

13th Annual



April 2, 2022

Participant Guide

Please email Kym Good at Kym.Good@HollandRacing.net if you have any questions regarding the content of this guide.

2022 LBJ 100 Participant Guide

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ABOUT THE RIDE

Starting and ending on the famed LBJ Ranch, the routes take riders under majestic live oaks, past historical landmarks that figured prominently not only in the Johnson family history, but also in U.S. presidential history. See the descendants of President Johnson's famed Hereford cattle herd as you exit the Ranch. Thereafter, it's on to spectacular Hill Country cycling – on smooth-surfaced ranch-market roads and bucolic country lanes that will take you back in time. Visit rural, historic Gillespie County schools that do duty as rest stops on this scenic tour. This is truly a "**Ride to Preserve History.**"

Our 36th President loved his ranch. He often conducted presidential business under the spreading oak trees, and he sought solace here from the rigors of the presidency.

As President Johnson told visitors to his beloved Hill Country ranch, "All the world is welcome here!" We want riders in the LBJ 100 Bicycle Tour to feel the same warm welcome and sense of Presidential history as those who came before them.

SCHEDULE OF EVENTS

Time	Event
7:00 AM	Parking OPENS
7:00 AM	Packet Pickup OPENS
8:30 AM	Staging Begins
9:00 AM	Packet Pickup CLOSES
9:05 AM	Operation Comfort START
9:15 AM	62 milers START
9:25 AM	42 milers START
9:35 AM	30 milers START
9:45 AM	10 milers START
11:00 AM	Post Event Activities OPEN (Food & Drinks)
1:00 PM	Bicycle Tour of LBJ Ranch START (Start/Finish Line)
2:00 PM	30 & 42-Mile Routes – Mandatory Pick Up before Rest Stop #9
2:30 PM	62-Mile Route – Mandatory Pick Up before Rest Stop #7
4:00 PM	Post Event Activities CLOSE (Food & Drinks)
4:30 PM	Event CLOSES, Park Entrance Gate CLOSES
5:00 PM	VENUE CLOSES
5:30 PM	PARK GATES LOCKED – All cars must be removed from park by 5:30pm

Ride start is staggered in waves to help regulate traffic, particularly around the narrow turns as you pass the Texas White House. We have also scheduled Rest Stop opening times based on these wave times. Please be respectful of these start times and wait for your wave to be released to begin the ride.

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RULES OF THE ROAD

All laws pertaining to cyclists apply to the LBJ 100, especially the provision of the Texas Transportation Code that specifies that riders may only ride two abreast. Sec. 551.103(c) states: **"Persons operating bicycles on a roadway may ride two abreast. Persons riding two abreast on a laned roadway shall ride in a single lane. Persons riding two abreast may not impede the normal and reasonable flow of traffic on the roadway. Persons may not ride more than two abreast unless they are riding on a part of a roadway set aside for the exclusive operation of bicycles."**

Please obey the law and be respectful of our rancher and farmer neighbors' rights to be on the road, as you would want them to be respectful of your rights to be on the road. Also, be aware that DPS patrolmen have given out tickets to some LBJ 100 cyclists in recent years. Don't ruin your ride by getting a ticket!

WHAT TO BRING

- Bike Helmet – *You will not be allowed on the bike course without it!*
- A bicycle in good condition
- Cycling shoes, gloves, sunglasses, and other cycling accessories to make your ride more comfortable
- Tire change kit, including tubes and pump or CO2 cartridges
- Two water bottles or a hydration pack
- A towel for post ride activities
- Sunscreen and lip balm
- Personal Nutrition – *We will have water, Gatorade, Bob's Pickle Pops, and plenty of sweet & salty snacks on course. We WILL NOT be providing PB&J sandwiches or sliced fruit this year as we are limiting rest stop food to pre-packaged, individually wrapped food only. If you have special dietary needs, please bring your own nutrition.*
- A photo ID
- A photocopy of your medical insurance card
- **CASH!** Meal tickets and merchandise may not be able to handle credit cards so be prepared and have some cash on hand.

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PARKING

Parking for all cyclists is on the airstrip located on the LBJ Ranch and is included in your registration fee. When you enter the ranch, follow the signs and instructions from Park Rangers and Volunteers.

Note that the ride takes place at the LBJ National Park, not the adjacent LBJ State Park.

The Ranch gates open at 7:00 AM. Ideally you should plan to arrive no later than 8:00 AM to allow time to park, pick up your bib, and get ready to ride!

The Park entrance gates will be closed at 4:30 PM. Please plan your ride accordingly to ensure you make it back to the park by 4:30 PM to get your vehicle and have exited the property no later than 5:30 PM.

PASSENGER DROP OFF & LEAVE

Follow the signs and instructions from Park Rangers just as if you were planning to park at the ranch. Once you are on the airstrip you will be directed by the park rangers to continue down the airstrip towards the start/finish line, where there is a “Drop & GO” zone. Once you have dropped off your rider, you will be directed to exit Bravo Road, which is a paved road just before the Registration tent. Once on Bravo, follow the signs to exit by turning left onto Bailey Road and exiting the park via the tour route.

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YOUR RIDE BIB

ALL Participants will receive a bib. Bibs must be worn on the back of your shirts/jerseys at all times.



The bottom of your bib has a tear off ticket for your post event meal!
Don't lose this! Tickets cannot be replaced.

SPECIAL BIBS YOU'LL SEE ON THE COURSE

Red Bibs identify the Bike Medics.
These folks are here to help you with medical issues.



Blue Bibs identify the Air Force Cycling Team.
They will also be wearing Air Force Cycling Team Jerseys.
They are on the course to help with any mechanical issues.



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POTENTIAL HAZARDS

The LBJ 100 goes through active ranch land in many parts. As such, cyclists will encounter some potential obstacles such as cattle guards, loose gravel, pitted roads, cattle and sheep (and their droppings), and low water crossings. Please be careful as you encounter these.

In particular, there are two low water crossings on the 42-mile route that can be very slippery if wet, which all depends on how much rain the area has received the week prior to the ride. Ride organizers will monitor these two crossings up before the ride to determine what additional safety measures might be taken to minimize these potential hazards.

HOW TO CROSS CATTLE GUARDS

So here are some tips to help you safely cross a cattle guard.

- As you approach there should be a sign saying cattle guard ahead.
- Look for cows, very important!
- Head into the cattle guard straight on.
- Do not apply your brakes while crossing the guard.
- Keep a good speed while going across—momentum is your friend.
- Relax but have a good grip on your handle bars. Hold your handle bars nice and straight. Stop pedaling before you get to the cattle guard, then coast across.

If you have *cattleguardaphobia*, signal that you're stopping and dismount your bike carefully. Walk across the cattle guard on the right (careful, this can be tricky in clipless road shoes). Stop for a bit and enjoy the scenery before proceeding!

WHAT TO DO IF YOU NEED ASSISTANCE

If you experience a medical emergency while on course, CALL 911.

For all other problems, call NPS Dispatch at 830-385-1362.

This information is also printed on the back of your Ride Bib.

SAG Vehicles will be patrolling the route, along with the Air Force Cycling Team, and able to provide mechanical support if needed. Mechanics will also be on the course at Rest Stop 1/8 courtesy of Mellow Johnny's and Rest Stop 6 courtesy of Jack & Adam's.

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WEATHER AND SAFETY

We reserve the right to delay the start, reduce the distances or cancel the event in the case of severe weather or unsafe road conditions. We will post any changes to the event on Facebook and the LBJ 100 website as soon as a decision is made. We recommend that you check these locations for updates prior to your departure for this event.

It is possible to experience a number of weather conditions in Texas at this time of year. Participants should be prepared for potential high winds and temperature changes throughout the day ranging from 40 to 95 degrees Fahrenheit, and/or heavy rain.

In the event of severe weather occurring during the ride, we ask each participant to take cover as best they can. Participants are responsible for their own safety and should use their best judgment in deciding whether or not to continue in severe weather.

Severe Weather

Ride organizers are constantly watching the weather for any activity that may disrupt the ride. Generally, the ride will be held, rain or shine, cold or hot, windy or not, unless severe weather is forecast. If severe weather is a possibility, ride organizers will make a call by 5:00 PM on Friday, April 1, to hold the ride or to cancel it. Updates will be posted on the ride website. If the ride is canceled due to severe weather, no refunds will be given.

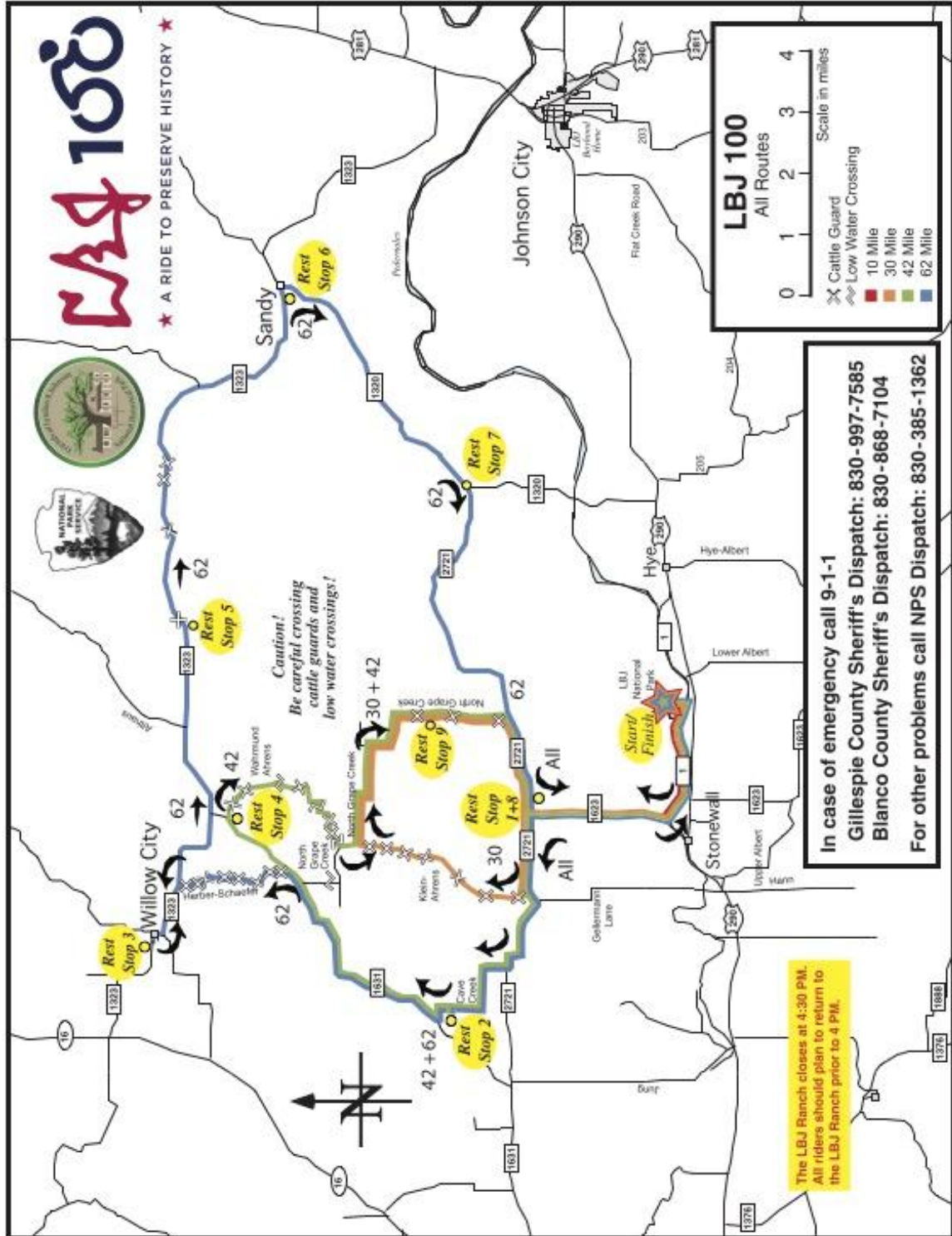
The 42-mile route has multiple low water crossings that will be monitored leading up to the ride. If the crossings become too flooded or slippery, we will remove the 42-mile route.

Saturday Morning THUNDER Plan

- If we hear thunder, there will be a 30-minute wait to release riders. Every occurrence of thunder will restart this clock.
- If the event starts 1 hour late, we will remove the 62-mile route – Rest Stops #3, #5, #6 and #7 will close.
- If the event starts 2 hours late, we will remove the 42-mile route – Rest Stops #2 and #4 will close.
- If the decision is made to delay the event 3 hours or more, we will postpone the event until next year.

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COURSE MAP



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RIDE WITH GPS LINKS

2022 LBJ 100 Ride With GPS

30 Mile: <https://ridewithgps.com/routes/38728574>

42 Mile: <https://ridewithgps.com/routes/38728673>

62 Mile: <https://ridewithgps.com/routes/38728882>

REST STOP CLOSING TIMES

Rest Stop 1/8 – 4:00 p.m. * * *

Rest Stop 2 – 11:30 a.m. * *

Rest Stop 3 – 12:30 p.m. *

Rest Stop 4 – 12:00 p.m. *

Rest Stop 5 – 1:15 p.m. *

Rest Stop 6 – 1:30 p.m. *

Rest Stop 7 – 2:45 p.m. *

Rest Stop 9 – 2:30 p.m. * *

* **30-Mile**

* **42-Mile**

* **62-Mile**

MANDATORY PICK UP

The LBJ Ranch entrance gate closes at 4:30 PM. To ensure that all cyclists have returned to the start/finish line by 4:00 PM the following mandatory pick up rule applies:

- Cyclists traveling the 30 & 42-mile routes must have reached Rest Stop #9, located at Nebgen School, by 2:00 PM in order to continue the ride.
- Cyclists traveling the 62-mile route must have reached Rest Stop #7 by 2:30 PM, located at the intersection of FM 1320 and FM 2721, in order to continue the ride.

LBJ 100 administrators and partners will travel the routes from the rest stops backwards to pick up cyclists and provide transportation for cyclists back to the LBJ Ranch.

REST STOP FOOD

All rest stop food will be pre-packaged, individually wrapped food only. Rest Stops will be well stocked with sweet and salty treats like cookies, granola bars and pretzels, but we will not be providing the typical peanut butter and jelly sandwiches or sliced fruit. We know how popular PB&Js are on a long ride, so if you would like to have one while on course, please be sure to bring your own!

Lyndon B. Johnson

National Park Service
U.S. Department of the Interior
National Historical Park
Texas



All the World is Welcome Here!

www.nps.gov/lyjo

**Including You,
Cyclists!**



As the nation's 36th president from 1963-1969, Lyndon Baines Johnson guided the United States through an era of social unrest and cultural change. During those five years, he often returned to the LBJ Ranch in Stonewall, eventually spending 25% of his presidency there. The Johnsons hosted guests from around the globe, and the Texas Hill Country boy who rose to become world leader took great pride in sharing his heritage and vision—an America where everyone has an equal opportunity to succeed through perseverance and hard work.

And through the years when time would permit, here is where I would always return, to the Pedernales River, the scenes of my childhood.

Lyndon B. Johnson

We invite you to continue the tradition. While you are in the park, immerse yourself in the life and legacy of President Johnson. Enjoy the beautiful, rugged country along the Pedernales River where Johnson's roots ran deep. No where else can you see such a complete cradle-to-grave picture of a United States president. At the ranch, visit the Birthplace, Junction School, and Family Cemetery where the president is laid to rest next his ancestors. Don't miss the Boyhood Home just 14 miles east in Johnson City, where Sam and Rebekah Johnson taught their eldest son the values that would shape the legislation that he championed as a politician.

Welcome!

Want to *shift gears* and learn more about Lyndon Johnson's legacy?

Pedal towards our social media and share your pictures and thoughts. You may be our best *spokesperson* yet!

Connect With Us
#LBJ100



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Saturday, April 9, 2022

**Fully-supported ride offering
three routes: 21, 46 and 63 miles with
COVID-19 and rider safety precautions**

Register Now:

www.bikereg.com/pedal-for-a-purpose

For sponsorship and other information contact
Shannon Smith, Special Events Manager
shannons@boysandgirlscountry.org
281-290-1288
www.boysandgirlscountry.org

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The first 100 Shiner GASP riders to register will receive \$5 off with the coupon code! The coupon expires April 7, 2022.