# **Ashtead All Stars: Weekly Update**

## W/c Monday 3rd February

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#### **Results from Last Week:**

#### **Nonsuch League:**

U14 v KITC LOST 11 - 14 U14 v Hillcrest B LOST 8 - 12 U14 v Didasko WON 25 - 9

Hooray !!! A lovely sunny day so it was enjoyable for players, spectators and umpires alike !! The girls played consistently well, lots of team spirit, and some enjoyable netball to watch. We were well matched with the first two teams which made for well fought matches, against nice teams. Unfortunately we made too many silly mistakes which cost us both of these matches. A great shame, because there was some great defensive work, but then, as usual, weak passing up the court. Tactically, Megan and Lily began to work well as a defensive pair, and made it difficult for the opposition's shooters.

A great win against Didasko finished off a good morning's netball.

I have 2 Players of the match today:

Sophie Tarling, who played Centre for 3 matches and never looked tired. She went for everything, including every loose ball, and hardly put a foot wrong throughout.

Megan Lewis, who worked equally hard throughout, and got some superb interceptions and great tips.

#### **Dorking League:**

None

#### **Friendlies:**

U11 Orion v Cobham A LOST 6 - 26 U11 Draco v Cobham B LOST 1 - 18 U12s v Cobham **SADLY CANCELLED** 

A tough morning for the U11s against some well practised opposition. These girls play 7-a-side every week, and this is still new for us, so we did well in the circumstances. Hopefully the girls enjoyed it, and didn't get too despondent.

Player of the match for Orion: Katie Sheffield Player of the match for Draco: Lucy Morris

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### The Week Ahead:

Mon 3<sup>rd</sup> February 4pm – 8pm: Training at the Rec. All Years

Wed 5<sup>th</sup> February, 6-7pm: U13 and U14 indoor training at Downsend Sun 9<sup>th</sup> February: U10 and U11 high5 League matches at Nonsuch

U12, U13 and U14 League matches at Dorking

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**Any Other News/Business:** PLEASE PLEASE PLEASE bring enough layers to keep the girls warm at training, and bring wellies if you think the ground around the courts might be flooded.

Get well soon Lucy! \*\*\* Jane \*\*\*