



Career Enrichment Monuments, Mythology & Medicine: GREECE!



**GREECE: Athens, Larissa, Kalambaka
Town, Meteora, Argolis, Kos & Nisyros**

September 27-October 7, 2023

\$6,499 (based on double occupancy w/ flights)

\$1,299 (single supplement)

BOOK NOW 888.747.7501

Nestled between the waters of the Aegean and Ionian seas, Greece's captivating history and scenic beauty make it a perfect destination for the discerning Nanda traveler. Beginning in the capital of Athens, journey out to explore smaller towns and islands, some with ties to Hippocrates, venturing beyond the tourist trail to explore the "real" Greece.

Focus on Health Care & Education

- **Meaningful interaction** between travelers and a healthcare professional in Greece will allow a chance to discuss the internal medical system. Better understand the challenges Greece faces with health care delivery and access to care with ever-growing incidence of chronic disease, as well as the impact of pandemics.
- **Learn more about Hippocrates's** legacy as you explore sites dedicated to the Father of Medicine. He spent his last years in ancient Larissa, and you will see the small monument (statue) and tomb as well as nearby Diachronic Museum. Also explore **Hippocrates botanic garden and cultural center** in Kos.

Focus on Community & Culture

- Take part in a fun **hands-on introductory cooking lesson** to learn traditional Greek dishes like *gyros* or sweet rag pie called *patsavouropita*.
- Visit iconic sites like the **Panathenaic Stadium** where the first modern Olympic games were held in 1896. In route to the **Acropolis of Athens** your guide will point out many sites including the Temple of Olympian Zeus and Hadrian's Arch.
- Enjoy a **truffle hunting adventure** with truffle hunting dogs and their handlers in Meteora. Chefs will use those truffles along with local mushrooms to create some tasty dishes for you to enjoy.
- Visit the hilltop monasteries of **Meteora** and explore the gorgeous Aegean islands of **Kos** and **Nisyros**.

Program Highlights

- **Accompanying guest program** – alternate activities will be provided for guests who do not wish to attend the meetings.
- *Optional* post trip extension to **Crete: coming soon**

Journey Leader: **John W. (Jay) Popp, MD, MACG**

Dr. Jay Popp is the Medical Staff Lead for AmSurg. He formerly served as Professor of Clinical Medicine at the University of South Carolina; Director, Division of Digestive Diseases and Nutrition, University of South Carolina; and Director, Endoscopy Laboratory, Richland Memorial Hospital, Columbia, South Carolina. Dr. Popp is a former president of the American College of Gastroenterology (ACG); member, American Gastroenterological Association (AGA); recipient, ACG's William D. Carey Award; and Master of the ACG, Weiss Award.



Did You Know?

Costs associated with your journey may be tax deductible as a reasonable and necessary business expense!

Ready to go?

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