

## **GFWC Menominee Women's Club**

General Federation of Women's Clubs www.gfwcmenominee.org

#### March 2025

Editor: Martha Harding, 906-290-9244





## A Collect for Clubwoman

Keep us, O God, from pettiness; Let us be large in thought, in word, in deed. Let us be done with faultfinding, and leave off self-seeking. May we put away all pretense and meet each other face-to-face, without self pity and without prejudice.

May we never be hasty in judgment and always generous.

Let us take time for all things; make us grow calm, serene, gentle. Teach us to put into action our better impulses, straight-forward and unafraid.

Grant that we may realize it is the little things that create differences, that in the big things of life we are at one. And may we strive to touch and to know the great common human heart of us all and O Lord God, let us forget not to be kind!

Mary Stewart 1904

#### **GFWC Mission Statement**

"GFWC-an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service."

#### **GFWC Menominee Dates**

#### March 5, 2025

The March 5th General Club
Meeting will be held at Riverside
Country Club, 3459 14th Avenue, in
Menominee.

Check-in and social time begin at 11:30am, lunch will be served at noon. The program and business meeting will follow. The cost is \$17per person, checks preferred.

The Menu is Baked Cod, Garlic Herb Butter Redskin Potatoes, and California Medley Vegetables with Deconstructed Lemon Meringue Pie for dessert.

The program will be on the Menominee Area Arts Council, presented by Ron Jackson: Artist, Menominee School Teacher (retired), and member of the MAAC Menominee Area Arts Council.

Please let your caller know if you have any dietary restrictions associated with the menu. Also, please remember to RSVP your caller before 5pm February 28, 2025.

#### A Look Ahead

March 19, 2025

GFWC Board Meeting, Spies Library, 9:30 am

#### April 2, 2025

GFWC Menominee General Meeting at Riverside Country Club, 3459 14<sup>th</sup> Avenue, in Menominee.

# GFWC MI and National Dates

March is Women's History Month

March 5, 2025 GFWC Women's History Celebration and Equal Pay Day

March 8, 2025

GFWC Women's History Month Reception

March 8, 2025

International Women's Day

April 20-26, 2025 Volunteers in Action Week April 24, 2025 GFWC Federation Day

April 24-27, 2025GFWC MI State Convention in Traverse City MI

June 7-9. 2025

GFWC 2025 International Convention Atlanta, GA

July 15, 2025

GFWC MI Bay Cliff Health Camp Day Watch for UP District 5 Meeting information.

# Happy St. Patrick's Day



# Spreading 'Sunshine'

Janet Conklin

Is there a GFWC Menominee Club Woman who is having surgery, ill, or needs a little 'Sunshine'? Please let our Sunshine Gal, Janet Conklin, know about it so she can send a card. 715-923-3859.

# Club Presidents' Message

Co-Presidents Eileen Beyer 906-792-8374 Martha Harding 906-290-9244

Congratulations GFWC Menominee Women's Club members. Your efforts toward our two large and ambitious fund raisers this year have exceeded our budget predictions and our highest expectations. You found the fun in the projects and that translated to community involvement. Our Community Service Programs contacting and working with their members were the key to this success. We hope that you all take pride in serving on the committees that you signed up for when you completed your membership form and will continue to develop new projects and work together as you did this past year. Our GFWC Michigan Annual Report reflects this working together as does our budget. Be proud and thank you very much!

#### From the VP Team

Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

## VOLUNTEER JUST TWO HOURS AND BE IN THE DRAWING FOR A WONDERFUL PRIZE!!

That's right, just two hours!!! If you have volunteered since January 1, this is for you. At the meeting on Wednesday, March 5, there will be

slips on the table where you check in. Put your name, the number of hours and where you volunteered. You will be put in a drawing for our May meeting. If you volunteered prior to January 1, Tina Porod already has you in the drawing. We appreciate all you do for our community!!!

On behalf of GFWC Menominee we **THANK YOU** and **APPRECIATE YOU** for the time, talents, creativity, and generosity you have given to our Club in 2024.

# **Membership**

Judy Reid, Chairperson 906-792-9186



Do you have a passion for the membership of GFWC Menominee Women's Club? Would you like to be part of the Membership Committee? Contact me, Judy Reid, if you would like to learn more about this important committee and its responsibilities.

#### **Treasurer & Fundraising**

Pat Brukardt, 906-792-8147 **Flower Card Fundraiser** Pat Brukardt, Chairperson 906-792-8147

## All Things Chocolate

Judy Bramschreiber, Chairperson,906-863-2052

We cleared \$8,489.52 after expenses at ATC this year! Our Club donates all the funds raised back into our community. Thank you club members for the time you volunteered and the baskets you donated for All Things Chocolate.



A small sample of the bucket raffles that were available.

#### **Arts and Culture**

Chairperson Needed
If you are interested in chairing this
CSP please contact Tina Porod
715-923-5991 or Donna Suchovsky
402-740-2271.

# SSS (Simple Sloppy Joe Supper) and Friendship Brownies

Friendship Brownies Coordinator: Judy Reid 906-792-9186

**Who?** GFWC Mennominee Clubwomen and Friends (Bringing friends is encouraged.)

**What?** SSS (Simple Sloppy Joe Supper) and Friendship Brownies Activity, A time of fun, food, and fellowship.

We will enjoy a light supper before filling up the jars with the dry ingredients of our Friendshp Brownies.

Where? M&M Yacht Club, (Bayside of the Menominee Band Shell)

**When?** Thursday, March 13, 2025 (5-7:30 pm) (will eat around 5:15 pm)

How? Reserve your spot.
Cost: \$8.00 Members will sign up and pay at the March 5th meeting. (Checks payable to: GFWC Menominee)
Or: RSVP text or call Judy Reid 906-792-9186, send \$8 to GFWC Membership, PO Box 302, Menominee, MI 49858

#### JUST BECAUSE CARDS

Linda Berry 815-474-9266

We will be creating "Just Because" cards for the local nursing homes and shut-ins on Tuesday, March 18th at my home (317 Henes Park Dr. Menominee, MI) from 10 -12pm. All supplies will be provided. Come for coffee and social time and make these fun cards to share. If you know of any "shut-ins" either from your neighborhood or church, please let us add them to our list. Arts & Culture CSP members already have this info, but it is open to any GFWC Menominee member who would like to participate.. Please let me know either by email: ljberry23@gmail.com or text: 815 474-9266 if you would like to join us



Stars for Veterans Linda Berry 815-474-9266 I will be distributing our "Stars for Veterans" at the

Vietnam Veterans Event to be held on Saturday, March 29th. Will have more information on this at our March meeting. Thank you to Amy Vogltanz for creating these wonderful stars from old flags.

# Civic Engagement and Outreach

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

# M&M Children's Museum

Linda Berry 815-474-9266
The Children's Museum held a fundraiser at Culver's on Tuesday, February 25th from 5-8pm with part of the sales between that time going to support the museum. I was able to enlist 4 of our GFWC members to help with an Arts & Crafts project ... creating "puffy paint" custard cups! Thank you to everyone who helped support this fundraiser.

Will continue to update you on the museum "happenings"!

# DAR BOYS & GIRLS CLUB BLUE DOOR GALA

THURSDAY, APRIL 10, 2025 6:00 p.m. LITTLE RIVER COUNTRY CLUB N2235 SHORE DRIVE, MARINETTE, WI 54143

Put it on your calendar! The price is \$40 per ticket. Tickets are available at Jack's Fresh Market in Menominee, the DAR Club, and you can also go to the website: <a href="https://thedar.ejoinme.org/gala2025">https://thedar.ejoinme.org/gala2025</a> It is a fun event! Hope to see you there.

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# WANTED: VOLUNTEERS FOR THE MENOMINEE HISTORICAL MUSEUM

WHEN: SUMMER 2025 WHAT: MUSEUM GUIDES WHERE: 904 11TH AVENUE, MENOMINEE, MI

If you have not been to the Menominee Historical Museum. now is your chance! It is a wonderful museum. If you have any interest in the history of the area, this may be the perfect volunteer opportunity for you! You can volunteer as much or as little as you like! You can be a substitute if you just want to try it out. If you have a friend who may be interested, you could do it together. It is a lot of fun!

If you would like to consider volunteering at the museum or would like more information, please email the curator (a GFWC Member) Abbey Hoijer at abigail.hoijer@gmail.com.

Public Policy & Legislation Ruth Wesoloski, Chairperson 906-863-2232

From the GFWC Clubwoman Magazine, 2025 Winter Issue: BILL SIGNED TO PLACE WOMEN'S SUFFRAGE NATIONAL MONUMENT ON NATIONAL MALL On January 4, 2025, President Joseph R. Biden Jr. signed the Women's Suffrage National Monument Location Act into law, authorizing the creation of the first monument dedicated to American women's history on the National Mall in Washington, D.C.

From the GFWC Legislation/Public Policy Newsletter, January 2025: WOW! EXCITING NEWS! GFWC clubwomen have answered the call working to "Raise Our United Voices"! Just in are the statistics for registration in the Legislative Action Center (LAC). You will remember that there has been a continued request to register members to increase GFWC's impact on issues supported by the GFWC Resolutions. And you answered!

Just a reminder that you can sign up in the Legislative Action Center by going to our GFWC Menominee web site where there is a link to the national webpage.



Resurrection Food Pantry Ruth Wesoloski, Liaison 906-863-2232

In the month of January our food pantry served 112 family units consisting of 188 adults and 85 children. This number included 18 new families. Our numbers have increased by almost 25% in the last two years.

If you know of anyone living in Menominee County who has food insecurity, please encourage them to contact us.

Our pantry is in the parish office area of Menominee's Resurrection Parish and is open Mondays, Wednesdays & Fridays from 10AM - 1PM. Or they may call us at 906-863-3405, Ext. 6 at any time as there is voicemail.

We are always grateful for any donations, either monetary or nonperishable food items. Please contact me at 906-863-2232 if you have any questions.

#### **Education and Libraries**

Diane Shepard, Chairperson 920-606-9384

February was a fun month for the Ed/lib. We read to 4- & 5-year-olds, and we will organize the kids closet at Spies Library! Remember to shop at the book sale table!!!



Mrs. Shepard doing finger rhymes with the GSRP class at the former Central School.

Epsilon Sigma Omicron (ESO) Karen Sutek, Chairperson 920-676-3119

"A book is a gift you can open again and again." — Garrison Keillor

#### The Education Committee is Collectina!

Just a reminder that the Education Committee continues to collect:

- Pop Tabs for Ronald McDonald House
- Pennies for Spies Library Please keep collecting these items and bring

them to our next

general meeting!



# **Health and Wellness**

Barbara Jones. Chairperson 312-858-0102

Members continue to enjoy the

Walk and Talk meetings at Marinette REC Center on the third Fridays of the month at 9am. Please come and join us on 3/21. Also mark your calendars for 4/18 and 5/16. We look forward to seeing you then! Feedback from samplings of Healthy Recipes at our general meetings has been very favorable. In addition to our tastings, all GFWC members are encouraged to bring a copy of their favorite healthy recipe to each meeting, and look at and photograph other great healthy recipes.

DID YOU KNOW? We have all heard about the amazing antiinflammatory properties associated with pairing dark chocolate with red wine. Have you tried this combination? Well, here is another partnership that has been found to have even more health benefits: dark chocolate and tea. Both have anti-inflammatory features that can lower blood pressure, decrease the risk of cancer, and boost mood and focus. Of course, moderation is kev!

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#### **American Red Cross Blood Drive**

Judy Bramschreiber, Coordinator 906-863-2052 No Information

## **Environment**

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271.

## **GFWC MI News to Know**





Lucy Hermanson, Liaison 510-847-4401

Mark your calendar! Bay Cliff Day is scheduled for July 15, 2025. More information about donation items and carpooling will be available later in the spring or early summer.



If you would like to learn more about Guiding Harbor and this exciting project, please visit its website at https://guidingharbor.org

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