



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

A donation to RecoveryWerks! has a huge impact towards bringing recovery to teens and families in our community. Please click on or enter the link below to give today. Thank you!

<http://www.recoverywerks.org/give-now.html>

Board Member Spotlight

Serving as a RecoveryWerks! Board Member is a critical position within our organization. We literally couldn't serve the community without them! The Board is responsible for steering the organization toward a sustainable future by ensuring ethical and sound governance and financial oversight. Every board member brings a unique perspective while all share the same goal of advancing the mission of RecoveryWerks!



Meet Clayton Sponhaltz!

Occupation: Drug and Alcohol Counselor
Time as Board Member: 9 months

Tell us a fun fact about yourself!

I was All District Football Player for a 5A San Antonio school and was considering playing Division I football prior to a knee injury my senior year.

What made you decide to be on the board?

I have worked a lot counseling young people from the young adult collegiate age to adolescents; however, today, I work mostly with adults. I have a strong desire to see young people get the help they need for addiction problems. They are at such a critical place and the actions they take will serve them long term - right or wrong. I received the gift of getting sober at age 20 and was closed off and very guarded about seeking any kind of help beforehand. Youth who take steps to change are incredibly brave and they need all the support we as a community can offer!

What do you enjoy most about being on the board?

As a counselor who works in the field of addiction treatment, I've helped develop programs and I enjoy being in tune with the regular operations of RecoveryWerks! How the groups are going, what retreats are being planned, how is the community doing overall. I also enjoy the collaboration and teamwork that goes into growing the organization's reach to help more youth and families. Whether that comes in fundraising goals, outreach efforts or pointing youth and families in our direction.

Give us your perspective on the stigma associated with addiction and any suggestions for someone considering seeking help.

There is definitely a lot of guilt and shame surrounding falling to an addiction. This along with the fears about how people will see them differently is a major obstacle for many. To anyone considering reaching out for help I say - YES, Amen! As a person who has been delivered from addiction, I can only say that ALL things can be added to you when you begin taking action towards getting sober. Improvement in mental, emotional, physical and spiritual health are just the beginnings. I encourage you to reach out and start the conversation with someone who you can confide in and who will walk with you through it. We love nothing more than doing so.

Why do you think teen/young adult/family recovery is so important?

Youth is where it all starts - right or wrong. The actions young people take (or don't take) lay the foundation for how they are going to navigate life moving forward. We know today that 90% of addiction takes root in adolescence. If we can help youth begin the process of accessing help and finding some hope and solution - they will forever carry that into their life and to those they are connected to. Likewise, families need a lot of guidance and help on how to help their kids. Nobody has the book on parenting let alone helping their kid deal with the pain and suffering that comes along with addiction. Families need real, practical guidance from others who have been there along with help to get emotionally and spiritually healthy.

Meeting Schedule

**For information on how to access these meetings or reserve a spot, please visit our website or call (830) 310-2585.*

Teens (up to 18):

Monday & Wednesday

7-8pm via Zoom

7-8pm in person*

@ 618 Comal Avenue B1, New Braunfels

***reservation required**

Thursday

7-8pm in person only

@ 1747 E Ammann Rd, Bulverde

Young Adults (18+):

Monday & Wednesday

7-8pm via Zoom

7-8pm in person*

@ 618 Comal Avenue B1, New Braunfels

***reservation required**

Thursday

7-8pm in person only

@ 1747 E Ammann Rd, Bulverde

Family Members (18+):

Monday & Wednesday

7-8pm via Zoom

7-8pm in person*

@ 618 Comal Avenue B1, New Braunfels

***reservation required**

Thursday

7-8pm in person only

@ 1747 E Ammann Rd, Bulverde

New Gens (Family members

between 9-17) *Must have a family member participating in the program

Tuesday

6-7pm in person only

@ 618 Comal Avenue B1, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.



Thank you

for helping RecoveryWerks! start 2021 off strong!

Thanks to a donation from The GVTC Foundation for \$5,000 and generous members of the community who contributed an additional \$12,198.30, RecoveryWerks! raised **\$17,198.30** total for our 5th anniversary, end of year campaign.

Thank you for understanding that having RecoveryWerks! here in Comal County is needed now more than ever.

We are so grateful to all of you for making it possible for RecoveryWerks! to continue serving teens, young adults, and families affected by substance use disorder.

We couldn't do this without you!

Stay connected with RecoveryWerks!

Like RecoveryWerks! on Facebook and Instagram



For more resources or to make a donation online please visit www.recoverywerks.org.

618 Comal Avenue B1, New Braunfels TX 78130

(830) 310-2456 or (830) 310-2585