

# New Start Hand Guide



# PRISON BREAK

---

## **Purpose**

To provide reintegrating citizens information for a great Prison Break and a successful New Start.

## **Release Prep List**

- Self-Determination
- Career Goal/ JOB Goal
- Family Support
- Community Support
- Organizational Support
- Warrant Free
- Identification
- Housing
- City Transportation

## **Employers**

1. Work Two Jobs (50 hr work week) and establish Credit History.
2. Shift all work History dates to cover your incarceration, make your work History Present.
3. Contacts to Friends and Family
4. Temp Service
5. Restaurants: Dine-in Pay above minimum wage. Easy fast food: chicken, pizza, tacos.
6. Construction
7. Auto mechanics
8. Barber
9. Warehouses (Tip: Pallet Jack, Read orders)
10. Hospitality

## **Empowerment**

- **More Education (JOB First)**
- **Voting Rights**
- **Get Involved To Help Others**
- **Maintain positive self talk.**