick Reference

Courses by Type



Water Courses

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Safe Work Near Water (SWNW)	4 hours		X		None	102
Recreational River Safety (RECRS)	4 hours			X	None	86
Lifejacket Competent User (LJCU)	6 hours		X		None	72
Water and Flood Awareness (AWR)	8 hours	X			None	136
Swiftwater and Flood Awareness Online (AWRO)	8 hours	X	X		None	116
Body Recovery from Water (BRW)	8 hours	X			None	40
Flood Worker Safety (FWS)	8 hours		X		None	64
Inland Rescue Swimmer Advanced (IRSA)	8 hours	X			IRS	68
Inland Rescue Swimmer Coastal (IRSC)	8 hours	X			IRS	70
Basic Water First Responder (BWFR)	12 hours	X			None	38
Co-Worker Rescue from Water - Basic (CWRWB)	12 hours		X		None	52
Flood Operations (FO)	12 hours		X		None	60
Flood Management for Non-Emergency Services (FMNES)	12 hours		X		None	58
Operations: Swiftwater and Flood First Responder (OPS)	16 hours	X			None	76

Water Courses (continued)

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Inland Rescue Swimmer (IRS)	16 hours	X			None	66
Whitewater Rescue Technician - Recreational (WRT-Rec)	16 hours			X	River experience	138
Swiftwater Recovery Specialist (SRS)	16 hours	X			SRT	124
Rescues from Vehicles in Water (RVW)	16 hours	X			SRT	88
Co-Worker Rescue from Water - Basic and Moving (CWRWBM)	18 hours		X		None	54
Swiftwater and Flood Rescue Technician (SRT)	24 hours	X	X		None	120
Whitewater Rescue Technician Professional (WRTP)	24 hours			X	Current River Guide	140
Swiftwater & Flood Rescue Technician Advanced (SRTA)	24 hours	X	X		SRT & RRO or TRRTL	114
Technical Animal Rescue in Swiftwater (TAR)	24 hours	X			SRT	128
Searching Rivers and Floods (SRF)	32 hours	X			SRT	104
Management of Water & Flood Incidents (MWFI)	40 hours	X			None	74
Assessments						
Professional Qualification Assessment: Water & Rope (PQWR)	16 hours	X			SRTA	82

Ice Courses

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Surface Ice Awareness (SIRA)	4 hours	X	X		None	106
Surface Ice Rescue Specialist (SIRSU) - Upgrade	8 hours	X	X		SIRT	110
Surface Ice Rescue Technician (SIRT)	16 hours	X			None	112
Surface Ice Field Safety (SIFS)	16 hours		X		None	108
Surface Ice Rescue Specialist (SIRS)	24 hours	X	X		None	110

Boat Courses

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Swiftwater Paddle Boat Handling (SPBH)	12 hours	X			SRT	122
Personal Watercraft Surf Rescue Technician (PWC)	18 hours	X			SRT or WRTP	78
Flood Rescue Boat Operator (FRBO)	24 hours	X			SRT	62
Swiftwater Rescue Boat Operator (SRBO)	24 hours	X			FRBO or SRT & boat experience	126
Swiftwater and Flood Rescue Boat Operator (SFRBO)	40 hours	X			SRT	118

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COURSES BY TYPE

Rope Courses

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Safe Work at Heights (SWAH)	4 hours		X		None	98
Co-Worker Rescue at Heights (CWRH)	6 hours		X		None	50
First Due Low Angle (FDLA)	8 hours	X			None	56
Wind Turbine Access for Emergency Responders (WTAFER)	12 hours	X			RRO, TRROL or above	142
Wind Turbine Operator (WTO)	12 hours		X		Prior rope experience	144
Rope Access for Emergency Responders (RAFER)	18 hours	X			None	90
Technical Rope Rescue Operations Level (TRROL)	24 hours	X			None	130
Tower Safety, Climbing, & Rescue (TWR)	24 hours	X	X		RRO, TRROL or above	134
Rope Rescue Operator (RRO)	30 hours	X	X		None	93
Rope Rescue Technician (RRT)	30 hours	X	X		RRO	95
Rope Rescue Specialist (RRS)	30 hours	X	X		RRT	96
Recreational Rappel Operator (RECRO)	32 hours			X	Rappeling experience	84
Technical Rope Rescue Technician Level (TRRTL)	40 hours	X			None	132
Animal Rescue Technician 1 (ART1)	40 hours	X	X		None	32
Animal Rescue Technician 2 (ART2)	40-56 hours	X	X		ART1	34
Assessments						
Professional Qualification Assessment: Rope (PQR)	8 hours	X			TRRTL	80
Professional Qualification Assessment: Water & Rope (PQWR)	16 hours	X			SFRS	82

Confined Space Courses

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COURSES BY TYPE

Course	Contact hours	Target Students			Course prereqs	Page #
		Emergency Services	Industry & Government	Outdoor Adventure		
Safe Working in Confined Spaces (SWCS)	3.5 hours		X		None	100
Confined Space Entry and Rescue (CSER)	6 hours	X	X		None	42
Basic Air Monitoring (BAM)	6 hours		X		None	36
Air Monitoring Qualified Person (AMQP)	12 hours		X		None	30
Confined Space Rescue Operator (CSRO)	30 hours	X	X		None	44
Confined Space Rescue Technician (CSRT)	30 hours	X	X		CSRO	46
Confined Space Rescue Specialist (CSRS)	30 hours	X	X		CSRO & CSRT	48

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Quick Reference

Instructor Courses



Instructor Courses

Water Instructor Courses

Course	Page #
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Basic Water First Responder Instructor (BWFR)	150
Operations: Swiftwater First Responder Instructor (OPSI)	160
Swiftwater and Flood Rescue Technician Instructor (SRTI)	174
Swiftwater and Flood Rescue Advanced Instructor (SRTAI)	175
Management of Water and Flood Incidents Instructor (MWFII)	159
Searching Rivers and Floods Instructor (SRFI)	170
Swiftwater Recovery Specialist Instructor (SRSI)	177
Rescues from Vehicles in Water Instructor (RVWI)	163
Technical Animal Rescue from Swiftwater Instructor (TARI)	178
Inland Rescue Swimmer Instructor (IRSI)	158
Whitewater Rescue Technician - Recreational Instructor (WRTRI)	182
Whitewater Rescue Technician Professional Instructor (WRTPI)	183

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Surface Ice Rescue Technician Instructor (SIRTI)	171
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Boat Instructor Courses

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Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)	173
Swiftwater Paddle Boat Handling Instructor (SPBHI)	176
Personal Watercraft Rescue Instructor (PWCI)	161

Rope Instructor Courses

Course	Page #
Safe Work at Heights Tutor (SWAHT)	168
Co-Worker Rescue at Heights Instructor (CWRHI)	155
Rope Access for Emergency Responders Instructor (RAFERI)	164
Rope Rescue Operator Instructor (RROI)	165
Rope Rescue Technician Instructor (RRTI)	166
Rope Rescue Specialist Instructor (RRSI)	167
Tower Rescue Instructor (TWRI)	180
Wind Turbine Operator Instructor (WTOI)	184
Animal Rescue Technician Instructor (ARTI)	149
Recreational Rappel Instructor (RECROI)	162

Confined Space Instructor Courses

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Safe Work in Confined Space Instructor (SWCSI)	169
Confined Space Entry and Rescue Instructor (CSERI)	151
Confined Space Rescue Operator Instructor (CSROI)	152
Confined Space Rescue Technician Instructor (CSRTI)	153
Confined Space Rescue Specialist Instructor (CSRSI)	154
Air Monitoring Instructor (AMI)	148
Recreational Rappel Instructor (RECROI)	162

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Instructor Rope - Instructor Trainer (InsR-IT)	190
Rope Rescue Instructor Trainer (RR-IT)	191
Confined Space Rescue Instructor Trainer (CSR-IT)	192
Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT)	193
Whitewater Rescue Technician Instructor Trainer (WRT-IT)	194
Surface Ice Rescue Instructor Trainer (SIRT-IT)	195
Instructor Emeritus (INS-E)	196

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Course Descriptions

and Sample Skill Sheets



Regional Programs

As a worldwide training company Rescue 3 International recognizes that different countries and regions have different training needs. As such Rescue 3's programs vary in different parts of the world both in course structure and course content.

This document is meant as a tool to help the reader find courses that may fit their specific needs, however keep in mind that the courses in a specific region may be different. Also, not all courses are available in all areas and some regions offer courses that may not be listed in this document.

For a list of courses available in your region, contact the Rescue 3 Office nearest you (page 2) or visit us online at www.rescue3.com.

Air Monitoring Qualified Person (AMQP)

This course builds upon the content in the Basic Air Monitoring (BAM) course, adding additional practical skills in the second day. It covers the what, how and why of gas detection. Attention will be paid to various types of gases, oxygen levels, explosion levels and safe working values. In addition, different types of gas detection equipment are discussed together with the practical advantages and disadvantages.

Contact hours

12 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

Recertified By

- Air Monitoring Qualified Person (AMQP)

Taught by

- Air Monitoring Instructor (AMI)
- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Air Monitoring Qualified Person (AMQP)

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AMQP

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Rules, regulations and standards			
3. Confined space definitions			
4. Generic confined space hazards			
5. Atmospheric hazards			
6. Worker safety and survival			
7. Oxygen-deficient and oxygen-enriched atmospheres			
8. LEL, UEL, flammability range, relative response curves			
9. Flashpoint, vapour pressure, vapour density			
10. Toxic gases			
11. Medical considerations with ammonia, carbon monoxide and hydrogen sulphide			
12. Ventilation principles			
13. Introduction to ATEX and inert atmospheres			
14. Maintenance of gas monitoring equipment			
Practical skills			
15. Reading safety datasheets			
16. Measuring oxygen levels with electrochemical oxygen sensors			
17. Measuring explosion levels with catalytic hot bead combustible sensors			
18. Measuring toxic levels with electrochemical toxic sensors			
19. Fresh air calibration and bump testing			
20. Types of hoses, leak testing, flushing hoses			
21. Expectations, strategy and measuring in confined spaces			
22. Interpretation and registration of monitoring data			
23. Use of measuring tubes			
24. Use of photo ionisation detectors (PID)			
25. Introduction to infrared (IR) measuring techniques			

AMQP Skill Sheet v1.1

Animal Rescue Technician 1 (ART1)

This course integrates the most current technology and research on technical animal rescue from throughout the world, and utilizes “discovery learning” to teach skills necessary to safely effect technical rescues in environments ranging up trees to down cliffs. The course covers philosophy of animal emergency management, basic and specialized animal and technical rope rescue equipment, ropes and hardware, safety considerations, scene management and organization, ascending and descending systems, personal system change-overs, belaying, lowering and raising systems, system change-overs, patient packaging and management, ladder and tree rescue operations, animal body language, animal handling and restraint, animal first aid, field euthanasia, and chemical capture.

Contact hours

40 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Technical Rope Rescue Technician Level (TRRTL)
- Animal Rescue Technician 1 (ART1)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Recerted by

- Animal Rescue Technician 1 (ART1)
- Animal Rescue Technician 2 (ART2)
- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment: Rope (PQR)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Taught by

- Animal Rescue Technician Instructor (ARTI)

Animal Rescue Technician 1 (ART1)

	RK/ RS	SKILLS/KNOWLEDGE	NFPA 1670:2014
1.	OS	<i>Human first aid: Comprehensive (recommended)</i>	
2.	RK	NFPA Standards	-
3.	RK	Size-up, management, and preplanning	17.2.3(1-9)
4.	RK	Absolutes of technical animal rescue	17.2.3(1)
5.	RK	Philosophy of animal emergency management	17.2.3(9)
6.	RS	Communications (voice, whistle, hand, radio)	17.2.3(6)
7.	RS	Ladder operations	17.3.3(12)
8.	RK	Incident command systems	17.2.3(4)
9.	RK	Operational health, safety and risk management	17.2.3(5), 17.3.3(1)
10.	RS	Anchor systems	17.3.3(5-7)
11.	RS	Rappel, ascend and self rescue	17.3.3(5-7)
12.	RS	Lowering systems with animal (low angle)	17.3.3(5-7)
13.	RS	Lowering systems with animal (high angle)	17.3.3(5-7)
14.	RS	Hauling systems with animal (low angle)	17.3.3(5-7)
15.	RS	Hauling systems with animal (high angle)	17.3.3(5-7)
16.	RS	Independent/safety systems	17.3.3(5-7)
17.	RS	Knot passing (ascend/descend and haul/lower/safety)	17.3.3(5-7)
18.	RK	Technical equipment specifications and application	17.2.3(6, 8)
19.	RK	Technical equipment maintenance	17.2.3(8)
20.	RS	Animal body language (large and small)	17.3.3(2), 17.3.3(10)
21.	RS	Animal handling and restraint (large and small)	17.3.3(3)
22.	RS	Animal first aid (large and small)	17.3.3(13)
23.	OS	Tree rescue operations/climbing based rescues	17.3.3(7)
24.	OK	Field euthanasia (large and small)	
25.	RK	Chemical capture	17.3.3(8)
26.	RK	Animal containment system and auxiliary equipment	17.3.3(11, 14)
27.	RS	Knots for high angle and general use	17.3.3(5-7)
28.	RS	Animal attachment points, rigging and packaging	17.3.3(4-6)
29.	RK	Night operations and safety protocols	17.2.3(5), 17.3.3(1)
30.	RK	Mud rescue theory	17.3.3(9)
31.	RK	Animal rescue involving HAZMAT considerations	17.2.3(10)
32.		Additional Skills:	
33.		Additional Skills:	

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ART1

Animal Rescue Technician 2 (ART2)

The course includes helicopter operations, swiftwater rescue, horse trailer extrication, light urban search and rescue, ice rescue, advanced rope operations, restricted/confined space operations, elevated work platforms for rescue access and understanding disaster response standards (LEGS). Usually delivered as a number of short block courses, it can also be delivered as a single five to seven day course.

Contact hours

40-56 hours

Prerequisites

- Minimum age: 18
- Animal Rescue Technician 1 (ART1)

Qualification valid for

3 years

Recertifies

- Animal Rescue Technician 1 (ART1)
- Animal Rescue Technician 2 (ART2)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Recerted by

- Animal Rescue Technician 2 (ART2)
- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment: Rope (PQR)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Taught by

- Animal Rescue Technician Instructor (ARTI)

Animal Rescue Technician 2 (ART2)

	RK/ RS	SKILLS/KNOWLEDGE	NFPA 1670:2014
1.		Helicopter Operations	
2.	RK	Helicopter safety	17.4.3(10)
3.	RK	Animal rigging for helicopter lifting operations	17.4.3(10)
4.	RS	Animal extended lift helicopter rescue	17.4.3(10)
5.		Animal Technical Rescue	
6.	RK	Rescue rigging physics for animal rescue	17.4.3(4, 8)
7.	RS	Specialist animal rescue harness systems	17.4.3(1)
8.	RS	High angle animal rescue: pick off or mid-face	17.4.3(2)
9.	RS	High angle animal rescue: highline system	17.4.3(3)
10.	RS	High angle animal rescue: edge management	17.4.3(6)
11.	RS	High angle animal rescue: animal rescue litter/sling	17.4.3(5)
12.	RS	Decontamination of animals (HAZMAT)	17.4.3(11)
13.	RK	Trailer extrication hazards and management	17.4.3(9)
14.	RK	Restricted and confined space hazards and safety	17.4.3(9)
15.	OK	Livestock Emergency Guidelines and Standards	
16.	OS	Elevated Work Platform operation	
17.		Ice Rescue	
18.	CK	Escape path cutting or sideways drag or cantilevering	17.4.3(7)
19.		Structural Collapse Rescue	
20.	CK	USAR response system and scene management	
21.	CK	Building construction types	
22.	CK	Structural collapse patterns	
23.	CS	USAR search methods (incl. line and hail search)	
24.	CK	USAR search markings and signals	
25.	CK	USAR hazard and safety management	
26.		Swiftwater Rescue	
27.	CK	Hydrology and river safety	
28.	CS	River swimming (aggressive & defensive)	
29.	CS	C spine rolls – human	
30.	CS	River crossing (individual and team)	
31.	CS	Throw bagging (rescuer and receiver)	
32.	CS	Contact rescues – human and animal	
33.	CS	Tensioned diagonal (zip line)	
34.	OS	Boat on tether (2 and 4 point)	
35.	OS	Par buckling	
36.	OS	Righting flipped raft/boat or unwrapping raft	
37.	OS	Strainer negotiation	
38.	OK	Low head dam rescues	
39.	OS	Boat on highline systems	

Basic Air Monitoring (BAM)

This course covers the what, how and why of gas detection. Attention will be paid to various types of gases, oxygen levels, explosion levels and safe working values. In addition, different types of gas detection equipment are discussed together with the practical advantages and disadvantages.

Contact hours

6 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Basic Air Monitoring (BAM)

Recertified By

- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

Taught by

- Air Monitoring Instructor (AMI)
- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Basic Air Monitoring (BAM)

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Rules, regulations and standards			
3. Confined space definitions			
4. Generic confined space hazards			
5. Atmospheric hazards			
6. Worker safety and survival			
7. Oxygen-deficient and oxygen-enriched atmospheres			
8. LEL, UEL, flammability range, relative response curves			
9. Flashpoint, vapour pressure, vapour density			
10. Toxic gases			
11. Medical considerations with ammonia, carbon monoxide and hydrogen sulphide			
12. Ventilation principles			
13. Introduction to ATEX and inert atmospheres			
14. Maintenance of gas monitoring equipment			
Practical skills			
15. Reading safety datasheets			
16. Measuring oxygen levels with electrochemical oxygen sensors			
17. Measuring explosion levels with catalytic hot bead combustible sensors			
18. Measuring toxic levels with electrochemical toxic sensors			
19. Fresh air calibration and bump testing			
20. Types of hoses, leak testing, flushing hoses			
21. Expectations, strategy and measuring in confined spaces			
22. Interpretation and registration of monitoring data			

BAM Skill Sheet v1.1

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BAM

Basic Water First Responder (BWFR)

Designed for personnel who may be deployed to a basic (still) water environment, such as lakes, ponds and canals, where they may be required to undertake rescues. The course is a mixture of theory and practical sessions. The content includes the use of a variety of rescue equipment.

Contact hours

12 hours

Prerequisites

Must be a confident swimmer.

Minimum age: 18

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)

Recerted by

- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Basic Water First Responder Instructor (BWFRI)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Basic Water First Responder (BWFR)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Personal equipment	7			
Technical and Team equipment	9			
Pre-planning	10			
Risk assessments	11			
Incident size-up	12			
Incident management and site control	14.1, 14.2			
Medical and decontamination considerations	16			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18			
Search Considerations	20			
Accidental immersion considerations	26			
Communications	22			
Water Skills				
Water entry and exit	27			
Shallow water techniques	32			
Swimming techniques and self rescue in a basic water environment	28			
Conditional rescues - talk, reach, throw	31.1-31.5			
True rescues in basic water	37			
True rescues in moving water - tethered	38			
Rescue platforms, sleds and boards	48			
Masks, fins, and floating rescue devices	49			

BWFR version 1.5.2

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BWFR

Body Recovery from Water (BRW)

Body Recovery from Water (BRW) course is a one day classroom course. This course is aimed at those who may lead or participate in body recoveries, in particular but not limited to swiftwater environments. Participants need no prior water experience as the one day format is entirely classroom based.

The course covers the complexities and techniques of body recovery from shallow depth swiftwater environments. Developed by international experts and using the latest research to provide an evidence based curriculum, this one course covers legal authorities, disaster victim identification, recovery incident management, decomposition, water related death investigation considerations, infectious disease control, psychological considerations, management of family and media, recovery management structures, evidential recording for law enforcement, professional standards and ethics, specialist recovery equipment and methods.

This course has been attended by law enforcement and SAR practitioners from all around the world and has become highly acclaimed. It covers the effects and considerations for both fresh (swiftwater and stillwater) and salt water based body recoveries.

As this course uses real footage of body recoveries and decomposition, this course is not suitable for those who may find such information and viewing upsetting.

Contact Hours

8 hours

Prerequisites

Minimum age: 18

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Body Recovery from Water (BRW)

Recerted by

- Body Recovery from Water (BRW)
- Swiftwater Recovery Specialist (SRS)
- Swiftwater and Flood Rescue Technician (SRT)

Taught by

- Swiftwater Recovery Specialist Instructor (SRSI)
- Swiftwater Recovery Specialist Instructor Trainer (SRS-IT)

Body Recovery from Water (BRW)

	<i>RK/ RS</i>	<i>SKILLS/KNOWLEDGE</i>	<i>Date</i>	<i>Student Initials</i>	<i>Instructor Initials</i>
1.	RK	Determining mode (Rescue vs. Recovery)			
2.	RK	Local legal authority and roles			
3.	RK	Disaster victim identification			
4.	RK	Recovery management			
5.	RK	Absolutes of body recovery			
6.	RK	Decomposition factors and forensic considerations			
7.	RK	Infectious disease control and personal safety			
8.	RK	Psychological considerations			
9.	RK	Management of family and media			
10.	RK	Recording and presenting evidence for law enforcement			
11.	RK	Body recovery equipment, techniques and case studies			
12.	RK	Recovery methods from highline			
13.	RK	Recovery methods using advanced throw bag techniques			
14.	RK	Recovery methods from boat or board			
15.	RK	Specialist equipment: Mr. Flexi, Captain Hook			
16.	RK	SRS/BRW written exam			
17.	OS	Swiftwater recovery exercise (cold zone role)			
18.		Additional skill/knowledge:			

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BRW

Confined Space Entry and Rescue (CSER)

Everyone who works in confined spaces may be faced with a colleague who is incapacitated and requires rescue. The Confined Space Entry and Rescue (CSER) course teaches participants to deal with that situation. Using simple techniques and industry standard equipment, you will learn how you can free a colleague from a dangerous situation in confined spaces. The rapid release of this trapped person must be your highest priority, to prevent further injury. In accordance with the law on working conditions and the consequent duty of care, an employer is required to prepare employees for this possible scenario. Generally, with a few simple tools, this problem can easily be solved.

Contact hours

6 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)

Recertified By

- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)

Taught by

- Confined Space Entry and Rescue Instructor (CSERI)
- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Confined Space Entry and Rescue (CSER)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1.1, 1.3			
Confined Space definitions and hazards	2			
Legislation and Standards	3			
Confined space hazards and risk assessment	4.1-4.3, 4.5, 4.7			
Personal Safety	5			
Air monitoring	6.1-6.4			
Lock-out, tag-out	7.1-7.2			
Introduction to respiratory protection systems	8			
Safe Systems of work and permits to work	13			
Last-minute risk analysis and system safety check	15			
On-scene safety briefing and site control	16.1-16.4, 16.14-16.16			
Size-up, pre-planning and ICS	17.1, 17.2, 17.4, 17.7			
Personal and Team Equipment	18.1, 18.3, 18.4, 18.6, 18.8, 18.9			
Equipment care and maintenance	19			
Entry procedures/entrant/safety attendant/entry supervisor	20			
Communications and Verbal Commands	22.2, 22.3, 22.5, 22.6			
Medical considerations	23			
Confined space ventilation	26			
Introduction to technical gear and entry systems	27			
Knots	28.2			
Anchor Systems	29.2, 29.4-29.6, 29.8			
Use of different types of fall arrest equipment	31.1-31.3			
Reach type rescue with a telescopic pole	32			
Standard tripod configurations and mechanical hoisting	33			
Work restraint	34			
Placing Edge/Rope Protection	36			
Tensioning systems and mechanical advantage	37.6			
Lead climbing with Lanyards	41			
Practical use of SCBA for work and rescue (optional)	51			
Confined space rescue harnesses and stretchers	53			
Casualty care and packing	54.1, 54.2			
Emergency procedures	55			

CSER Skill Sheet v17.1

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CSER

Confined Space Rescue Operator (CSRO)

The Confined Space Rescue Operator (CSRO) course introduces the knowledge and skills required by personnel to operate safely and effectively during confined space rescues and be an active part of a confined space rescue team working under the supervision of Confined Space Rescue Technicians. Topics that are covered include: hazards of confined spaces, gas detection, legislation and guidelines on the area of confined spaces, knowledge of knots, loads and forces, building anchors, using pulley systems, use of tripod, self-climbing and rappelling, lowering and hoisting of rescuer and victim, standard configurations, stretchers used for confined space, situation analysis and incident management around incidents in confined spaces.

Contact hours

30 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)

Recertified By

- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)

Taught by

- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Confined Space Rescue Operator (CSRO)

Skill / Knowledge	Standard	Date	Student	Instructor
Rescue 3 Philosophy	1.1, 1.3			
Confined Space definitions and hazards	2			
Legislation and Standards	3			
Confined space hazards and risk assessment	4.1-4.3, 4.5, 4.7			
Personal Safety	5			
Air monitoring	6			
Lock-out, tag-out	7			
Introduction to respiratory protection systems	8			
Safe systems of work, permits to work, and rescue plans	13.2-13.4			
Last-minute risk analysis and system safety check	15			
On-scene safety briefing and site control	16.1-16.6, 16.8, 16.11, 16.13-16.16			
Size-up, pre-planning and ICS	17			
Personal and Team Equipment	18.1- 18.3, 18.5, 18.7-18.9			
Equipment care and maintenance	19			
Entry procedures/entrant/safety attendant/entry supervisor	20			
Communications and Verbal Commands	22			
Medical considerations	23			
Use of a 4 gas pump meter	25			
Confined space ventilation	26			
Introduction to technical gear and entry systems	27			
Knots	28.2,			
Anchor Systems	29.2, 29.4-29.6, 29.8,, 29.9,			
Belay systems and operations	30			
Use of different types of fall arrest equipment	31.1-31.3			
Reach type rescue with a telescopic pole	32			
Standard tripod configurations and mechanical hoisting	33			
Work restraint	34			
Placing Edge/Rope Protection	36			
Tensioning systems and mechanical advantage	37.1 -37.6, 37.9, 37.10, 37.13-37.16			
Personal Ascending and Descending	39.1			
Lead climbing with Lanyards	41			
Litter Management - Low Angle	42			
Low angle litter management in an industrial setting	43			
Horizontal confined space entry and rescue	46			
Vertical confined space entry and rescue	47			
Rope-based raising and lowering systems	48.1, 48.3, 48.7			
Use of SCBA for rescue	51			
Confined space rescue harnesses and stretchers	53			
Casualty care and packing	54.3, 54.4			
Team-based raising and lowering systems	56			
Mirrored team-based raising and lowering systems	57.1, 57.2			
Offsets - Tagline	59			
Scenario	66			

CSRO Skill Sheet v17.1

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CSRO

Confined Space Rescue Technician (CSRT)

The Confined Space Rescue Technician (CSRT) course covers concepts and techniques to enable small teams to undertake technical confined space rescues. Both individual and team skills are extensively addressed. Topics that are thoroughly covered are hazard, gas detection, legislation, international guidelines, key learning, extensive loads and forces, building anchors, using pulley systems, use of tripod for entry and evacuation, self-climbing and rappelling, lowering and hoisting of rescuer and victim, use of stretchers and various stretcher configurations in confined spaces, moving and evacuations from manholes, victim care, building horizontal span, situation analysis, incident management and various scenarios.

Contact hours

30 hours

Prerequisites

- Confined Space Rescue Operator (CSRO)
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)

Recertified By

- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)

Taught by

- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Confined Space Rescue Technician (CSRT)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1.1, 1.3			
Confined space hazards and risk assessment	4.4			
Use of detector tubes	9			
Supplied air systems	10			
Hardwire communication systems	11			
Rescue systems analysis	12			
Safe systems of work, permits to work, and rescue plans	13.3, 13.4			
Use of PID meters	14			
On-scene safety briefing and site control	16.6, 16.7, 16.9, 16.11-16.16			
Knots	28.2, 28.4			
Anchor Systems	29.2, 29.4-29.9			
Belay systems and operations	30			
Use of different types of fall arrest equipment	31.4, 31.5			
Tensioning systems and mechanical advantage	37.7-37.9, 37.11-37.16			
Personal Ascending and Descending	39.2, 39.3			
Litter Management - Low Angle	42.2			
Litter attending - high angle	44			
Vertical/horizontal litter transitions	45			
Horizontal confined space entry and rescue	46			
Vertical confined space entry and rescue	47			
Rope-based raising and lowering systems over an edge with artificial high directional	48.2, 48.4-48.5, 48.7			
Individual pick-off rescues	49			
Team-based pick-off and team-based casualty evacuations	50			
Use of SAR for rescue	52			
Confined space rescue harnesses and stretchers	53			
Mirrored team-based raising and lowering systems	57.3-57.5			
Offsets - Deflection	58.1, 58.2			
Offsets - Guiding Line	60			
Offsets - Tracking Line	62			
Scenario	66			

CSRT Skill Sheet v17.1

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CSRT

Confined Space Rescue Specialist (CSRS)

The Confined Space Rescue Specialist (CSRS) course is for confined space rescue team members who already have completed a comprehensive basic training and want to continue to specialize. This training continues where the CSRT course finishes.

Contact hours

30 hours

Prerequisites

- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)

Recertified By

- Confined Space Rescue Specialist (CSRS)

Taught by

- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Rescue Standard](#)

Confined Space Rescue Specialist (CSRS)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
On-scene safety briefing and site control	16.10-16.16			
Knots	28.2			
Anchor Systems	29.10-29.11			
Tensioning systems and mechanical advantage	37.16			
Knot passing	38			
Personal Ascending and Descending	39.2, 39.3			
Climbing over a 90 degree edge	40			
Litter Management - Low Angle	42.2			
Litter attending - high angle	44.2			
Vertical/horizontal litter transitions	45			
Rope-based raising and lowering systems	48.6, 48.7			
Mirrored team-based raising and lowering systems	57.3-57.5			
Offsets - Deflection	58.3			
Offsets - Skateblock	61			
Offsets - Two Rope	63			
Highline rope system - Kootenay highline	64			
Night/poor visibility operations	65			
Scenario	66			

CSRS Skill Sheet v17.1

4

CSRS

Co-Worker Rescue at Heights (CWRH)

Everyone who works at height may be faced with a colleague who has fallen and is hanging helplessly in his fall protection system. The Co-Worker Rescue at Heights course teaches participants to deal with that situation. Using simple techniques and industry standard equipment, you will learn how you can free a colleague from a dangerous situation after they have dropped into their fall arrest system. The rapid release of this trapped person must be your highest priority, to prevent further injury. In accordance with the law on working conditions and the consequent duty of care, an employer is required to prepare employees for this possible scenario. Generally, with a few simple tools, this problem can easily be solved.

Contact hours

6 hours

or

3.5 hour add-on to Safe Work at Heights (SWAH) qualification

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)

Recertified By

- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Access for Emergency Responders (WTAFER)
- Wind Turbine Operator (WTO)
- Tower Safety, Climbing, & Rescue (TWR)

Taught by

- Co-Worker Rescue at Heights Instructor (CWRHI)
- Rope Access for Emergency Responders Instructor (RAFERI)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)

Standard

[Rescue 3 International Rope Rescue Standard](#)

Co-Worker Rescue at Heights (CWRH)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Training Standards	2			
Medical considerations	3			
Personal equipment	4			
Technical Equipment	5			
Pre-planning	6			
Risk assessments	7			
Incident size-up	8.2 - 8.4, 8.7			
Incident Management & Site Control	9.1 - 9.4			
Loads and forces	10.1 - 10.3			
System safety checks	11			
Communications	12			
Knots	13			
Anchor systems	14			
Rope Protection	15			
Work restraint	16			
Fall arrest	17			
Emergency descending	18			
Lead climbing with lanyards	19			
Connecting a casualty on a line using a telescopic pole	20			
Lifting and lowering a casualty using a preinstalled device	21.1 - 20.2			
Casualty care	22			
Individual pick-offs	27			

CWRH Skill Sheet v1 7.1

4

CWRH

Co-Worker Rescue from Water - Basic (CWRWB)

This course provides the knowledge and techniques to allow employees to provide bank-based rescue cover for their colleagues working next to basic water environments (e.g., small lakes, canals, sheltered harbors, and marinas where use of a powered safety boat is not required).

The equivalent course for rescue teams is Basic Water First Responder (BWFR) (see page 38).

Contact hours

12 hours

Prerequisites

- Must be a confident swimmer.
- Minimum age: 18

Qualification valid for

3 years

Recertifies

- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)

Recerted by

- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)

Taught by

- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Co-Worker Rescue from Water - Basic (CWRWB)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Lecture/knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Personal equipment	7.1, 7.3 7.4			
Technical and Team equipment	9			
Pre-planning	10			
Risk assessments	11			
Incident size-up (non-emergency services)	13			
Incident management and site control	14			
Medical and decontamination considerations	16.1, 16.3, 16.4			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18.1			
Communications	22			
Accidental immersion considerations	26			
Search Considerations	20			
Practical skills				
Water entry and exit	27			
Shallow water techniques	32.1 - 32.3			
Swimming techniques and self rescue in a basic water environment	28			
Conditional rescues - talk, reach, throw	31.1 - 31.5			
True rescues in moving water - tethered	38.1			
Rescue platforms, sleds and boards	48			
Masks, fins, and floating rescue devices	49			
Victim management	43			
People and equipment entrapments	42.1 - 42.4			

CWRWB version 15.1

4

CWRWB

Co-Worker Rescue from Water - Basic and Moving (CWRWBM)

This course provides the knowledge and techniques to allow employees to provide bank-based rescue cover for their colleagues working next to moving water (inland rivers, confined tidal flows) where use of a powered safety boat is not required.

Contact hours

18 hours

Prerequisites

- Must be a confident swimmer.
- Minimum age: 18

Qualification valid for

3 years

Recertifies

- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic & Moving (CWRWBM)

Recerted by

- Co-Worker Rescue from Water - Basic & Moving (CWRWBM)

Taught by

- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

4

CWRWBM

Co-Worker Rescue from Water - Basic & Moving (CWRWBM)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Lecture/knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Personal equipment	7.1, 7.3 7.4			
Technical and Team equipment	9			
Pre-planning	10			
Risk assessments	11			
Incident size-up (non-emergency services)	13			
Incident management and site control	14			
Medical and decontamination considerations	16.1, 16.3, 16.4			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18.1			
Communications	22			
Accidental immersion considerations	26			
Search Considerations	20			
Practical skills				
Water entry and exit	27			
Shallow water techniques	32			
Swimming techniques and self rescue in a basic water environment	29, 28.4			
Conditional rescues - talk, reach, throw	31.1 - 31.5			
True rescues in moving water - tethered	38.1			
Rescue platforms, sleds and boards	48			
Masks, fins, and floating rescue devices	49			
Victim management	43			
People and equipment entrapments	42.1 - 42.4			
Tensioned diagonals	35			
Line crossing methods	36			
Knots and anchor systems	44			
Tensioning systems and mechanical advantage	45			
Belay systems	46			

CWRWBM version 15.1

4

CWRWBM

First Due Low Angle (FDLA)

Designed with a focus on the fire service, the course equips first due engine & rescue crews with the basic skills required to safely and efficiently conduct patient access and extraction during low complexity, vehicle over the embankment rescues.

Central to the course is the introduction of the latest in proven international and industrial tools & practices, offering significant efficiencies in instruction time, field deployment times and student retention.

Due to the narrow focus, students completing the course will not possess many of the knowledge and skill sets associated with general rope rescue.

Contact hours

8 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- First Due Low Angle (FDLA)

Recerted by

- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)

Taught by

- Technical Rope Rescue Operations Level Instructor (TRROLI)
- Instructor: Rope (InsR)
- Rope Access for Emergency Responders Instructor (RAFERI)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)
- Instructor Rope - Instructor Trainer (InsR-IT)

First Due Low Angle (FDLA)

<i>SKILLS/KNOWLEDGE</i>	<i>Date</i>	<i>Student Initials</i>	<i>Instructor Initials</i>
1. Rescue 3 Philosophy			
2. Rescuer Safety & Survival			
3. Personal and team gear			
4. Equipment care and maintenance/ record keeping			
5. Pre-incident planning			
6. Size up & Incident management			
7. On scene safety briefing and site control			
a. Lock out			
b. Staging of units			
c. Traffic/bystander control			
8. Knots/hitches			
a. Figure eight on a byte			
b. Prussic hitch			
9. Basket anchor systems			
10. Low angle rappelling			
11. Lowering and raising systems/changeover			
12. Low angle litter operations			
a. Patient packaging			
b. Low angle movement			
13. Scenarios			

4

FDLA

Flood Management for Non-Emergency Services (FMNES)

The FMNES course is designed for managers of non-emergency services during flood events, for example, managers of utilities, road workers, and transport companies. Topics covered include operating safely in flood zones, equipment needs, pre-planning, risk management, and multi-agency flood planning.

Contact hours

12 hours

Prerequisites

Must be a confident swimmer.

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Flood Management for Non-Emergency Services (FMNES)

Recerted by

- Flood Management for Non-Emergency Services (FMNES)

Taught by

- Management of Water and Flood Incidents Instructor (MWFII)
- Management of Water and Flood Incidents Instructor Trainer (MWFI-IT)

Standard

Rescue 3 International Water Rescue Standard

Flood Management for Non Emergency Services (FMNES)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Floodwater dynamics and hazards	5			
Personal equipment	7			
Technical and Team equipment	9			
Guidance and best practice documents	69			
Flood rescue techniques				
Swiftwater swimming techniques (optional)	29			
Conditional rescues - talk, reach, throw (optional)	31			
Shallow water techniques (optional)	32			
People and equipment entrapments (optional)	42			
Considerations for night/poor visibility operations	17			
Water incident management				
Pre-planning for flood incidents	71			
Incident size-up	12			
Incident management and site control	14.1, 14.2, 14.3			
Welfare Considerations	72			
Medical and decontamination considerations	16			
Communications	22			
Local emergency flood plans	75			
Multi-agency command and control considerations	76			
Team typing and deployment of national assets	77			
Other				
Optional:				

Remarks:

FMNES version 1.5.1

4

FMNES

Flood Operations (FO)

The Flood Operations course was designed to provide emergency planners and emergency workers with the necessary knowledge and techniques to enable them to assess and work in flood environments. Flood Operations is perfect for those who will be working in heavy flood conditions, such as hydrologists, dam workers, road workers, and utilities repair workers. The course is a mixture of theory input and in-water practical sessions.

Contact hours

12 hours

Prerequisites

Must be a confident swimmer

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Flood Worker Safety (FWS)
- Flood Operations (FO)

Recerted by

- Flood Operations (FO)
- Flood Management for Non-Emergency Services (FMNES)

Taught by

- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

4

FO

Flood Operations (FO)

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Health and safety brief			
3. Water safety principles and philosophy			
4. Water and flood dynamics and hazards			
5. HAZMAT			
6. Flood management			
7. Pre-planning			
8. Tactical decision making			
9. Flood assets			
10. Medical considerations			
11. Working at night			
12. Personal protective equipment			
13. Basic rescue protocols			
Practical skills			
14. Defensive and aggressive swimming			
15. Shallow water crossings			
16. Foot and body entrapments			
Other			
Optional:			

4

FO

Flood Rescue Boat Operator (FRBO)

Flood Rescue Boat Operator is a course designed to train rescue personnel in handling motorized boats during flood operations. Students are exposed to a number of topics including types of motorized boats suitable for water rescue, boat handling on still or slowly moving water, crew roles, boat safety and problem solving. Techniques are then put to work doing searches in flood environments, stranded victim and in-water retrieval, and rescue of conscious and unconscious persons.

Contact hours

24 hours

Prerequisites

- Minimum age: 18.
- Must be a confident swimmer.
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Flood Rescue Boat Operator (FRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Flood Rescue Boat Operator (FRBO)
- Swiftwater Rescue Boat Operator (SRBO)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)
- Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT)

Flood Rescue Boat Operator (FRBO)

	Skill / Knowledge		Date Performed/Observed	Student Initials	Instructor Initials
1.	Operational Risk Assessment	Lecture			
2.	Crew Positions and Responsibilities	Lecture			
3.	Boat Handling Theory	Lecture			
4.	Navigation Rules	Lecture			
5.	Swiftwater Dynamics – Class I	Lecture			
6.	Inter-Agency Operations and Large Scale Incidents	Lecture			
7.	Search Techniques	Lecture			
8.	Daily, Pre-Trip and Post-Trip Check Procedures				
9.	Boat Rigging				
10.	Station Holding – Class I				
11.	Mid-Stream Object Touches – Class I				
12.	Motor Failure Procedures – Class I				
13.	Close Quarter Maneuvering – Class I				
14.	On Plane Maneuvering – Class I				
15.	Person In Water Recovery – Class I				
16.	Rescue Swimmer Deployment – Class I				
17.	Capsize Recovery – Class I				
18.	Towing – Class I				
19.	Pacing – Class I				
20.	Search Scenario – Class I				
21.					
22.					
23.					
24.					
25.					
26.					
27.					
28.					

4

FRBO

Flood Worker Safety (FWS)

This one day course assists organizations who's workers may work around flood water, such as road contractors, storm water contractors, flood engineers, and vehicle break down services. We still advocate that the public should never drive in flood water, but while the public hopefully stay indoors during flood events, many critical services such as storm water, roads and other utilities still have to operate and do so as part of mitigating the flooding event. Such critical services need basic training to work safely around flood water.

This course has half a day in the classroom discussing safety planning, working safely around flood water, flood water features and hazards, vehicles in water safety and escape methods, personal protective equipment, special hazards (aqueducts, manholes etc), medical considerations, decontamination, communications and incident management. The second part of the day is spent in moving water (grade 1-2) and covers how to use throwbags, wading/crossing techniques, and survival swimming.

This course is a must for any employee or volunteer working near or in flood water.

For organizations that have a higher risk such as hydrologists, dam operators, remote/lone workers etc, we recommend our two day Flood Operations course that allows for more customization including wader safety, more advanced rescues and practicals in higher water flows (grade 2+).

Contact hours

8 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Flood Worker Safety (FWS)

Recerted by

- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Flood Management for Non-Emergency Services (FMNES)

Taught by

- Basic Water First Responder Instructor (BWFRI)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Flood Worker Safety (FWS)

#	RK/RS	SKILLS/KNOWLEDGE	Date	Student Initials	Instructor Initials
1.	RK	Rescue principles and philosophy			
2.	RK	Water features (hydrology) and hazards			
3.	RK	Flooding characteristics, early warning systems and risk management			
4.	RK	Personal safety and equipment			
5.	RK	Vehicle in water behavior and escape			
6.	RK	Medical considerations for flood workers including decontamination			
7.	RK	Special hazards: aqueducts, drains, manholes, pipes, night operations, lone worker			
8.	RK	Incident Management and Size Up			
9.	RK	Workplace safety systems: pre-planning for working around flood water			
10.	RK	Communications and distress beacons			
11.	RS	Survival swimming			
12.	RS	Reach based rescues			
13.	RS	Throw based rescues			
14.	RS	Throw bag operation (receive and throw)			
15.	RS	Shallow water crossing (wading)			
16.	OS	Wader safety/drills (optional)			
17.	OS/OK	Other/Proprietary Equipment (specify)			

4

FWS

Inland Rescue Swimmer (IRS)

The Inland Rescue Swimmer is focused on the inland open water environment to include areas such as lakes or ponds of various sizes. Here the swimmer improves their swimming technique and is introduced to swimmer adjuncts. Safety of the swimmer is a high priority during this module while training for victims in the open water environment, including interventions and medical management. The student will practice both shore and boat based open water search techniques, as well as recovery of submerged victims.

Contact Hours

16 hours

Prerequisites

- Minimum age: 18
- Must be a strong swimmer.

Qualification valid for

3 years

Recertifies

- Inland Rescue Swimmer (IRS)

Recerted by

- Inland Rescue Swimmer (IRS)
- Inland Rescue Swimmer Advanced (IRSA)
- Inland Rescue Swimmer Coastal (IRSC)

Taught by

- Inland Rescue Swimmer Instructor (IRSI)
- Inland Rescue Swimmer - Instructor Trainer (IRS-IT)

Inland Rescue Swimmer (IRS)

	SKILL/KNOWLEDGE		Date Performed/Observed	Student Initials	Instructor Initials
1.	Philosophy of Rescue	Lecture			
2.	Rescuer Safety	Lecture			
3.	Rescuer Survival	Lecture			
4.	Specialized Equipment	Lecture			
5.	Scene Management				
6.	a. Documentation	Lecture			
7.	b. Site Control / ICS	Lecture			
8.	c. Communications	Lecture			
9.	d. Risk v. Benefit	Lecture			
10.	SCUBA operations	Lecture			
11.	Search				
12.	a. Passive v. Active	Lecture			
13.	b. Techniques (patterns, triangulation, marking)	Skill			
14.	Medical Management and Treatment	Skill			
15.	Swim Techniques				
16.	a. Personal Evaluation _____ yds / _____ mins	Skill			
17.	b. Aggressive	Skill			
18.	c. Recovery	Skill			
19.	d. Swimmer Adjuncts (mask, snorkel, fins, floatation)	Skill			
20.	Victim Management				
21.	a. Escapes/Releases	Skill			
22.	b. Victim Tow (contact, adjunct)	Skill			
23.	c. Sub-surface Recovery	Skill			
24.	d. Victim packaging	Skill			
25.	Operation Scenarios:				
26.	a. Shore based ops.	Skill			
27.	b. Boat based ops.	Skill			
28.	Rescue problem	Skill			
29.	Other:				

4

IRS

Inland Rescue Swimmer Advanced (IRSA)

The Inland Advanced module, a one day upgrade, is the next step in developing the complete rescue swimmer. The swimmer will spend time learning the techniques and strategies for search and rescue of victims in a slow moving water environment such as large rivers or bays. The management of large events such as plane crashes, boating and commuter incidents will also be discussed. The swimmer will continue to improve safety and survivability of the responder with orientation to helicopter operations to include emergency egress drills and the use of spare air devices.

Contact Hours

8 hours

Prerequisites

- Minimum age: 18
- Inland Rescue Swimmer (IRS)

Qualification valid for

3 years

Recertifies

- Inland Rescue Swimmer (IRS)
- Inland Rescue Swimmer Advanced (IRSA)

Recerted by

- Inland Rescue Swimmer Advanced (IRSA)

Taught by

- Inland Rescue Swimmer Instructor (IRSI)
- Inland Rescue Swimmer - Instructor Trainer (IRS-IT)

Inland Rescue Swimmer Advanced (IRSA)

	SKILL/KNOWLEDGE		Date Performed/Observed	Student Initials	Instructor Initials
1.	Philosophy of Rescue	Lecture			
2.	Rescuer Safety	Lecture			
3.	Rescuer / Victim Survival	Lecture			
4.	Water Dynamics (Hydrology)	Lecture			
5.	Scene Management				
6.	a. Documentation	Lecture			
7.	b. Site Control / ICS	Lecture			
8.	c. Communications	Lecture			
9.	d. Risk v. Benefit	Lecture			
10.	e. Large Incident Management	Lecture			
11.	SCUBA operations	Lecture			
12.	Search				
13.	a. Passive v. Active	Lecture			
14.	b. Techniques(patterns, triangulation, marking, sonar)	Skill			
15.	c. Containment / Control	Skill			
16.	Swim Techniques				
17.	a. Personal Evaluation _____ yds / mins	Skill			
18.	b. Stroke Review	Skill			
19.	Boat Based Operations				
20.	a. Search (triangulation, marking, sonar)	Skill			
21.	b. Containment / Control	Skill			
22.	c. Victim Management	Skill			
23.	Moving Water Operations				
24.	a. Search (triangulation, marking, sonar, dynamics)	Skill			
25.	b. Containment / Control	Skill			
26.	c. Victim Management	Skill			
27.	Helicopter Operations				
28.	a. Emergency Egress	Skill			
29.	b. Spare Air Devices	Skill			

4

IRSA

Inland Rescue Swimmer Coastal (IRSC)

The Coastal Basic module is a one day upgrade and is designed for the responder who is responsible for search and rescue operations on the coastal water fronts. Here the Rescue Swimmer will learn a combination of basic lifeguarding techniques combined with the essentials of inland rescue. The course will cover the water dynamics which occur in the water effected by tide and surf. The swimmer will learn techniques to swimming efficiently and effectively with a continued focus on victim management.

Contact Hours

8 hours

Prerequisites

Inland Rescue Swimmer (IRS)

Qualification valid for

3 years

Recertifies

- Inland Rescue Swimmer (IRS)
- Inland Rescue Swimmer Coastal (IRSC)

Recerted by

- Inland Rescue Swimmer Coastal (IRSC)

Taught by

- Inland Rescue Swimmer Instructor (IRSI)
- Inland Rescue Swimmer - Instructor Trainer (IRS-IT)

Inland Rescue Swimmer Coastal (IRSC)

	SKILL/KNOWLEDGE		Date Performed/Observed	Student Initials	Instructor Initials
1.	Philosophy of Rescue	Lecture			
2.	Rescuer Safety	Lecture			
3.	Rescuer / Victim Survival	Lecture			
4.	Water Dynamics (Hydrology)	Lecture			
5.	Scene Management				
6.	a. Documentation	Lecture			
7.	b. Site Control / ICS	Lecture			
8.	c. Communications	Lecture			
9.	d. Risk v. Benefit	Lecture			
10.	Search				
11.	a. Passive v. Active	Skill			
12.	b. Techniques(patterns, triangulation)	Skill			
13.	c. Containment / Control	Skill			
14.	Swim Techniques				
15.	a. Personal Evaluation _____ yds / _____ mins	Skill			
16.	b. Stroke Review	Skill			
17.	c. Swimming Surf	Skill			
18.	Surf Operations				
19.	a. Currents/Tides	Skill			
20.	b. Containment / Control	Skill			
21.	c. Victim Management	Skill			
22.	d. Swimmer Adjuncts	Skill			
23.	Medical Considerations	Skill			
24.	Other:				
25.					
26.					
27.					
28.					
29.					

4

IRSC

Lifejacket Competent User (LJCU)

For personnel who will operate in the warm zone at a water rescue incident and personnel who will operate near water as part of their key job function (e.g., construction workers, EA water hydrometry staff, etc.) As such, it is not intended that they will enter the water, and a manual or auto inflation lifejacket is worn as PPE for accidental water entry only.

Contact hours

6 hours

Prerequisites

Must be a confident swimmer.

Minimum age: 18

Qualification valid for

3 years

Recertifies

- Lifejacket Competent User (LJCU)

Recerted by

- Lifejacket Competent User (LJCU)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)

Taught by

- Basic Water First Responder Instructor (BWFRI)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Life Jacket Competent User (LJCU)

4

LJCU

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Lecture				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Personal equipment	7.1, 7.4			
Rescue Equipment Considerations	8			
Pre-planning	10			
Risk assessments	11			
Incident size-up (non-emergency services)	13			
Site control (non-emergency services)	15			
Medical and decontamination considerations	16			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18.1			
Communications	22			
Accidental immersion considerations	26			
Floodwater dynamics and hazards	5			
Inflatable Lifejacket Specific Knowledge				
Inflatable Lifejacket types and standard	93			
Firing mechanisms	94			
Selection and correct fitting of inflatable lifejacket	95			
Sizing considerations	96			
Adaptation of inflatable lifejackets for high-risk areas and tasks	97			
Periodic maintenance and inspection regime of inflatable lifejacket	98			
Practical Skills				
Pre-use and post-use inflatable lifejacket checks	99			
Protection of inflatable lifejacket from sharps	100			
Inflatable lifejacket inflation and deflation - auto/manual	101			
Swimming and self-rescue in an inflatable lifejacket	102			
Exiting the water in an inflatable lifejacket	103			
Conditional rescues - talk, reach, throw	31			

LJCU version 1.5.1

Management of Water & Flood Incidents (MWFI)

This high level course is designed for management and command personnel from emergency response, municipalities, regional districts, and industry who are responsible for coordinating a response to major water rescue and flood incidents. The course provides the underlying knowledge and skills to successfully manage single or multi-agency operations within a jurisdiction's existing emergency response framework.

The curriculum is designed to bridge the gap between the emergency planning process and the actual on-scene response—a combination of operational skills and knowledge that most other training does not address. Participants will learn practical, operational skills that they will draw upon continually before, during and after major incidents.

This course also includes an on-river session to teach the practical, self-rescue skills required in a moving water environment. This ensures that managers and commanders have the ability to operate in the “warm-zone” (on shore) in a safe, effective and efficient manner while they are on-scene.

Contact Hours

40 hours

Prerequisites

- Minimum age: 18

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Management of Water and Flood Incidents (MWFI)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Management of Water and Flood Incidents (MWFI)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Management of Water and Flood Incidents Instructor (MWFI)
- Management of Water and Flood Incidents Instructor Trainer (MWFI-IT)

Standard

Rescue 3 International Water Rescue Standard

Management of Water and Flood Incidents (MWFI)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Floodwater dynamics and hazards	5			
Personal equipment	7			
Technical and Team equipment	9			
Water Rescue techniques				
Swiftwater swimming techniques	29			
Conditional rescues - talk, reach, throw	31			
Shallow water techniques	32			
Inflated fire hose (if used by agency)	34			
Victim management	43.1, 43.2, 43.3			
People and equipment entrapments	42			
Specific hazards and risks				
Considerations for night/poor visibility operations	17			
Weir (low-head dam) assessment and pre-planning	53			
Water incident management				
Pre-planning for flood incidents	71			
Guidance and best practice documents	69			
Incident size-up	12			
Incident management and site control	14.1, 14.2, 14.3			
Welfare Considerations	72			
Medical and decontamination considerations	16			
Communications	22			
Management of powered boat operations	73			
Introduction to searching rivers and floods	19			
Management of rescues from vehicles in water	70			
Flood management				
Flood theory	6			
Weather and flood warning information	74			
Local emergency flood plans	75			
Multi-agency command and control considerations	76			
Team typing and deployment of national assets	77			
Flood management exercise	78			

MWFI version 15.1

4

MWFI

Operations: Swiftwater and Flood First Responder (OPS)

This course is designed to provide students with both a theoretical and practical knowledge of the basics of swiftwater rescue. The class includes one day of classroom instruction and one day of practical field exercise. Students are trained in hazard recognition, equipment use, and basic shore and boat-based rescue techniques, as well as a wide variety of other skills. After completing this course, personnel will also be able to be in the support role for technician level rescuers in higher risk technical water rescues.

Contact hours

16 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater First Responder (OPS)

Recerted by

- Operations: Swiftwater First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Operations: Swiftwater and Flood First Responder (OPS)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Best Practice Guidelines	3			
Hydrology and water hazards	4			
Flood theory/Floodwater dynamics and hazards	6, 5			
Personal equipment/Technical and Team equipment	7, 8, 9			
Pre-planning	10			
Risk assessments	11			
Incident size-up	12			
Incident management and site control	14.1, 14.2, 14.3			
Medical and decontamination considerations	16			
Considerations for night/poor visibility operations	17			
Search Considerations	20			
Helicopter familiarization	21			
Communications	22			
Mud, ice and unstable surface considerations (optional)	18			
Water Skills				
Swiftwater swimming techniques	29			
Conditional rescues - talk, reach, throw	31			
Shallow water techniques	32			
People and equipment entrapments	42			
Tensioned diagonals	35			
Tethered boat techniques	33			
Line crossing methods	36			
Knots and anchor systems	44			
Tensioning systems and mechanical advantage	45			
Belay systems	46			
Victim management	43			

OPS version 15.2

4

OPS

Personal Watercraft Surf Rescue Technician (PWC)

The Personal Watercraft Surf Rescue Technician (PWC) course is designed to be taught in a three-day format, where water rescue has already been taught. Primary emphasis is placed on rescuer safety and survival. Topics will include ocean, inlet, lake and moving water dynamics; near shore hazards and problems; transport, set up, launch and retrieval procedures for PWC; construction, maintenance and repair of PWC and rescue techniques and operations for which the PWC is used in a variety of environmental conditions.

The course teaches the basic skills for both operator and rescue crewman. It will enable the students to identify clearly their own limitations as well as those of the equipment, so that they will be able to utilize craft more safely and effectively.

Contact hours

18 hours

Prerequisites

- Minimum age: 18.
- Swiftwater and Flood Rescue Technician (SRT) or Whitewater Rescue Technician Professional (WRTP)

Qualification valid for

3 years

Recertifies

- Personal Watercraft Surf Rescue Technician (PWC)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Personal Watercraft Surf Rescue Technician (PWC)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Personal Watercraft Rescue Instructor (PWCI)
- Personal Watercraft Rescue Instructor Trainer (PWC-IT)

Personal Watercraft Surf Rescue Technician (PWC)

SKILL/KNOWLEDGE	Date Performed/Observed	Student Initials	Instructor Initials
Lecture Knowledge			
1. Rescue 3 philosophy			
2. Surf Dynamics and Hazards			
3. Personal & Team Equipment			
4. Introduction to Personal Watercraft			
5. Daily Operations Check List			
6. Navigation, Rules of the Road			
7. PWC Basic Operations			
8. PWC Rescue Operations			
9. Rescue Safety Talk			
Static Water Operations			
10. Swim test			
11. Pre-check inspection of PWC			
12. Launch PWC			
Basic Riding Techniques			
13. Rescue boat equipment			
14. Pre- and post-trip checks			
15. Considerations for night/poor visibility operations			
Paddle boat operations			
16. Balancing			
17. Sitting			
18. Standing			
19. Turning			
20. Reboarding			
21. Remove debris from intake			
22. Rollover drill			
23. Accelerate and Stop			
24. Slalom Course			
Two Person Techniques			
25. Turning			
26. Reboarding			
27. Rollover drill			
Rescue Litter/Sled Operations (1 & 2 Person)			
28. Manuevering			
29. Rescuer into and out of sled			
30. Victim approach and recovery			
31. Post-inspection check of PWC			
Surf PWC Handling			
32. Swim Test			
Surf 2 person with Litter/Rescue Sled			
33. Balancing			
34. Sitting			
35. Standing			
36. Turning			
37. Reboarding			
38. Remove debris from intake			
39. Rollover drill			
40. Accelerate and Stop			
41. Slalom Course			
Rescue Operations – Team			
42. Approach and recovery – conscious victim			
43. Approach and recovery – multiple victims			
44. Spinal injury			
45. Disabled PWC/Boat rescue			

Professional Qualification Assessment: Rope (PQR)

This assessment provides independent verification of a student's qualification as a NFPA 1006 Rope Rescue Technician. This assessment is not an instructional course, but rather is a place for fully trained rescuers to prove their competency.

Prior to sitting for the PQR Assessment, candidates must complete a Taskbook, which is available by contacting Rescue 3 International at info@rescue3.com.

Contact hours

8 hours

Prerequisites

- Technical Rope Rescue Technician Level (TRRTL)

Qualification valid for

3 years

Recertifies

- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment Rope (PQR)

Recerted by

- Professional Qualification Assessment Rope (PQR)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Instructor: Rope (InsR)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Instructor Rope - Instructor Trainer (InsR-IT)
- Rope Rescue Instructor Trainer (RR-IT)

4

PQR

Professional Qualification Assessment

The Professional Qualification Assessment taskbook is available by contacting info@rescue3.com.

Professional Qualification Assessment: Water & Rope (PQWR)

This assessment provides independent verification of a student's qualification as an NFPA 1006 Swiftwater and Rope Rescue Technician under NFPA 1006. This assessment is not an instructional course, but rather is a place for fully trained rescuers to prove their competency.

Prior to sitting for the PQWR Assessment, candidates must complete a Taskbook, which is available by contacting Rescue 3 International at info@rescue3.com.

Contact hours

16 hours

Prerequisites

- Minimum age: 18
- Swiftwater & Flood Rescue Technician Advanced (SRTA)

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment Water & Rope (PQWR)

Recerted by

- Professional Qualification Assessment Water & Rope (PQWR)

Taught by

- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

4

PQWR

Professional Qualification Assessment

The Professional Qualification Assessment taskbook is available by contacting info@rescue3.com.

4

PQWR

Recreational Rappel Operator (RECRO)

The four day course is based on international best practice, including the New Zealand Mountain Safety Council's abseil instruction resources and covers how to lead group rappeling (abseiling) activities in a recreational context. It includes knots, environmental care, rope physics, technical equipment, anchoring, rappeling, contingency/releasable anchor systems, belaying, coaching new rappellers, emergency drills, ascending, risk management and site management.

This course is aimed at recreational users only and not suitable for public safety or industrial rope access. For those who already hold Technical Rope Rescue Technician Level (TRRTL), Rope Rescue Operator (RRO), or above, we offer a two day upgrade course. Students may have the opportunity to go on and complete certification as a Recreational Rappel Instructor (RECROI) with Rescue 3 International.

Contact hours

32 hours

Prerequisites

- Minimum age: 18.
- Must be comfortable working at heights and have previous rappeling (abseiling) experience

Qualification valid for

3 years

Recertifies

- Recreation Rappel Operator (RECRO)

Recerted by

- Recreation Rappel Operator (RECRO)

Taught by

- Recreational Rappel Instructor (RECROI)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)
- Instructor Rope - Instructor Trainer (InsR-IT)

Recreational Rappel Operator (RECRO)

	RK/ RS	SKILLS/KNOWLEDGE	Date	Student Initials	Instructor Initials
1.	RK	Overview of Rescue 3 International			
2.	RK	Environmental care (abseil care code)			
3.	RK	Rope disciplines: technical rescue, recreational, industrial			
4.	RK	Rope physics (vector/angle forces, fall factors)			
5.	RK	Technical equipment knowledge, maintenance and care			
6.	RK	Local adventure/recreational safety regulations			
7.	RS	Knots, hitches, prussic, bends, coiling, uncoiling.			
8.	RS	Dry run rappelling with clients – figure 8 descender			
9.	RS	Anchoring (load sharing) systems			
10.	RS	Anchoring (self equalizing) systems			
11.	RS	Harness type, selection and fitting.			
12.	RS	Rigging edgelines and personal safety			
13.	RS	Rigging recreational rappel system including contingency anchor			
14.	RS	Rappel stance and descent including stop and locking off			
15.	RS	Rappel on surfaced wall under control			
16.	RS	Independent belay operation for recreational rappelling			
17.	RS	Independent rigging including attachment to client			
18.	RS	Supporting anxious clients including edge transition			
19.	RS	Emergency Drill: Inverted client			
20.	RS	Emergency Drill: Jammed descender (client)			
21.	RS	Emergency Drill: Unresponsive client (lowering client to bottom)			
22.	RS	Emergency Drill: Unresponsive client (hauling client to top)			
23.	RS	Risk management systems and safety checks			
24.	RS	Periodic abrasion checks and rope adjustments			
25.	RS	Belay device: Petzl Grigri, Italian Hitch (delete as required)			
26.	RS	Belay – Self Belay			
27.	RS	Belay – Ground Belay			
28.	RS	Ascending – mechanical			
29.	RS	Ascending - prussiks			
30.	RK	Gear, rope and instructor logs			
31.	OS	Rappel in free fall (non-walled descent)			
32.	OS	Rappel in free fall inverted			
33.	OS	Rappel – using descenders (specify)			
34.	OS	Rappel self-rescue (foot wrap and prussic methods)			
35.	OS	Site management			

Recreational River Safety (RECRS)

The half-day course is based on international best practice, including the New Zealand Mountain Safety Council's river safety resources and covers river crossing decision making, shallow water crossing techniques (solo and group), river swimming survival techniques, use of throw-bags and where required, pack floats and wader safety drills are covered. This course is aimed at recreational users only.

Contact hours

4 hours

Prerequisites

Must be a confident swimmer.

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Recreational River Safety (RECRS)

Recerted by

- Recreational River Safety (RECRS)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)

Taught by

- Basic Water First Responder Instructor (BWFRI)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope (InsWR)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)
- Whitewater Rescue Technician - Recreational Instructor (WRTRI)
- Whitewater Rescue Technician Professional Instructor (WRTPI)
- Whitewater Rescue Technician Instructor Trainer (WRT-IT)

Recreational River Safety (RRS)

This course does not have a skill sheet.

For a detailed list of subjects taught in this course, contact info@rescue3.com

Rescues from Vehicles in Water (RVW)

The Rescue from Vehicles in Water workshop is a specialist course for Swiftwater and Flood Rescue Technicians that explores the skills required to deal with car related rescues in Swiftwater and Floods. The course looks at vehicle behavior and stabilization in water, as well as access techniques and victim extrication. Vehicle hydrology, glass management, anchors, and weight transfer are all addressed in this two day, hands on clinic.

Contact Hours

16 hours

Prerequisites

- Minimum age: 18
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Rescue from Vehicles in Water (RVW)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Rescue from Vehicles in Water Instructor (RVWI)
- Rescue from Vehicles in Water Instructor Trainer (RVW-IT)

Standard

Rescue 3 International Water Rescue Standard

Rescues from Vehicles in Water (RVW)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Vehicle behavior in water	79			
Pre-planning	10			
Incident size-up for rescues from vehicles in water	80			
Incident management for rescues from vehicles in water	81			
Glass management	82			
Personal equipment for rescues from vehicles in water	83			
Medical and decontamination considerations for rescues from vehicles in water	84			
Considerations for night/poor visibility operations	17			
Communications	22			
Anchors - vehicle and bank	85			
Vehicle stabilization	86			
Victim extrication	87			
Shallow water techniques for rescues from vehicles in water	88			
True rescues in moving water - tethered	38			
Pendulum extrication	89			
Tensioned diagonals for rescues from vehicles in water	90			
Tethered boat techniques for rescues from vehicles in water	91			
Single bank extended platform	92			

RVW version 1.5.2

4

RVW

Rope Access for Emergency Responders (RAFER)

The Rope Access for Emergency Responders course is aimed at members of technical rope rescue teams who want to become proficient in rope access techniques. This course is specifically aimed at emergency services and not for industrial technical rope rescue.

Contact hours

18 hours

Prerequisites

Minimum age: 18

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)

Recerted by

- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Access for Emergency Responders (WTAFER)
- Wind Turbine Operator (WTO)
- Tower Safety, Climbing, & Rescue (TWR)

Taught by

- Rope Access for Emergency Responders Instructor (RAFERI)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)

Standard

Rescue 3 International Rope Standard

Rope Access for Emergency Responders (RAFER)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Training Standards	2			
Medical considerations	3			
Personal equipment	4			
Technical Equipment	5			
Pre-planning	6			
Risk assessments	7			
Incident size-up	8.2 - 8.3, 8.5 - 8.7			
Incident Management & Site Control	9.1 - 9.3			
Loads and forces	10.1 - 10.3			
System safety checks	11			
Communications	12			
Knots	13			
Anchor systems	14.1 - 14.4			
Rope Protection	15			
Work restraint	16			
Fall arrest	17			
Connecting a casualty on a line using a telescopic pole	20			
Lifting and lowering a casualty using a preinstalled device	21.1 - 20.2			
Mechanical advantage	24			
Casualty care and packaging	23.1 - 23.2			
Personal ascending and descending	25			
Passing obstructions while ascending/descending	26			
Individual pick-offs	27			
Rope transfers/changeovers	28			

RAFER Skill Sheet v17.1

4

RAFER

Rope Rescue Operator (RRO)

The Rope Rescue Operator (RRO) course introduces the knowledge and skills required by personnel to operate safely and effectively during rope rescues and be an active part of a rope rescue team working under the supervision of Rope Rescue Technicians.

Contact hours

30 hours

Prerequisites

- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)

Recertified By

- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Operator (WTO)
- Tower Safety, Climbing, & Rescue (TWR)

Taught by

- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)

Standard

Rescue 3 International Rope Standard

Rope Rescue Operator (RRO)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Training Standards	2			
Medical considerations	3			
Personal equipment	4			
Technical Equipment	5			
Pre-planning	6			
Risk assessments	7			
Incident size-up	8.2 - 8.3, 8.5 - 8.7			
Incident Management & Site Control	9.1 - 9.3, 9.8			
Loads and forces	10.1 - 10.7, 10.9, 10.10			
System safety checks	11			
Communications	12			
Knots	13			
Anchor systems	14.1 - 14.4			
Rope Protection	15			
Work restraint	16			
Fall arrest	17			
Lead climbing with lanyards	19			
Connecting a casualty on a line using a telescopic pole	20			
Lifting and lowering a casualty using a preinstalled device	21			
Mechanical advantage	24			
Casualty care and packaging	23.1 - 23.2			
Personal ascending and descending	25			
Individual pick-offs	27			
Climbing over a 90 degree edge	29			
Team based pick-off	30			
Litter management - low angle	31			
Team-based raising and lowering systems	32			
Introduction to Litter management - high angle	33			
Artificial high directions	39			
Tagline offsets	34			
Steep Angle Considerations	35			

RRO Skill Sheet v1.1

4

RRO

Rope Rescue Technician (RRT)

The Rope Rescue Technician (RRT) course covers concepts and techniques to enable small teams to undertake technical rope rescues. A building block approach is used throughout the course so that candidates can progress from key concepts through to the rigging and operation of full systems for raising, lowering and highline rescues.

Contact hours

30 hours

Prerequisites

- Rope Rescue Operator (RRO)
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)

Recertified By

- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Operator (WTO)
- Tower Safety, Climbing, & Rescue (TWR)

Taught by

- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)

Standard

Rescue 3 International Rope Standard

Rope Rescue Technician (RRT)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Training Standards	2			
Medical considerations	3			
Personal equipment	4			
Technical Equipment	5			
Pre-planning	6			
Risk assessments	7			
Incident size-up	8.2 - 8.3, 8.5 - 8.7			
Incident Management & Site Control	9.1 - 9.3, 9.5 - 9.8			
Loads and forces	10.1 - 10.7, 10.9, 10.11			
System safety checks	11			
Communications	12			
Knots	13			
Anchor systems	14.1 - 14.4			
Rope Protection	15			
Work restraint	16			
Fall arrest	17.1			
Mechanical advantage	24			
Casualty care and packaging	23			
Rope transfers/changeovers	28			
Team based pick-off	30			
Litter management - high angle	33.2			
Mirrored team-based raising and lowering systems	36			
Horizontal litter edge transition without attendant and without high directional	37			
Vertical litter edge transition without attendant and without high directional	38			
Artificial high directions	39.1 - 39.3			
Offsets - track/guideline, skateblock, deflection	40			
Passing knots through a system	41			
Introduction to highline systems	42			
Scenarios	43			

RRT Skill Sheet v17.1

4

RRT

Rope Rescue Specialist (RRS)

The Rope Rescue Specialist (RRS) course is for rope rescue team members who already have completed a comprehensive basic training and want to continue to specialize. This training continues where the Rope Rescue Technician (RRT) course finishes. The RRS course examines advanced technical solutions. It elaborates on the use of multi-pods, monopod and A-frames, various configurations of steep, diagonal and horizontal spans, the use of multiple track lines in highline operations, industrial lead climbing, loads and forces, incident management and scenario training. This training is consistent with NFPA 1670 and 1006 standards for technician level.

Contact hours

30 hours

Prerequisites

- Rope Rescue Technician (RRT)
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Operator (WTO)
- Tower Safety, Climbing, & Rescue (TWR)

Recertified By

- Rope Rescue Specialist (RRS)

Taught by

- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)

Standard

[Rescue 3 International Rope Standard](#)

Rope Rescue Specialist (RRS)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Incident Management & Site Control	9.5, 9.7 - 9.11			
Horizontal litter edge transition without attendant and without high directional	37			
Vertical litter edge transition without attendant and without high directional	38			
Artificial high directions	39.4 - 39.5			
Force calculations, advanced systems analysis	44			
Complex rescue scenarios	45			
Advanced knots and anchor point variations	46			
Releasable jigger anchors	47			
Lead climbing with a shepherd's hook	48			
Lead climbing with self-placed intermediate anchors	49			
Aid climbing	50			
Installing artificial anchors	51			
First-man-up systems	52			
Two rope offsets	53			
Highline rope system - Kootenay highline	54			
Highline rope system - English reeve	55			
Highline rope system - Norwegian reeve	56			
Multiple track lines in a highline system	57			
Night scenarios	58			
Rope rescue special problems	59			
Job risk analysis	60			
Developing standard operational procedures	61			
Developing and pre-planning rescue plans	62			
Size-up and hazard analysis of an incident	63			
Team briefing using a briefing model	64			
Supervising and guiding an operational team	65			
Communicating with other emergency services	66			
Performing a debriefing with a team	67			
Use of incident report forms	68			
Scenarios	43			

RRS Skill Sheet v17.1

4

RRS

Safe Work at Heights (SWAH)

The Safe Work at Heights course provides insight into the dangers that workers face when working at height. Often, workers are faced with working at height during their jobs. Employment regulations clearly state that this must be done safely. During this course, students will learn how to properly use a variety of fall arrest resources, such as harnesses, lines, lanyards and industrial fall arresters. The course covers, in detail, how these resources should be used in lifts, ladder trucks, and with a roof set, as used by fire services.

Contact hours

4 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Work at Heights (SWAH)

Recerted by

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Wind Turbine Operator (WTO)
- Wind Turbine Access for Emergency Responders (WTAFER)
- Tower Safety, Climbing, & Rescue (TWR)

Taught by

- Safe Work at Heights Tutor (SWAHT)
- Co-Worker Rescue at Heights Instructor (CWRHI)
- Rope Access for Emergency Responders Instructor (RAFERI)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)
- Rope Rescue Instructor Trainer (RR-IT)

Standard

[Rescue 3 International Rope Standard](#)

Safe Work at Heights (SWAH)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1			
Training Standards	2			
Medical considerations	3			
Personal equipment	4			
Technical Equipment	5			
Pre-planning	6			
Risk assessments	7			
Incident size-up	8.1 - 8.3			
Incident Management & Site Control	9.1 - 9.4			
Loads and forces	10.1 - 10.3			
System safety checks	11			
Communications	12			
Knots	13			
Anchor systems	14			
Rope Protection	15			
Work restraint	16			
Fall arrest	17			
Emergency descending	18			
Lead climbing with lanyards	19			

SWAH Skill Sheet v17.1

4

SWAH

Safe Working in Confined Spaces (SWCS)

The Safe Working in Confined Spaces (SWCS) course provides insight into the dangers that workers face when working in confined spaces and the current legislation in this area. Often, workers are faced with working in confined spaces during their jobs. Employment regulations clearly state that this must be done safely.

Contact hours

3.5 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Safe Working in Confined Spaces (SWCS)

Recertified By

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)

Taught by

- Safe Work in Confined Space Instructor (SWCSI)
- Confined Space Entry and Rescue Instructor (CSERI)
- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)
- Confined Space Rescue Instructor Trainer (CSR-IT)

Standard

[Rescue 3 International Confined Space Standard](#)

Safe Working in Confined Spaces (SWCS)

Skill / Knowledge	Standard	Date	Student Initials	Instructor Initials
Rescue 3 Philosophy	1.1, 1.2			
Confined Space definitions and hazards	2			
Legislation and Standards	3			
Confined space hazards and risk assessment	4.1-4.3, 4.5-4.6			
Personal Safety	5			
Introduction to Air monitoring	6.1, 6.2, 6.4,			
Lock-out, tag-out	7.1, 7.2			
Safe systems of work and permits to work	13			
Last-minute risk analysis and system safety check	15			
On-scene safety briefing and site control	16.1- 16.4			
Size-up, pre-planning and ICS	17.5, 17.7			
Personal and Team Equipment	18.1, 18.3, 18.4, 18.6, 18.8, 18.9			
Equipment care and maintenance	19			
Entry procedures/entrant/safety attendant/entry supervisor	20			
Escape sets	21			
Communications and Verbal Commands	22.2, 22.3, 22.5, 22.6			
Use of a 4 gas diffuse meter	24			
Confined space ventilation	26			
Introduction to technical gear and entry systems	27			
Knots	28.1, 28.3			
Anchor Systems	29.1, 29.3, 29.5, 29.6, 29.8			
Standard tripod configurations and mechanical hoisting	33			
Work restraint	34			
Vertical confined space entry with ladder and fall arrest block	35			
Vertical confined space entry with ladder and fall arrest block	37.6			
Emergency procedures	55			

SWCS Skill Sheet v1.1

4

SWCS

Safe Work Near Water (SWNW)

A classroom-based course, that looks at the hazards and risk associated with inland (lakes, canals, rivers) and coastal water. It looks at basic control measures and safe working practices that can be introduced, including types of PPE and their use. The SWNW course is designed for industry, civil engineering, and other workers near water. The comparable course for those supporting rescue teams is Water and Flood Awareness (AWR).

Contact hours

4 hours

Prerequisites

- Minimum age: 18

Qualification valid for

3 years

Recertifies

- Safe Work Near Water (SWNW)

Recerted by

- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)

Taught by

- Water and Flood Awareness Tutor (AWRT)
- Basic Water First Responder Instructor (BWFR)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Safe Work Near Water (SWNW)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Hydrology and water hazards	4			
Personal equipment	7.1, 7.4			
Rescue Equipment Considerations	8			
Pre-planning	10			
Risk assessments	11			
Incident size-up (non-emergency services)	13.1, 13.2			
Site control (non-emergency services)	15			
Medical and decontamination considerations	16.1, 16.3, 16.4			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18.1			
Communications	22			
Accidental immersion considerations	26			
Practical skills				
Receiving a throwbag (dry land)	31.4			
Optional:				
Optional:				

SWNW version 1.5.1

4

SWNW

Searching Rivers and Floods (SRF)

This four day course examines the initial first response actions to be undertaken, progressing through to extended searching activities, and concludes with search suspension considerations.

It is specifically designed for agencies responding to water based searches but will also give the student a wider insight into the overall search management process. There is an emphasis on the development of in-water techniques appropriate to the flooded urban environment and river corridor searches. Particular emphasis is placed upon the use of mapping and GPS technology to interpret and manage the search area so that resources can be deployed appropriately. Safety considerations and dynamic risk assessment are emphasized throughout the class.

Contact Hours

32 hours

Prerequisites

- Minimum age: 18
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Searching Rivers and Floods (SRF)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Searching Rivers and Floods (SRF)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Searching Rivers and Floods Instructor (SRFI)
- Searching Rivers and Floods Instructor Trainer (SRFI-IT)

Searching Rivers and Floods (SRF)

	SKILL/KNOWLEDGE	RS/RK	Date Performed/Observed	Student Initials	Instructor Initials
	Lecture Knowledge				
1.	N.F.P.A. Standards	RK			
2.	Rescue 3 Philosophy	RK			
3.	Search Team Safety	RK			
4.	General Hazards	RK			
5.	Search Theory	RK			
6.	Lost Person Behaviour	RK			
7.	Incident Management & Command Structure	RK			
8.	Search Asset Capabilities	RK			
9.	Suspending the Search	RK			
	Management Skills				
10.	Reflex Tasking	RS			
11.	Informant Interviewing	RS			
12.	Search Team Briefing	RS			
13.	Search Team Briefing	RS			
14.	POA Proportional Consensus Allocation	RS			
15.	Coverage & POD Determination	RS			
16.	Resource Allocation	RS			
	Field Skills				
17.	Navigation	RK			
18.	Orientation with conventional maps	RS			
19.	Electronic mapping	RS			
20.	GPS Tracking	RS			
21.	Average Mean Detection Range (ADMR) Determination	RS			
22.	Clue Awareness	RK			
23.	Hasty Searching	RK			
24.	Searching in Water	RS			
25.	Searching Water Margins	RS			
26.	Flooded Urban Searching Considerations	RS			
27.	Scenarios:	RK			
28.	Optional:				
29.	Optional:				
30.	Optional:				

4

SRF

Surface Ice Awareness (SIRA)

This 4-hour classroom session provides an introduction to the due diligence and risk management requirements associated with supervising personnel who work on surface ice including frozen lakes, ponds, and rivers. The course identifies hazards associated with surface ice and introduces the safe work procedures and equipment that can be used to reduce the risk. The curriculum is geared to the needs of field personnel who work alone or in pairs with limited equipment.

Contact Hours

4 hours

Prerequisites

None

Qualification valid for

3 years

Recertifies

- Surface Ice Awareness (SIRA)

Recerted by

- Surface Ice Awareness (SIRA)
- Surface Ice Field Safety (SIFS)
- Surface Ice Rescue Technician (SIRT)
- Surface Ice Rescue Specialist (SIRS)

Taught by

- Surface Ice Rescue Technician Instructor (SIRTI)
- Surface Ice Rescue Specialist Instructor (SIRSI)
- Surface Ice Rescue Instructor Trainer (SIRT-IT)

Standard

Rescue 3 International Ice Rescue Standard

Surface Ice Awareness (SIRA)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge		dd/mm/yyyy		
Rescue 3 Philosophy of Rescue	1			
Training Standards	2			
Best Practice Guidelines for Ice Rescue Operations	3			
Risk Management and Rescuer Safety	4			
Ice Properties, Formation and Types	5			
Ice Hazards	6			
Basic Swiftwater Hydrology	7			
Personal Protective Equipment	8			
Technical and Team Equipment	9			
Management and Preplanning	10			
ICS and Site Control	12			
Communications	13			
Medical Considerations	14			
Other				
Knots, Bends and Hitches	15			
Additional:				
Additional:				

IRA version 15.2

4

SIRA

Surface Ice Field Safety (SIFS)

This course is comprehensive training for those who work or travel on ice over lakes, ponds, and reservoirs, or rivers that are completely frozen over. The curriculum includes the formation of ice and the factors that influence its decay, how to determine ice thickness, the identification of hazards, travelling on ice, self rescue and a range of options for the rescue of others - including single rescuer techniques for field personnel that work in pairs. The curriculum also includes the medical complications posed by cold water immersion and hypothermia, and the significant implications for rescue and transport.

Contact Hours

16 hours

Prerequisites

Minimum age: 18 years

Qualification valid for

3 years

Recertifies

- Surface Ice Awareness (SIRA)
- Surface Ice Field Safety (SIFS)

Recerted by

- Surface Ice Field Safety (SIFS)

Taught by

- Surface Ice Rescue Technician Instructor (SIRTI)
- Surface Ice Rescue Specialist Instructor (SIRSI)
- Surface Ice Rescue Instructor Trainer (SIRT-IT)

Standard

Rescue 3 International Ice Rescue Standard

Surface Ice Field Safety (SIFS)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge		dd/mm/yyyy		
Rescue 3 Philosophy of Rescue	1			
Training Standards	2			
Best Practice Guidelines for Ice Rescue Operations	3			
Risk Management and Rescuer Safety	4			
Ice Properties, Formation and Types	5			
Ice Hazards	6			
Basic Swiftwater Hydrology	7			
Personal Protective Equipment	8			
Technical and Team Equipment	9			
Management and Preplanning	10			
Incident Size up	11			
ICS and Site Control	12			
Communications	13			
Medical Considerations	14			
Practical Skills				
Knots, Bends and Hitches	15			
Anchorage Options and Techniques	16			
Tensioning Systems and Mechanical Advantage	17			
Ice Testing Procedures	18			
Walking on Ice	19			
Self Rescue Techniques	20			
Conditional Rescues	21			
True Rescues (Contact Rescue)	22			
Co-Worker Rescue (one person rescue techniques)	34			
Rope Assisted Self Rescue/Belay techniques	35			
Rescue Scenario				
Optional Skills				
Rescue Craft	23			
Equipment Recovery Strategies	36			
Additional:				
Additional:				

IFS version 15.2

4

SIFS

Surface Ice Rescue Specialist (SIRS)

For personnel who operate on frozen, large volume rivers with open leads.

This course typically runs 3 days and covers all of the skills taught in Surface Ice Rescue Technician (SIRT), as well as addressing the substantially higher-risk environment encountered when working on large volume rivers with open leads. Also covered are size up, risk analysis, and hazard mitigation, PPE considerations, self-rescue techniques, and throw bagging. Scenario-based training using both standard and improvised ice rescue equipment will be carried out.

This course can also be taught as a 1 day upgrade for students who have already completed the Surface Ice Rescue Technician (SIRT) course.

Contact Hours

- 24 hours
- Upgrade from SIRT - 8 hours

Prerequisites

- Minimum age: 18
- Competent swimmer
- Swiftwater and Flood Rescue Technician (SRT)
- 1 day upgrade course only - Surface Ice Rescue Technician (SIRT)

Qualification valid for

3 years

Recertifies

- Surface Ice Awareness (SIRA)
- Surface Ice Rescue Technician (SIRT)
- Surface Ice Rescue Specialist (SIRS)

Recerted by

- Surface Ice Rescue Specialist (SIRS)

Taught by

- Surface Ice Rescue Specialist Instructor (SIRSI)
- Surface Ice Rescue Instructor Trainer (SIRT-IT)

Standard

Rescue 3 International Ice Rescue Standard

Surface Ice Rescue Specialist (SIRS)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge		dd/mm/yyyy		
Rescue 3 Philosophy of Rescue	1			
Training Standards	2			
Best Practice Guidelines for Ice Rescue Operations	3			
Risk Management and Rescuer Safety	4			
Ice Properties, Formation and Types	5			
Ice Hazards	6			
Basic Swiftwater Hydrology	7			
Personal Protective Equipment	8			
Technical and Team Equipment	9			
Incident Size up	11			
ICS and Site Control	12			
Communications	13			
Practical Skills				
Knots, Bends and Hitches	15			
Anchorage Options and Techniques	16			
Tensioning Systems and Mechanical Advantage	17			
Walking on Ice	19			
Dynamic Ice Swimming and Self Rescue Techniques	27			
Dynamic Ice Conditional Rescue Considerations	28			
Dynamic Ice True Rescue Considerations	29			
Dynamic Off Mantle Rescue Techniques - Rescuer Based	31			
Dynamic Ice Mantle-Based Craft Rescue Considerations	30			
Dynamic Off Mantle Rescue Techniques - Craft Based	32			
Containment Strategies for Dynamic Ice	33			
Rescue Scenario				
Optional Skills				
Additional:				
Additional:				

SIRS version 16.1

4

SIRS

Surface Ice Rescue Technician (SIRT)

Because there is no such thing as “safe ice”, Rescue 3’s Surface Ice Rescue Technician course teaches you how to operate as safely as possible in this high-risk environment. This course is especially valuable for those who work on frozen lakes and rivers, or for emergency service personnel who may be called on to respond to an incident where someone has fallen through the ice.

During the course, students will learn the unique properties and problems associated with working around and on ice, as well as self rescue techniques, rescuer safety, preplanning for and size-up of ice rescue incidents, and victim rescue. Students are taught how to determine ice strength, as well as the most common dangers associated with ice. Students learn to recognize and deal with cold stress and hypothermia, as well as participating in self-rescue drills and practicing rescuing others using various techniques.

Contact Hours

16 hours

Prerequisites

Minimum age: 18 years

Qualification valid for

3 years

Recertifies

- Surface Ice Awareness (SIRA)
- Surface Ice Rescue Technician (SIRT)

Recerted by

- Surface Ice Rescue Technician (SIRT)
- Surface Ice Rescue Specialist (SIRS)

Taught by

- Surface Ice Rescue Technician Instructor (SIRTI)
- Surface Ice Rescue Specialist Instructor (SIRSI)
- Surface Ice Rescue Instructor Trainer (SIRT-IT)

Standard

Rescue 3 International Ice Rescue Standard

Surface Ice Rescue Technician (SIRT)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge		dd/mm/yyyy		
Rescue 3 Philosophy of Rescue	1			
Training Standards	2			
Best Practice Guidelines for Ice Rescue Operations	3			
Risk Management and Rescuer Safety	4			
Ice Properties, Formation and Types	5			
Ice Hazards	6			
Basic Swiftwater Hydrology	7			
Personal Protective Equipment	8			
Technical and Team Equipment	9			
Management and Preplanning	10			
Incident Size up	11			
ICS and Site Control	12			
Communications	13			
Medical Considerations	14			
Practical Skills				
Knots, Bends and Hitches	15			
Anchorage Options and Techniques	16			
Tensioning Systems and Mechanical Advantage	17			
Ice Testing Procedures	18			
Walking on Ice	19			
Self Rescue Techniques	20			
Conditional Rescues	21			
True Rescues (Contact Rescue)	22			
Rescue Craft	23			
Animal Rescue Considerations	24			
Rescue Scenario				
Optional Skills				
Inflated Fire Hose (Optional)	25			
Ladder Rescue Techniques (Optional)	26			
Co-Worker Rescue (one person rescue techniques)	34			
Rope Assisted Self Rescue/Belay techniques	35			
Equipment Recovery Strategies	36			
Additional:				

IRT version 15.2

4

SIRT

Swiftwater & Flood Rescue Technician Advanced (SRTA)

This course builds on the skills learned in the Swiftwater and Flood Rescue Technician (SRT), taking the students beyond the emphasis on self-rescue to concentrate on victim rescue. Students are exposed to more complex water rescue situations including a mock night river rescue scenario. The three day course includes 4-6 hours of classroom instruction, followed by two and one-half days of hands-on skill development.

Students are introduced to the role and utilization of various skills in river and flood rescue, including

- rope systems
- management of litter & patient raising systems
- highline systems
- advanced river search concepts
- performing rescues at night or in low visibility
- and basic flood disaster management.

Contact hours

24 hours

Prerequisites

- Minimum age: 18
- Swiftwater and Flood Rescue Technician (SRT)
- Rope Rescue Operator (RRO) or Technical Rope Rescue Technician Level (TRRTL)¹

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)

Recerted by

- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

¹ Certain equivalent rope courses may be accepted. Please contact your instructor, regional director, or Rescue 3 corporate office for more information about what equivalents are accepted in your area. Please note: not all regions allow equivalent courses. Also, students who attend with equivalent certifications but do not have sufficient knowledge to complete course requirements may not receive certification.

Swiftwater & Flood Rescue Technician Advanced (SRTA)

4

SRTA

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Dynamic risk assessment and incident size-up	50			
Advanced Incident Management and Site Control	51			
Advanced Hydrology	52			
Weir (low-head dam) assessment and pre-planning	53			
Aqueduct hazards and techniques	54			
Advanced water rescue techniques				
Advanced swiftwater swimming techniques	57			
Advanced conditional rescues - talk, reach, throw	58			
Advanced true rescues - tethered	59			
Advanced entrapment techniques	60			
Rescue platforms, sleds and boards	48			
Ropes in a water environment				
Technical Rope Rescue Review	56			
Line crossing methods	36			
Highline rope systems or complicated technical rope evolution	61			
Tethered boats in high energy water	62			
Stretcher Management				
Boat based litter management	63			
In-water litter management	64			
Boat Handling				
Introduction to paddle boat handling	39			
Boat unwrapping	40			
Flips and rights	41			
Crew recovery	67			
Victim recovery	68			
Search				
Introduction to search management	55			
Search exercise	65			
Night/poor visibility operations				
Considerations for night/poor visibility operations	17			
Night/poor visibility operation	66			

SRTA version 16.1

Swiftwater and Flood Awareness Online (AWRO)

This comprehensive introduction course trains students to the Awareness Level and provides the information necessary for those individuals who may respond to a water or flood emergency, or who will support trained rescues from the shore, air, or from afar. Students will learn proper protocol and techniques, as well as dangers to avoid and how not to become victims themselves.

This self-paced course features exciting information-packed-videos that allow students to immerse themselves in the world of water and flood rescue. During the course, students have the ability to fully learn the material by:

- Start and stop videos
- Downloading material
- Rewatch and review curriculum as many times as necessary
- Receive immediate feedback through online practice quizzes.

Once students have a firm grasp of the material, they take the final exam and, upon successful completion, receive their certification.

Contact hours

8 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)

Recerted by

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Online - Register at <http://rescue3.earthexperience.com/product/awr/>

Swiftwater and Flood Awareness Online (AWRO)

This course does not have a skill sheet.

For a detailed list of subjects taught in this course, contact info@rescue3.com

4

AWRO

Swiftwater and Flood Rescue Boat Operator (SFRBO)

The Swiftwater and Flood Rescue Boat Operator program combines all of the skills learned in the Flood Rescue Boat Operator (FRBO) and Swiftwater Rescue Boat Operator (SRBO) courses. Students will learn to handle boats in both flat and moving water (Class III), as well as how to perform rescues safely and effectively in both environments.

Contact hours

40 hours

Prerequisites

- Must be a confident swimmer
- Minimum age: 18.
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Flood Rescue Boat Operator (FRBO)
- Swiftwater Rescue Boat Operator (SRBO)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)
- Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT)

Swiftwater and Flood Rescue Boat Operator (SFRBO)

	SKILL/KNOWLEDGE		Date Performed/Observed	Student Initials	Instructor Initials
1.	Operational Risk Assessment	Lecture			
2.	Crew Positions and Responsibilities	Lecture			
3.	Boat Handling Theory	Lecture			
4.	Navigation Rules	Lecture			
5.	Swiftwater Dynamics – Class I to III	Lecture			
6.	FEMA/NIMS and Team Types	Lecture			
7.	Inter-Agency Operations and Large Scale Incidents	Lecture			
8.	Search Techniques	Lecture			
9.	Night Operation Organization and Safety	Lecture			
10.	Daily, Pre-Trip and Post-Trip Check Procedures				
11.	Boat Rigging				
12.	Station Holding – Class I				
13.	Station Holding – Class III				
14.	Mid-Stream Object Touches – Class I				
15.	Mid-Stream Object Touches – Class III				
16.	Fast-Water Landings				
17.	Motor Failure Procedures				
18.	Flat Water Close Quarter Maneuver – Class I				
19.	Upstream Close Quarter Maneuver – Class III				
20.	Downstream Close Quarter Maneuver – Class III				
21.	Flat Water On-Plane Maneuver – Class I				
22.	Upstream On-Plane Maneuver – Class III				
23.	Downstream On-Plane Maneuver – Class III				
24.	Person in Water Recovery – Class I				
25.	Person in Water Recovery – Class III				
26.	Rescue Swimmer Deployment – Class I				
27.	Rescue Swimmer Deployment – Class III				
28.	Capsize Recovery – Class I				
29.	Capsize Recovery – Class III				
30.	Towing				
31.	Search Scenario – Daylight				
32.	Night Operation				
33.					
34.					

4

SFRBO

Swiftwater and Flood Rescue Technician (SRT)

The SRT course provides rescuers with the fundamentals of survival in moving water and is recommended for anyone who may be called upon to effect in-water rescues. Students gain knowledge in hydrology and river classifications, size-up, site control and scene management. Practical skills include self-rescue, swiftwater swimming and the fundamentals of shore, boat and in-water rescues. Additionally students are introduced to the basics of boat handling and the fundamentals of rope rescue including mechanical advantage and anchor systems.

Contact hours

24 hours

Prerequisites

- Minimum age: 18
- Confident Swimmer

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater & Flood Rescue Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater & Flood Rescue Technician (SRT)

Recerted by

- Water Specialty Course group (see Water specialty course recertification (pg 8))
- Swiftwater & Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Standard

Rescue 3 International Water Rescue Standard

Swiftwater & Flood Rescue Technician (SRT)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Best Practice Guidelines	3			
Hydrology and water hazards	4			
Floodwater dynamics and hazards	5			
Flood theory	6			
Personal equipment	7			
Technical and team equipment	9			
Pre-planning	10			
Risk assessments	11			
Incident size-up	12			
Incident management and site control	14			
Medical and decontamination considerations	16			
Considerations for night/poor visibility operations	17			
Introduction to searching rivers and floods	19			
Search considerations	20			
Helicopter familiarization	21			
Communications	22			
Weir (low head dam) rescue considerations	23			
Introduction to rescues from vehicles in water	24			
Animal rescue considerations	25			
Mud, ice and unstable surface considerations (optional)	18			
Water Skills				
Swiftwater swimming techniques	29			
Strainer swim	30			
Conditional rescues - talk, reach, throw	31			
Shallow water techniques	32			
Tethered boat techniques	33			
Inflated fire hose (if used by agency)	34			
Tensioned diagonals	35			
Line crossing methods	36			
True rescues in moving water - tethered	38			
Introduction to paddle boat handling (if used by agency)	39			
Boat unwrapping (if used by agency)	40			
Flips and rights (if used by agency)	41			
People and equipment entrapments	42			
Victim management	43			
Knots and anchor systems	44			
Tensioning systems and mechanical advantage	45			
Belay systems	46			
Scenarios	47			

SRT version 1.5.2

4

SRT

Swiftwater Paddle Boat Handling (SPBH)

The Swiftwater Paddle Boat Handling (SPBH) course is designed for Rescue 3 Swiftwater Rescue Technicians (SRTs), who wish to improve and expand on their paddle boat handling ability. It follows on from the basic boat handling section in the SRT class and covers in more depth, swiftwater boat handling and rescue scenarios using the paddle boat as a rescue craft.

It is a supporting course to assist trained swiftwater rescuers, rather than a qualification to be used by professional river users. Shortly and sweetly, it's not a raft guide qualification. The Swiftwater Paddle Boat Handling course is designed as a paddle boat handling course only, and does not cover use of powered craft. However, it may be used to support Rescue 3 powerboat courses.

Contact hours

12 hours

Prerequisites

- Swiftwater and Flood Rescue Technician (SRT)
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Swiftwater Paddle Boat Handling (SPBH)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Swiftwater Paddle Boat Handling (SPBH)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Swiftwater Paddle Boat Handling Instructor (SPBHI)
- Swiftwater Paddle Boat Handling Instructor Trainer (SPBH-IT)

Swiftwater Paddle Boat Handling (SPBH)

4

SPBH

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Water rescue training standards			
3. Personal equipment			
4. Dynamic risk assessment and incident size-up			
5. Pre-planning			
6. Medical and decontamination considerations			
7. Route planning			
8. Communications			
9. Crew operational roles			
10. Multiple boat operations			
11. Swiftwater dynamics and hazards			
12. Boat and hull types			
13. Rescue boat equipment			
14. Pre- and post-trip checks			
15. Considerations for night/poor visibility operations			
Rescue boat operations			
16. Launching and recovery			
17. Boat handling with paddles			
18. Securing			
19. Flips and rights			
20. Team/personal recovery			
21. Casualty pick-up and recovery			
22. Casualty management			
23. Boat-based conditional rescues			
24. Boat wraps			
25. Hydraulics and weir considerations			
Other			
Optional:			

Swiftwater Recovery Specialist (SRS)

With a curriculum designed by international experts, this one day course is specially-designed for those already certified to the Swiftwater Rescue Technician level (current certification required). It explores the complexities and techniques of body recovery from shallow depth swiftwater environments.

This advanced course was developed based on input from subject experts around the globe. This course is the only one of its kind, and has received international attention based on its comprehensive and thoughtful approach to the subject matter.

Contact Hours

16 hours

Prerequisites

- Minimum age: 18
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater Recovery Specialist (SRS)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Swiftwater Recovery Specialist (SRS)
- Swiftwater and Flood Rescue Technician (SRT)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Swiftwater Recovery Specialist Instructor (SRSI)
- Swiftwater Recovery Specialist Instructor Trainer (SRS-IT)

Swiftwater Recovery Specialist (SRS)

	<i>RK/ RS</i>	<i>SKILLS/KNOWLEDGE</i>	<i>Date</i>	<i>Student Initials</i>	<i>Instructor Initials</i>
1.	RK	Determining mode (Rescue vs. Recovery)			
2.	RK	Local legal authority and roles			
3.	RK	Disaster victim identification			
4.	RK	Recovery management			
5.	RK	Absolutes of body recovery			
6.	RK	Decomposition factors			
7.	RK	Infectious disease control and personal safety			
8.	RK	Psychological considerations			
9.	RK	Management of family and media			
10.	RK	Recording and presenting evidence for law enforcement			
11.	RK	Body recovery equipment, techniques and case studies			
12.	RK	Recovery methods from highline			
13.	RS	Recovery methods using advanced throw bag techniques			
14.	RS	Recovery methods from boat or board			
15.	RS	Specialist equipment: Mr. Flexi, Captain Hook			
16.	RK	SRS/SRM written exam			
17.	OS	Other specialist equipment: (specify)			
18.	OS	Recovery methods from vehicles			
19.	OS	Recovery exercise – Grade 2-3 (SRT1 only)			
20.	OS	Recovery exercise – Grade 3-5 (SRTA only)			
21.		Additional Skills:			

Swiftwater Rescue Boat Operator (SRBO)

This course is designed to introduce students to boat operation on swiftwater. During the course students gain experience reading moving water and operating boats in current. Using both a motor and paddles, students will practice such skills as use and avoidance of hydraulics, ferrying across current, and obstacle navigation will be practiced in Class I and II whitewater. Students then progress to operating both up and down stream in class III and above whitewater. Other exercises include night operation scenarios and multiple boat operations.

Contact hours

24 hours

Prerequisites

- Flood Rescue Boat Operator (FRBO) or
- Prior boat experience and Swiftwater and Flood Rescue Technician (SRT)
- Minimum age: 18

Qualification valid for

3 years

Recertifies

- Flood Rescue Boat Operator (FRBO)
- Swiftwater Rescue Boat Operator (SRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Swiftwater Rescue Boat Operator (SRBO)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)
- Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT)

Swiftwater Rescue Boat Operator (SRBO)

	SKILL/KNOWLEDGE		Date Performed/Observed	Student Initials	Instructor Initials
1.	Rescuer safety, training & equipment	Lecture			
2.	Swiftwater dynamics	Lecture			
3.	Boats - handling & types	Lecture			
4.	Applicable Coast Guard & local laws/statutes	Lecture			
5.	Maintenance: hull & engine, repair kits	Lecture			
6.	Daily, pre-trip and post-trip check procedures	Lecture			
7.	Victim management	Lecture			
8.	Boat rigging & trailering	Lecture			
9.	On-scene safety orientation	Lecture			
10.	Night ops organization & safety	Lecture			
11.	Static: Crew operational duties	Lecture			
12.	Static: Operational familiarization with equipment				
13.	Static: Basic paddle boat handling				
14.	Static: Flips & rights				
15.	Static: Crew-person overboard recovery				
16.	Static: Maneuvers around objects/course				
17.	Static: Victim pick-up				
18.	Static: Towing – stranded vessel				
19.	Dynamic: Boat maneuvers, Class 1 water				
20.	Dynamic: Flips & rights				
21.	Dynamic: Basic paddle boat handling				
22.	Dynamic: Crew-person overboard recovery				
23.	Dynamic: Maneuvers around objects/course				
24.	Dynamic: Boat maneuvers, Class 2 water				
25.	Dynamic: Boat maneuvers, Class 3 water				
26.	Dynamic: Victim pick-up				
27.	Dynamic: Boat based "live bait" rescue				
28.	Dynamic: Towing - stranded vessel				
29.	Dynamic: Rescue problem				
30.	Night ops problem				
31.	Other:				

4

SRBO

Technical Animal Rescue in Swiftwater (TAR)

This course teaches students how to rescue animals without becoming victims. Subjects covered include rescuer safety, animal behavior in rescues, basic first-aid for animals, and how to extricate and safely transport animals in a flood or low angle environment.

Contact Hours

24 hours

Prerequisites

- Minimum age: 18
- Swiftwater and Flood Rescue Technician (SRT)

Qualification valid for

3 years

Recertifies

- Water and Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Technical Animal Rescue in Swiftwater (TAR)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Recerted by

- Technical Animal Rescue in Swiftwater (TAR)
- Water Specialty Course group (see Water specialty course recertification (pg 8))

Taught by

- Technical Animal Rescue from Swiftwater Instructor (TARI)
- Technical Animal Rescue from Swiftwater Instructor Trainer (TAR-IT)

Technical Animal Rescue in Swiftwater (TAR)

	RK/ RS	SKILLS/KNOWLEDGE	Date	Student Initials	Instructor Initials
1.	RK	NFPA Standards			
2.	RK	Size-up, management, and preplanning			
3.	RK	Absolutes			
4.	RK	Philosophy of animal rescue			
5.	RK	Communications			
6.	RK	Rescuer safety, training & equipment			
7.	RK	Swiftwater hydrology			
8.	RK	Panic and survival			
9.	RK	Introduction to ropes, knots, technical gear			
10.	RK	Animals behavior: pets & livestock			
11.	RK	Animal behavior in rescues			
12.	RK	The animal rescue environment--swiftwater, structures, cars			
13.	RK	Body language with animals			
14.	RK	Swimming an animal			
15.	RK	Leading horses			
16.	RK	Dealing with wild animals			
17.	RK	Introduction to specialized animal rescue equipment			
18.	RK	Basic animal medical considerations			
19.	RK	Chemical capture			
20.	RK	Euthanasia in the field			
21.	RK	On-scene safety orientation			
22.	RS	Swimming ferry backstroke			
23.	RS	Swimming ferry crawl upstream			
24.	RS	Eddy catching			
25.	RS	Throwbags & coils			
26.	RS	Shallow water crossings			
27.	RS	Contact rescues			
28.	RK	Introduction to powered boat operations			
29.	RS	Basic paddle boat handling			
30.	RS	Anchors			
31.	RS	Tensioning systems			
32.	RS	Using a catchpole			
33.	RS	Using a pole net			
34.	RS	Using graspers			
35.	RS	Lifting dogs			
36.	RS	Scruffing cats			
37.	RS	Basic low-angle lowering and raising systems			
38.	RS	Personal, victim, and animal basic harnessing			
39.		Additional Skills:			

Technical Rope Rescue Operations Level (TRROL)

This 3-day course provides students with the fundamentals of rope rescue in the low-angle environment. Students learn and practice skills preplanning and size-up of rope rescue operations, knots, anchor systems, belay operations, ascending and descending lines, mechanical advantage systems, patient packaging & litter attending. Students learn how to safely navigate low-angle or over-the-bank rescue situations and assist rescuers in high-angle environments.

Contact hours

24 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)

Recerted by

- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)

Taught by

- Technical Rope Rescue Operations Level Instructor (TRROLI)
- Instructor: Rope (InsR)
- Instructor Rope - Instructor Trainer (InsR-IT)

4

TRROL

Technical Rope Rescue Operations Level (TRROL)

SKILL/KNOWLEDGE		Reference Number(s): NFPA 1670	NFPA 1006 (version '03)	Date	Student Initials	Instructor Initials
1. N.F.P.A. standard	RK	1-1.1; 1-1.2	1.1; 1.2			
2. Rescue instruction philosophy & "Absolutes"	RK					
3. Rescuer safety	RK	2-1.3; 2-5	1.3.1; 4.1			
4. Personal & team equipment	RK	2-4.1.2; 2-4.2.2; 2-5.1.2; 4.3.2 (b)	5.4.1; 5.4.2			
5. Equipment care and maintenance	RK	4-3.2 (i)	5.4.1; 5.4.2			
6. Pre-incident plan	RK	4-2.2 (b)	5.2.1			
7. Size-up	RK	4-2.2 (a)	5.2.2			
8. General hazards	RK	2-5.1.1 & 4-2.2 (e)				
9. Incident management system	RK	2-5.3.1 thru 2-5.3.4	5.2.4			
10. On-scene safety briefing & site control	RK	2-5.2.1; 2-5.2.2; 4-2.2 (d)	5.2.3			
11. Introduction to ropes, knots and technical gear	RK	4-3.2 (f) & (i)				
12. Knots	RK	4-3.2 (f)	5.5.1			
a. Figure 8 stopper	RS					
b. Figure 8 Follow-through	RS					
c. Figure 8 on a bight	RS					
d. Butterfly	RS					
e. Other	RS					
13. Bends	RK	4-3.2 (f)	5.5.1			
a. Overhand bend (ring bend, water knot)	RS					
b. Double overhand bend (barrel knot, double fisherman's)	RS					
c. Square bend (square knot)	RS					
14. Hitches	RK	4-3.2 (f)	5.5.1			
a. Munter	RS					
b. Prusik	RS					
c. Clove	RS					
d. Kleinheist	RS					
e. Double half	RS					
15. Tied harnesses	RK		5.3.5			
a. Hanson	RS					
b. Swiss seat	RS					
16. Anchorage	RK	4-3.2 (c)	5.5			
a. Dynamics of inside angles	RK					
b. Full strength tie-off	RS					
c. Single point	RK		5.5.2			
i. 3 Bight or basket hitch (multi-wrap basket)	RS					

4

TRROL

Technical Rope Rescue Technician Level (TRRTL)

This 40 hour course is designed to take students from basic over-the-bank rescues to progressively more vertical scenarios. Students learn and practice such skills as preplanning, size-up and scene management, ascending and descending, belaying, mechanical advantage systems, lowering and raising systems, patient packaging and litter attending, tethers, and highlines. Completion of the TRR:TL class satisfies the requirements in NFPA 1670 for Technical Rope Technician level training. In addition, Technician level training is mandatory for inclusion on many Federal Emergency Management Agency Teams at different levels.

Contact hours

40 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Recerted by

- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment: Rope (PQR)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Taught by

- Instructor: Rope (InsR)
- Instructor Rope - Instructor Trainer (InsR-IT)

4

TRRTL

Technical Rope Rescue Technician Level (TRRTL)

SKILL/KNOWLEDGE		Reference Number(s): NFPA 1670	NFPA 1006 (version '03)	Date	Student Initials	Instructor Initials
1. N.F.P.A. standard	RK	1-1.1; 1-1.2	1.1; 1.2			
2. Rescue instruction philosophy & "Absolutes"	RK					
3. Rescuer safety	RK	2-1.3; 2-5	1.3.1; 4.1			
4. Personal & team equipment	RK	2-4.1.2; 2-4.2.2; 2-5.1.2; 4.3.2 (b)	5.4.1; 5.4.2			
5. Equipment care and maintenance	RK	4-3.2 (i)	5.4.1; 5.4.2			
6. Pre-incident plan	RK	4-2.2 (b)	5.2.1			
7. Size-up	RK	4-2.2 (a)	5.2.2			
8. General hazards	RK	2-5.1.1 & 4-2.2 (e)				
9. Incident management system	RK	2-5.3.1 thru 2-5.3.4	5.2.4			
10. On-scene safety briefing & site control	RK	2-5.2.1; 2-5.2.2; 4-2.2 (d)	5.2.3			
11. Introduction to ropes, knots and technical gear	RK	4-3.2 (f) & (i)				
12. Knots	RK	4-3.2 (f)	5.5.1			
a. Figure 8 stopper	RS					
b. Figure 8 Follow-through	RS					
c. Figure 8 on a bight	RS					
d. Butterfly	RS					
e. Other	RS					
13. Bends	RK	4-3.2 (f)	5.5.1			
a. Overhand bend (ring bend, water knot)	RS					
b. Double overhand bend (barrel knot, double fisherman's)	RS					
c. Square bend (square knot)	RS					
14. Hitches	RK	4-3.2 (f)	5.5.1			
a. Munter	RS					
b. Prusik	RS					
c. Clove	RS					
d. Kleinheist	RS					
e. Double half	RS					
15. Tied harnesses	RK		5.3.5			
a. Hanson	RS					
b. Swiss seat	RS					
16. Anchorage	RK	4-3.2 (c)	5.5			
a. Dynamics of inside angles	RK					
b. Full strength tie-off	RS					
c. Single point	RK		5.5.2			
i. 3 Bight or basket hitch (multi-wrap basket)	RS					

4

TRRTL

Tower Safety, Climbing, & Rescue (TWR)

This course integrates the most current technology and research on Tower Safety, Climbing, and Rescue from throughout the world, and utilizes “discovery learning” to teach skills necessary to safely effect work in and around towers.

The course covers basic and specialized equipment, ropes and rigging, safety considerations, scene management and organizations, ascending and descending, belaying lowering and raising systems and litter management in a tower environment.

Contact hours

24 hours

Prerequisites

- Minimum age: 18
- Either
 - *Technical Rope Rescue Technician Level (TRRTL) or*
 - *Rope Rescue Technician (RRT) or above*

Qualification valid for

3 years

Recertifies

- Tower Safety, Climbing, & Rescue (TWR)
- Technical Rope Rescue Operations Level (TRROL)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)

Recerted by

- Tower Safety, Climbing, & Rescue (TWR)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)

Taught by

- Tower Rescue Instructor (TWRI)
- Tower Rescue Instructor Trainer (TWR-IT)

4

TWR

Tower Safety, Climbing, & Rescue (TWR)

Skill / Knowledge	Lecture or Observed/Participated	Date	Instructor Initials	Student Initials
OSHA Standards Review	Lecture			
Tower Types and Construction	Lecture			
Environmental Hazards	Lecture			
Structural Hazards	Lecture			
Energy Hazards	Lecture			
Lock-out Tag-out	Lecture			
Personal and Crew Safety	Lecture			
Job Safety Plan	Lecture			
Daily Safety Meeting	Lecture			
Personal Protective Equipment	Lecture			
Equipment Care and Maintenance	Lecture			
Equipment Inspection	Lecture			
Medical Considerations	Lecture			
Overview of Fall Protection	Lecture			
Restraint	Lecture			
Positioning	Lecture			
Fall Arrest	Lecture			
Suspension	Lecture			
Permanent Engineered Fall Protection System	Lecture			
Anchors and Anchor Systems	Observed/Participated			
Safe and Efficient Climbing	Observed/Participated			
100 Percent Tie-off	Observed/Participated			
Descending Techniques	Observed/Participated			
Self Rescue	Observed/Participated			
Two line systems	Observed/Participated			
Partner Rescue	Observed/Participated			
Pick-Off and Lower	Observed/Participated			
Pick-Off, Patient Lower with Rescuer	Observed/Participated			
Team Rescue	Observed/Participated			
Vector Raise	Observed/Participated			
Tag Line Lower	Observed/Participated			
Skate Block Lower	Observed/Participated			
Other—specify:	Observed/Participated			

4

TWR

Water and Flood Awareness (AWR)

This 8 hour classroom seminar introduces personnel to the problems associated with swiftwater & flood rescue as well as the procedures to follow in flash flood, large-scale disaster, and seasonal flooding situations. The course is designed to develop knowledge in the areas of:

- scene assessment & incident size up (of both existing & potential conditions)
- resource ordering
- activation procedures for rescue response
- site control and scene management
- hazard recognition & mitigation procedures

In order to accomplish the responsibilities of the awareness level responder, the course also provides students with a conceptual understanding of the principles, applications, and hazards associated with advanced water rescue techniques.

Contact hours

8 hours

Prerequisites

Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Water & Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)

Recerted by

- Water & Flood Awareness (AWR)
- Swiftwater and Flood Awareness Online (AWRO)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)

Taught by

- Water and Flood Awareness Tutor (AWRT)
- Basic Water First Responder Instructor (BWFR I)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Swiftwater Rescue - Instructor Trainer (SRT-IT)
- Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Water and Flood Awareness (AWR)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
Best Practice Guidelines	3			
Hydrology and water hazards	4			
Floodwater dynamics and hazards	5			
Flood theory	6			
Personal equipment	7.1, 7.2			
Identify equipment used by water rescue teams	9.1			
Pre-planning	10			
Risk assessments	11.1, 11.2, 11.3			
Incident size-up	12.1, 12.2, 12.3, 12.4			
Incident management and site control	14.1, 14.2, 14.3			
Medical and decontamination considerations	16			
Considerations for night/poor visibility operations	17			
Mud, ice and unstable surface considerations	18			
Search Considerations	20			
Communications	22			
Accidental immersion considerations	26			
Other				
Optional:				

AWR version 15.2

4

AWR

Whitewater Rescue Technician - Recreational (WRT-Rec)

The Whitewater Rescue Technician - Recreational (WRT-Rec) course is for recreational paddlers who wish to have a rescue capability while paddling or in a whitewater environment with their peers.

16 hours

Prerequisites

- Prior river experience
- Must be a confident swimmer
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Recreational River Safety (RECRS)
- Whitewater Rescue Technician - Recreational (WRT-Rec)

Recerted by

- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)

Taught by

- Whitewater Rescue Technician - Recreational Instructor (WRTRI)
- Whitewater Rescue Technician Professional Instructor (WRTPI)
- Whitewater Rescue Technician Instructor Trainer (WRT-IT)

4

WRT-REC

Whitewater Rescue Technician - Recreational (WRT-Rec)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
River hydrology and hazards	3			
Personal Equipment	4			
Technical and Group Equipment	5			
River running considerations	6			
Assessing risk	7			
Managing an incident	8.1-8.5, 8.7-8.9			
Medical Considerations	9			
Night / Poor Visibility Considerations	10			
Communications	12			
Whitewater Swimming Techniques	13			
Strainer Considerations	14			
Conditional rescues - throwbags	16.1-16.4, 16.6			
Shallow water techniques	17			
Introduction to searching rivers and floods	18			
Knots and Anchor Systems	19			
Tensioning systems and mechanical advantage	20			
Tethered Rescues	21			
Line crossing methods	22			
Handheld diagonal / zip lines	23			
Boat pins and wraps	26			
Victim / Casualty Management	28			
Scenarios	31			

WRT-Rec version 17.1

4

WRP

Whitewater Rescue Technician Professional (WRTP)

The Whitewater Rescue Technician Professional course is designed for professional river users who require a rescue capability in a whitewater environment, eg raft guides, safety kayakers.

Contact hours

24 hours

Prerequisites

- Current River Guide
- Prior river experience
- Must be a confident swimmer
- Minimum age: 18.

Qualification valid for

3 years

Recertifies

- Recreational River Safety (RECRS)
- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)

Recerted by

- Whitewater Rescue Technician Professional (WRTP)

Taught by

- Whitewater Rescue Technician Professional Instructor (WRTPI)
- Whitewater Rescue Technician Instructor Trainer (WRT-IT)

4

WRT-P

Whitewater Rescue Technician Professional (WRT-P)

Skill/Knowledge	Rescue 3 Standard	Date	Student Signature	Instructor Signature
Knowledge				
Rescue 3 philosophy	1			
Training standards	2			
River hydrology and hazards	3			
Personal Equipment	4			
Technical and Group Equipment	5			
River running considerations	6			
Assessing risk	7			
Managing an incident	8			
Medical Considerations	9			
Night / Poor Visibility Considerations	10			
Introduction to Searching Rivers	11			
Communications	12			
Whitewater Swimming Techniques	13			
Strainer Swim	15			
Conditional rescues - throwbags	16			
Shallow water techniques	17			
Introduction to searching rivers and floods	18			
Knots and Anchor Systems	19			
Tensioning systems and mechanical advantage	20			
Tethered Rescues	21			
Line crossing methods	22			
Tensioned diagonals/zip lines	24			
Flips, Rights, and Crew/Client Recovery (Optional)	25			
Boat pins and wraps	26			
Tethered boat techniques	27			
Victim / Casualty Management	28			
Belay Systems	29			
Boat on a highline (optional)	30			
Scenarios	31			

WRT version 17.1

4

WRT-P

Wind Turbine Access for Emergency Responders (WTAFER)

The Wind Turbine Access for Emergency Responders (WTAFER) course is for members of the rescue services who may need to perform a rescue at a wind turbine. Wind turbines pose some special challenges: they are often in rural areas and/or are difficult to reach. Those working on wind turbines may be in potentially confined spaces, where a rescue is a challenging task for fire and rescue services and other emergency responders. Due to its international relationships, where instructors face these challenges from different perspectives (safe working, fire and rescue), Rescue 3 has developed the Wind Turbine Access for Emergency Responders course to help organizations maintain high safety standards at all times. Rescue 3 provides an agreed upon international certified training program to their training providers and instructors, to help them provide up to date information in this rapidly growing market of renewable energy.

Contact hours

12 hours

Prerequisites

- Minimum age: 18.
- Either:
 - *Technical Rope Rescue Operations Level (TRROL) or above - or -*
 - *Rope Rescue Operator (RRO) or above*

Qualification valid for

3 years

Recertifies

- Wind Turbine Access for Emergency Responders (WTAFER)
- Wind Turbine Operator (WTO)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Recerted by

- Wind Turbine Access for Emergency Responders (WTAFER)
- Technical Rope Rescue Technician Level (TRRTL)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Professional Qualification Assessment: Rope (PQR)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Rope specialty course (see Rope specialty course recertification (pg 8))

Taught by

- Wind Turbine Operator Instructor (WTOI)
- Wind Turbine Operator Instructor Trainer (WTO-IT)

Wind Turbine Access for Emergency Responders (WTAFER)

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Rope rescue training standards			
3. Rescuer safety and survival			
4. General hazards			
5. Medical considerations			
6. Dynamic risk assessment and incident size-up			
7. Pre-planning			
8. Communications			
9. Types of wind turbine and operating principles			
10. Lock out/tag out			
Personal skills			
11. Introduction to ropes, knots and technical gear			
12. Anchor systems			
13. Placing rope protection			
14. Administering treatment at height			
15. Haul systems			
16. Rescue of patient from tower/nacelle			
Other			
Optional:			

4

WTAFER

Wind Turbine Operator (WTO)

The Wind Turbine Operator course is for workers operating in and on wind turbines. Wind turbines pose some special challenges: they are often in rural areas and/or are difficult to reach. Within wind turbines, workers face further challenges: workers are working in pairs or small groups, in difficult to reach and potentially confined spaces, where a rescue is a challenging task for co-workers and/or fire and rescue services. Therefore, people need to work as safely as possible at all times, following set standards, national laws and regulations, and company-specific standards and procedures. Due to its international relationships, where instructors face these challenges from different perspectives (safe working, fire and rescue), Rescue 3 has developed the Wind Turbine Operator course to help organizations maintain high safety standards at all times. Rescue 3 provides an agreed international certified training program to their training providers and instructors, to help them provide up to date information in this rapidly growing market of renewable energy.

Contact hours

12 hours

Prerequisites

Minimum age: 18.

Qualification valid for

Prior experience of working with ropes is recommended

Recertifies

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Rescue Operator (RRO)
- Wind Turbine Operator (WTO)

Recerted by

- Wind Turbine Operator (WTO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Tower Safety, Climbing and Rescue (TWR)

Taught by

- Wind Turbine Operator Instructor (WTOI)
- Wind Turbine Operator Instructor Trainer (WTO-IT)

Wind Turbine Operator (WTO)

Skill/knowledge	Date	Student signature	Instructor signature
Lecture knowledge			
1. Rescue 3 philosophy			
2. Rope rescue training standards			
3. Worker safety and survival			
4. General hazards			
5. Medical considerations			
6. Personal equipment			
7. Technical and team equipment			
8. Dynamic risk assessment and incident size-up			
9. Incident management and site control			
10. Pre-planning			
11. Communications			
12. Lock out/tag out			
Personal skills			
13. Use of fire extinguishers			
14. Basic life support (including CPR and AED)			
15. First aid at height			
16. Introduction to ropes, knots and technical gear			
17. Anchor systems			
18. Placing rope protection			
19. Use of work restraint and work positioning equipment			
20. Use of different types of fall arrest equipment			
21. Use of lanyards and shock absorbers			
22. Emergency descending			
23. Rescue of a co-worker from fall arrest systems			
24. Scenarios			
Other			
Optional:			

4

WTO

5

INSTRUCTOR Levels



Instructor Training

Rescue 3 Instructors have long been considered some of the best in the industry and the Rescue 3 Instructor qualification is used as a sign of professionalism and quality wherever rescue courses are run throughout the world.

There are currently 1500 Rescue 3 Instructors worldwide, and over 500,000 students hold a Rescue 3 qualification. In the following section we have separated the Instructor pathways for those students wishing to go on to train as Rescue 3 Instructors in the various disciplines we teach.

Air Monitoring Instructor (AMI)

The Air Monitoring Instructor course enables Instructors to teach the gas detection courses.

Prerequisites

- Air Monitoring Qualified Person (AMQP)
- Confined Space Rescue Technician (CSRT)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

Animal Rescue Technician Instructor (ARTI)

The Animal Rescue Technician Instructor pathway is designed for those wishing to teach Rescue 3's Animal Rescue Technician courses.

Prerequisites

- Animal Rescue Technician 1 (ART1) twice
- Animal Rescue Technician 2 (ART2)
- Swiftwater and Flood Rescue Technician (SRT)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Safe Working in Confined Spaces (SWCS)
- Hazmat Awareness
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by ART-IT (pg 190) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Animal Rescue Technician 1 (ART1)
- Animal Rescue Technician 2 (ART2)

Basic Water First Responder Instructor (BWfri)

The Basic Water First Responder Instructor pathway is designed for candidates wishing to deliver a course with a rescue capability in a still or slow moving water environment, such as lakes, ponds and canals.

Prerequisites

- Operations: Swiftwater and Flood First Responder (OPS) or higher
- EMT or Wilderness First Responder (WFR)

Instructor training and assessment

- Basic Water First Responder Instructor course (16 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Basic Water First Responder (BWFR)
- Lifejacket Competent User (LJCU)
- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Flood Worker Safety (FWS)
- Recreational River Safety (RECRS)

Confined Space Entry and Rescue Instructor (CSERI)

The CSERI course enables delivery of courses to instruct how to free a colleague from a dangerous situation in confined spaces.

Prerequisites

- Confined Space Rescue Operator (CSRO)
- Documented experience working in confined spaces
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)

Confined Space Rescue Operator Instructor (CSROI)

The Confined Space Rescue Operator Instructor course covers the teaching of concepts and techniques to enable small teams to undertake technical confined space rescues.

Prerequisites

- Confined Space Rescue Operator (CSRO)
- Current Confined Space Rescue Technician (CSRT)
- Documented experience working in confined spaces
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

Confined Space Rescue Technician Instructor (CSRTI)

The Confined Space Rescue Technician Instructor course covers the teaching of concepts and techniques to enable small teams to undertake technical confined space rescues.

Prerequisites

- Current Confined Space Rescue Operator Instructor (CSROI)
- Current Confined Space Rescue Specialist (CSRS)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

5

CSRTI

Confined Space Rescue Specialist Instructor (CSRSI)

The Confined Space Rescue Specialist Instructor course builds on the Confined Space Rescue Technician Instructor (CSRTI) course, enabling the instructor to teach advanced technical solutions to confined space rescue problems.

Prerequisites

- Current Confined Space Rescue Technician Instructor (CSRTI)
- Current Confined Space Rescue Specialist (CSRS)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Working in Confined Spaces (SWCS)
- Confined Space Entry and Rescue (CSER)
- Confined Space Rescue Operator (CSRO)
- Confined Space Rescue Technician (CSRT)
- Confined Space Rescue Specialist (CSRS)
- Basic Air Monitoring (BAM)
- Air Monitoring Qualified Person (AMQP)

Co-Worker Rescue at Heights Instructor (CWRHI)

The Co-Worker Rescue at Heights Instructor course will enable candidates to teach the regulations, legislation and equipment relevant to working at heights, and demonstrate safe systems of work. They will also be able to teach participants how to deal with a colleague who has fallen and is hanging in their fall arrest system.

Prerequisites

- Co-Worker Rescue at Heights (CWRH)
- Current Rope Access for Emergency Responders (RAFER) or Rope Rescue Operator (RRO)
- EMT, Wilderness First Aid, or equivalent workplace medical certification

Instructor training & assessment

- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)

5

CWRHI

Instructor: Rope (InsR)

The Instructor: Rope pathway is designed for those wishing to teach Rescue 3's Technical Rope Rescue program. This program is in the phase out process, so new instructors should discuss with their Regional Director if it is more appropriate for them to take chose this path or the Rope Rescue Technician track.

Prerequisites

- Technical Rope Rescue Technician Level (TRRTL) at least twice
- Professional Qualification Assessment: Rope (PQR)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Instructor: Rope (InsR) course (24 hours)

Qualification valid for

2 years

Able to teach

- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment: Rope (PQR)
- Recreational Rappel Operator (RECRO)

Instructor Water & Rope (InsWR)

The Instructor Water & Rope pathway is designed for teaching personnel with a swiftwater, and rope capability up to Technician level.

Prerequisites

- Swiftwater and Flood Rescue Technician Instructor (SRTI) (24 hours) at least twice
- Technical Rope Rescue Technician Level (TRRTL) (40 hours) at least twice
- Swiftwater & Flood Rescue Technician Advanced (SRTA) (24 hours) at least twice
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Professional Qualification Assessment: Water & Rope (PQWR))
- Instructor Water & Rope (InsWR) (24 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Lifejacket Competent User (LJCU)
- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)
- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Recreational River Safety (RECRS)
- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- Professional Qualification Assessment: Rope (PQR)
- Recreational Rappel Operator (RECRO)

Inland Rescue Swimmer Instructor (IRSI)

The Inland Rescue Swimmer Instructor pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) or above to be able to deliver IRS courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Inland Rescue Swimmer (IRS)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by IRS-IT (pg 189) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Inland Rescue Swimmer (IRS)

Additional Specialty Qualifications

- Inland Rescue Swimmer Advanced (IRSA)*
- Inland Rescue Swimmer Coastal (IRSC)*

*Inland Rescue Swimmer Instructors may be signed off to teach these courses once they have attended each particular type of course and are assessed as competent by the instructor overseeing the course.

Management of Water and Flood Incidents Instructor (MWFII)

The Management of Water and Flood Incidents Instructor (MWFII) pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) or above to be able to deliver MWFI courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Management of Water and Flood Incidents (MWFI)
- EMT or Wilderness First Responder (WFR)
- Prior command level flood experience

Instructor training & assessment

- Observe, assist & be assessed by MWFI-IT (pg 189) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Management of Water & Flood Incidents (MWFI)
- Flood Management for Non-Emergency Services (FMNES)

5

MWFII

Operations: Swiftwater First Responder Instructor (OPSI)

The Operations: Swiftwater First Responder Instructor pathway is designed for teaching personnel with a swiftwater and flood capability up to Operations level.

Prerequisites

- Swiftwater and Flood Rescue Technician (SRT) (24 hours)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Operations: Swiftwater First Responder Instructor training (24 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Lifejacket Competent User (LJCU)
- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)
- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Recreational River Safety (RECRS)

Personal Watercraft Rescue Instructor (PWCI)

The Personal Watercraft Rescue Instructor pathway is designed for existing water Instructors with the necessary PWC handling experience to deliver the PWC course.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Whitewater Rescue Technician - Recreational (WRT-Rec)*
 - *Whitewater Rescue Technician Professional (WRTP)*
 - *Whitewater Rescue Technician Instructor Trainer (WRT-IT)*
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Logged experience of PWC handling
- Personal Watercraft Surf Rescue Technician (PWC)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by PWC-IT (pg 193) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Personal Watercraft Surf Rescue Technician (PWC)

Recreational Rappel Instructor (RECROI)

The Recreational Rappel Instructor course is for people in the Outdoor Adventure Industry who want to teach the Recreational Rappel Operator course.

Prerequisites

- Recreational Rappel Operator (RECRO)
- EMT, Wilderness First Responder (WFR), or equivalent workplace medical certification

Instructor training & assessment

- Observe, assist & be assessed by Recreational Rappel Instructor Trainer (RECRO-IT) (pg 190) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Recreational Rappel Operator (RECRO)

Rescues from Vehicles in Water Instructor (RVWI)

The Rescues from Vehicles in Water Instructor pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) or above to be able to deliver RVW courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Rescues from Vehicles in Water (RVW)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by RVW-IT (pg 189) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Rescues from Vehicles in Water (RVW)

Rope Access for Emergency Responders Instructor (RAFERI)

The Rope Access for Emergency Responders Instructor pathway will enable the Instructor to teach members of technical rope rescue teams who want to become proficient in rope access techniques and individual pick-off rescues.

Prerequisites

- Rope Rescue Technician (RRT)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)

Rope Rescue Operator Instructor (RROI)

The Rope Rescue Operator Instructor (RROI) course will enable tuition of those who operate safely and effectively during rope rescues, as an active part of a rope rescue team, working under the supervision of Rope Rescue Technicians.

Prerequisites

- Current Rope Rescue Operator (RRO)
- Current Rope Rescue Technician (RRT)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- RROI course (24 hours) **or**
- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)

Rope Rescue Technician Instructor (RRTI)

The Rope Rescue Technician Instructor (RRTI) course covers the teaching of concepts and techniques to enable small teams to undertake technical rope rescues. A building block approach is used throughout the course so that candidates can progress from key concepts through to the rigging and operation of full systems for raising, lowering and highline rescues.

Prerequisites

- Current Rope Rescue Operator Instructor (RROI)
- Current Rope Rescue Technician (RRT)
- Current Rope Rescue Specialist (RRS)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Rope Rescue Technician Instructor course (24 hours) or
- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Professional Qualification Assessment: Rope (PQR)

Rope Rescue Specialist Instructor (RRSI)

The Rope Rescue Specialist Instructor (RRTS) course builds on the Rope Rescue Technician Instructor course, enabling the tuition of advanced technical solutions to rope rescue problems.

Prerequisites

- Current Rope Rescue Technician Instructor (RRTI)
- Current Rope Rescue Specialist (RRS)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)
- Co-Worker Rescue at Heights (CWRH)
- Rope Access for Emergency Responders (RAFER)
- Rope Rescue Operator (RRO)
- Rope Rescue Technician (RRT)
- Rope Rescue Specialist (RRS)
- Professional Qualification Assessment: Rope (PQR)

Safe Work at Heights Tutor (SWAHT)

The Safe Working at Heights Tutor course will enable instruction in regulations, legislation and equipment relevant to working at height, as well as safe systems of work.

Prerequisites

- Current Co-Worker Rescue at Heights (CWRH)
- Current CPR certification

Instructor training & assessment

- Observe, assist & be assessed by Rope Rescue Instructor Trainer (RR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Work at Heights (SWAH)

Safe Work in Confined Space Instructor (SWCSI)

The Safe Working in Confined Spaces Instructor (SWCS) course enables delivery of a course that provides insight into the dangers that workers face when working in confined spaces and the current legislation in this area.

Prerequisites

- Confined Space Entry and Rescue (CSER)
- Breathing apparatus training
- Documented experience working in confined spaces
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by Confined Space Rescue Instructor Trainer (CSR-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Safe Working in Confined Spaces (SWCS)

5

SWCSI

Searching Rivers and Floods Instructor (SRFI)

The Searching Rivers and Floods Instructor (SRFI) pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) to be able to deliver SRF courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Searching Rivers and Floods (30 hours)
- EMT or Wilderness First Responder (WFR)

Instructor training and assessment

- Observe, assist & be assessed by SRFI-IT (pg Swiftwater Rescue - Instructor Trainer (SRT-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Searching Rivers and Floods (SRF)

Surface Ice Rescue Technician Instructor (SIRTI)

The Surface Ice Rescue Technician Instructor (SIRTI) pathway is designed for teaching personnel with an Ice capability up to Technician level.

Prerequisites

- Surface Ice Rescue Technician (SIRT) at least twice
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by Surface Ice Rescue Instructor Trainer (SIRT-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Surface Ice Awareness (SIRA)
- Surface Ice Field Safety (SIFS)
- Surface Ice Rescue Technician (SIRT)

Surface Ice Rescue Specialist Instructor (SIRSI)

The Surface Ice Rescue Specialist Instructor (SIRSI) pathway is designed for teaching personnel with an Ice capability up to the Specialist level. In addition, SIRSI Instructors can teach skills and techniques on large volume rivers with open leads.

Prerequisites

- Surface Ice Rescue Technician (SIRT) at least twice
- Surface Ice Rescue Specialist (SIRS) module at least twice
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by Surface Ice Rescue Instructor Trainer (SIRT-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Surface Ice Awareness (SIRA)
- Surface Ice Field Safety (SIFS)
- Surface Ice Rescue Technician (SIRT)
- Surface Ice Rescue Specialist (SIRS)

Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)

The Swiftwater and Flood Rescue Boat Operator Instructor pathway is designed for rescue professionals who want to teach the full suite of boat classes - FRBO, SRBO, and SFRBO - and includes flat/slow moving water rescue techniques, flood rescue techniques and swiftwater rescue techniques.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Logged experience of power boat handling (1 year)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Flood Rescue Boat Operator (FRBO)
- Swiftwater Rescue Boat Operator (SRBO)
- Swiftwater and Flood Rescue Boat Operator (SFRBO)

Swiftwater and Flood Rescue Technician Instructor (SRTI)

- **Formerly Instructor: Water (InsW)**

The Swiftwater and Flood Rescue Technician Instructor (SRTI) pathway is designed for teaching personnel with a swiftwater and flood capability up to Technician level.

Prerequisites

- Swiftwater and Flood Rescue Technician (SRT) (24 hours) at least twice
- Swiftwater & Flood Rescue Technician Advanced (SRTA) (24 hours)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Swiftwater and Flood Rescue Technician Instructor course (24 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Lifejacket Competent User (LJCU)
- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)
- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Recreational River Safety (RECRS)

Swiftwater and Flood Rescue Advanced Instructor (SRTAI)

The Swiftwater and Flood Rescue Advanced Instructor pathway is designed for teaching personnel with a swiftwater and rope capability up to Technician level.

Prerequisites

- Swiftwater and Flood Rescue Technician (SRT) (24 hours) at least twice
- Swiftwater & Flood Rescue Technician Advanced (SRTA) (24 hours) at least twice
- Advanced rope capability adequate to teach rope components of this course as assessed by the IT
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Professional Qualification Assessment: Water & Rope (PQWR)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI) course (24 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Basic Water First Responder (BWFR)
- Operations: Swiftwater and Flood First Responder (OPS)
- Swiftwater and Flood Rescue Technician (SRT)
- Swiftwater & Flood Rescue Technician Advanced (SRTA)
- Professional Qualification Assessment: Water & Rope (PQWR)
- Lifejacket Competent User (LJCU)
- Safe Work Near Water (SWNW)
- Co-Worker Rescue from Water - Basic (CWRWB)
- Co-Worker Rescue from Water - Basic and Moving (CWRWBM)
- Flood Worker Safety (FWS)
- Flood Operations (FO)
- Recreational River Safety (RECRS)

5

SRTAI

Swiftwater Paddle Boat Handling Instructor (SPBHI)

The Swiftwater Paddle Boat Handling Instructor pathway is designed for existing water Instructors with the necessary paddle boat handling experience to deliver the SPBH course.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
 - *Whitewater Rescue Technician - Recreational (WRT-Rec)*
 - *Whitewater Rescue Technician Professional (WRTP)*
 - *Whitewater Rescue Technician Instructor Trainer (WRT-IT)*
- Logged experience of paddle boat handling
- Swiftwater Paddle Boat Handling (SPBH)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by SPBH-IT (pg 193) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Swiftwater Paddle Boat Handling (SPBH)

Swiftwater Recovery Specialist Instructor (SRSI)

The Swiftwater Recovery Specialist Instructor pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) or above to be able to deliver SRS courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Swiftwater Recovery Specialist (SRS)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by SRS-IT (pg 189) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Body Recovery from Water (BRW)
- Swiftwater Recovery Specialist (SRS)

5

SRSI

Technical Animal Rescue from Swiftwater Instructor (TARI)

The Technical Animal Rescue from Swiftwater Instructor pathway is designed for existing Swiftwater and Flood Rescue Technician Instructor (SRTI) or above to be able to deliver TAR courses.

Prerequisites

- Currently hold one of the following Instructor qualifications:
 - *Swiftwater and Flood Rescue Technician Instructor (SRTI)*
 - *Swiftwater and Flood Rescue Advanced Instructor (SRTAI)*
 - *Instructor Water & Rope (InsWR)*
 - *Swiftwater Rescue - Instructor Trainer (SRT-IT)*
 - *Instructor Water & Rope - Instructor Trainer (InsWR-IT)*
- Technical Animal Rescue in Swiftwater (TAR)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Observe, assist & be assessed by TAR-IT (pg 189) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Technical Animal Rescue in Swiftwater (TAR)

Technical Rope Rescue Operations Level Instructor (TRROLI)

The Technical Rope Rescue Operations Level Instructor pathway is designed for those in the emergency services wishing to teach personnel to operate safely and effectively during rope rescues, as an active part of a rope rescue team, working under the supervision of Rope Rescue Technicians.

Prerequisites

- Technical Rope Rescue Operations Level (TRROL)
- Technical Rope Rescue Technician Level (TRRTL)
- EMT or Wilderness First Responder (WFR)

Instructor training & assessment

- Instructor: Rope (InsR) course (24 hours) **or**
- Observe, assist & be assessed by Instructor Rope - Instructor Trainer (InsR-IT) and/or as agreed upon with Rescue 3 International Office

Qualification valid for

2 years

Able to teach

- First Due Low Angle (FDLA)
- Technical Rope Rescue Operations Level (TRROL)

Tower Rescue Instructor (TWRI)

The Tower Rescue Instructor course enables Instructors to teach workers and rescuers operating in and on towers.

Prerequisites

- Current Rope Rescue Technician (RRT) or Technical Rope Rescue Technician Level (TRRTL)
- Current Tower Safety, Climbing, & Rescue (TWR)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by TWR-IT (pg 190) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Tower Safety, Climbing, & Rescue (TWR)

Water and Flood Awareness Tutor (AWRT)

The Water and Flood Awareness Tutor pathway enables the candidate to deliver the classroom-based Water and Flood Awareness course.

Prerequisites

- Operations: Swiftwater and Flood First Responder (OPS) or higher
- Current CPR Certification

Instructor training and assessment

- Water and Flood Awareness Tutor course (8 hours)

Qualification valid for

2 years

Able to teach

- Water and Flood Awareness (AWR)
- Safe Work Near Water (SWNW)

5

AWRT

Whitewater Rescue Technician - Recreational Instructor (WRTRI)

The Whitewater Rescue Technician - Recreational Instructor (WRTRI) pathway is designed for river professionals and outdoor instructors. It is designed for teaching whitewater rescue techniques.

Those needing to teach a flood rescue capability should take the Swiftwater and Flood Rescue Technician Instructor course.

Prerequisites

- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)
- Documented experience working in a Class III or above river environment.
- EMT or Wilderness First Responder (WFR)

Qualification valid for

2 years

Instructor training & assessment

- Observe, assist & be assessed by Whitewater Rescue Technician Instructor Trainer (WRT-IT) and/or as agreed upon with Rescue 3's International Office

Able to teach

- Recreational River Safety (RECRS)
- Whitewater Rescue Technician - Recreational (WRT-Rec)

Whitewater Rescue Technician Professional Instructor (WRTPI)

The Whitewater Rescue Technician Instructor pathway is designed for instructors who have an extensive background in the recreational whitewater industry who wish to teach professional river guides.

Prerequisites

- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)
- Documented experience working in a Class III or above river environment.
- EMT or Wilderness First Responder (WFR)
- Approval by WRT curriculum committee

Qualification valid for

2 years

Instructor training & assessment

- Observe, assist & be assessed by Whitewater Rescue Technician Instructor Trainer (WRT-IT) and/or as agreed upon with Rescue 3's International Office

Able to teach

- Recreational River Safety (RECRS)
- Whitewater Rescue Technician - Recreational (WRT-Rec)
- Whitewater Rescue Technician Professional (WRTP)

5

WRTPI

Wind Turbine Operator Instructor (WTOI)

The Wind Turbine Operator Instructor course enables Instructors to teach workers operating in and on wind turbines.

Prerequisites

- Current Rope Rescue Technician (RRT)
- Current Wind Turbine Operator (WTO)
- EMT, Wilderness First Responder (WFR), or equivalent workplace emergency medical certification

Instructor training & assessment

- Observe, assist & be assessed by WTO-IT (pg 191) and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- Wind Turbine Access for Emergency Responders (WTAFER)
- Wind Turbine Operator (WTO)

5

WTOI

6 INSTRUCTOR TRAINER Levels



Instructor Trainers

Instructor Trainer is the Rescue 3 International's highest level instructor qualification. These people have extensive technical experience in the discipline, as well as extensive teaching experience. Instructor Trainers deliver instructor level courses, and every level of course in that discipline. Instructor trainers also support new instructors, and have the ability to do instructor sign-offs. They are also qualified to participate in curriculum development and sit on course development committees.

Becoming an Instructor Trainer

Instructor Trainers are ambassadors for Rescue 3, and their conduct and professionalism should reflect this at all times. Applications for Instructor Trainer status is dealt with on a case-by-case basis. Potential Instructor Trainers should contact their Regional Director for an application form. This covers key requirements including:

- Motivation for applying for Instructor Trainer Status
- Instructor Trainer status sought
- Experience as an instructor (minimum 3 years as an active Independent instructor)
- Additional experience and qualifications

Within this application form, the aspiring instructor trainer will need to obtain the nomination of their Regional Director. In cases where the instructor operates in an unaffiliated region of the world that is not managed by a Regional Director, this nomination may be done by an existing Instructor Trainer with whom they have previously worked.

Rescue 3 International, in conjunction with the area Regional Director, will assess the application. Approval will be given based partially on the candidates credentials, but also on Rescue 3's need for ITs in the area, or for the discipline as a whole.

Instructor Water & Rope - Instructor Trainer (InsWR-IT)

Instructor Water & Rope - Instructor Trainers are qualified as SRTA-ITs and InsR-ITs. This designation is being phased out in favor of the SRT-IT and InsR-IT qualifications. InsWR-ITs teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Instructor Water & Rope in good standing with Independent & Lead Instructor status for a minimum of 3 years
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Complete Instructor Trainer Logbook

Qualification valid for

4 years

Able to teach

- All courses an Instructor Water & Rope (InsWR) can teach
- Water and Flood Awareness Tutor (AWRT)
- Basic Water First Responder Instructor (BWFR)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)
- Instructor Water & Rope (InsWR)
- Technical Rope Rescue Operations Level Instructor (TRROLI)
- Instructor: Rope (InsR)

Additional Specialty Instructor Trainer Qualifications¹

- Inland Rescue Swimmer Instructor Trainer (IRS-IT)
- Technical Animal Rescue from Swiftwater Instructor Trainer (TAR-IT)
- Rescues from Vehicles in Water Instructor Trainer (RVW-IT)
- Swiftwater Recovery Specialist Instructor Trainer (SRS-IT)
- Searching Rivers and Floods Instructor Trainer (SRF-IT)
- Personal Watercraft Rescue Instructor Trainer (PWC-IT)
- Swiftwater Paddle Boat Handling Instructor Trainer (SPBH-IT)
- Recreational Rappel Instructor Trainer (RECRO-IT)
- Tower Rescue Instructor Trainer (TWR-IT)
- Wind Turbine Operator Instructor Trainer (WTO-IT)

1 Instructor Trainers can add Specialty IT qualifications by showing extensive depth of knowledge in that specialty. They must go through the normal instructor process for that specialty and obtain a recommendation for IT status from their Regional Director and an IT for that specialty discipline.

Swiftwater Rescue - Instructor Trainer (SRT-IT)

Swiftwater Rescue - Instructor Trainer is Rescue 3 International's highest Water only instructor designation. SRT-ITs teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- SRTAI in good standing with Independent & Lead Instructor status for a minimum of 3 years
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Complete Instructor Trainer Logbook

Qualification valid for

4 years

Able to teach

- All courses a Swiftwater and Flood Rescue Advanced Instructor (SRTAI) can teach
- Water and Flood Awareness Tutor (AWRT)
- Basic Water First Responder Instructor (BWFR)
- Operations: Swiftwater First Responder Instructor (OPSI)
- Swiftwater and Flood Rescue Technician Instructor (SRTI)
- Swiftwater and Flood Rescue Advanced Instructor (SRTAI)

Additional Specialty Instructor Trainer Qualifications¹

- Inland Rescue Swimmer Instructor Trainer (IRS-IT)
- Technical Animal Rescue from Swiftwater Instructor Trainer (TAR-IT)
- Rescues from Vehicles in Water Instructor Trainer (RVW-IT)
- Swiftwater Recovery Specialist Instructor Trainer (SRS-IT)
- Searching Rivers and Floods Instructor Trainer (SRF-IT)
- Personal Watercraft Rescue Instructor Trainer (PWC-IT)
- Swiftwater Paddle Boat Handling Instructor Trainer (SPBH-IT)

6

SRT-IT

¹ Instructor Trainers can add Specialty IT qualifications by showing extensive depth of knowledge in that specialty. They must go through the normal instructor process for that specialty and obtain a recommendation for IT status from their Regional Director and an IT for that specialty discipline.

Instructor Rope - Instructor Trainer (InsR-IT)

Instructor Rope - Instructor Trainer is one of Rescue 3 International's two Rope only instructor trainer designations. The other is the Rope Rescue Instructor Trainer (RR-IT). InsR-ITs teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Instructor: Rope (InsR) in good standing with Independent & Lead Instructor status for a minimum of 3 years
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Complete Instructor Trainer Logbook

Qualification valid for

4 years

Able to teach

- All courses an Instructor: Rope (InsR) can teach
- Technical Rope Rescue Operations Level Instructor (TRROLI)
- Instructor: Rope (InsR)

Additional Specialty Instructor Trainer Qualifications¹

- Recreational Rappel Instructor Trainer (RECRO-IT)
- Tower Rescue Instructor Trainer (TWR-IT)
- Wind Turbine Operator Instructor Trainer (WTO-IT)
- Animal Rescue Technician Instructor Trainer (ART-IT)

¹ Instructor Trainers can add Specialty IT qualifications by showing extensive depth of knowledge in that specialty. They must go through the normal instructor process for that specialty and obtain a recommendation for IT status from their Regional Director and an IT for that specialty discipline.

Rope Rescue Instructor Trainer (RR-IT)

Rope Rescue - Instructor Trainer is one of Rescue 3 International's two Rope only instructor trainer designations. The other is the Instructor Rope Instructor Trainer (InsR). RR-ITs teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Rope Rescue Specialist Instructor (RRSI) in good standing with Independent & Lead Instructor status for a minimum of 3 years
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Complete Instructor Trainer Logbook

Qualification valid for

4 years

Able to teach

- All courses an Rope Rescue Specialist Instructor (RRSI) can teach
- Safe Work at Heights Tutor (SWAHT)
- Co-Worker Rescue at Heights Instructor (CWRHI)
- Rope Access for Emergency Responders Instructor (RAFERI)
- Rope Rescue Operator Instructor (RROI)
- Rope Rescue Technician Instructor (RRTI)
- Rope Rescue Specialist Instructor (RRSI)

Additional Specialty Instructor Trainer Qualifications¹

- Recreational Rappel Instructor Trainer (RECRO-IT)
- Tower Rescue Instructor Trainer (TWR-IT)
- Wind Turbine Operator Instructor Trainer (WTO-IT)
- Animal Rescue Technician Instructor Trainer (ART-IT)

¹ Instructor Trainers can add Specialty IT qualifications by showing extensive depth of knowledge in that specialty. They must go through the normal instructor process for that specialty and obtain a recommendation for IT status from their Regional Director and an IT for that specialty discipline.

Confined Space Rescue Instructor Trainer (CSR-IT)

The Confined Space Rescue Instructor Trainers teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Confined Space Rescue Specialist Instructor (CSRSI) in good standing with Independent & Lead Instructor status
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Observe, assist & be assessed by CSRT-IT and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- All courses a Confined Space Rescue Specialist Instructor (CSRSI) can teach
- Air Monitoring Instructor (AMI)
- Safe Work in Confined Space Instructor (SWCSI)
- Confined Space Entry and Rescue Instructor (CSERI)
- Confined Space Rescue Operator Instructor (CSROI)
- Confined Space Rescue Technician Instructor (CSRTI)
- Confined Space Rescue Specialist Instructor (CSRSI)

Swiftwater Rescue Boat Operator Instructor Trainer (SRBO-IT)

Rescue Boat Operator Instructor Trainers teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI) in good standing with Independent & Lead Instructor status
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Observe, assist & be assessed by SFRBOI-IT and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- All courses a Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI) can teach
- Swiftwater & Flood Rescue Boat Operator Instructor (SFRBOI)

Whitewater Rescue Technician Instructor Trainer (WRT-IT)

Whitewater Rescue Technician Instructor Trainers teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Whitewater Rescue Technician Professional Instructor (WRTPI) in good standing with Independent & Lead Instructor status
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Observe, assist & be assessed by WRT-IT and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- All courses a Whitewater Rescue Technician Professional Instructor (WRTPI) can teach
- Whitewater Rescue Technician - Recreational Instructor (WRTRI)
- Whitewater Rescue Technician Professional Instructor (WRTPI)

Additional Specialty Instructor Trainer Qualifications¹

- Swiftwater Paddle Boat Handling Instructor Trainer (SPBH-IT)
- Personal Watercraft Rescue Instructor Trainer (PWC-IT)

¹ Instructor Trainers can add Specialty IT qualifications by showing extensive depth of knowledge in that specialty. They must go through the normal instructor process for that specialty and obtain a recommendation for IT status from their Regional Director and an IT for that specialty discipline.

Surface Ice Rescue Instructor Trainer (SIRT-IT)

Surface Ice Rescue Instructor Trainers teach Instructor courses as well as participating in curriculum development and committees.

Prerequisites

- Surface Ice Rescue Specialist Instructor (SIRSI) in good standing with Independent & Lead Instructor status
- Assist with at least 1 Instructor course in the past 3 years
- Recommendation by Regional Director and International Office

Instructor training & assessment

- Observe, assist & be assessed by SIRT-IT and/or as agreed upon with Rescue 3's International Office

Qualification valid for

2 years

Able to teach

- All courses a Surface Ice Rescue Specialist Instructor (SIRSI) can teach
- Surface Ice Rescue Technician Instructor (SIRTI)
- Surface Ice Rescue Specialist Instructor (SIRSI)

Instructor Emeritus (INS-E)

Instructor Emeritus are instructors who have retired from teaching. They are still able to contribute to curriculum and attend events, but are no longer teaching in the field. They are exempt from instructor requirements.

Prerequisites

- Active Instructor in good standing at time of retirement
- Submit letter to Regional Director and Corporate office indicating wish to be moved to Emeritus status and reason (such as due to age or medical condition)

Qualification valid for

Life