**DIRECTIONS:** Dissolve the contents of one stick pack in 6-12 oz of water according to preferred sweetness. Consume the effervescent drink once daily, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. Caffeine should not be combined with synephrine or ephedrine. Use cautiously if you have a history of abnormal heart rhythm. Do not use if stick pack is damaged.

ATP Citrus transforms water into a great-tasting, revitalizing energy drink. Each stick provides a combination of B vitamins, electrolytes, trace minerals, amino acids, herbs, and antioxidants to fuel your body's energy production. Building on these important nutrients, ATP Citrus also features a caffeine pterostilbene cocrystal. Initial reports suggest that this cocrystal's caffeine may be absorbed more slowly and stay in your system longer than regular caffeine, which may help your energy last longer. With just 4 g of carbohydrate per serving and zero sugars, ATP Citrus simply gives your body what it needs to produce energy.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

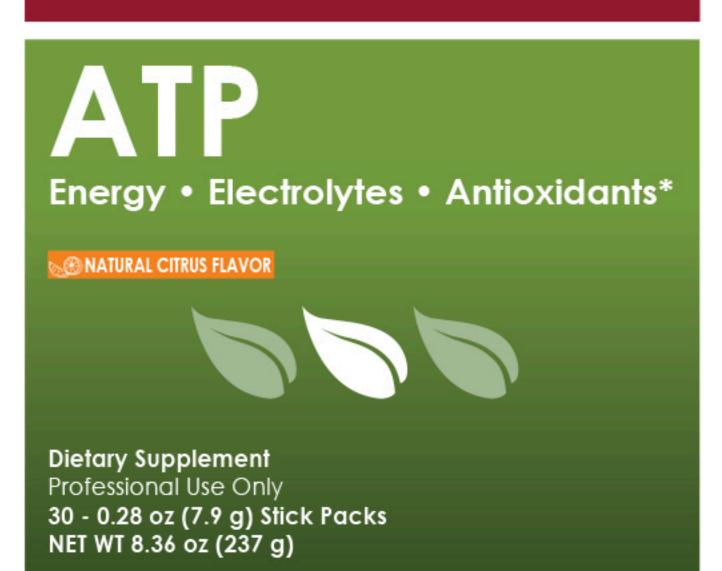
Report any adverse reaction on adaptogenresearch.com







## adaptogen research\*



## **Supplement Facts**

Serving Size: 1 Stick Pack (about 7.9 g)

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	20	
Total Carbohydrate	4 g	1%t
Vitamin C (as sodium ascorbate, potassium ascorbate, calcium ascorbate,	500 mg	556%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg	67%
Thiamin (as thiamine HCI)	0.45 mg	38%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.5 mg	38%
Niacin	10 mg	63%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.6 mg	153%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salts:)	68 mcg DFE	17%
Vitamin B12 (as methylcobalamin)	2,500 mcg	104,167%
Pantothenic Acid (as d-calcium pantothenate)	3 mg	60%
Magnesium (as di-magnesium malate <sup>61</sup> )	150 mg	36%
Zinc (as zinc bisglycinate chelate <sup>\$1</sup> )	3 mg	27%
Manganese (as manganese bisglycinate chelate <sup>51</sup> )	0.5 mg	22%
Chromium (as chromium nicotinate glycinate chelate <sup>51</sup> )	100 mcg	286%
Sodium (as sodium bicarbonate and sodium ascorbate)	100 mg	4%
Potassium (potassium bicarbonate and potassium ascorbate)	200 mg	4%
	27	
Proprietary Blend	465 mg	**

Proprietary Blend

Caffeine pterostilbene cocrystal, whole coffee fruit (Coffea arabica) (whole fruit) (40% chlorogenic acid), taurine, L-arginine alpha-ketoglutarate, organic green tea aqueous extract (Camellia sinensis) (leaf) (25% polyphenols, 15% catechins, <10% caffeine), s-acetyl-L-glutathione, and acetyl-L-carnitine (as acetyl-L-carnitine HCl), yielding a total of 95 mg of caffeine.

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Maltodextrin, citric acid, malic acid, natural flavors (no MSG), stevia leaf extract, and silica.

S1. Albion and TRAACS are registered trademarks of Albion Laboratories, Inc. Malate covered by US patent 6,708,904.



S2. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,862.



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<sup>\*\*</sup> Daily Value not established.