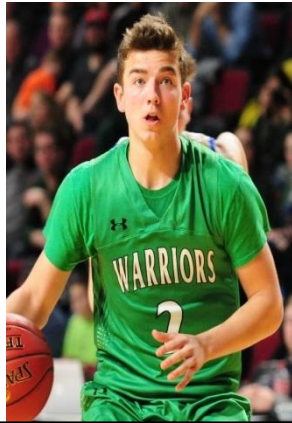
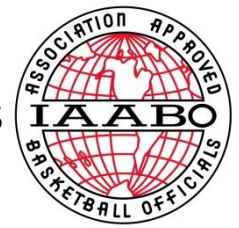


# Summary of Uniforms, Equipment and Apparel Items

(Rule 3-4, 3-5, 3-6)



## UNDERSHIRTS

- Must be a single solid color similar to the torso of the jersey.
- Sleeves' edges may not be frayed and must be the same length per player.
- One teammate may have short sleeves, another may have long sleeves.



## AMERICAN FLAG

May be worn anywhere on the team jersey provided it does not exceed 2 x 3 in. and interfere with visibility of number.



## ILLEGAL

### ROLLED WAISTBANDS

Equipment and apparel shall be worn in the manner the manufacturer intended it to be worn. A player should not be allowed to play with "rolled waistbands" on pants.



## ILLEGAL APPAREL

Undershirt must be a similar color as the jersey.



## HAIR CONTROL DEVICES

- Item that goes around hair only.
- No color restrictions.
- Must not be of hard of material.
- No "extensions" on hair control devices either.



## ILLEGAL APPAREL

Headband must be worn without extensions.



## HEADBANDS and WRISTBANDS

- Must be a single solid color: white, black, beige, or the predominant color of the jersey.
- All such articles for all teammates must all be the same color.



## ILLEGAL APPAREL

Headband must be a single solid color.



## ILLEGAL APPAREL

Too many logos

## BRACES

- Manufactured knee and ankle braces do not need to meet any color restrictions.
- A brace is defined as anything worn for a medical purpose to increase stability.



## SLEEVES FOR ARMS and LEGS COMPRESSION SHORTS and TIGHTS, HEADBANDS and WRISTBANDS

- Must be a single solid color: white, black, beige, or the predominant color of the jersey.
- All such articles for all teammates must all be the same color.



## LOGOS

One visible manufacturer's logo is permitted on any apparel item, limited to 2-1/4 square inches.



## SCHOOL OR CONFERENCE LOGO/MASCOT

May be located at the apex/opening of the neckline of jersey and the corresponding area on the back and/or in either side insert.



One **MEMORIAL PATCH** may be worn. It shall not be a number, must be located above the neckline or in the side insert and not exceed 4 square inches.



## ILLEGAL APPAREL

Color of headband and leg sleeves do not match.



## WRISTBANDS

- Must be made of absorbent material.
- Worn below the elbow.



## ILLEGAL APPAREL

- Logo is too big.
- Sleeves must be a single solid color.

**JEWELRY** is not permitted.



## SHOES AND SOCKS

Are not "apparel" items and have no color or logo restrictions.



## ILLEGAL APPAREL

Arm sleeve must be a single solid color.



## ILLEGAL APPAREL

Silicone bands