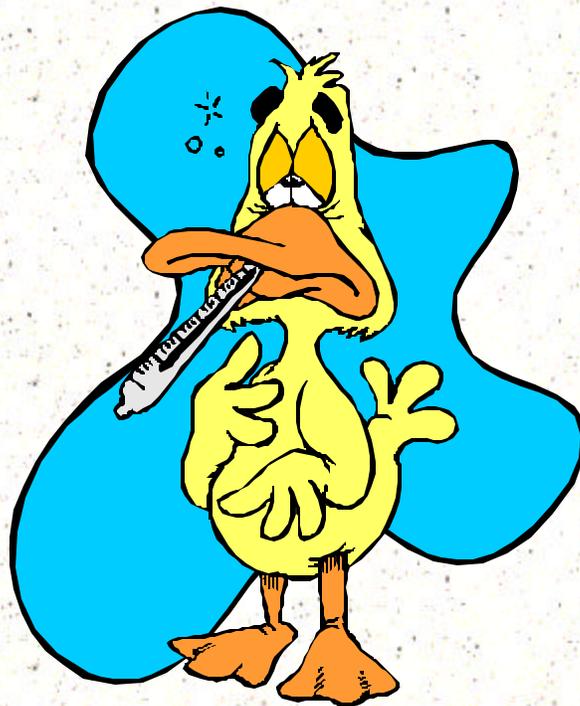


# Because we love your kids. . .

Bringing a child into our school with any of the symptoms listed below puts other children and staff at risk of getting sick. If All parents keep their sick children at home, we will have stronger, healthier and happier children. In the long run, this means fewer lost work days and less illness for parents, too.

Our school follows the advice of the Snohomish Health District in preventing children with certain symptoms of communicable diseases from attending our school. If your child has any of these symptoms, please keep them home, or make appropriate arrangements for their care.



- **Diarrhea** - 3 or more watery stools in a 24 hour period, especially if the child acts or looks ill.
- **Vomiting** - vomiting 2 or more times within the past 24 hours
- **Rash** - body rash, especially with fever or itching. Diaper rashes, heat rashes, and allergic reactions are not contagious.
- **Appearance/Behavior** - unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to exclude a child from coming to school
- **Sore Throat** - especially with fever or swollen glands in the neck.
- **Lice, Scabies** - Children must not return to school until they are free of lice and nits (eggs). Children with scabies can be admitted after treatment.
- **Fever** - temperature of 100 degrees F (orally) or higher AND sore throat, rash, vomiting, diarrhea, ear ache, irritability or confusion. Fever by itself is usually not sufficient reason to keep a child out of school.
- **Cough** - Lasting more than one week.
- **“Pinkeye”** - Teary, redness of eyelid lining, irritation followed by swelling and yellow drainage.
- **Greenish nasal discharge** - lasting more than one week.

Children with mild cold symptoms who do not have any symptoms described above do not need to be excluded from school.

Ear infections without fever do not need to be excluded, but the child needs to get medical treatment and follow up. Untreated ear infections can cause permanent hearing loss.

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