



Pride Sports USA - Volleyball Official Rules [PrideSportsUSA.com](http://PrideSportsUSA.com)  
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- 5 players on the court at any one time.
- Teams may have a rotation of players during the game if your team has more than 5 players show to play.
- 3 players or less will be a forfeit. (3-0 loss)
- Maximum of 3 hits per side
- A point is made on every serve.
- Players may not hit the ball twice in succession. (A block is not considered a hit.)
- Ball may be played off the net during a volley and on a serve.
- A ball hitting a boundary line is in.
- A ball is out if it hits the floor completely outside the court.
- It is legal to contact the ball with any part of a player's body.
- It is illegal to catch, hold or throw the ball.
- A player cannot block a serve.
- Matches are made up of best 3 out of 5 games to 21. First team to 21 wins that game. You do not need to win by two.
- Server must be in the back right corner of the court.
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**Pride Sports Volleyball Rule Violations**

**Rule violations that result in a point for the opponent**

- When serving, the player steps on or across the service line as while making contact with the ball.
- Failure to serve the ball over the net successfully.
- Ball-handling errors. Contacting the ball illegally (double touching, lifting, carrying, throwing, etc.)
- Touching the net with any part of the body while the ball is in play.
- When attacking a ball coming from the opponent's court, contacting the ball when reaching over the net is a violation if the ball has not yet broken the vertical plane of the net.
- Serving out of rotation/order.