

OCCCCA

Orange County Child Care Association

President's Message

Happy Fall everyone!

This Newsletter is a really important one in terms of information for family childcare providers. I do not care if you are a member or not, please read this Newsletter and forward the information that is in it to any other provider that you know. Let's get to the important information:

- Licensing will no longer send you information via the USPS mail. In order for you to stay in compliance you need to be aware of the Quarterly Updates and PINs (Provider Information Notices) that the department sends out. YOU MUST sign up for email updates with this information. Email: childcareadvocatesprogram@dss.ca.gov and ask them to add your email to the mass distribution.
- YOU MUST NOT accept any children in your facilities that are not up to date with their immunizations. There is no longer an option to fill out a personal belief statement. It is against the law to accept them. YOU WILL BE CITED.
- As of January of 2019, your visits from Licensing will be annual. If you are used to every five years or every three years, be ready to see your LPA at least once a year.
- As of October 2018 there are new requirements requiring "Safe Sleep Practices". They are still working on how they will implement everything but do not be caught unaware if you get a visit. I have attached the Safe Sleep paperwork that was given out by Licensing, FOLLOW IT and look for UPDATES in the Quarterly Updates and PINs.
- All providers and assistants MUST have their documentation of proof or exemption for their influenza, pertussis and measles immunizations. You will be cited.
- Licensing will be facilitating "Stakeholder Meetings". It was great to see some of our members at the meeting held in Irvine on October 18, 2018 however we need more people there. Often times we complain that Licensing does not listen to us or invite us to any meetings. They will be having future meetings to get information to us; you must attend to get the most current information to stay in compliance.

We will be having our General Meeting on November 26, 2018 from 7:00PM to 9:00PM at the Orange County Department of Education, Bldg D. The address is 200 Kalmus Costa Mesa, 92626. Jane Cong-Huyen will be going over all of information that was covered at the stakeholder meeting. It is not a good idea to miss this meeting with the new requirements coming into effect. See you on the 26th!

Lee Allton



Training Tip:

Please read Title 22 Regulations!! - this is what is keeping your doors open for business! Please see the following two attachment pages on the new infant regulation.



WILL LIGHTBOURNE
DIRECTOR

STATE OF CALIFORNIA—HEALTH AND HUMAN SERVICES AGENCY
DEPARTMENT OF SOCIAL SERVICES
744 P Street • Sacramento, CA 95814 • www.cdss.ca.gov



EDMUND G. BROWN JR.
GOVERNOR

Safe Sleep Regulation Concepts Community Care Licensing – Child Care Program

Sleep Surface:

- Mattresses must be firm with a fitted sheet that is appropriate to the mattress size that fits tightly on the mattress, and overlaps the underside of the mattress so it cannot be dislodged
- Mattresses shall be made specifically for the size crib or play yard in which they are placed
- No loose articles and soft objects in the crib or play yard
- Bumper pads are not allowed
- No objects can be hanging above or attached to the side of the crib

Family Child Care Home:

- Crib or play yard placement will not hinder entrance or exit to and from the space where infants are sleeping
- Each infant's bedding will be used for him/her only
- Bedding shall be changed and sanitized daily, or more often if needed

Pacifiers:

Pacifiers are allowed in cribs/ play yards if the following provisions are in place:

- An infant cannot be forced to take a pacifier when put down to sleep
- Nothing can be attached to the pacifier
- The pacifier must be specific to the infant it is being given to

Individual Sleeping Plan:

- An Individual Sleeping Plan will be completed for each infant that is 12 months of age or younger that the facility has in care and maintained in the child's record

The Plan will include the following:

- Usual Sleeping Times
- Equipment the infant sleeps in
- Length of time that is usual for them to sleep
- Pacifier use
- Infant's ability to roll over and back on their own
- Medical Exemption documentation

Back to Sleep

- The licensee must place infants aged 12 months or younger on their backs for sleeping
- The requirements set forth in the above may not apply if there is a medical exception included in the infant's Individual Infant Sleeping Plan
 - Medical exemptions must be signed by a licensed physician or their designee
 - The medical exemption must be included in the child's file
- Infants must have an Individual Infant Sleeping Plan completed and signed by an authorized representative. The plan should indicate that the infant is able to roll from their back to their tummy as well as from their tummy to their back. However, they must be placed on their back when first laid down to sleep; in the event the infant changes position they may remain in the position that suits them if the plan is completed appropriately

- If the infant is able to roll back and forth for the first time in care the provider may then fill out the appropriate section of the Individual Infant Sleeping Plan, notify the authorized representative and have them sign the form when they pick up the child

Sleeping

- Infants must not be swaddled while in care
- Infants head must not be covered while sleeping
- If an infant falls asleep before being placed in a crib or play yard, the licensee must move the infant to a crib or play yard as soon as possible

Family Child Care Home:

- No infant shall be forced to sleep, to stay awake or to stay in the sleeping area

Supervision:

Family Child Care Home:

The licensee must supervise infants while they are sleeping and adhere to the following requirements:

- The licensee will physically check on the infant every 15 minutes while the infant is sleeping, as well as look for any signs of distress and take proper emergency steps as detailed in the proposed regulations
- The licensee must be near enough to the sleeping infant to be able to hear them should they awaken
- If the infant/s is sleeping in a separate room from where the licensee is stationed, the door to the room the infant/s is sleeping in must remain open at all times
- The licensee must be on the same floor as the sleeping infant
- A monitor may be used in the home in addition to the above requirements for supervision but cannot be used in place of them

Child Care Center:

- A staff person must be in the designated sleeping area, visually observing and able to hear the infants at all times
 - A transparent wall or half wall does not take the place of a staff person being in the designated sleeping area with constant visual supervision
- While supervising sleeping infants a staff person must look for any signs of distress and take proper emergency steps as detailed in the proposed regulations

Overnight Care:

Family Child Care Home:

- In addition to all Infant Safe Sleep requirements the following requirements must be followed:
- The provider must remain awake whenever children are awake
- The door to the room where the provider is sleeping as well as the door to the room where the children in care are sleeping must remain open
- If the sleeping arrangements are not situated in such a way that the provider can be assured of hearing a child waken, a monitor system must be used
- The monitor must be maintained and in good working order at all times
- The monitor may be used in place of 15 minute checks if infant has fallen asleep and the licensee is going to sleep as well.
- Clean bedding and nightclothes must be available to children in care

Vice President's Message

Hello ladies and happy holidays! I absolutely love this time of year especially appreciating and enjoying the warmth of family and friends within my home. I have truly been blessed to be able to help out with other areas as well within our association and my message is for you to experience that as well! This is a great time of year to do some brainstorming on how we all can contribute in the coming new year in ways we may not have in the past. We really could use your help and contribution within our association. I hope you all continue to thrive in your childcare business and feel free to give a call to a fellow provider for support and networking or just asking a simple question that has been on your mind. Area Coordinators are available to answer your questions as well. So much communication is done from our phones but a simple phone call is also much appreciated! Have a wonderful holiday season and hope to see some of you at our very important upcoming General Meeting on November 26th, where we have a guest speaker from licensing to help explain the latest rules and regulations. As Lee stated above it is very important to review the Title 22 Rules and Regulations so we all are in compliance to provide quality care! Have a wonderful holiday season!

Lynn Hallas



Area Coordinator News

South County Coordinator

Diane Spiesterback

Hi Everyone! This year has gone by so fast! I hope everyone is healthy and enjoying the Holidays. Christmas is right around the corner and it's important to share with parents, that quality time with their children. It is so important in making memories through these Holidays and there are a lot of family free fun things to do with children. We all have special things we can share with all our parents and for the parents to make time for their kids and not get caught up in the Christmas rush. Let your parents know that it's fun to just get in the car in the middle of the week with their kids, everyone in pajamas before bed and drive around to look at Christmas lights. I still do this with my kids today! Also, don't forget the hot chocolate! which they remind me every year and have shared it with their spouses. It's fun to get a group of family and friends together and dress up and go Christmas Caroling. We bundle up and go to about four or five houses. We have so much fun and then come back to the house and decorate the tree. Spread the Joy and make it fun instead of being too busy. New Year's is a good time to refresh up for the first of the year. Change up toys, rearrange your rooms and check all toys to see if any are broken so you can update when to by new ones for the New Year, Have a great Holiday Season and spread the Joy! See you all at the next meeting!

North County Coordinator

Rose Gaba

The holidays are upon us! My favorite time of the year! It's the season for gatherings with family and friends. As providers we get to shift our thoughts toward the winter crafts and holiday projects that our kids enjoy doing. Pointing out and showing the kids the difference in one season from the next one is especially fun during the Fall and Winter months. Along with the joy and happiness this time of year brings, we face the cold and flu season. Please remember to teach the kids how important it is to wash our hands and to cough in our own sleeve and not on others. It's always a good idea to revisit your "sick policy" with your parent's. Make sure they are aware when their child can come to daycare and when they must keep their child home sick. I know it is hard for some parents to stay home from work when their child is ill but it is important for the health and safety of other children in your care. Have a beautiful Christmas everyone and a have a prosperous Happy New Year!

North County Liaison

Cyndi Casum

Marble Painting

by: Cyndi Casum

Process art is certainly a buzzword in early childhood education, and rightly so. Art for children should be free of adult-imposed constraints and expectations of a particular product. However, many teachers cringe at the idea of letting young children loose with paints, glue, glitter, and other art materials, fearing the disasters that could possibly ensue.

But process art doesn't have to leave a wake of mess for the teacher to clean up. (At least not every time!) Marble painting, a great example of process art, can be quite manageable for both young children and their caregivers. We found that the lids from office paper boxes make perfect trays for this activity, keeping the marbles, paint, and paper neatly contained. Putting the paint in squirty bottles also helps eliminate a lot of mess. (Keep in mind that marbles are a potential choking hazard so young children should be well-supervised during the activity. For very young children, golf balls are a safer alternative to marbles.)



2. Place several marbles onto the paper. Hold the box lid by the sides and gently tip back and forth. The marbles will roll through the paint creating unique lines and patterns



Irvine County Liaison

Joyce Russell

Wishing everyone a Happy Holiday Season and hope to see you at our next OCCCA meeting, right after Thanksgiving Weekend on Monday November 26th!



1. Place the paper into the lid. Squirt small blobs of paint onto the paper



3. Continue until most of the paper has been covered with paint. Remove paper from box and dry.

4. That's the marble printing part, but you don't need to stop there. Once the paint has dried, there are countless ways to use the beautifully patterned paper. We created a fish collage, but really it's up to the imaginations and creativity of the little artists!

COMMUNITY CARE LICENSING UPDATE

Note from Pamela Dickfoss, Deputy Director

Now that we enter a new year, we can reflect on the events we experienced throughout 2017. Those that work directly with children should be proud of their role in helping them to develop into positive, healthy members of society. With our success, came many challenges that included the most devastating fires in California's history. As a result many childcare facilities were either evacuated or closed down and there was concern child care needs would not be met across counties. To ensure continuity of care we worked with licensees and offered program flexibility to meet those needs.

Despite the tremendous stress and grief that licensees suffered during this unprecedented disaster, many continued to provide quality care for families impacted by the fires. Our program is thankful for the swift follow up and empathy received from the community.

Community support was critical in minimizing the hardship on families, while still upholding health and safety for vulnerable populations. It is important to note that licensing will reach out during disasters to determine the impact to the child care facilities. The purpose of this communication may be to determine the facility status (i.e. evacuation, closure, shelter in place, etc.), evaluate the health and safety of staff and children in care, and assess the availability of, and access to child care in the community. The efforts on the part of licensees, program staff, and stakeholders show an encouraging partnership as we move forward into 2018.

In this new year, we will continue our large group stakeholder meetings and plan to host local regional office meetings with licensees. The purpose of these local more intimate meetings is to strengthen relationships between the regional office and licensees. They are an opportunity to receive updates on Provider Information Notices (PIN) and other important licensing requirements. Please continue to stay connected with your regional office and look for the local meeting schedule.

Notice: It is really important to read the recent PINS from Licensing in their entirety The Child and Adult Care Food Program (CACFP) Revised Handbook and the Healthy Beverages in Child Care Act "Therefore, all licensed child care providers are prohibited by state law from serving any beverages with either natural or artificial sweeteners, including flavored milk." <http://www.cdss.ca.gov/.../PIN%2018-05-CCP%20Final%20CACFP%20...>





City of La Habra • Food Program
City of La Habra • 215 N. Euclid St. • La Habra, CA 90631

Office (562)383-4290 • eFax (562)383-4480

gbiscos@lahabraca.gov

Para Español: cduque@lahabraca.gov

Do You Want to Receive Financial Reimbursement for the Nutritious Meals You Serve? **Join Our Food Program!**

The benefits of OUR Food Program:

For the Provider:

- Receive valuable nutrition education
- Identify the proper foods to feed for your age groups
- Learn how to encourage positive eating habits
- Spanish speaking agency

For the Parent:

- Child(ren) receive high quality, well-balanced meals
- Child is less likely to experience fatigue
- Less time a parent must be absent from work
- Children are more likely to be healthy, happy, & develop at a normal physical and intellectual pace
- Child is teaching the parent fun and easy recipes they can make together at home

For the Child:

- Establishes good eating patterns
- Enjoys meals that meet USDA nutrition requirements
- Nutritionally complete meals helping the children learn and grow

****La Habra's Commitment****

The City of La Habra provides a friendly-knowledgeable staff that is available to assist you with any questions and accommodate provider's needs.

Join our food Program
Together we can make a difference.



Holiday Safety Tips

By Michelle Spoor

With the holidays upon us, it's time to remember some tips to keep the little ones safe in our day care setting:

- ❖ If you are letting the children come in costume, make sure there are no small parts that can fall on the floor and pose a choking hazard.
- ❖ Also make sure that the costumes aren't too long and pose a slip or trip hazard.
- ❖ If children are bringing outside treats, be sure that the parents are aware of any food allergies that children in your care have.
- ❖ Make sure any treats don't pose a choking hazard, like small hard candies or plastic containers with small lids on them.
- ❖ Take care to avoid decorations that are sharp, breakable or pose a choking hazard.
- ❖ Don't use decorations that resemble candy or any type of food that might tempt kids to eat them.
- ❖ Keep poisonous holiday plants out of your day care: mistletoe berries, Jerusalem cherry and holly berry.
- ❖ Kids can choke on broken or uninflated balloons. Keep them away from kids under 8 years of age.
- ❖ If you're having a party with family members of the children in your care, make sure you have a safe, out-of-reach place for them to leave any purses or packages.
- ❖ Remove all wrapping materials immediately. They are a choking hazard.

Enjoy the season! Happy Providers make for happy children!





Broccoli, Rice, Cheese, and Chicken Casserole



Prep
15 m

Cook
30 m

Ready In
45 m

Recipe By: Heather

"This is a delicious twist to broccoli, rice, and cheese casserole, and is VERY easy to make. You can also cut this in half. I use the 1 can cream of mushroom soup when I make half. You can also leave out the onion. It just gives it a little added flavor, but is still very good without it."

Ingredients

2 cups water	1/4 cup butter
2 cups uncooked instant rice	1 cup milk
2 (10 ounce) cans chunk chicken, drained	1 (16 ounce) package frozen chopped broccoli
1 (10.75 ounce) can condensed cream of mushroom soup	1 small white onion, chopped
1 (10.75 ounce) can condensed cream of chicken soup	1 pound processed cheese food

Directions

- 1 Preheat oven to 350 degrees F (175 degrees C).
- 2 In a medium saucepan, bring the water to a boil. Mix in the instant rice, cover, and remove from heat. Let stand 5 minutes.
- 3 In a 9x13 inch baking dish, mix the prepared rice, chicken, cream of mushroom soup, cream of chicken soup, butter, milk, broccoli, onion, and processed cheese.
- 4 Bake in the preheated oven for 30 to 35 minutes, or until cheese is melted. Stir halfway through cooking to help cheese melt evenly.

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Orange County Department of Child Support Services



**Need help with
child support?
Contact us.**



css.ocgov.com
(866) 901-3212



General Meeting

Meeting location:

*Department of Education : 200 Kalmus Dr, Costa
Mesa, CA 92626*

Date and Time: Monday, November 26th, 7-9 pm.

Thank you to our Vendors for all of your support:



Please share your talents and skills 2019 Board Elections Coming Soon...

This January 2019 board elections will be held at our Annual Meeting. The board positions listed below are up for election. Members interested in sharing their talents, ideas and skills are encouraged to join. Please contact Linda Zoelle or any board member.

- **Treasurer** - Receives all money and keeps a record of all receipts of income and expenses, disburses money in accordance with the association By-laws, keeps accurate accounts of all receipts and disbursements.

Although some of these chair positions are filled, it would be beneficial if more than one member was in charge. If you would like to help out in any of these positions listed below, please contact a Board Member or call the Chair at their phone number which is listed in the newsletter.

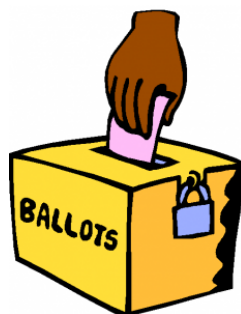
- **Chair Positions (assistants)**
- **Public Policy** - Keeps updated on all legislation that affects family child care.
- **Ways and Means** - Coordinate fundraising and grants in raising funds to meet financial needs of association.
- **Hostess** - Coordinates refreshments for General Meetings
- **Programs/Vendors** - works with the Board on arranging speakers and vendors for General Meetings.

In addition, each board member is required to:

- be in compliance with the Dept. of Social Services
- attend general and board meetings
- submit monthly reports to President
- submit articles to Newsletter Editor
- attend Board Retreat

All nomination forms which include your bio must be received by December 1 in order to be published in our Jan/Feb Newsletter. Nomination bios received after that will be announced at the Annual Meeting. Email to: lz3.occca@yahoo.com.

Voting - every member entitled to vote shall have the right to do so either in person or by one or more persons authorized by a written proxy, signed by the person and filed with the Secretary of the Association. All requests for voting by proxy can be made by calling Board Asst. Linda Zoelle, (949) 673-2692 or email your request no later than Friday December 28, 2018



Contact Information

OCCCA BOARD OF DIRECTORS

President Lee Allton 714.892.7220 alltonl@aol.com	Secretary Cyndi Casum 714.679.7374 cyndisdaycarefv@yahoo.com	Pubic Policy Yessika Magdaleno 714.971.8004 littleflowers1@aol.com	Membership Chair Michelle Spoor 714.222.4922 michellespoor22@gmail.com	Ways & Means Chair Mary Testerman 562.598.7407 marys_kids@yahoo.com
Vice President Lynn Hallas 949.858.1527 campfans@cox.net	Treasurer Linda Zoelle 949.673.2692 lz3.occca@yahoo.com	Program Chair TBD	Hostess Sandra Turner 562.799.3608 sandraluzturner@yahoo.com	Newsletter/Website Lynn Hallas 949-858-1527 campfans@cox.net

OrangeCountyChildCareAssociation.org

IMPORTANT NUMBERS

Community Care Licensing	714.703-2800	http://cclcd.ca.gov/contact.html
Child Care Advocate Program	310.337.4335	Sharon.Greene1@dss.ca.gov
CHS Referral Line (M-F 9-3:30)	949.364.6605	www.chs-ca.org/child-care/ccrrp/
Children's Home Society	714.456-9800	www.chs-ca.org
Calif Childcare Health Program	800.333.3212	www.ucsfchildcarehealth.org
Child Guidance Center	714.953-4455	www.cgccoc.org
Help Me Grow-Orange County	866.GROW-025	www.helmegrowoc.org
OC Child Abuse Prevention	714.543.4333	www.brightfutures4kids.org
California Poison Action Line	800.222.1222	www.calpoison.org
Regional Center of Orange Co.	714.796.5100	www.rcocdd.com
Child Care Advocate-Jane Cong-Huyen	714.705.6041	Jane.Cong-Huyen@DSS.ca.gov

FOREIGN LANGUAGE ASSISTANCE

Armenian	Alice Gharbjanians	(949) 833-0404
French	Alice Gharbjanians	(949) 833-0404
German	Anke Secrest	(714) 434-0834
Pharsi	Mona Mosavat	(714) 633-4353
Spanish	Yessika Magdaleno	(714) 971-8004

AREA COORDINATORS BY CITY

SOUTH COUNTY

Diane Priesterbach
949-495-6439

IRVINE LIAISON

Joyce Russell - 949-387-6997

NORTH COUNTY

Rose Gaba - 714-890-3789

CENTRAL COUNTY

Cyndi Casum - 714-679-7374

*Aliso Viejo
Capistrano Beach
Coto d'Caza
Dana Point
Dove Canyon
Foothill Ranch
Ladera Ranch
Laguna Beach
Laguna Hills
Laguna Niguel
Lake Forest
Las Flores
Mission Viejo
Portola Hills
RSM
San Clemente
San Juan Capistrano
Trabuco Canyon*

Irvine

*Anaheim
Anaheim Hills
Brea
Buena Park
Cypress
Fullerton
Garden Grove
La Habra
La Palma
Orange
Placentia
Stanton
Villa Park
Yorba Linda*

*Balboa Island
Corona Del Mar
Costa Mesa
Fountain Valley
Huntington Beach
Los Alamitos
Midway City
Newport Beach
Newport Coast
Santa Ana
Seal
Tustin
Westminster*

MEMBERSHIP RENEWAL

Please enclose a self-addressed, stamped envelope (SASE) with your renewal to have a membership card mailed to you. Otherwise you may pick up your card at the next General Meeting
Questions?: Michelle Spoor (714) 222-4922



ORANGE COUNTY CHILD CARE ASSOCIATION

The Orange County Child Care Association would like to invite you to join (or rejoin) our professional organization for licensed Family Child Care Providers. General membership is for licensed family child care providers providing services in Orange County. With your paid membership you will receive, many benefits including child care referrals, a bi-monthly newsletter, general meetings and workshops. Please take this opportunity to become "Part of the Solution" as we all work together to deliver quality child care. For more details on what is included in your membership contact our Membership Chairperson.

GENERAL MEMBERSHIP APPLICATION

Please type or print information

License: Small Family Child Care Home ☐ New Member ☐ Renewing Member ☐ Returning Member ☐
Large Family Child Care Home ☐ Membership Expired

Name _____ License Number _____

First

Last

Address _____

Street Address

City

Zip

Phone Number _____

Email Address _____

If you would you like your daycare website or Facebook daycare page attached to your name on the OCCCA website, please list it below:

Website/FB page _____

Please enclose all of the following items:

- ☐ Photocopy of your DSS License (not required for renewing members with active license on file with OCCCA)
- ☐ \$45.00 check payable to **OCCCA** for one year's membership
- ☐ A legal size, self addressed **stamped** envelope

Mail completed application and required documents to:

Orange County Child Care Association

P.O. Box 26769

Santa Ana, CA 92799

Please allow 4 to 6 weeks for membership processing. There will be a \$30.00 charge on all returned checks. There is a \$1.00 replacement fee for lost membership cards. If you have any questions about OCCCA membership or the application, please contact Michelle Spoor, Membership Chairperson at (714) 222-4922 for membership information or e-mail us at : Contactus@OrangeCountyChildCareAssociation.org

Interoffice: Forward to Membership Chairperson

01/16

Credits/Notes

The Orange County Child Care Association publishes their bi-monthly Newsletters for the benefit of Members and Associate Members. Please send all Newsletter contributions to:

Orange County Child Care Association
P.O. Box 26769
Santa Ana, CA 92799
Email: contactus@orangecountychildcareassociation.org

January/February Newsletter deadline: due the last week of December

