

Grief On the Go

365 Days of grief tools, encouragement and wellness



Grief on the Go is a supportive option for your organization for bereavement support. Employee Benefits ♥ Hospice Bereavement Support ♥ Community Bereavement

Grief is a tremendous life adjustment that impacts workplace productivity, social connectedness and self confidence. It takes quite some time to adjust to the presence of grief in life. In reality, grief is a process of learning a "new way of living" after a significant loss in life. We go through pain, we question our world views, we get reacquainted with ourselves, and we evolve through the grief process.

Not everyone needs counseling. Anyone can benefit from building awareness and learning about this new way of life. Grief on the Go fits into the busy-ness of everyday life with the flexibility of tapping into tools or engaging within the programs when it makes sense within the day.

3 Organization Wellness Programs



15 Months AccessGrief Wellness Posts that include check in posts, wellness, tools, and quotes.



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Grief Wellness Posts that include check in posts, wellness, tools, and quotes.
HeART Connection Program



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HeART Connection Program
First 52 Program

Pre-purchase discounts are available for organizations after 10 programs.

# of Programs	10-49	50-99	100-149	150-199	200-249	250
Discount	25%	30%	35%	40%	45%	50%

Start the process... Complete the inquiry form

Click here

Answers to Help Get Started

How does Pre-Purchase Work?



- Fill out the inquiry form for your preferences Which program? How many?
- 2. You will receive an invoice.
- 3. A purchase code to enroll your folks or share is included in the confirmation email of payment.
- 4. Go through the purchase process online for your participant, enter discount code for your purchase, complete process (no card needed to complete transaction since prepayment code for program results in no cost.)

Pre-Purchase Order Form

Click here

That's it...

Each code is set up for the number of pre-purchased programs. The code will terminate when the final program is enrolled. You are encouraged to track your use internally.

How do I re-order?

Simply submit another Pre-Purchase Order Form.

What if I need to have regular, re-occurring re-orders for my organization? That can be set up for you.

What payment gateway do you use?

PayPal - you do not need a PayPal account to provide a payment.

Are programs only available through the website, www.julieblackburn.com? There is an app for that. Currently Android App is available. iOS is in approval process.

How can I reach you?

Phone: 815-556-9471 Email: julie@chartreusecenter.com

A little bit about Julie Blackburn, Creator of Grief On the Go and Owner of Chartreuse Center

Julie is no stranger to grief. After a number of sudden losses as a child and eventually caring for her mother-in-law through esophageal cancer, she changed careers with the intention to support those adjusting to a new way of living after significant losses. In 2009, Julie graduated with a dual Master's Degree in Counseling Psychology & Art Therapy from Adler University. She holds professional licensure as a therapist in in Illinois and Indiana. Julie is a national presenter and has presented for: Bereaved Parents of the USA, Children's Neuroblastoma Cancer Foundation, American Society for Reproductive Medicine, Illinois Hospice & Palliative Care Association, and Greater Illinois Pediatric Palliative Care Coalition (GIPPCC), just to name a few.

"My greatest joy in my work is seeing that movement from the pain and depths of grief into the living and renewed sense of self."