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Edition 158

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December 2022

THE MEDVIL MESSENGER



ANNUAL MEETING 2022

Thank you to everyone who took the time to attend this year's meeting. There is a lot of work that goes into making it happen and

I'd like to take a moment to recognize and thank the folks who helped me make it happen--

Pam Gallagher for doing the photocopying--the pages and pages and pages of photocopying.

The folks who spent a few hours stuffing the 301+ annual meeting packets with the pages and pages of

information: Pam Gallagher, Jack Cyr, Kathy Langlois, Karen Kirkpatrick.

The Office Receptionists who fielded calls and took care of the requests for absentee ballots: Pam Gallagher, Candy Wetherbee, Judy Coburn, Mickie St. Laurent, Sheila Asselin, Carol Hallworth, Kathy Langlois.

The Medvil Ambassadors who delivered the packets to each and every home: Carmen Guimond, Carol Gonyer, Louise Fournier, Judy Sullivan, Pam Gallagher, Kathy Parry, Joyce Wilson, Liz Warren, Rita Villemure, Tony Roy, Kathy Langlois, Barb McDermott, Moe Gibeault, Ray Pelletier, Carolyn Lane, Pauline DeCato, Sally Champagne, Claire St. Onge, Dorrie Kossuth.





The folks who arrived at The Derryfield extra early to be ready to check in everyone: Barb McDermott, Diane Lamarre, Pam Gallagher, Missy Bagley, Odie Perron, Judy Patrick, Paul Allard.

The Sound Guys: Jack Cyr & Dave Kirkpatrick

The Ballot Counters: Rich & Dolly Piccolo, Fred Plett, Peggy Hatfield

The Ballot Overseers: Judy Patrick, Robert Auger

* * *

I'd like to take a moment to say thank you to the board; this past year as vice president has flown by. I've met some of the people new to our community and established some friendships that would never

have happened had I not been on the board.

Now I'd like to ask the community to do me a favor. You may not have noticed but over time some board members have stopped attending our social events. This is because it became impossible for them to attend without being approached by residents who had complaints, questions, suggestions, etc., about Medvil, the trees, the plowing, how maintenance was doing their job. . .it just never stopped. Please show them the courtesy of not 'talking shop' when you see them; let them enjoy their meal and participate in the evening just like you do. If you have a complaint or suggestion, there are forms in the office or you can send an email to medvil@comcast.net.

Thank you, Debbie Cyr





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A Christmas Concert

Medvil's own D Street Band has offered to perform a Christmas concert for us.

All are welcome!

This gifted band specializes in fun, folk, oldies, easy-listening and classic rock.

Partridge Lane Club House (upper level)
Saturday ~ December 3rd
2:00 – 4:00 pm

If you would like to bring an unwrapped toy, it would be appreciated, but a donation is not required.



BOARD NOTICES

OPERATIONS

Tis the season of peace and good will toward men.

Another Christmas season is upon us. Time to put away the rakes and replace them with snow shovels. Fall decorations are coming down and Christmas decorations are going up and in a blink of an eye, it will all be over. Let's take the time to enjoy the season. Maintenance is planning another tree lighting this year. Those who attended last year seemed to enjoy it, so we decided to do it again. Plus, it was fun!!! The event will take place on Sunday, December 4th at 6:00PM at the Donald Drive Clubhouse. Since the event is outside, feel

free to bring your families along. The children who attended last year added to the excitement! Light refreshments will be served.

Speaking of rakes and shovels: Please note that the last day for leaf and brush pickup will be Thursday, December 1st. Because of the overabundance of leaves this year for some reason, you may have noticed the guys picking up leaf bags throughout the week. When one house has 42 bags, it's a bit much to do the whole community in one day so they've been doing a little daily. The official day for pickup is still Thursday.

Maintenance news: I'm happy to report that we have finally hired someone to work alongside Jeff. His name is Rob Santilli, he lives in Hooksett and he is a family man. He's happy to be here but

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not as happy as we are to have him. Welcome to the team, Rob!

A few winter reminders: There is a 3' setback rule for vehicles parked in your driveway and we are allowed 12" from the road edge to push back the snow. Keep this in mind when you're setting your reflectors.

No street parking from November 15th to April 15th and no overnight parking is allowed.

Jeff, Rob and I would like to wish you all a very Merry Christmas and a Happy, Healthy New Year.

As always, thank you Jeff and Rob for all that you do for the community.

Odie/OD

OTHER NOTICES

MONTHLY POOL COLLECTION 2023

The Fundraising Committee will begin collecting for the monthly pool for 2023 on either 12/7, 12/8, and/or 12/9. A notice will go out to all the current players. We will be collecting at the upper level at PLC and time slots will be assigned.

Going forward, monthly pool collections will be on Tuesdays, 9am - 4 pm and on Fridays, 9 am to 12:30 pm. Please make a note of this. A reminder that players must pay before the end of the month for the following month.

Irene M. Gagne

Staples allows us to bring up to 20 used cartridges monthly for \$2

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each. This is \$40/month we can use towards office supplies. Just place them in the bin below the shelf to the left in the DDC mailroom.

Irene M. Gagne

COMMITTEES

EVENTS COMMITTEE

Our annual Christmas Party will be at The Derryfield,



December 10th from noon to 4:00 pm; sign-up in the office any day from 9:00 am to 4:00 pm. And we are pleased to announce the return of The Brown's Christmas Dinner! The dinner is free for Medvil residents and will be on Sunday, December 18th with seatings at 11:30 am 1:00 pm. We have also invited back Hannaford's registered dietitian Marilyn Mills who is going to show us how to make delicious meals and snacks from leftovers. See the flyers in this month's newsletter for more information. We are currently working to develop our 2023 schedule of events; watch the newsletter and the mail houses for more information as we get close to the event dates.

Deb Cyr



Contact Irene Gagne at 603-622-1869

Fundraising Pool—The winner for 11/1 was Ray Pelletier for \$250. All numbers are being played with a guaranteed winner. There are currently four persons on the wait list but we always want more. Call the Volunteer Office to place your name on the list -603-497-4440, Option 0. It's only \$5/month and you can play more than one number.

Yard Sale — Until the repairs have been completed at PLC the Fundraising Committee does not have access to the closet. Please hold on to any

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items you wish to donate and contact Irene to let her know so she can notify you when items can be accepted.

However, we do not take electronics, TV's, large appliances, furniture, or exercise equipment.

Please do not place any items in the mail houses or libraries.

Our next yard sale is on 4/1/23 and will include the crafters.

Consignment store – Of the last 25 items we have consigned all but 4 have been sold. We have made over \$200 so far.

Fundraising Purchases See the list of major purchases included in this newsletter.

Ideas Needed – You don't have to be a committee member to give us suggestions for projects to use our funds. We purchase items that benefit the Medvil community – call Irene with suggestions and costs, etc. or ideas for a fundraiser.

Committee Members – We are a committee of ten and we are looking for more members.

The fundraising committee has raised almost \$75,000 since 2006.

Here is a partial list of large purchases for the good of the community:

PARTRIDGE LANE CLUBHOUSE

DOWNSTAIRS:

Automated external defibrillator (AED)
Stove
72 chairs with rack
12 - 8' & 8 - 6' tables with dolly trucks
6 bar stools
Television
2 pool table repairs

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Vacuum

UPSTAIRS:

Automated external defibrillator (AED)
6 swivel chairs
Portion of lighting
Card tables & chairs
10' Christmas tree
2 floor lamps
Vacuum
Refrigerator

DONALD DRIVE CLUBHOUSE

OUTSIDE:

Canopy & sign

DOWNSTAIRS:

Automated external defibrillator (AED) Stove Flooring Countertop & double sink

UPSTAIRS:

Automated external defibrillator (AED)
Television
Storage cabinets for supply room
Conference room sound system
10' Christmas tree
Meeting "owl" for zoom
2 surveillance cameras

DDC PAVILLION:

Water fountain & accessories
Swing and bird bath
Kegerator
3 fryers & 4 tanks
DDC shed roof
8-burner grill with 2 large gas tanks
2 sets of grilling utensils
6 picnic tables

OTHER:

3 entrance signs & est. 2006 add-on 10 Years of Community Living Medvil brochures (250 x 3) Medvil key chains (500 x 3)

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Medvil pens (500 x 2) Newsletter colored printing – 100th issue Park bench & walk – constitution road Gem truck Snow blower 9 first aid kits (clubhouses & garage) CPR training dummies Bingo equipment Dog park stones

We are in the process of purchasing a computer desk for the Volunteer Office and nine new conference room chairs.

WE ARE LOOKING FOR OTHER PROJECTS THAT WILL BENEFIT THE COMMUNITY.

WE ARE ALSO LOOKING FOR NEW MEMBERS TO THE COMMITTEE.

Irene M. Gagne





It is not uncommon for a person to find themselves in need of a little help from time to time.

If you could benefit from a little friendly assistance, don't hesitate to reach out to the Helping Hands Committee.

Need prescription picked up? Maybe a few groceries? Or even a ride

om a doctor's appointment?

Safety and health are of great concern and importance to everyone, so gloves and masks will be available.

If you need help or have any questions about the Committee and what they do, please reach out to Anita O'Brien at Medvil21@comcast.net

Or by phone at (603) 494-4246.

REAL ESTATE COMMITTEE

The Medvil Real Estate statistics since the last issue: three pending purchase and sales.

If you are thinking of selling your home, the first step is to fill out the Intent to Sell form. **This form** can be found on our website at medvilcooperative.com. The Intent to Sell can be filled out online and printed, then dropped off at the Board Office for the Office Admin, in the mailbox on the wall by the door 30 days before listing your property.

The second step is to locate a realtor. Please consider letting Medvil Real Estate help you sell your home. Sales benefit Medvil community. Medvil RE Committee - 497-4440 Prompt 2 Website: **www.medvilcooperative.com** Homes for Sale



Dorrie Kossuth, Chairperson

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TASTY TIDBITS by Cat Pragoff

Before you know it, the holidays have arrived, but it seems like it's always the same old thing for dinner. Wouldn't it be nice to have a few recipes for appetizers and side dishes that add a new taste to that special luncheon or dinner spent with family and friends? Well, here are a small selection that you might like to try this year (and keep in your recipe file to use again and again).

Slow-Cooker Spinach Artichoke Dip

(makes 16 servings)



Ingredients: 1 (16-ounce) bag frozen chopped spinach, thawed and squeezed dry 1 (14-ounce) can artichoke hearts, drained and chopped

8 ounces reduced-

fat cream cheese, cut into cubes 8 ounces reduced-fat sour cream

1/2 cup shredded whole-milk mozzarella cheese

1/2 cup grated Parmesan cheese

1/2 teaspoon garlic powder

1/4 teaspoon crushed red pepper

1/4 teaspoon salt

1/4 teaspoon ground pepper

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4 cups sliced vegetables, such as carrots, cucumbers and bell peppers

16 slices whole-wheat baguette (1/2 inch thick), toasted

Directions:

- Combine all ingredients except vegetables and baguette slices in a 4-quart slow cooker. Cook on high for 2 hours. Stir and serve with the vegetables and toasted baguette slices.
- To keep the dip warm, serve right from the slow cooker.

Wild Rice with Sausage, Mushroom and Apple Casserole

(makes 8-10 servings)

Ingredients:

4 cups chicken broth 2 cups uncooked wild rice

1 lb Italian sausage 2 tablespoons butter 1 onion, finely chopped 3/4 cup celery, diced 1 pound shiitake mushrooms, cleaned,



chopped into small pieces

1 Granny Smith apple, peeled, seeded, cored, diced into small pieces

1 cup pecans, chopped

1 tablespoon fennel seeds

1 tablespoon fresh thyme, chopped

Salt and pepper, to taste

Directions:

- In a saucepan, bring broth to a boil. Add rice; turn heat down to medium-low and cook for 40-45 minutes until rice is tender, adding extra water if needed.
- Preheat oven to 350°.
- In a skillet, brown the sausage until it is no longer pink. Drain off the grease, reserving 2 tablespoons in the pan. Remove the meat and set aside. In the same skillet, melt the butter and sauté the celery, mushrooms and onion for about 6 minutes. Add the apple, pecans, fennel and thyme. Sauté for another 3 minutes.
- Pour vegetable mixture into a bowl, adding the sausage and rice. Season with salt and pepper to taste.
- Transfer to a deep baking dish and bake at 350° for 25-30 minutes. Serve hot.



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Parmesan Sweet-Potato Stacks

(Makes 12 stacks, 6-8 servings)

Ingredients:

6 pounds sweet potatoes, sliced into thin rounds

1/2 cup butter, melted
2 cloves garlic, minced
2 tablespoons fresh rosemary, plus extra for garnish
Salt and pepper to taste
1/2 cup Parmesan cheese, grated
1/4 cup Parmesan cheese, shredded

Directions:

- In a bowl, mix together all ingredients except Parmesan cheese.
- Once potatoes are coated, stir in the grated Parmesan cheese.
- Pre-heat oven to 375°F.
- In a greased muffin tin, stack sweet potato thins in each muffin well. Pour whatever butter is left over in the bowl over the sweet potatoes. Top each stack with shredded Parmesan and a sprinkling of rosemary.
- Bake at 375°F for 60 minutes until sweet potatoes are lightly brown with tender centers.
- Let cook for 5 minutes, then scoop out each stack with a spoon. Drizzle each stack with whatever butter is left in the muffin tin and serve.



Milk Chocolate Popcorn

(Makes 14 servings)

Ingredients: 12 cups popped popcorn 1 (12-ounce) can salted peanuts (2-1/2 cups) 1 (11.5 ounce package milk chocolate chips (1 ¾ cups)

1 cups light corn syrup 1/4 cup butter

Directions:

- Heat oven to 300°F. Butter a large roasting pan. Line a serving platter with waxed paper.
- Combine popcorn and nuts in the prepared roasting pan.
- In a medium-heavy duty saucepan, combine chocolate chips, corn syrup and butter. Cook over medium heat, stirring constantly until m ixture comes to a boil. Pour over popcorn mixture; stir to coat.
- Bake, stirring often, for 30-40 minutes. Cool slightly in the pan, then remove to the serving platter.
- Can be stored in an airtight container for up to 2 weeks.



We're now at the end of our second season of The Feral Cat Program, and it has been a great success! Even though the Manchester Animal Shelter has not been able to trap here this year due to staff shortages, the trapping of dozens of cats and kittens last year has had a huge impact. We had no reports of kittens in Medvil this year, compared to multiple litters per season in the two previous years. There are still a few adult cats that need to be trapped and neutered, and we hope to do that in the Spring.

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Thank you to all the residents who have let me know about cats that they've seen in their neighborhoods. It has been very helpful in monitoring the population.

And a huge thanks to Ray Pelletier and sons, Matt and Adam, for the new feeding station! The old one, made from plastic bins, had become quite dilapidated, and Ray stepped up and offered to build a new, sturdier, better looking one. He and his sons did not disappoint! We now have a handsome station made from repurposed wood, complete with a shingled roof and sleeping compartment. Thanks so much!

Donna Duford





Previous page: The cat in the article logo recalls a character from the Hobo Code in use during the Great Depression. Chalked in front of a kind-hearted person's home, the smiling cat told other wandering souls that meals had been offered by the resident.

Above and left: Front and side views of the splendid feeding station built by Ray, Matt and Adam Pelletier. Given Matt's trade, we're guessing our local TNR program may be the only one with an architect-designed feeder and shelter! With clerestory windows, no less. On behalf of our feral felines, we again thank the Pelletiers for their generosity.

MB. Wulf





The Medvil Messenger wants more material!
Family recipes, helpful hints, reminiscences, jokes, poems, gardening advice, reviews of your latest vacation and day trip discoveries, hilarious tales of your pets' antics—just about anything.
Please keep it upbeat and positive. Original material will take precedence over reprints from other sources, including printouts of email passarounds. If you submit previously published material, please try to cite a source. We reserve the right to reject material that may offend, divide

our community or cause political arguments.

Please submit your items to our email: <u>medvilnewsletter@comcast.net</u> Or place a copy in the Messenger mailbox in the Reception Office in the DDC. Deadline for submissions is noon on the Thursday after the Board Meeting. (BOD meets on the 3rd Tuesday of the month.)

Medvil Messenger *Staff: Debbie Cyr and MB. Wulf* Additional Proofreading: *Irene Gagne*







DECEMBER 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				6:30 Bingo DDC	6 Cribbage PLC non-league	2-4 D Street Band PLC
4	5	6	7 PEARL	8	9	10
6 PM Tree Lighting DDC	6:30 Cribbage PLC	10 & 7 Play Pool PLC	HARBOR 10 Pool PLC 12:30 Knitting PLC	6:30 Bingo DDC	6 Cribbage PLC non-league	
11	12	13	14	15	16	17
	6:30 Cribbage PLC	10 & 7 Play Pool PLC	10 Pool PLC 12:30 Knitting PLC	6:30 Bingo DDC	6 Cribbage PLC, non-league	8:30 Coffeehouse PLC
18	19	20	21 SOLSTICE	22	23	24
11:30 & 1 The Browns' Christmas Dinner DDC	HANUKKAH 1 6:30 Cribbage PLC	10 & 7 Play Pool PLC 6 BOD Mtg DDC	10 Pool PLC 12:30 Knitting PLC	6:30 Bingo DDC	6 Cribbage PLC, non-league	
25 CHRISTMAS	26	27	28	29	30	31
DAY	KWANZAA 1 6:30 Cribbage PLC	10 & 7 Play Pool PLC	10 Pool PLC 12:30 Knitting PLC	6:30 Bingo DDC	6 Cribbage PLC, non-league	

Metal Pick-up: 1st Monday of the month, beginning at 8 AM * Trash & Recycling Pick-up: Every WEDNESDAY beginning at 7 AM * Yard Waste Pick-up: Every Thursday until 1 December ** Please have your items curbside by that time.



The Events Committee is pleased to announce

The Brown's Christmas Dinner Buffet Sunday, December 18th

Two seating's 11:30 am and 1:00 pm Donald Drive Club House

There will be turkey and ham along with all the side dishes that make this such a delicious event.

Registration is required. If you would like to sign up for this dinner, please call the Reception Office at (603) 497-4440, Ext. 0. The office is open Monday through Friday, 9:00 am to 4:00 pm. The deadline to register is Friday, December 9th.

If you are physically unable to get to the clubhouse, we will be happy to bring your meal to you; be sure to let them know you need delivery service when you sign-up.

This is a free event, made possible through the kind generosity of Leah & Allen Brown of John Brown Excavating in Goffstown and is for Medvil residents only.





Learn to create healthy, delicious, meals from leftovers!

Lean Leftovers

presented by Marilyn Mills, MS, RD, LD, CDE EHS Clinical Dietitian, Hannaford Dietitian

Wednesday ❖ January 11th 6:00 pm Partridge Lane Club House



If you're like most people, you usually cook way more food than you need to during the holidays and for family dinners. It's always better to have more than not enough, right?

Leftovers are inevitable but eating the same thing for days doesn't have to be. Join us to learn how to turn leftovers into delicious and nutritious meals or snacks. From cozy soups and stews, to quesadillas, salads and more, you're sure to leave the class hungry, yet satisfied.

Pre-registration is required; giveaways will be given to each attendee.

Call the Medvil Reception Office at (603) 497-4440 Monday - Friday from 9:00 am to 4:00 pm.

Doors open at 5:30 pm (Light refreshments will be served)

Because this is a free event, attendance is limited to Medvil residents only.