

### **CURRICULUM**

# **Adult Day Services**



#### **CORE COURSES**

- Abuse Prevention
- Activities for Older Adults
- Adult Day Orientation
- Aging Process
- o ALS
- Aromatherapy
- o Attitude of Care
- Autism
- Bed Rails
- Behavioral Health
- Client Boundaries
- Client Mobility Exercise
- Client Mobility Exercise & Ambulation
- Client Mobility Lifting & Transfers
- Client Mobility Positioning
- Client Mobility Range of Motion
- Common Health Problems
- Common Workplace Injuries
- Communication
- Communication Diversity
- Conflict Resolution
- Customer Service
- Customer Service Doing it Right

- Customer Service A Moving Target
- Depression
- Diabetes
- Dining, Nutrition, and Food Safety
- Documentation Do's and Don'ts
- Documenting, Observing, and Reporting Status
- Emergency Preparedness BENHA 19-047
- Emergency Preparedness Client Issues
- Emergency Preparedness Overview
- Emergency Preparedness Site Issues
- Emergency Use of Manual Restraints
- Fall Prevention
- First Aid
- Good Bugs, Bad Bugs, and Super Bugs
- Harassment
- Hearing Loss
- HIPAA
- Hospice and End of Life Care
- Housekeeping, Laundry, and Bedmaking
- Infection Control Techniques
- Infection Control Techniques BENHA 19-046
- o Influenza
- Insulin Administration

- Intimacy and Sexuality
- Macular Degeneration
- Maintenance
- Mental Illness
- Multi-tasking
- OSHA and Infection Control
- Parkinson's Disease
- Personal Cares
- Pressure Ulcers
- Professional Boundaries
- Resident Rights
- o Rights HCBS Settings Rule Residential Providers
- Slips, Trips, and Falls
- Special Diets and Feeding Techniques
- Spirituality
- Substance Abuse
- o Team Building I
- o Team Building II
- Time Management
- Traumatic Brain Injury
- Urinary Incontinence and Dehydration
- Vital Signs
- Vulnerable Adult ADS



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### **MEDICATION & TREATMENT COURSES**

Medication Administration Overview

Medication Administration Routes

ACE Wraps

Blood Glucose Testing

Catheter Care

Compression Stockings

CPAP

Feeding Tubes

Insulin Administration

Insulin Pens

Nebulizers and Inhalers

O2 SATS

Ostomy Care

Oxygen

Wound Care

Medication Reminders

#### **DEMENTIA COURSES**

#1: Introduction & Overview

#2: Communication

#3: Activities of Daily Living

#4: Behaviors vs Symptoms

#5: The Journey

A Refresher

Activities

A Balanced Approach

Alzheimer's Disease

Anger & Aggression

Anxiety

Bathing

Chores, Working & Volunteering

Communication Overview

Communication Reality & Validation

Dementia Overview

Dressing & Grooming

End of Life Care

Exercise

Family Support

Hydration, Nutrition, Eating & Dining

Intimacy & Sexuality

Leisure & Life Enriching Activities

Lewy Body Dementia

Medications, Vitals, and Treatments

Mood Swings & Personality Changes

Multi-infarct Dementia

Other Types of Dementia

Problem-Solving Overview

Paranoia & Hallucinations

Rummaging & Hoarding

Sleep Problems & Sundowning

o **Toileting** 

The Face of Dementia

Use of Medication

Wandering & Elopement