

5/1/2014



Evaluation Report

3rd Annual Virtue in an Age of Promiscuity Ladies Retreat



prepared by Tracy Worley

Evaluation Report

3rd Annual Virtue in an Age of Promiscuity Ladies Retreat

Executive Summary

The *3rd Annual Virtue in an Age of Promiscuity* ladies retreat was held on March 7 and 8, 2014 and attended by approximately 225 women and girls. The retreat schedule included a Friday evening devotional followed by a dessert and coffee reception. Saturday was a day-long educational experience with opening devotional, concurrent workshops, and closing devotional. The retreat is designed for ladies to discuss, appreciate, and internalize the character of *virtue* in their relationships and in their daily lives. Part 1 of this report details the results of a program and logistics evaluation implemented with participants at the close of the retreat. Part 2 reports the details and provides an analysis of the behavioral assessment conducted during the event.

This report details the methodology used and the results of the evaluation and assessment. Individual workshop evaluation results are detailed along with Verbatim Comments from the forms regarding the overall impressions of the retreat and whether or not participants would attend again

The results of the assessment, conducted as a pre- and post-questionnaire, are detailed in terms of the difference in behavioral capacity at the beginning and conclusion of the educational component, and used as a measurement of self-efficacy for behavior change. The 2014 retreat marked a first-time use of the behavioral assessment and its implementation will be modified for future retreats as required.

Finally, recommendations for the 2015 retreat are included.

Table of Contents

Executive Summary	2
Background	4
Part 1 – Logistical Evaluation	
Methodology	6
Workshop Composite Results	6
Analysis	22
Verbatim Comments	22
Part 2 – Behavioral Assessment	
Methodology	24
Pre-Assessment Composite Results	24
Post-Assessment Composite Results	26
Analysis	27
Recommendations	28

Background

The *Virtue in an Age of Promiscuity* ladies retreat is designed to meet the needs of introducing, encouraging, validating, and strengthening the necessity of virtue in our everyday lives as a means to combat the images and propaganda we are subjected to daily. The primary topics addressed during the *Virtue in an Age of Promiscuity* ladies retreat were:

- Abandonment and Loss
- Judgment
- Faith and Faithfulness
- Overcoming Temptation
- Conquering Sin
- Pride
- Becoming a Child of God

The Friday evening devotional featured Glynda Mayo-Hall of the Fairfax Church of Christ in Fairfax VA. On Saturday, the opening session (devotional plenary) featured Jacqueline D. Maxwell of the Suitland Road Church of Christ in Suitland MD. Sister Maxwell was a last-minute replacement for Alinda Gadson of the Carver Road Church of Christ in Winston Salem NC, after a weather-related emergency prevented her trip. The closing devotional featured Mary Jane Perrault of the Spotsylvania Church of Christ in Fredericksburg VA.

Each workshop was conducted in two parts – the first as a lecture and the second as practical application (discussion or role play) on each topic as an indicator of self-efficacy for behavior modification. Participants selected their workshop category at registration, and were expected to attend both parts one and two of the same workshop.

Although the teens and tweens track participants were able to choose any workshop, there was a designated teen workshop for 12 to 16 year olds. Elementary-age girls participated only in the workshop for 5 to 11 year olds. There was one team of 2 teachers and 2-3 facilitators for workshop series, a strategy to ensure all track participants received the same message from each teacher/facilitator.

Limitations

Many participants chose to switch workshops after workshop one, thereby limiting the expression of self-efficacy in that topical area as indicated in the behavioral assessment. Controls for limiting the workshop selection switching were not in place, so the self-efficacy results could be skewed.

Speakers and facilitators for the *3rd Annual Virtue in an Age of Promiscuity* ladies retreat included knowledgeable, studied ladies who provided insight to the issues faced by ladies of various ages in this society. The speakers have experience that they shared as lessons learned for the ladies retreat participants. They also provided guidance for Bible-based best practices for ladies retreat participants to take and implement in their own lives. Speakers came from the following congregations:

- Aberdeen church of Christ
- Capitol church of Christ (Annapolis MD)
- Central church of Christ (Baltimore)
- District Heights church of Christ
- East Baltimore church of Christ
- Easton church of Christ
- Fairfax church of Christ
- Overbrook Park church of Christ
- Prince George's church of Christ
- Spotsylvania church of Christ
- Suitland church of Christ
- University Park church of Christ
- Church of Christ York

Participants in the ladies retreat came from approximately 33 churches of Christ and 4 denominational churches in Maryland, Delaware, Pennsylvania, North Carolina, South Carolina, Virginia, and Washington DC.

PART 1 - Logistical Evaluation

Methodology

Two evaluative instruments were used in 2014 – a logistical survey to measure program and logistics outcomes, and a behavioral assessment to measure self-efficacy. As in 2013, a survey using a Likert scale was implemented for each of the 7 workshops. The survey required each respondent to rate (poor, average, good, and excellent) each workshop, rate the retreat overall, indicate whether or not they would attend again or recommend attendance to a friend, and suggest topics for future retreats.

Of the approximately 235 adult and teen/tween registrants, 67 (28.5%) responded to the logistical survey. Of the approximately 29 5-11 year old registrants, 22 (75.9%) responded to the logistical survey.

Workshop Composite Results

Figures 1 through 12 represent the cumulative responses for the 12 adult and teen/tween workshops (2 workshops in each of the 6 workshop series) and the actual response percentages for each workshop. Because of the workshop switching, not all surveys for each workshop series were completed as designed (e.g., part a workshop evaluation was blank, but part b was rated). Figures 13 and 14 represent the cumulative responses for the 2 5-11 year old workshops (2 workshops in the workshop series). Summary ratings of the overall retreat are represented in Figure 15.

Figure 1: Abandonment & Loss

Workshop 1a: Abandonment & Loss

Teacher: Connie Jones / Facilitator: Mary Maddox

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I gained knowledge about God's presence in my life.			100%	
Presentation content was easy to understand.			100%	
Presentation content matched workshop subject.			100%	
Topics covered in sufficient detail.			100%	
Role play scenarios helped me to learn.			100%	
Small group facilitators provided scriptural guidance.				100%
Teacher was knowledgeable and provided scriptural guidance.				100%
RATINGS			75%	25%

Verbatim Comments: None

Figure 2: What God Has for Me

Workshop 1b: What God Has for Me

Teacher: Ericka Payne / Facilitator: Carolyn Mack

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I learned strategies for how to seek God’s will for my life.			100%	
Presentation content was easy to understand.			100%	
Presentation content matched workshop subject.			100%	
Topics covered in sufficient detail.			100%	
Role play scenarios helped me to learn.			100%	
Small group facilitators provided scriptural guidance.				100%
Teacher was knowledgeable and provided scriptural guidance.				100%
RATINGS			75%	25%

Verbatim Comments: None

Figure 3: Overcoming Temptation

Workshop 2a: Overcoming Temptation

Teacher: Beverly Bland / Facilitator: Jennifer Coates

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I gained knowledge about avoiding temptation.		9.6%	39.5%	41.2%
Presentation content was easy to understand.		3.2%	35.5%	61.3%
Presentation content matched workshop subject.		6.4%	35.5%	58.1%
Topics covered in sufficient detail.		3.2%	54.9%	41.9%
Role play scenarios helped me to learn.		6.4%	35.5%	58.1%
Small group facilitators provided scriptural guidance.		6.4%	15.1%	78.5%
Teacher was knowledgeable and provided scriptural guidance.		3.2%	29.1%	67.7%
RATINGS		5.49%	35.01%	59.5%

Verbatim Comments:

- “Good workshop!”
- “Excellent! Thank you, my sisters, for your commitment to the Lord and His sheep.”
- “Good to share personal information for growth. It was most helpful.”
- “The teacher tied various scriptures together to reinforce the lesson.”
- “I was so honored to be around so many knowledgeable women of Christ that words can’t explain how blessed I feel.”
- Sisters Bland and Coates were both very comfortable and easy to understand – very knowledgeable!”
- “Brilliant workshop and activities.”
- “Thank you for being thorough.”

Figure 4: More than Conquerors

Workshop 2b: *More than Conquerors*

Teacher: Noel Reynolds / Facilitator: Atoya Garner

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I learned strategies for how to maintain a virtuous lifestyle.		3.2%	42%	54.8%
Presentation content was easy to understand.		6.4%	38.8%	54.8%
Presentation content matched workshop subject.		3.2%	35.5%	61.3%
Topics covered in sufficient detail.		6.4%	35.5%	58.1%
Role play scenarios helped me to learn.		9.6%	45.2%	45.2%
Small group facilitators provided scriptural guidance.		3.2%	42%	54.8%
Teacher was knowledgeable and provided scriptural guidance.		3.2%	29%	67.7%
RATINGS		4.03%	39.30%	56.67%

Verbatim Comments:

- “Sis. Reynolds was knowledgeable in the subject matter, good eye contact with the audience, and I was able to make notes.”
- “The explanation was helpful to better understand the activity.”
- “Speaker had excellent information. However, she will need to vary her presentation style to be more engaging. Consider stopping points to provide on illustration, anecdote, and personal testimony. PowerPoint slides were heavy with information.”
- “Sisters Noel and Atoya worked well together.”
- “The lesson was straight to the point and provided application.”
- “Good delivery.”
- “Exceptional! Well prepared. Love of God ever present in your life.”
- “Wonderful workshop!”
- “Excellent presentation (scripturally based) activities augmented presentation and were engaging and encouraging.”

Figure 5: Judgment is God's

Workshop 3a: Judgment is God's

Teacher: Andrea Lorick / Facilitator: Brenda Bethea

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I gained knowledge about appropriate judgment.		4.6%	22.7%	72.7%
Presentation content was easy to understand.		4.6%	14.5%	81.1%
Presentation content matched workshop subject.		4.6%	22.7%	72.7%
Topics covered in sufficient detail.		4.6%	18.1%	77.3%
Role play scenarios helped me to learn.		4.6%	22.7%	72.7%
Small group facilitators provided scriptural guidance.		4.6%	22.7%	72.7%
Teacher was knowledgeable and provided scriptural guidance.		4.6%	14.5%	81.1%
RATINGS		4.6%	19.7%	75.7%

Verbatim Comments:

- “Enjoyed both speakers, they did an outstanding job.”
- “Awesome lesson, they shared a part of themselves and used themselves as examples.”
- “The overall workshop was excellent.”
- “I was especially moved by the topic of discernment. It truly helps in placing judgment from a better perspective.”
- “Outstanding!!!”
- “Very helpful, much needed info.”
- “We need more workshops like this. I really enjoy(ed) the workshop. This is my first time this year.”
- “Very knowledgeable and profound.”
- “Excellent ways of showing us to define the problem.”

Figure 6: Jump Off the Gossip Train

Workshop 3b: Jump Off the Gossip Train

Teacher: Glynda Mayo-Hall / Facilitator: Andrea Morris

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I learned strategies for how to be virtuous in my interactions.			13.6%	86.4%
Presentation content was easy to understand.			13.6%	86.4%
Presentation content matched workshop subject.			13.6%	86.4%
Topics covered in sufficient detail.			13.6%	86.4%
Role play scenarios helped me to learn.			22.7%	77.3%
Small group facilitators provided scriptural guidance.			13.6%	86.4%
Teacher was knowledgeable and provided scriptural guidance.			9.2%	90.8%
RATINGS			14.27%	85.73%

Verbatim Comments:

- “I enjoyed both speakers’ honesty, zeal. Would love to hear both again.”
- “Excellent job, great lesson and scenarios.”
- “Overall workshop was excellent. I learned so many new directions.”
- “Thank you for the lesson on gossip. It was great to study the destructive effects of gossip and how God wants us to be aware of that every day we live.”
- “Outstanding!!!”
- “Very helpful, much needed info.”
- “Next time I’ll think before gossiping. First I will pray for correct response.”
- “Great presentation of how to not make snap judgments without the whole picture.”

Figure 7: Faith & Faithfulness

Workshop 7a: Faith & Faithfulness **Teacher: Naomi Watson / Facilitators: Atonya Boone & Tradonna Mellerson**

(check the appropriate box for each category)

	Poor	Average	Good	Excellent	NO ANSWER
I gained knowledge about pridefulness and humility.				100%	
Presentation content was easy to understand.				100%	
Presentation content matched workshop subject.				100%	
Topics covered in sufficient detail.				100%	
Role play scenarios helped me to learn. ¹				80%	20%
Small group facilitators provided scriptural guidance. ²				80%	20%
Teacher was knowledgeable and provided scriptural guidance.				100%	
RATINGS				94.29%	5.71%

Verbatim Comments:

- “Facilitators did not give scriptures during skit. (They were on the script but not given.)”

¹ 20% of participants did not answer this question.

² Ibid.

Figure 8: My Faith in God

Workshop 7b: My Faith in God

Teacher: Gwenda Bradford / Facilitator: Nell Hubbard

(check the appropriate box for each category)

	Poor	Average	Good	Excellent	NO ANSWER
I learned strategies for how to be more humble.				100%	
Presentation content was easy to understand.				100%	
Presentation content matched workshop subject.				100%	
Topics covered in sufficient detail.				100%	
Role play scenarios helped me to learn.				60%	40%
Small group facilitators provided scriptural guidance.				100%	
Teacher was knowledgeable and provided scriptural guidance.				100%	
RATINGS				94.29%	5.71%

Verbatim Comments:

- “Everything was great.”

Figure 9: Pride & Passion

Workshop 4a: *Pride & Passion*

Teacher: Cindy Peace / Facilitator: Carmen Simmons

(check the appropriate box for each category)

	Poor	Average	Good	Excellent	NO ANSWER
I gained knowledge about what it means to have faith.		14.25%	28.6%	42.9%	14.25%
Presentation content was easy to understand.		14.25%	28.6%	57.15%	
Presentation content matched workshop subject.		28.6%	14.25%	57.15%	
Topics covered in sufficient detail.		28.6%		57.15%	14.25%
Role play scenarios helped me to learn.		14.3%	14.3%	57.15%	14.25%
Small group facilitators provided scriptural guidance.		14.25%		71.5%	14.25%
Teacher was knowledgeable and provided scriptural guidance.		14.3%	14.3%	57.15%	14.25%
RATINGS		14.3%	14.29%	57.16%	14.25%

Verbatim Comments:

- “Excellent use of scriptural examples to show us how pride leads to passion and causes us to sin.”
- “Was good information with interactive info – kept audience involved. Enjoyed session – too short!!”
- “Very nice, well explained. Took time had whole class involve(d). Very nice comfortable setting.”
- “Deal with issues plaguing our community.”
- “The session was too short.”
- “Great workshop!”

Figure 10: From Boastfulness to Humble Discretion

Workshop 4b: From Boastfulness to Humble Discretion Teacher: Linda Hoeck / Facilitator: Lisa Veale

(check the appropriate box for each category)

	Poor	Average	Good	Excellent	NO ANSWER
I learned strategies for how to remain faithful to God.			28.6%	57.15%	14.25%
Presentation content was easy to understand.			14.25%	71.5%	14.25%
Presentation content matched workshop subject.			14.25%	71.5%	14.25%
Topics covered in sufficient detail.			14.25%	71.5%	14.25%
Role play scenarios helped me to learn.			14.25%	71.5%	14.25%
Small group facilitators provided scriptural guidance.			14.25%	71.5%	14.25%
Teacher was knowledgeable and provided scriptural guidance.			14.25%	71.5%	14.25%
Overall rating of the workshop			16.3%	69.45%	14.25%

Verbatim Comments:

- “Skit on humility was awesome!”
- “Great workshop. I love the interactions and involvement from the class (class participation).”

Figure 11: God's Plan for Overcoming Temptation

Workshop A: God's Plan for Overcoming Temptation Teacher: Ornetta Craig / Facilitator: Wendy Golston

(check the appropriate box for each category)

	Poor	Average	Good	Excellent
I gained knowledge about overcoming temptation.				100%
Presentation content was easy to understand.				100%
Presentation content matched workshop subject.				100%
Topics covered in sufficient detail.				100%
Role play scenarios helped me to learn.				100%
Small group facilitators provided scriptural guidance.				100%
Teacher was knowledgeable and provided scriptural guidance.				100%
Overall rating of the workshop				100%

Verbatim Comments: None

Figure 12: How a Child of God Overcomes Temptation (tweens/teens)

Workshop B: How a Child of God Overcomes Temptation

Teacher: Mary Jane Perrault / Facilitator:

Mkiyah Gonzalez

(check the appropriate box for each category)

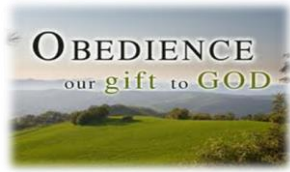
	Poor	Average	Good	Excellent
I learned practical strategies for overcoming temptation.				100%
Presentation content was easy to understand.				100%
Presentation content matched workshop subject.				100%
Topics covered in sufficient detail.				100%
Role play scenarios helped me to learn.				100%
Small group facilitators provided scriptural guidance.				100%
Teacher was knowledgeable and provided scriptural guidance.				100%
Overall rating of the workshop				100%




Verbatim Comments: None

Figure 13: Imagine God (5-11 years)

2014 Workshop A: *Imagine God*

Teacher: Diane Ingerson / Facilitator: Tessa Hamilton



			
Imagine God Workshop	No	Not Sure	Yes
I liked the lesson.		14.3%	85.7%
I liked the activities.	4.7%		95.3%
My teacher explained things.			100%
I learned who God is and why it is important to obey Him.			100%
I understand how to obey God.			100%





What the respondents liked the most:

- “Why you should obey God.”
- “That God is important.”
- “The activities.”
- “Bad guy.”
- “The lesson and the teacher.”
- “When we sang songs.”
- “I really liked drawing pictures of something God created.”
- “I liked the songs.”
- “I liked when we did puppet plays.”
- “The lesson.”
- “I like all of it.”
- “When I did the play it was fun and it was a good lesson.”
- “I liked watching and acting in the puppet plays.”
- “When we drew pictures.”
- “I liked all the things really.”

Figure 14: On Becoming a Child of God (5-11 years)

2014 Workshop B: *On Becoming a Child of God*
Graziosi

Teacher: Jackie Maxwell / Facilitator: Cindy

			
Child of God Workshop	No	Not Sure	Yes
I liked the lesson.		10%	90%
I liked the activities.			100%
My teacher explained things well.			100%
I learned why it is important to do what God says.		5%	95%
I understand how to do what God says.		5%	95%

What the respondents liked the most:

- “My verses.”
- “The activities and the lesson.”
- “I like when the teacher pick(ed) a card and pick(ed) someone to read it and throw the card.”
- “That I understand what God says.”
- “When we taught Mrs. Maxwell how to eat.”
- “God.”
- “I learned that why it is important about God.”
- “The activities.”
- “When she told us God things that he (does).”
- “I really liked the cheer.”
- “I liked when we were talking about becoming a Christian.”
- “I liked it all.”
- “When I got to read the Bible verses.”
- “I liked learning the cheer.”
- “When we got prizes and did the cheer.”

Figure 15: Overall Evaluation (13 years and up)

Question	Strongly Agreed	Agreed	Neutral	Disagreed	Strongly Disagreed	Yes	No
The retreat was organized.	77%	19.6%	-	-	3.4%		
The retreat was informative.	75.4%	17.8%	3.4%	-	3.4%		
The retreat was inspirational.	75.4%	17.8%	3.4%	-	3.4%		
The retreat was spiritually uplifting.	77%	19.6%	-	-	3.4%		
2013 Virtue attendee						40.7%	59.3%
I would recommend Virtue to someone else						92.9%	7.1%

Analysis

The overwhelming response to the overall event was highly favorable. Over 96% of respondents strongly agreed that the 2014 *Virtue in an Age of Promiscuity* retreat was organized, informative, inspirational, and spiritually uplifting. Over half of the respondents did not attend the 2013 *Virtue in an Age of Promiscuity* ladies retreat, and of those who responded to the question, “I would recommend the *Virtue in an Age of Promiscuity* ladies retreat to a friend,” 92.9% responded in the affirmative. Overall, at least 81.5% of all respondents agreed that the workshops were at least good.

The Verbatim Comments for each workshop indicate some areas of weakness in logistical concerns, but offer insight into the favorable response to workshop content.

Verbatim Comments

The following represents the actual comments of participants with regard to overall experience and suggested topics.

- “Very good.”
- “Excellent, looking forward to next year.”
- “Wonderful job! Keep up the good work.”
- “The food and dishes left at the table prior to the workshops were distracting.”
- “I really liked *Overcoming Temptation*.”
- “Expound more on *More than Conquerors*.”
- “Thank you!”
- “Very uplifting and so sweet to be with sisters from neighboring congregations.”
- “It was a spiritually uplifting event.”
- “It was outstanding!”
- “Great job, 2014 committee!”
- “It was a lovely, educative, and intellectual outreach and workshop. Please continue in this way and God will lift us higher and higher.”
- “God’s blessing to all involved for strength to continue the work that blesses His great name in Christ!”
- “Outstanding, and the love of God was in the house.”
- “The room was cold but I focused on the lesson.”
- “For the breakfast, I’m not a ham person. Could they try to have something different or other than ham?”
- “All afternoon workshops should be interactive (role plays, engaging, participatory, skits).”
- “Your choice of song leader was excellent.”
- “Women are dealing with real life issues, tackle them. I think it was too goody goody. Most everyone knows everything already. More sharing of real life experiences.”
- “Not sure about workshop. It seems I was missing out on other topic/workshop that could be helpful.”
- Great retreat! First time coming and I will be returning!”

Suggested Topics:

- What does the Christian walk look like
- Good vs. evil judgments
- Meaning of head covering
- Modest attire
- Godly attitude
- Balancing marriage/parenthood/career according to the Bible
- How to's –
 - Self-discipline (schedule, time management, commitment)
 - Overcoming anger
 - Hate
 - Dislike with love
 - Praying, fasting, serving, visiting sick and elderly, giving
 - Ministries for women
- Finding strength (Psalm 73:25-26)
- How the world affects our lives
- Family happiness
- Elder women encouraging the younger women
- Role of a wife
- Preparing the younger generation for virtuous living
- Motherhood in Christ
- Temptation
- Keeping souls saved
- How to be a better Christian
- Sex and dating
- New self-honesty with strengths and shortcomings
- Help for single women in Christ
- How to juggle being a Christian wife and mother
- Overcoming low self-esteem and depression in a culture of socioeconomic success
- Male and female roles
- Teenage life
- Conflict between spirituality and carnality
- Encouraging marriage
- Marriage, faith, sin: How a wife should act when husband is not around
- Mother-daughter relationships

PART 2 - Behavioral Assessment

Methodology

Two evaluative instruments were used in 2014 – a logistical survey to measure program and logistics outcomes, and a behavioral assessment to measure self-efficacy. The behavior assessment was implemented as a pre-Assessment at the beginning of the first workshop, and an identical post-Assessment at the end of the second workshop. The series of 15 questions were designed to measure awareness and comprehension of behavior, knowledge of and belief in Christian standards of behavior, and confidence in the ability to model (share) those standards. The results of the assessment are detailed in terms of the difference in behavioral capacity at the beginning and conclusion of the educational component.

Of the approximately 235 registrants, an average of 109 (46.4%) responded to each behavioral assessment. Figures 15 and 16 represent the cumulative responses to each question.

Pre-Assessment Composite Results

As the retreat commenced, the majority (77.4%) of respondents either agreed or strongly agreed overall that they were aware, confident, capable, and prepared to model Christian behavior, live more virtuously, and share with others how to live for Christ.

Figure 16: Pre-Assessment

Pre-Assessment	<i>strongly disagree</i>	<i>disagree</i>	<i>neither agree nor disagree</i>	<i>agree</i>	<i>strongly agree</i>	NO ANSWER
	1	2	3	4	5	
	Q1. I am aware of how my behavior (Christian walk) reflects Christ's expectations for me.	.8%		1.7%	30.4%	66.3%
Q2. I am aware of how my behavior affects others.	.8%		1.7%	33%	63.7%	.8%
Q3. I am aware of changes that I can make to improve my Christian demeanor.		.8%	5.2%	40.9%	52.3%	.8%
Q4. I am aware of changes that I can make to improve my Christian walk.	.8%		4.3%	46.1%	48%	.8%
Q5. I understand the importance of living virtuously.		.8%	1.7%	31.3%	65.4%	.8%
Q6. I understand that my behavior should reflect how Christ wants me to live.	.8%		1.7%	21.7%	75%	.8%
Q7. I understand that the things I see/hear/read can influence my walk.		.8%	2.6%	28.7%	67.1%	.8%
Q8. I understand that I am to be an ambassador for Christ.		.8%	1.7%	24.3%	72.4%	.8%
Q9. I understand how I can change to live more virtuously.		.8%	7%	46.2%	50.7%	1.6%
Q10. I believe my words and my deeds reflect each other.		1.7%	3.5%	37.5%	55.7%	1.6%
Q11. I know what it means to be virtuous.		2.6%	8.7%	40.1%	47%	1.6%
Q12. I know some strategies I can use to live more virtuously.		4.3%	12.2%	49.6%	33.3%	1.6%
Q13. I know what Christ expects of me.		1.7%	1.7%	38.3%	57.5%	.8%
Q14. I am prepared to make changes in my Christian demeanor and walk so I can be more pleasing to God.		2.6%	2.6%	28.7%	65.3%	.8%
Q15. I am confident that I can share what I know about living virtuously with others.		3.5%	12.2%	30.5%	53%	.8%

Post-Assessment Composite Results

After the conclusion of all retreat workshops, the percentage of respondents who either agreed or strongly agreed overall that they were aware, confident, capable, and prepared to model Christian behavior, live more virtuously, and share with others how to live for Christ, increased to 90%.

Figure 17: Post-Assessment

Post-Assessment	<i>strongly disagree</i>	<i>disagree</i>	<i>neither agree nor disagree</i>	<i>agree</i>	<i>strongly agree</i>	NO ANSWER
	1	2	3	4	5	
Q1. I am aware of how my behavior (Christian walk) reflects Christ's expectations for me.	2.9%			17.6%	79.5%	
Q2. I am aware of how my behavior affects others.	2.9%		.9%	15.7%	80.5%	
Q3. I am aware of changes that I can make to improve my Christian demeanor.	2.9%			17.6%	79.5%	
Q4. I am aware of changes that I can make to improve my Christian walk.	2.9%			19.6%	95.2%	
Q5. I understand the importance of living virtuously.	1.9%	.9%	.9%	22.5%	73.8%	
Q6. I understand that my behavior should reflect how Christ wants me to live.	1.9%	.9%		15.7%	81.5%	
Q7. I understand that the things I see/hear/read can influence my walk.	1.9%	.9%		12.7%	84.5%	
Q8. I understand that I am to be an ambassador for Christ.	1.9%	.9%		13.7%	83.5%	
Q9. I understand how I can change to live more virtuously.	1.9%	.9%		20.6%	76.6%	
Q10. I believe my words and my deeds reflect each other.	1.9%	.9%	2.9%	17.6%	76.7%	
Q11. I know what it means to be virtuous.	1.9%	.9%	1.9%	17.6%	76.8%	.9%
Q12. I know some strategies I can use to live more virtuously.	1.9%	.9%	1.9%	17.6%	77.7%	
Q13. I know what Christ expects of me.	1.9%	.9%	.9%	15.7%	81%	
Q14. I am prepared to make changes in my Christian demeanor and walk so I can be more pleasing to God.	1.9%	.9%		9.8%	87.4%	
Q15. I am confident that I can share what I know about living virtuously with others.	1.9%	.9%		21.6%	75.6%	

Analysis

Although the overall self-efficacy for awareness, confidence, capability, and preparedness, virtuous living, and sharing increased, some rating showed an actual decrease in self-efficacy from pre-assessment to post-assessment.

Awareness and understanding of behavior decreased (Q1-9); however, the belief that words match actions increased 20% (Q10). The percentage of respondents (93.2%, pre-assessment and 94.4%, post-assessment) indicating knowledge of what it means to be virtuous, and the respondents who indicated they had no knowledge of what being virtuous means increased by (2.6%, pre-assessment and 2.8% post-assessment) remained about the same (Q11). Although knowledge of strategies for virtuous living (Q12) increased, the knowledge of what Christ expects decreased (Q13).

Levels of preparedness did not change from pre-assessment to post-assessment (Q14); however, confidence levels increased about 1% (Q15). The questions about which some respondents neither agreed nor disagreed decreased from pre-assessment to post-assessment (Q2, 5, 10-13).

Limitations.

Some questions used in the assessment seemed to measure behavior change rather than the desire and ability to change behavior. Of note is Q10. *I believe my words and my deeds reflect each other.* This question would be more appropriately worded, Q10. *I believe that I can match my words and my deeds to reflect each other.*

Recommendations

After a review of the feedback of participants, consideration the logistics of the 2014 retreat, and examination of the implementation challenges and requirements, the committee finds the following:

- The behavioral pre- and post-Assessment should be revised to more precisely measure self-efficacy, and be implemented immediately before the first workshop and immediately after the 2nd workshop.
- The program and logistics evaluation should be implemented as before to measure overall impact of event on participants.



Virtue
in an Age of Promiscuity

Does Christ hold the Key to your Heart?