

Murphy Church of Christ
P. O. Box 511
Murphy, NC. 28906

TIME OF SERVICES

| | |
|------------------------------|-------------|
| Sunday Morning Bible Class | 9:30 a.m. |
| Sunday Morning Worship | 10:30 a.m.. |
| Wednesday Evening Devotional | 6:00 p.m. |

“ May the God of hope fill you with all
joy and peace in believing, so that by the
power of the Holy Spirit you may abound
in hope. Romans 15:13

stamp
here

RETURN SERVICE REQUESTED

BULLETIN



MURPHY CHURCH OF CHRIST
CHURCH OF CHRIST ROAD
(Located above King Ford on Highway 64 West)

P. O. BOX 511
MURPHY, NC 28906

Website: murphychurchofchrist.com

Minister/Counselor
Roy Stephenson

Cell Phone: 828-557-8882

E-mail: MurphyNCchurchofchrist@gmail.com

JULY 13, 2025

WELCOME

We welcome you to the Murphy Church of Christ where every visitor is our special guest, and we want to make sure you always remember that. If you are looking for a "family" that will offer you the most important things in life, then why not give us a chance to be part of your family?

Please fill out a visitor's form and drop it in the collection box.

Please do not hesitate to ask any of our members for assistance.

Please join us for the first Sunday evening prayer time at 6:00 PM. Any changes will be announced during morning worship.

Wednesday Bible devotional has been changed back to 6:00 PM

On the 5th Sunday of the month, we get together for potluck fellowship meal immediately following morning worship.

Website: murphychurchofchrist.com



The bulletin is posted on the website and hard copies are in the foyer for members and visitors. **Be sure to check out the website for articles by Roy Goodlet.**

As of April 30th, we had a total of 198 visits for the month of April. The bulletin hardcopy cover is designed so you can mail a copy to a shut-in, friend, or family member. If you have any suggestions for the website or see an error or want to make a change, please contact Lula Williams.

Greeters

Lula Williams
Theresa Brehm

Welcome/Song Leader

Roy Goodlet

Opening Prayer

Dean Wray

Lord's Supper Thoughts

Bruce Corcoran

Scripture:

Jeremiah 29: 10-14

Read by John Dykema

Sunday Sermon:

"God's Best Plan"

By Roy Stephenson

Announcements

Roy Goodlet

Closing Prayer

Jerry Queen

God's Plan For You

The statement "God has great plans for me" is a common expression of faith, often associated with the belief that a divine being has a specific purpose and destiny for each of us. It reflects a trust in a higher power and a positive outlook on life, even in the face of challenges. This belief is often rooted in religious or spiritual perspectives, where individuals find comfort and guidance in the idea that their lives are part of a larger, purposeful plan.



Prayer requests

- Sandy Parmer asked that we share that her daughter April is doing better and to thank everyone for their prayers. She and Robert have a new address in Mobile, Alabama. Copies of the new address is posted on the bulletin board for those who wish to stay in touch.
- Mindy Scaffie continues to have multiple health issues that require visits to multiple doctors. Due to multiple falls and a fractured rib she and her husband Woody haven't been able to attend church services but she remains cheerful and keeps friends up-to-date through her Facebook page.
- Darlene Queen cardiologist advised that her pacemaker is doing great but she still has pain because of fibromyalgia and arthritis which is often made worst depending on the weather. As her husband Jerry likes to say, "she has her good and bad days".
- Darlene Queen's son Justin Sutton, was hospitalized at Erlanger WCH in Murphy for cellulitis.
- Jeff Leiby continues to have health issues.
- Chuck Brehm continues at home as he deals with multiple health issues. He continues to have swelling and blood clots in his leg.
- Lynda Trusty has to wear a neck brace because of a fracture to her cervical vertebrae resulting from a fall three weeks ago.
- Heather Stepp, the niece of D.J. Stephenson, had radiation treatments for her cancer and will begin chemotherapy soon in Fort Worth, Texas.

- You or family member or friend may not be on this list but, we are all in need of prayer. The pandemic, flu season and the uncertainty in the economy has taken and continues to take its toll on many. Depression, homicides, suicides and gun violence are increasing as well as the impact of climate changes. Take time to check on your neighbors!



Come grow with us. If you have any questions or want to start a home study, contact our minister, Roy Stephenson.



Contact Nell Ard if you need a picture taken for our picture directory located in the foyer or need changes made to the directory printout provided to each member for your reference. Complete the form provided on the back table and give it to Nell upon completion. It is most important that you make sure your information is current.

Please note that because the bulletin is uploaded to the website (www), we do not include details regarding home address and phone information for privacy reasons in the bulletin.

Cell Phone Donations

Woody Scaffie will make sure that all your personal data is removed. **Please note the church has a basket in the back to help him.**



REACH of Cherokee and Graham County, Inc. is an outreach program for victims of domestic violence.

As the staff travel to the schools to discuss domestic violence, they have identified a need for children's shoes, underwear, and socks of varying sizes. They have also adopted some families to help as well. **Teens frequently request a fleece blanket.** If you have items of clothing (clean and in good condition), children's books, etc. to donate please place them in the blue bin located in the pantry. Check out the clearance section at Walmart next time you go shopping.

Stacy can always use some **small tote bags** and small travel size items to fill them with, e.g. travel size shampoo and conditioner, toothbrushes, tooth paste, travel size deodorant, hand sanitizer, etc.

Please contact the REACH office staff if you have furniture you want to donate to arrange pickup by the Thrift Store volunteers. They also ask for cooking utensils to help victims start over. Often the victims leave home with only the clothes on their back, so they are given clothes, furniture, and items for the home from the Thrift Store until they can get back on their feet. They also can use items to help with their self-esteem and pass the time until they can be placed in a safe environment. You can provide puzzles (500 pieces or less), adult coloring books, reading material, word puzzles, make -up, nail polish, hair clips, etc.

Volunteers and donors are always needed. Call the office at 828-

837-2097 or 828-837-8064 for more information. Local REACH covers Cherokee and Graham County.

REACH is leading our community in eliminating domestic violence and sexual assault through education, advocacy, self-empowerment, and community awareness.

FOOD BANK DONATIONS

We need your help to keep our pantry stocked. If no family, or individual has made a special request; then, Lula pulls items off the shelves and takes them to the Cherokee County Food Bank, Inc. in Andrews, NC. The food bank is open to the public on Tuesdays and Saturdays from 10-12.

Suggested items based on Lula's discussion with some of the female staff: they can always use feminine hygiene products and other personal hygiene items, e.g. toothpaste, toothbrushes, bars of soap, wipes, small bottles of shampoo, soups that can be heated over a small fire, small jars of peanut butter and items that do not require a stove for cooking. Most of the clients are homeless and/or senior citizens living on a fixed income, so they can use small bottles of laundry detergent and Clorox to wash their clothes. The food bank has a bakery that donates bread, and the local Walmart provides fresh produce.

You can also write a check payable to the Andrews Food Bank, P. O. Box 843, Andrews, NC 28901, and they will supplement items that are not being donated.



News and Announcements

Our church's 2025 weekly budget is set at \$1,250.00.

June 29 - \$2,745.00 is over budget by \$1,495.00.

July 6 - \$645.00 is under budget by \$605.00.

Bible Study Attendance – 8
Worship Service Attendance – 17
(includes 1 child)

Members are asked to please check their temperature and stay home if you are not feeling well, especially since many of our members are considered high-risk because of age and/or chronic health issues. Wearing a mask is optional!

We will start telephone contacts to let you know if anything changes regarding church services. STAY SAFE!

Wayne's Outreach Ministries

If there are folks who would like to participate in the prison ministry, please contact Nell Ard, Wayne requested that Nell continues to correspond with some of these men since they truly have no one else. Thanks to Dean and Karen Wray for working with her to keep Wayne's prison ministries going.

Wayne was also active with World Bible Study. If you need help with WBS (World Bible Study) or know someone who has indicated an interest in WBS, please contact Roy Stephenson.

Sunday Bible Studies at 9:30 am

Today our study begins with the introduction to John 1, 2, and

6:00 PM Wednesday Devotional

We have resumed 6:00 PM **evening devotional**. If you have a special request, please let Roy Stephenson know.



We began discussion Wednesday evening, April 30, on discipleship with the help of the book, "Turning Church Members into Disciple Makers" and each week we will be discussing another chapter." This is week twelve: The Effective Church Chapter 12, "Spiritual Profiling: The Fanatic".

Sharing the gospel message can be a little complicated. Hopefully by attending the classes we can help you remove some of those barriers and develop the tools you need to be successful in helping to bring souls to God.

Murphy Homeless Shelter Donations

The Hurlburt Johnson Homeless Shelter is requesting donations for the month of February through December. There are eleven churches in the area that also donate. They are requesting paper products from us: paper towels, bathroom tissue, paper napkins and paper plates. Please place items in the fellowship room and Roy Stephenson will deliver them.

Homeless Shelter Thrift Store

The homeless shelter need volunteers at the thrift store. If you are interested and want more information

on what is expected please contact Carol Paul at 518-321-4190.

Sign-up sheets on the back table

Nursery Assignments

If you can help in the nursery some Sundays during bible study and/or morning worship **whenever we have any children visiting** please indicate what date(s) you are available.



Communion

If you are willing to help prepare communion and clean-up the trays please indicate your willingness by putting your name next to the month you are available on the sign up sheet located on the back table.

Building Maintenance

Dean Wray continues to keep us updated on the status of maintenance projects, so if you want to help or **if you notice something that needs repairing, please let him know.**

He is in the process of doing some touch up painting in the main auditorium and the minister's office will be set up as our library.

Dean Wray can use our help with any last-minute details to help complete all projects. Please contact him or Karen for dates and time to meet at the church building. He has completed repair and painting of the breezeway so you can resume entering through the breezeway.



July Birthdays

| | |
|---------------|----|
| Karen Wray | 12 |
| Sybil Eubanks | 21 |

July Wedding Anniversaries

| | |
|---------------------------|----|
| Woody and Mindy Scaffa | 2 |
| Gregory and Rebecca Jones | 4 |
| David and Betty Windsor | 28 |

If you do not see your birthday or wedding anniversary listed or the date is incorrect, or your name is misspelled please let Lula know. **NOTE:** Some of the people listed are frequent visitors or former members that like to stay in touch.

Area-Wide Singing

For those of you who like to mark your calendar for future events, there will be two opportunities remaining in 2025 for Christians to sing together with our sister congregations in this area every other month.

Our next singing will be here at the Murphy Church of Christ on August 10th at 3:00 pm. Afterwards we encourage everyone to remain to fellowship and get to know those in attendance. Light refreshments will be served, please bring something to share with our guests.

Our final area singing for 2025 will be held **October 12th at the Hiawassee GA Church of Christ.**

Agnus Dei (song)

Alleluia, alleluia
For the Lord God Almighty reigns
Alleluia, alleluia

For the Lord God Almighty reigns
Alleluia Holy, Holy

Are You, Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb
You are holy, holy,

Are You, Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb
Amen

Hope For a Better Future

Though our experiences are different, we all face seasons of waiting at some point in our lives. If you're walking through this struggle now, and you haven't heard from God yet (or maybe you haven't come to terms with His answer), we hope reading the Bible or talking to a fellow Christian will bring you comfort, hope, and peace. Our God is faithful and he has a plan for you, even if it feels like you're stuck somewhere you didn't want to be in the first place. Hold on to His word, there are brighter days ahead.

It's Way Too Hot!

Do you know the difference between a heat stroke and heat exhaustion?

As North Carolina faces an intense heatwave, Duke Energy is calling on residents to conserve electricity during peak afternoon hours to alleviate pressure on the power grid.

North Carolina is still experiencing extreme heat this week in the 90s will

take a toll on HVAC systems and the power grid across.

Heat Stroke

- **Extremely high body temperature:** A core body temperature of 103°F (40°C) or higher is a key indicator.
- **Altered mental state:** This can range from confusion, disorientation, and slurred speech to seizures, loss of consciousness, and coma.
- **Skin changes:** Skin may be hot, red, and dry (or sometimes profuse sweating).
- **Rapid pulse:** The heart will beat faster to try and cool the body down.
- **Other symptoms:** Headache, dizziness, nausea, vomiting, and rapid, shallow breathing can also occur.
- **Lack of sweating:** Contrary to what some may expect, heat stroke may be accompanied by a lack of sweating.

If you suspect heat stroke, it is crucial to seek immediate medical attention by calling 911 or the local emergency number.

Heat Exhaustion

- Heat exhaustion can precede heat stroke: Recognize the symptoms of heat exhaustion (fatigue, nausea, headache, dizziness) and take steps to cool down and rehydrate to prevent progression to heat stroke.
- Be aware of risk factors: Physical activity in hot weather, wearing heavy clothing, alcohol consumption, and inadequate fluid intake can increase the risk of heat stroke.