



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

Rev. Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard's Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.**

at OMPH parish hall.

Each ticket is priced at RM30/-.

Our cooks will cook for 1200 people.

You have a choice to dine in or take away.

The menu includes

Rice,Mutton,Chicken,Veggi,

Dhall, papadam,water.

Tickets will be on Sale.

Get your tickets early for we have limited tickets.

Join in the best delicious and sumptuous lunch on 5/5/2024

in Ipoh!



OMPH QR code accepts donation from any banks & e-wallet. The QR code can be scan at the Notice-Board and around the church. Your generous support will help maintain our building and our facilities in great conditions. **Thank you.** (Parish priest)

PARISH PASTORAL COUNCIL

MEETING on

(date) **Sunday, 3 March, 2024**

(time) 7.00 p.m.

(venue) St.Mark's Rm.

PENITENTIAL SERVICE

In preparation for Easter, penitential service will be held in + **OMPH church**

on **Monday, 4 March, 2024** at 7.30 p.m.

STATIONS OF THE CROSS

During the season of Lent, Stations of the Cross will be held on

= 8 March.,2024 at 7.30 p.m. (E) followed by Mass.

= Tamil Stations of the Cross at 7.15 p.m. in the parish hall.

GOTONG-ROYONG

Sunday, 10 March, 2024

at 2.30 p.m. (church)

Calling all parishioners, all Ministries, Youth, BECs and all Language groups to help clean the church as we prepare for Easter. Kindly help in this project. Please bring your cleaning materials for cleaning.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next baptism will be on 7 April, 2024 during the 8 a.m. Mass

PARISH ACTIVITIES & MEETINGS:

(March2024)

- * 3/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- 5.00 p.m. – CCR practice (church)
- 7.00 p.m. – Parish Pastoral Council (St.Mk.Rm.)
- * 4/3/2024 - 7.30 p.m. - Penitential Rite (church)
- * 5/3/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 6/3/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)
- * 6/3/2024 - 8.00 p.m. – Caritas OMPH (St.Mk.Rm.)
- * 7/3/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- * 8/3/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 10/3/2024 - 2.30 p.m. – Gotong-Royong (church)
- * 10/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 10/3/2024 - 6.00 p.m. - Sunset Choir practice (church)
- * 11/3/2024 - 8.00 p.m. - Chinese Apostolate (St.Mk.Rm.)
- * 12/3/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 13/3/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)
- * 14/3/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- * 15/3/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 16/3/2024 - 5.45 p.m. – CLOW (St.Mk.Rm.)
- * 17/3/2024 - 8.00 a.m. - CLOW (St.Mk.Rm.)
- * 17/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 17/3/2024 - 5.00 p.m. – Youth play (parish hall)
- * 17/3/2024 - 6.00 p.m. – Sunset choir practice (church)
- * 20/3/2024 - 8.00 p.m. - Chinese community prayer mtg. (ven Francis Xavier Rm.)
- * 22/3/2024 - 8.00 p.m. - Area Coordinators meeting (St.Mk.Rm.)

BIBLE REFLECTION & HOME-GATHERINGS:

* 7/3/2024 – 8.00 p.m. – BEC St.Simon (C) (Cafeteria)

* 14/3/2024 - 8.00 p.m. – BEC St.Peter (C) (Cafeteria)

ETERNAL HAPPINESS TO:

+ Mary Chong Pat Moy @ Chong Siew Yoke departed on 23 February,2024.

+ Richard Chinasamy a/l Ramasamy departed on 27 February 2024.



Every last Friday at
 8.00 p.m.in St.Mark’s room.
 All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings. **MONTH OF MARCH** meeting on: **Fri 22/3/2024 at 8 p.m.**

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year. You are requested to register six (6) weeks before the weekend

EE139	10-12 May, 2024
EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For **Tamil marriage preparation** course 2024 –

Dormitory St.Anne, Bukit Mertajam	May 25 & 26 Aug 24 & 25 Nov 16 & 17 (Closing date on: 1st day of each month)
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Please see your Parish Priest for registration.

EVENTS:

LENTE SACCRIFICE

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits, etc.....

LENTE ALMSGIVING PROJECT

BY OMPH COMBINED LITCOM 2024.
 Lent reminder Buttons will be sold after Masses starting on 1st Sunday of Lent. Proceeds will be donated to the poor via Caritas OMPH. Minimum donation per button RM2/-.

RITE OF THE 3RD SCRUTINY

(5th week of Lent) –
 On Sat.,16 March, 2024 during the 5.45 p.m. Mass, our Elect who are preparing their full initiation at Easter, will celebrate the “Rite of the 3rd Scrutiny,” which highlights the saving power of Christ in setting them free. We are invited to come together with them, to pray with them and for them reminding ourselves of our need to rid ourselves of our negative values and to try to live in His love.

REHEARSAL FOR THE RCIA “Elects”

on Sun. 24 March, 2024 @ 2.30 p.m. in church. Elects and Sponsors are to be present.

A LENTE RETREAT

with Rev.Fr. Joseph Stephen. Please bring along your Bible @ 7.30 p.m. on Wednesdays 6th & 13th March, 2024. followed by coffee fellowship. A love offering will be taken up. Organized by: OMPH-CCR

RITE OF THE 1ST SCRUTINY –
 (3rd week of Lent) –

On Saturday, 2 March, 2024 during the 5.45 p.m. Mass our “Elect” will celebrate the Rite of the First Scrutiny, which is the beginning of the period of purification and enlightenment.

RITE OF THE 2ND SCRUTINY –
 (4th week of Lent) –

On Sat., 9 March, 2024 during the 5.45 p.m. Mass, our “Elect” who are continuing on the purification process, will celebrate the Rite of the Second Scrutiny focusing on purifying their spiritual blindness.

REFLECTIVE STATIONS OF THE CROSS

The Youth & Altar Servers will be having a reflective Stations of the Cross on Sunday, **3 March**, 2024 at 4.00 p.m. This event will be held outdoor in the church surroundings lasting for about 45 minutes. The Youths are inviting all young people from the parish and schools to join us in this special event. Parents are also welcomed.

R.C.I.A. IN-TAKE 2024

For Whom:

- 1) A person who has not been baptized and would like to know more about the Catholic faith with the intention of becoming a Catholic.
 - 2) A baptized christian of another denomination who would like to learn about the catholic tradition.
 - 3) A baptized person of a catholic church who has not received the Sacrament of Holy Communion and/or Sacrament of Confirmation and would want to become one in the catholic faith.
 - 4) Married to a Catholic person and attends Mass regularly with the family but not able to receive the Holy Eucharist and do not know who to approach.
 - 5) You have a non-Catholic member in your family and you want him/her to become a Catholic and do not know who to approach.
- We, Parish Priest & R.C.I.A Team Welcome you.**
- JLN. La Salle GATE CLOSED**
 Dear Parishioners
 Kindly take note, effective from 1st March the Jln. La Salle gate will be close due to the renovation works for the Cafeteria. The renovation works for the cafeteria will take about 2 months. Please use alternative gates to enter. Sorry for the inconvenience.