



## Drug Test Preparation

Quality Connection's Substance Abuse program serves the union electrical construction industry and meets the needs of IBEW #481, NECA and the employee to help ensure a safe, drug-free workforce.

Quality Connection adheres to the Coalition for Construction Safety (CCS) Guidelines. The CCS program maintains a minimum threshold for which owners and contractors will accept for their workforce. CCS, and reciprocal program partners, must stay in-line with industry trends. The CCS Substance Abuse Program follows the U.S. Department of Transportation (DOT) general guidelines. Several other Indiana Construction programs are already using this test panel.

### Quality Connection Drug Test Panel Effective January 1, 2019

Drug	Screening Levels ng/ml	Confirmation Levels ng/ml
Amphetamines:		
Amphetamine	500	250
Methamphetamine	500	250
MDMA/MDA (Ecstasy)	500	250
Cocaine Metabolite	150	100
PCP-Phencyclidine	25	25
Opioid Metabolites:		
6-Acetylmorphine	10	10
Morphine/Codeine	2000	2000
Hydrocodone/Hydromorphone	300	100
Oxycodone/Oxymorphone	100	100
Marijuana Metabolite	50	15
Barbiturates	300	200
Benzodiazepines	300	300
Methadone	300	300
Propoxyphene	300	300

**You do not need to take prescription information with you. If your result is an initial positive due to a legal prescription, you will be contacted by a DISA Medical Review Officer (MRO) typically within 2 days after the specimen has been lab-processed. If you are called, please:**

1. Take or return the call by next day to provide prescription information/talk with MRO – please let the MRO know the prescribing physician, dispensing pharmacy and contact information.
2. If you don't return the call; the MRO will contact Quality Connection to assist with member contact – typically contacts employer to assist; if the MRO/Quality

Connection/Employer is not able to reach you after multiple attempts; your card will be confirmed as invalid.

3. MRO reviews prescription information to determine if lab results are in line with prescribed amounts, if prescription has not expired, who the prescription is for, etc.

**Your card remains valid until the MRO completes this process to determine and communicate a final result.**

**When you are ready to test please make sure you:**

1. **allow adequate time to test and**
2. **do not provide a diluted urine specimen.**

**Both of these could result in repeat testing at your expense.**

**To help avoid a diluted specimen:**

1. Consume no fluids after 9:00 p.m. the night before your collection.
2. Limit fluid intake to a minimum the day of your collection. The following examples should be used as guidelines. You are asked to use your best judgment.

For morning test: limit your fluid intake to a maximum of 16 oz. of fluid.

OR

For later day test: limit your fluid intake to no more than 36 oz. within any 3-hour period.

If the laboratory determines you provided a diluted specimen, you will be required to be recollected. You will be responsible to pay for the recollection. If your result is negative, Quality Connection will reimburse you for the cost of the recollection.

**Be aware of the collection site's closing time:**

1. You need to arrive 30 minutes prior to the specific collection site's closing time.
2. If you begin the testing process, you are required to finish the process by providing a sufficient urine specimen within 2 hours of your start time or by the time the facility closes, whichever is soonest.
3. If you fail to finish the process within this timeframe, it will be considered a refusal to test which has the same consequences as a positive test result.

Please see Quality Connection's website or the Substance Abuse Program booklet for complete program information.

**Questions regarding Drug Testing/Certification Cards/Request A Policy Booklet**

**Quality Connection                      Julia Saltsgaver                      317.931.3611**  
1828 N. Meridian Street, Suite 115, Indianapolis, IN 46202

**DISA    Joel DeJesus/Team 3 317.269-3003**  
603 East Washington Street, Suite 200, Indianapolis, IN 46204

**Questions regarding Employee Assistance Program**

**IU Health Methodist Hospital                      Karen Owen or any EAP counselor                      317.962.2622, Ext. 2**  
1701 N Senate Ave, Room WH442, Indianapolis, IN 46202